

TAILWIND

TRAVIS AFB, CALIF.

FRIDAY, JULY 26, 2002

VOLUME 27, NUMBER 29

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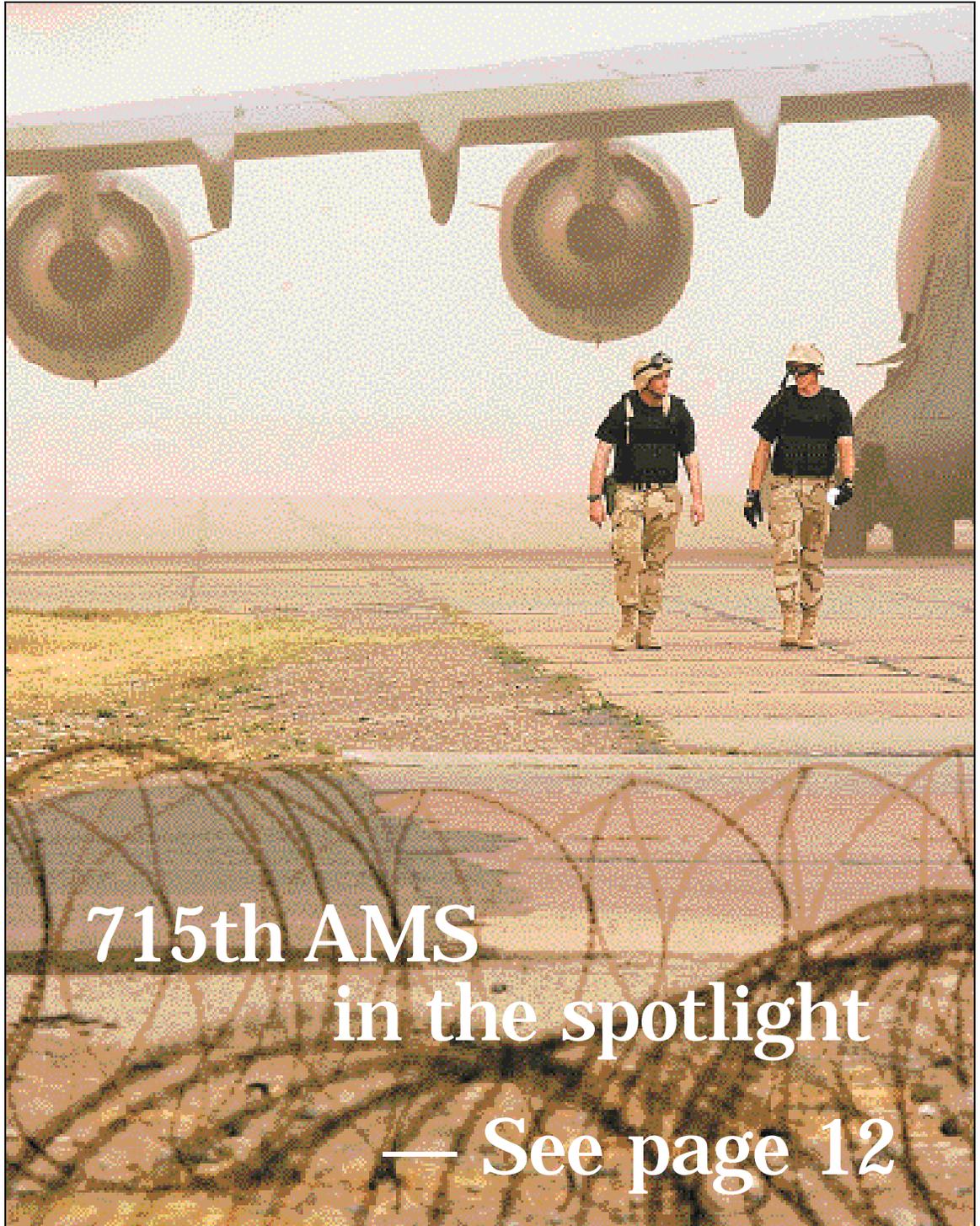
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Welcome back 9th Expeditionary Air Refueling Squadron

Travis continues support of Operation Enduring Freedom

By Col Jan Swickard
60th Air Mobility Wing vice commander

In the days after the terrorist attacks of Sept. 11, Travis' airlift warriors were among the first called to service. When it came time to bring the fight to the Taliban ... Travis was again called on ... and our aerial refueling fleet became the force behind U.S. air power and projection capability.

This team has returned home after serving ten months "down-range" in support of Operation Enduring Freedom. While we can't say too much about where they were for security reasons, we can say we are very happy about where they are now. Welcome back, 9th Expeditionary Air Refueling Squadron! We are very proud of you and your service during this effort — and we hope you have a much deserved, relaxing break with your families.

I was deployed with this team for a few months ... and was impressed with their commitment, camaraderie and professionalism.

They overcame challenges common to a deployed location ... faced the uncertainty specific to this particular war ... selflessly responded to short notice missions — with out hesitation or doubt.

While many commanders would say the same thing about their folks after their completion of a challenging TDY ... and though they would say it with the same pride, I believe there's something extra special about our group. I believe this comes from the unique circumstances of our deployment ... and how it fits into the historical context of Travis' role in national defense.

It was an austere situation as many deployed locations are ... but this team overcame and rose to the occasion, accomplishing the nation's work — to help bring the Taliban's existence to an end. It was not difficult to see why the leadership chose our tanker crews ... because they take care of business, the right way — the first time, every time. Just consider the statistics ... by the end of 2001, our tankers had flown a total of 20,429 hours and 4,303 sorties. So far this year, they've flown 28,579 hours and 4,620 flights.

The results speak for themselves ... and it's no wonder we're tasked so heavily.

Travis has long been a base strategists depend on because it provides optimal passage to the Pacific via air or sea. This is as critical today as it was in the aftermath of Pearl Harbor ... when Travis was established. Then it was just a paved airfield within a rural, country valley ... but in its



— Col. Jan Swickard, 60th Air Mobility Wing vice commander

simplicity a legacy began ... to fight and win the nation's wars. Today, we continue the proud tradition, providing reach and capability in support of important and vital national interests.

It was an austere situation as many deployed locations are ... but this team overcame and rose to the occasion, accomplishing the nation's work.

— Col. Jan Swickard
60th Air Mobility Wing, vice commander

It takes courage among the ranks to make things work correctly ... to ensure the right people are in position. In keeping with last week's focus on Travis' leaders ... here are a few more I'd like to recognize for doing outstanding work.

We couldn't take care of our force without the leadership of 60th Command Chief Master Sgt. Dan Johnson ... he has ensured the best for our airmen ... and they are in good care.

All the groups have several top perform-

ers ... Lt. Col. Jeff Whittal oversees the contracting squadron ... logistics support provides first class supplies because of the steady guidance provided by Lt. Col. James Grant and Senior Master Sgt. David Mudge, while the maintainers are kept motivated, organized and trained because of the direction provided by Maj. David Coley and Senior Master Sgt. Eric Johnson.

Senior Master Sgt. Diane Foote, has provided leadership and support within the wing staff. In addition...many others do the job, day in and out. Lt. Col. Katherine Hahn and Master Sgt. Mike Jones work overtime to manage our personnel flight, and Master Sgt. Jeff Strong of Services provides NCO stewardship within that squadron. Another high-powered contributor is Senior Master Sgt. Alan Chung of Current Operations ... he works to ensure aircrews and aircraft are scheduled, prepped for operational requirements.

Thanks to all for your integrity, excellence and service — and a job well done.

As a postscript, I would like to extend a fond farewell to Lt. Col. Rey Sandico, who retires today after more than 31 years of service to the United States of America. Rey began his Air Force career in 1971 and today leaves a proud legacy of excellence. As Chief of Wing Plans for the last five years, Rey is responsible for the outstanding ratings the 60th AMW has garnered in its major readiness inspections. Best of luck to you and your family Rey, and God speed.

Tailwind

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Editorial content is edited, prepared and provided by the 60th Air Mobility Wing Public Affairs Office at Travis AFB, Calif. All photographs are U.S. Air Force photos unless otherwise indicated.

Correspondence may be sent to: 60th AMW/PA, 400 Brennan Circle, Travis AFB, CA 94535-5005; faxed to 424-3506 or emailed to tailwind@travis.af.mil. Deadline for copy is 4:30 p.m. Friday for the following Friday's issue. Swap Ads must be brought to Bldg. 51 by noon Monday for possible print in that Friday's issue. E-mailed or faxed Swap Ads will not be accepted.

For information on paid advertising and on-base circulation, call (707) 425-4646. Correspondence may be sent to: Daily Republic, 1250 Texas St., Fairfield, CA 94533 or faxed to (707) 425-5924.



Combat Camera

715th AMS: Members of the 715th Air Mobility Squadron performing their duty on the air field of a forward operating location.

Deployed KC-10s arrive back home



1st Lt. Angela Arredondo / 60th AMW Public Affairs

Airman 1st Class Rickey Montagne, a KC-10 crew chief from the 660th Aircraft Generation Squadron, attaches covers on pitot tubes on a KC-10 that arrived back at Travis Friday after being deployed in support of Operation Enduring Freedom.

By 40th Expeditionary Air Wing Public Affairs

In a bittersweet farewell, after nearly 10 months of sharing the ramp with the B-52s, B1s and C-17 aircraft, the last of the KC-10A Extenders representing the 9th Expeditionary Air Refueling Squadron from the 60th Air Mobility Wing at Travis AFB, Calif., left the deployed location on Wednesday to make room for the KC-135 Stratotankers.

These were flown in from Fairchild AFB, Wash., McConnell AFB, Kan., and the reserve units at Tinker AFB, Okla., and March AFB, Calif. The squadron here has since changed its name from the 9th EARS to the 28th EARS. Likewise, the 60th Air Expeditionary Group is now referred to as the 462nd AEG.

The KC-10 had been at the deployed location since the onset of Operation Enduring Freedom. The advanced tanker and cargo aircraft flew more than 2,350 missions with a 99.9 percent mission reliability and success rate. "Our success can be attributed to the excellent personal skills and talents of the 6th and the 9th active duty Air Refueling Squadrons and the 70th and 79th reserve ARS as well as the 660th Aircraft Generation Squadron," said Col. Jim Moran, 462nd AEG commander. Lt. Col. Jim Green, the outgoing 9th Expeditionary Air Refueling Squadron commander, added, "This is a phenome-

nal record. We also owe our thanks to the U.S. Navy, the British leadership and the men and women of the 40th AEW for their support. I also want to thank our families, friends and communities across America who have supported our personnel during their extensive TDYs."

Moran explained the Air Mobility Command replaced the KC-10s with KC-135s to reduce the number of KC-10s committed overseas and even the workload among the air refueling bases and reserve units. Currently, the Air Force operates 59 KC-10s at two active duty bases and two reserve units and more than 540 KC-135s, of which 292 are operated by the Guard and Reserves.

"We've known for some time that we would swap one tanker for another, but because of other operations taking place, the swapout had to be accelerated," he said. Lt. Col. Dave Horton, the 28th EARS commander, brought the lead package of KC-135s from Fairchild AFB last week. Even before the full complement of the smaller tankers arrived, the KC-135s took on the lead tanker role here.

"I was amazed at the outstanding relationship the KC-10s and receiver organizations had developed," he said. "I'm sure that sense of teamwork and camaraderie will continue with the new assets on the ramp. We have a mission to do. We're more than prepared for

the task ahead of us, and look forward to providing many months of continued support for the 40th AEW. The reception and support we have received has been tremendous! I look forward to working with the people from Fairchild, as well others who make up the 28th EARS from McConnell, Tinker and March. This, like all operations here at Diego, will truly be a Total Force success."

The KC-135s are here indefinitely although aircrews will rotate in about 45 days and support personnel in about 90 days. Meanwhile, the KC-10s will continue to support Enduring Freedom from Travis AFB and from other operating locations in Southwest Asia. The KC-10s are a modified DC-10 and have greater flexibility because they can receive and off-load fuel, and its six tanks can carry almost twice as much as the KC-135, whose commercial equivalent is the 707.

Consequently, the KC-135 will fly three missions for every two that the KC-10 flew. However, manpower to support the KC-135s on the island will increase by less than 15 percent. This, in part, is due to one less crewmember in a KC-135 and continued excellence by the KC-135 maintenance teams.

"Even though the KC-10 is leaving," Green said, "we leave the mission in the hands of the exceptional leaders, crews and support personnel who represent the KC-135s."

SECAF, CSAF: Total force key in war on terrorism

By Tech. Sgt. Tim Dougherty
Air Force Print News

WASHINGTON — Ask Air Force Secretary Dr. James G. Roche what impresses him about Air Force contributions in the war on terror, and he might mention high-tech weapons put to use against the Taliban, or he might tell you a story about combat controllers on horseback helping guide 2,000-pound bombs into al-Qaida bunkers.

But, the Air Force's ability to use all of the components — Guard, Reserve and active forces — in the total force concept has been paramount to the success of the operation, Roche said July 10 in an interview taped for the July 22 and Aug. 5 editions of Air Force Television News.

"I think if there's ever an opportunity to prove the total force concept of the Air Force, this was it," Roche said. "It was terrific to see the Guard, Reserve and active forces step up like they did in both operations Noble Eagle and Enduring Freedom."

Air Force Chief of Staff Gen. John P. Jumper said in the same interview that both he and the secretary realize that the Air Force could not do what it does without the Guard and Reserve.

"They're absolutely critical to everything we do," Jumper said. He said he is sometimes criticized if he doesn't mention the Guard or Reserve in speeches he gives around the world. Jumper explained, "I feel like I don't have to. I assume it in every aspect of the mission and every mission of the Air Force."

The two leaders also recognize the sacrifices made by employers who have to fill voids caused when employees are asked to put on their uniforms.

"We brought a lot of people on active duty with the blessings of their bosses," Jumper said. "We can't take advantage of that. So we're working very hard in making sure that we get the people back to their employers and get them back home again, and try to get life back to normal for those people as quickly as we can."



Tech. Sgt. Jim Varhegy / AFPN

Secretary of the Air Force Dr. James Roche and Air Force Chief of Staff John Jumper talk with Air Force television news reporters Tech. Sgts. Paul Firman and Dave Pullen during a roundtable discussion at the Pentagon July 10.

Technical sergeants Robbie Wellbaum and John Aadland, flight engineers from the 9th Air Refueling Squadron, reach the summit of California's Mount Shasta on their second attempt. The pair's first attempt, Sept. 11, 2001, was hampered by a blizzard.



Courtesy photo

Reaching the pinnacle at last

First Hand

Tech. Sgt. Robbie Wellbaum
9th Air Refueling Squadron, flight engineer

Facing a blinding blizzard on Sept. 11, 2001, my climbing partner and I made an agonizing decision to abandon our Mount Shasta summit attempt. The blizzard was at 13,700 feet, which was 462 feet short of the summit, we had no choice but to descend quickly. We had made the correct choice in a life and death decision, but the disappointment of not reaching the top turned our descent into a solemn march. We did not learn of the Sept. 11 terror attack until hiking out of the wilderness the following day.



Wellbaum celebrates atop Mount Shasta just after noon May 14. Shasta, the highest peak in Northern California, stands 14,162 feet above sea level.

Although Operation Enduring Freedom occupied us for the next six months, we had no intention of giving up on our dreams of reaching the summit. We formed a bold plan to attempt the summit in May despite the fearsome month of frequent storms and bitter-cold conditions at high altitude. During the backdrop of a grueling deployment schedule we trained, planned and made necessary upgrades on equipment in anticipation of our next summit attempt.

On May 13, 2002, my climbing partner and I were 100 percent ready for the climb. The reports of perfect weather conditions at Shasta punctuated my partner's optimism. We tossed our equipment in my truck and headed north to the Bunny Flats staging area. After arriving there, we filled out the appropriate forest service paperwork and headed up.

We worked our way up the popular Avalanche Gulch route. With the right conditions out there, that name can be especially fitting. At 7,300 feet we rested at the weather-beaten, Sierra Club Horse Camp lodge. After our rest, we arrived at our base camp, Lake Helen. At 10,440 feet, Lake Helen is really a frozen alpine pond, but provided a level surface of ice and snow for our tents. The next morning I woke up and stowed the required gear into my smaller quick ascent pack. We conducted a final equipment check and were climbing by 5:30 a.m.

The high altitude combined with steep terrain slowed the climb significantly. Progress was made in small increments of 8 to 10 steps. We heeded previous advice from the park ranger and stayed to the side of the main avalanche danger area. At the top of the gulch we climbed through a steep opening of the Red Banks; a series of vertical strata which acts as gatekeeper to the final 1,500 feet of the mountain. Past the Red Rocks, we approached the dreaded

landmark of Misery Hill. Misery Hill is aptly named and can be a serious motivation breaker. It seems you climb endlessly while the top of this miserable hill appears to retreat from you.

Making it to the top of the grueling stretch we could see the summit. The smell of sulfur permeated the light winds vividly reminding us that Mount Shasta is an active volcano. I led our final assault on the castle-like crag that forms the pinnacle. Approaching the top, we carefully walked along a narrow ledge leading to the summit proper. At 12:15 p.m. on May 14, 2002, we stepped onto the summit. We stood at 14,162 feet with only a foot of level ground to each side of us. Not a good spot for a bout of vertigo! We took victory photos and signed the registry book kept inside a thick steel box. Enjoying the moment, we relaxed in the unhindered sunlight before climbing down.

Once below the Red Banks, we tried our luck at glissading. This descent technique involves sliding on the ice or snow while using your ice ax for a brake/rudder. We arrived back at our base camp quickly and it felt great to rest in the comfort of our warm sleeping bag. The next morning we packed up our gear and continued down. It took three hours of very fast, downhill hiking to reach Bunny Flats and leading to the conclusion of a terrific adventure.

Climbing a mountain is a serious adventure with many dangers. Inadequately equipped amateurs can quickly find themselves unwilling actors in an epic tragedy. Knowledge, preparation and sound judgment can take you to the heights of your dreams. Successfully climbing Mount Shasta was an incredible experience that I will not forget. My next adventure is to climb Mount Whitney. What's your next adventure?

NEWS NOTES

Changes of Command

Col. Rickey Smith, commander of the 3rd Brigade, 91st Division, Training Support will relinquish command to Col. Mark Stapleton, in a change of command ceremony scheduled for Sunday at 10 a.m. at Bldg. 350. There will be a reception immediately following the ceremony. Dress for the ceremony will be uniform of the day. For more information, call 424-5639.

Col. James Young, commander of the 60th Medical Group will relinquish command to Col. James Collier, in a change of command ceremony scheduled for Tuesday at 9 a.m. at the David Grant Medical Center flag pole. There will be a reception immediately following the ceremony at the DGMC dining facility. Dress for the ceremony will be uniform of the day. For more information, call 423-7826.

Quarterly Awards

All personnel are invited to join the 60th Air Mobility Wing commander and the 60th AMW command chief at the quarterly awards ceremony Thursday at 8 a.m. at the base theater. Come and show support as we recognize team Travis' best for the second quarter of 2002.

Test pilot school

The test pilot school at Edwards AFB, Ca., is accepting applications for the July 2003 and Jan. 2004 classes. Applications must be received by Sept. 19 for consideration in the Nov. 4 to 9 board. The application process is outlined in Air Force Instruction 99-107. For more information on the test pilot school and application procedures, call Maj. Tom Floring or Howard Peterson at (210) 565-2306 or DSN 665-2306.

Notice

Any persons having indebtedness to or claims against the estate of Airman Megan Gotwalt are requested to contact 2nd Lt. John Klohr, Summary Courts Officer, at 424-4508.

Reserves

For information about joining the Air Force Reserves after separation from active duty, call 424-1919

Finance customer service relieves payday mayhem

By 2nd Lt. Jonathan Cartwright
60th Comptroller Squadron

It's payday. Bills are ready to go out. Some people have already mailed a few checks. This was a mistake! A hot issue right now is military and civilian employees spending money without checking to see if it arrived. New computer programs and human error are something we have to live with, and sometimes people won't be paid correctly. Calling or visiting your personal bank is the easiest way to check and see if monthly paychecks and travel vouchers have gone through. Online banking is also a new medium growing in popularity. It's a program



banks offer that allow us to view our account history and even set up a monthly bill pay program. Imagine that! No more mailing out checks. So what happens if the



1st Lt. Angela Arredondo / 60th AMW Public Affairs

Senior Airman Tricia Hill, a customer service technician with the finance office, assists a customer as he resolve his TDY issue.

paycheck didn't come? Then visit the finance customer service lobby in Bldg. 381 on the first floor. And what about those of us who make the mistake of mailing out checks before we have seen the money in our account? Overdraft protection has been around for a long time, however, not everyone chooses to use it or not everyone is eligible. Check with your bank. If your bank offers the program, it may be

worth signing up for. Overall, be smart and check first with the bank for deposits, then visit the finance customer service lobby should a problem arise. Finance also has established an e-mail account at finance@travis.af.mil, dedicated to answering questions and solving problems. Our goal is to decrease the wait time in the customer service lobby and to help customers who cannot visit in person.

Travis optometrist becomes AFOS president

By Tech. Sgt. Scott King
60th AMW Public Affairs

Lt Col (Dr) Steven Stanek, David Grant Medical Center Optometry Flight Commander was installed to the position of president of the Armed Forces Optometric Society on June 26. The AFOS meeting was held in conjunction with the American Optometric Association 105th Annual Congress of Optometry in New Orleans, La. The society represents federal optometrists, including the Air Force, Army, Navy, Department of Veterans Affairs, Public Health Service, Indian Health Service, Civil Service, the Reserves and National Guard.

Stanek is responsible for the effective communication and continuing education for over 900 members throughout the world.

AFOS is a not-for-profit organization, founded in 1970, to enhance federal service eye care. It is the equivalent of a state optometric society and is an affiliate of the American Optometric Association. AFOS also works with other national



Courtesy photo

Lt. Col. Steven Stanek (right) accepts the Armed Forces Optometric Society plaque from the previous AFOS President, Capt. Terry Bolen (left) of the Public Health Service at the 105th Annual American Optometric Association Congress in New Orleans.

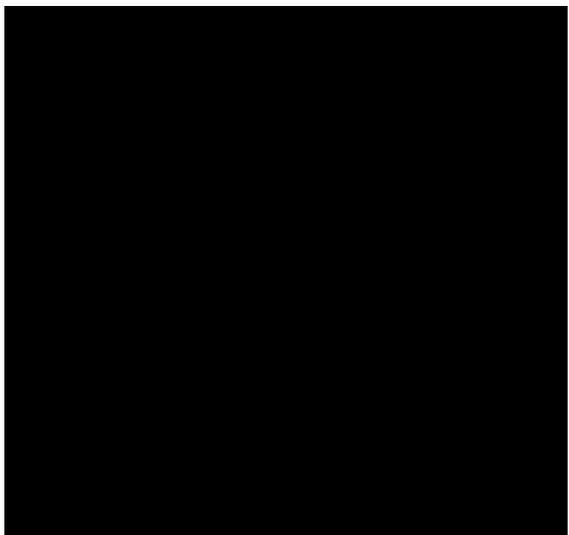
and international health care organizations, the Department of Defense and Congress regarding health care issues.

Stanek has served on the AFOS executive council since 1993, including chair of membership and continuing education director. He will be president until February 2004 and is working to increase the membership and greater innovation in federal eye care.

The organization presented a six-hour continuing education program on Aviation Vision to 70 optometrists on vision standards, prescribing options for aviators, night vision, spatial disorientation and refractive surgery. Approximately half of the attendees were civilians. Speakers were from the Air Force, Army, Federal Aviation Administration, and Navy.



Air Force Television News, available in closed captioning, is a biweekly production of Air Force News Service. Access the program at www.af.mil or www.broadcastairforce.com



Travis powers down

By John McDermott
60th Civil Engineer Squadron

Travis is implementing energy conservation measures throughout the base to reduce usage and save money as demand skyrockets due to summertime needs. Energy conservation is everyone's business. All Travis members need to make a conscious effort to save energy which in-turn saves precious dollars and helps the base meet its presidential mandate of reducing energy consumption by 15 percent compared to the energy consumption used during the year 2000.

"Many resources used to create energy, like fossil and nuclear fuels, natural gas, and coal, are finite and produce pollution when generating power," said Richard Veiluva, base energy manager. "We need to stretch these natural resources as far as possible and preserve the environment for posterity. Additionally, we can save the Air Force valuable dollars by not wasting funds on energy that could be otherwise used for more tangible mission or quality of life requirements."

Travis receives power from two sources, the Western Area Power Administration and Pacific Gas and Electric. WAPA power is relatively inexpensive but there is a limit on the amount they provide. When that amount is exceeded, Travis must purchase supplemental power from PG&E. This supplemental power costs the base nearly four times more than WAPA power. Almost every day, during the summer months,

the base exceeds the allotment and must purchase supplemental power. Last year, these charges amounted to \$750,000.

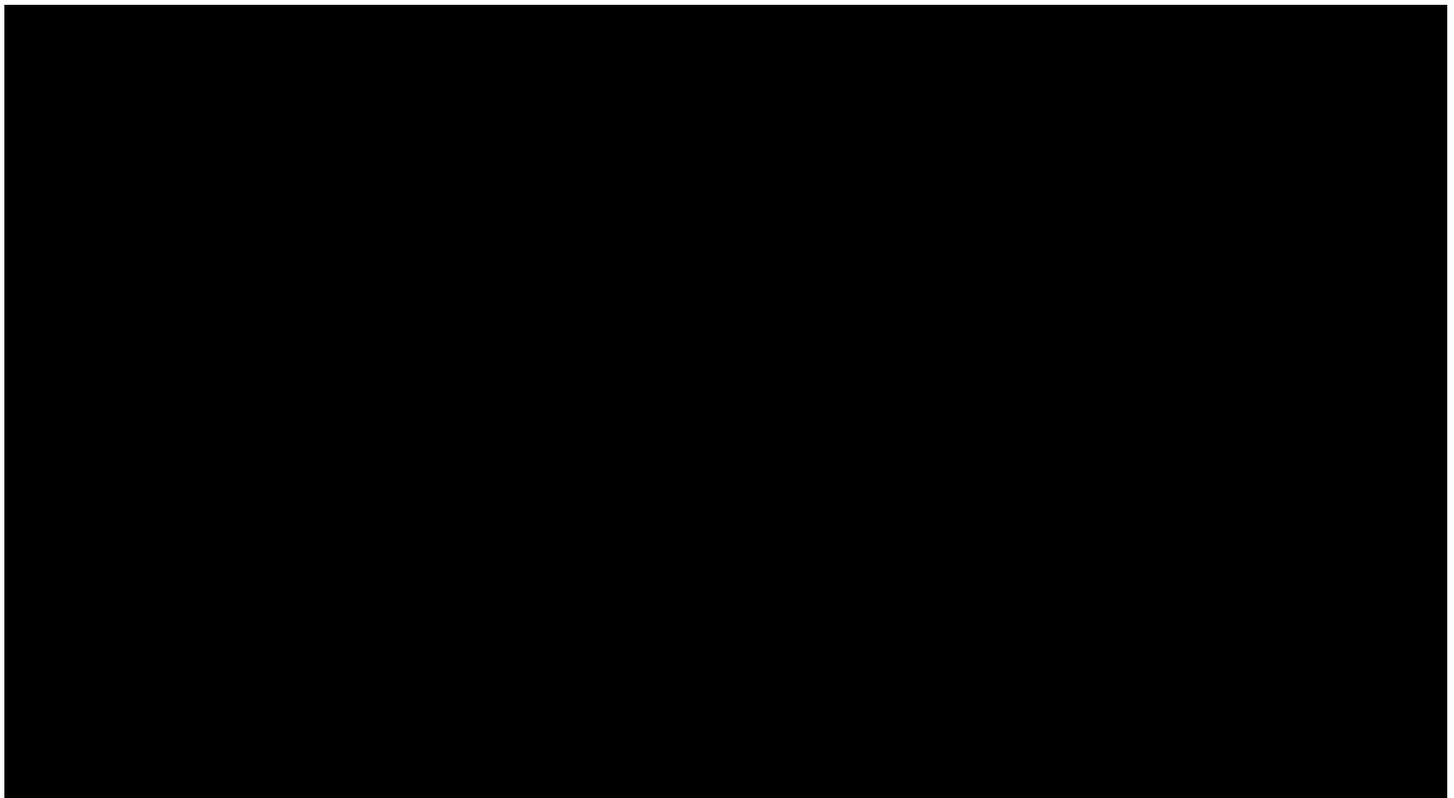
Many Travis members may be concerned about possible rolling blackouts or power failures, which occurred in California last year. Installation and government officials have taken several steps to ensure Travis is not affected.

"The state of California has several new power plants online and many more new safeguards in place that should limit the amount of blackouts like the ones that occurred in 2001," Veiluva said. "Additionally, Travis was granted 'Essential Use Customer' status. What this means is that Travis will not routinely be subjected to indiscriminate blackouts like the surrounding communities would be."

However, the base still needs to implement conservation efforts set forth by the Travis Energy Management Program. The program monitors energy usage, implementing improvements, obtaining funding for conservation projects and providing actions for Team Travis members to accomplish.

The base identified several ways to save energy, such as shifting systems to non-peak hours, confining energy-intensive activities to evening or early morning shifts and generally reducing energy usage during normal business hours. Therefore, Travis members may see these changes in their workplace or homes. For example, lights may be deactivated, thermostats

■ SEE POWER ON PAGE 15



Upcoming ATWIND events

1992 Days

» Get an ATWIND game piece and an ATWIND passport stamp to celebrate the 10th anniversary of the Air Mobility Command in the following ways.

- » Saturday to Aug. 3 — the Aero Club discovery flight for \$19.92.
- » Aug. 9 and 16 — the Delta Breeze Club's traditions dinner for two for \$19.92.
- » Aug. 14 — the Travis Pizzeria's free kid's meal with an adult meal.
- » Aug. 19 to 23 — the Veterinary Clinic's 10 percent discount on selected items.
- » Aug. 28 — the Fitness Center's 10-percent-off Smoothie drink purchases.

Travis ATWIND Passport

- » Get 19 stamps on a passport and turn it in to one of the participating Services facilities by Aug. 31 for a chance to win \$1,000.
- » Passport facilities: Travis Bowl, Delta Breeze Club, Pizzeria, Travis Skating Rink, Skills Development Center, Smoothie Island at the Fitness Center, Travis Aquatic Center, Outdoor Recreation, Travis Sailing Center and Aero Club.

Monday

- » Eat lunch at Gatsby's Grill and golf at the Cypress Lakes Golf Course.
- » Bowl at Travis Bowl.

Tuesday

- » Attend preschool story time, 9:30 to 10 a.m., at Mitchell Memorial Library.
- » Climb the wall at Outdoor Recreation.
- » Workout at the Fitness Center.

Wednesday

- » Eat lunch at the Pizzeria.
- » Sing Karaoke at the Delta Breeze Club.
- » Youth golf for \$5 at Cypress Lakes.
- » Purchase a Smoothie Island drink.

Thursday

- » Eat lunch at the DBC.
- » Check out one or more books at the Mitchell Memorial Library.
- » Participate in a fitness class at the Fitness Center.

Friday

- » Eat lunch at Sierra Inn or Golden Hills.
- » Eat dinner at Mike's Place in the Travis Sailing Center.

Saturday

- » Traditions night dining at the DBC.
- » Youth bowlers, Travis Bowling Center.
- » Swim at the Travis Aquatic Center.
- » Use the Auto Hobby, Frame or Wood shops.

Sunday

- » Eat Sunday Brunch at the DBC.

Anyday

- » Rent a camping package at Outdoor Rec.
- » Go on an Outdoor Adventure Program or Information, Tickets and Tour trip
- » Attend any Family Support Center class.
- » Review your will at base legal office.
- » Take any class at the Health and Wellness CenterAWC
- » Donate blood during base blood drive.

ATWIND passport, ticket to winning

By Linda Mann
60th Services Squadron

Two big ATWIND winners were announced in July and two more will be announced in early August, and there are still hundreds of chances to win prizes in the biggest promotion in the Air Force. The Around the World in Ninety Days game is in its fourth year, and the odds of winning big are better than ever with the ATWIND Passport created by 60th Services Squadron marketing director, Stephen Pierce.

Many people find it frustrating that they can only get ATWIND game pieces on specific days at the facilities they frequent. The addition of the Passport means that customers are rewarded every time they make a purchase at participating Services facilities; they don't have to wait for the ATWIND day.

"The Passport really makes up the difference. I just love it," said Nonna Waddle.

Retired Army Capt. Antonio Gonzalez and his family are also fans of the ATWIND Passport after winning \$1,000 in the July 1 drawing. Although Gonzalez lives in Antioch, he started playing the first week of June, coming to Travis a few times a week to collect ATWIND game pieces and Passport stamps. His wife thought he was crazy—until they got the call that his Passport had been drawn.

Gonzalez has already made it around the

world with his game pieces and doesn't plan to stop now.

"I got excited about ATWIND this year and decided I was really going to get into this Passport game," said Gonzalez.

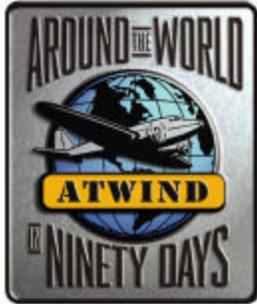
The other big winner at Travis is Col. Raymond Vizzone with the 615 Air Mobility Operations Group. Vizzone has played ATWIND every year since its inception, but has never won until this year. Air Mobility Command randomly chose one winner at each base to win two round trip tickets to anywhere in the CONUS or Canada that U.S. Airways flies, and Vizzone was the Travis winner.

"I had just started playing, only entered two game pieces, and I won! I was really shocked," Vizzone said.

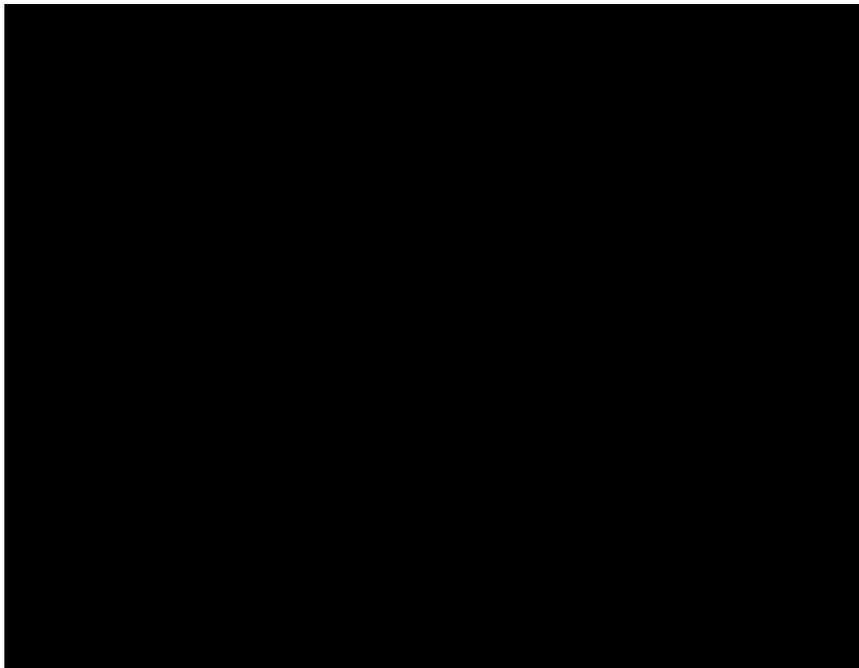
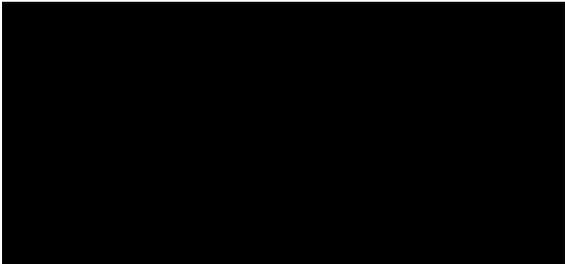
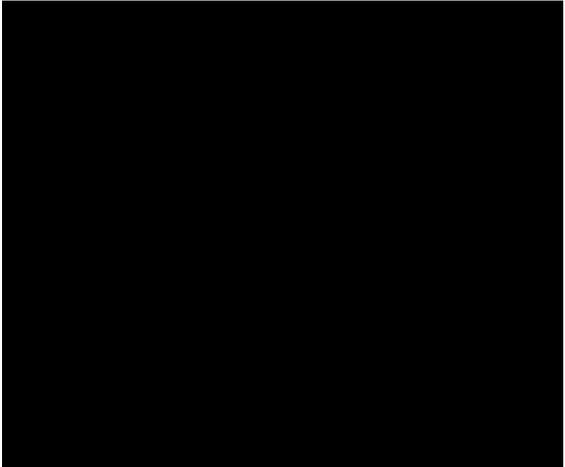
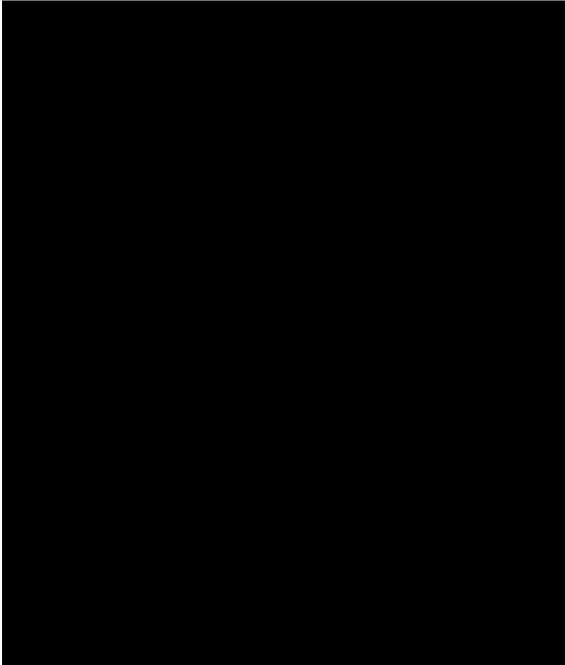
As the Individual Mobilization Augmentee to the commander, Vizzone travels a lot, but not usually where he wants to. He and his wife are excited about the tickets, but have not decided where they will go yet.

Another Passport winner will be drawn on Thursday. To be in the drawing to win \$1,000, get 19 stamps on an ATWIND Passport by purchasing anything except a beverage at select Services and turn in the completed Passport by Wednesday.

Participating Services facilities are: Aero Club, Travis Bowl, Delta Breeze Club, Pizzeria, Skating Rink, The Frame Shop, Auto Hobby Shop, Aquatic Center, Smoothie Island, Outdoor Rec and Travis Sailing Center.



Read books at the base library.



SQUADRON SPOTLIGHT

715th Air Mobility Squadron

TRAVIS AIR FORCE BASE

Commander
Lt. Col. James Spaulding
First Sergeant
Master Sgt. Eric Gee
Mission

Provides professional deployment teams to rapidly extend Air Mobility infrastructure to meet American's worldwide objectives. Responsible for 152 deployable personnel comprised of 20 Air Force specialties in three functional areas: command and control, aerial port and aircraft maintenance. Organizes, prepares, accounts and maintains \$15 million of vital mobility assets. Deploys specialized mobility teams in less than 12 hours to any country or state in the world to setup airfields and provide airlift ground support. All squadron members are highly trained to survive and function in austere locations since they are often the first military force to arrive. Each member is hired based on their expertise in their primary Air Force specialty; however, they are expected to learn to function in other related specialties in order to provide maximum support to their teammates. The squadron supports

the 615th Air Mobility Operations Group affiliation and airfield survey programs providing airlift load planning and cargo preparation training to 47 Department of Defense units and collecting critical airfield data for more than 43 locations.

Capabilities and Recent Significant Events

The 715th AMS deployed more than 70 percent of the squadron to Southwest Asia within 12 hours of notification to fight the U.S. war on terrorism in September 2001. 715th AMS moved more than 60 million pounds of cargo and 5,314 troops with a 99 percent mission reliability rate into war zones. 715th AMS has sent personnel and equipment to 10 different classified austere locations for Operation Enduring Freedom. Since the 715th AMS was formed on April 1, 1997, it has deployed highly trained, air mobility teams to all seven continents supporting such operations as Noble Eagle, Desert Fox, Measured Response, Joint Endeavor, Southern Watch, Central Enterprise, Allied Forces, Deep Freeze, and worldwide presidential support. The 715th AMS deployed per-

sonnel provides advisors to the U.S. Forest Service in Idaho and Colorado during forest fires.

Squadron personnel receive intense mobility training during several joint/unified/combined exercises such as Cobra Gold in Thailand, African Eagle in Morocco, Alta Drop in Tunisia, Battle Griffin in Norway, Tandem Thrust in Australia, and Bright Star in Egypt.

Unit Recognition
AMC Outstanding Mobile Command and Control Unit of the Year for 2001
2001 Verne Orr Award (AF Level Winner)

CSAF Ground Safety Award for 2001
Best Operational Risk Management program in AMC for 2001

Individual Recognition
AMC Outstanding Command & Control Performer of the Year for 2001 —Master Sgt. Mike Steinkraus

Airlift/Tanker Young Leadership Award for 2001 — Capt. Matt Douglas



Combat Camera

Members of the 715th Air Mobility Squadron routinely deploy to locations around the world.

Lt. Gen. Leo Marquez Maintenance Personnel of the Year Award — Senior Airman Wyme Luzadas for 2001

Chief Master Sgt Thomas N. Barnes
Crew Chief of the Year Award — Tech. Sgt. Ken Gomes

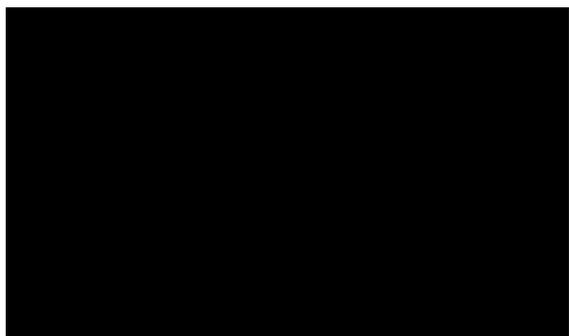
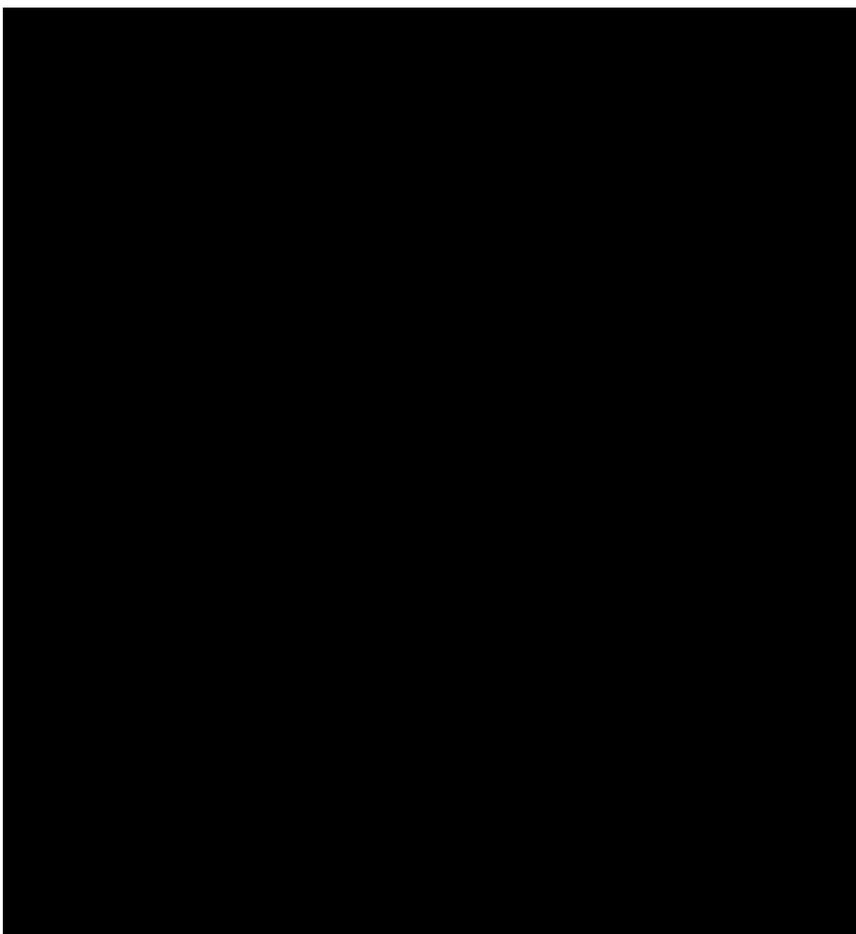
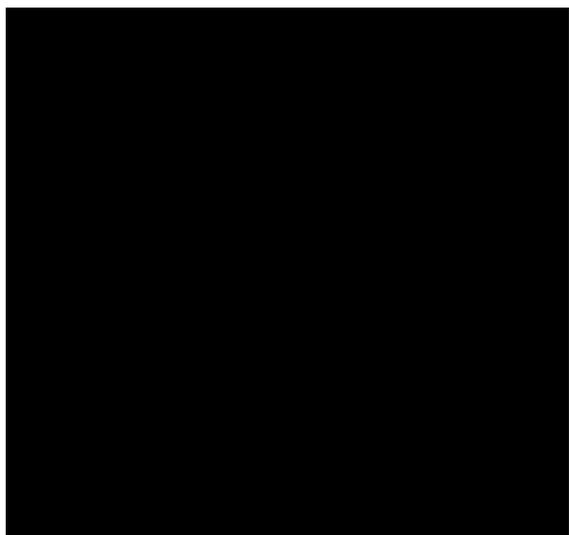
Airlift/Tanker Young Leadership Award for 2001 (Air Force level) — Staff Sgt. Jason Cuddy

Personnel Manager, Education and Training Manager of the Year Award for 2001 — Tech. Sgt. Desiree Strong

Outstanding Tanker Airlift Command and Control Element Member of the Year Award for 2001 — Master Sgt. Jon Purdue

STEP Promotion to technical sergeant in 2001 — Tech. Sgt. Lori Parton

Below the Zone for senior airman in 2002 — Senior Airman Jeremiah Patka



Study foreign language overseas Air Force line officers given opportunity

Tailwind staff

Interested in attending college at an overseas university in a foreign country, studying for a master's degree in a foreign language, traveling widely and gaining an in-depth understanding of the history and social, political, cultural and economic characteristics of that country?

The Olmstead scholar program provides this opportunity and more. Annually, at least five Air Force line officers are selected to study at an overseas university for two years. Since study must be in a foreign language, selected officers attend up to a year of language training before beginning their studies. However, foreknowledge and ability in a designated foreign language is specifically not a requirement to be selected.

At the conclusion of study abroad, the member would incur an active duty service commitment equal to three times the length of training spent in graduate study in a foreign country. Olmstead



scholars may also apply for an advanced degree program at an American university for up to one additional year to obtain a U.S. recognized master's degree. Upon completion of the ADP, the member would incur an additional ADSC equal to three times the length of the master's degree program, both ADSCS run concurrently. The eligibility criteria for this program is contained in Military Personnel Flight Memorandum 02-30, dated July 12.

The Air Force nomination board is schedule for Nov 15. The Air Force Personnel Center must receive applications not later than Oct 15. Interested officers should mail their application directly to AFPC/DPAPE, 550 C. Street West, Suite 1, Randolph AFB TX 78150-4734. Officers must submit with their package the ADSC statement of agreement IAW AFI 36-2107. Application procedures can be obtained from the officer PME Website at <http://afas.afpc.randolph.af.mil/pme> or through local MPF customer service.

Speeding up citizenship for active-duty members

Tailwind staff

Until now, non-U.S. citizens on active duty, had to serve a period of three years before they could apply for naturalization to become a U.S. citizen. Members also had to complete the administrative paperwork and process it through the local military personnel flight. The MPF would then forward the paperwork to the Nebraska Immigration Naturalization Office, which has been designated as the Air Force central point for INS processing. After which members would wait for an interview from the local INS office.

This process could take anywhere from 12 to 16 months and from the time the individual had been sworn in, it was totaling four or more years before the received their citizenship. Now, in an effort to expedite the processing of U.S. citizenship applications for military members, President Bush signed an executive order July 4 that permits all non-citizens serving on active duty accelerated citizenship. Following a request for naturalization, and certain administrative steps, including an interview with the INS, the applicant may become a naturalized citizen.

This executive order does not mean that applications are expedited through the INS process, but it does eliminate the three year waiting period currently required for non-citizens serving on active duty to file an application. For more information, contact the Master Sgt. Parker at 424-3366.

Announcements

Tuesday blood drive

The Travis blood bank is holding a blood drive from 8 a.m. to 2 p.m. Tuesday at the David Grant Medical Center blood donor center on the second floor. ATWIND tickets will be given to everyone who donates. For information, call the blood bank at 423-5342.

Discount tickets

The Youth Center's drama program presents "Guys and Dolls Jr." at 2 and 7 p.m. Aug. 6, 7 and 8 at the Base Theater. Discount tickets are on sale in advance at the Youth Center and Travis Bowl. Call the Youth Center at 424-5392 for more information.

Services

Saturday

▲ The parent/child nine-hole, select-shot tournament at Cypress Lakes is at 1 p.m. The \$6 entry fee includes green fees and a hot dog meal. Carts are for rent at \$5 per person. There will be prizes and a drawing for a set of Wilson's children's golf clubs. Register in advance at Cypress Lakes or call 424-5797 for more information.

▲ Outdoor Recreation will lead a free mountain biking excursion to Rockville park, departing at 9 a.m. Call 424-5240 for details.

▲ Spend the day at the annual Gilroy Garlic Festival with Outdoor Rec., leaving at 9 a.m. and returning at 5 p.m. Transportation is \$12 for adults and \$7 for children. Call 424-0970 for details.

▲ The Airman's Attic will be accepting donations at the Family Support Center loading dock. Call Master Sgt. Lucinda Matteson at 424-2486 for a list of needed items.

Sunday

▲ Go whitewater rafting with OAP on the American River from 8 a.m. to 7 p.m. for \$45. Call 424-5240 for details.

Monday

▲ This is the deadline to enter the contest to win two tickets to Pro Wrestling Iron on Aug. 2. Log onto www.60thServices.com and describe in 150 words or less the original wrestling character you would like to be.

Tuesday

▲ The Delta Breeze Club is holding a club card drawing from 5 to 6 p.m. The club will draw 30 names, 15 from officers

and 15 enlisted.

▲ Story time for preschoolers at the Mitchell Memorial Library is from 9:30 to 10 a.m.

Wednesday

▲ It is the last day to sign up to attend National Kids Day at the baseball fields from 10 a.m. to 3 p.m. on Aug. 2. The day will feature storytelling, junior Scottish games, musical and dance performances, face painting and more. Call 424-5392 for details.

Thursday

▲ Someone at Travis will win \$1,000 in cash at the ATWIND passport drawing. Visit Services facilities such as Outdoor Rec., Travis Bowl and the DBC for more information.

Family Support

Monday

▲ Spouse employment orientation is 9 to 10 a.m. at the Family Support Center for newly arriving spouses, spouses returning to work or spouses wishing to explore new career opportunities. Tap into career focus networking, look at hundreds of job opportunities and learn about the career development classes at the FSC. Call 424-2486.

Tuesday

▲ The Bundles 'N' Books for Babies class is from 10 to 11:30 a.m. at the FSC. Call 424-2486

Thursday

▲ WIC representatives will be at the FSC from 8 a.m. to 4 p.m. by appointment only. Call 435-2200.

Weekly

▲ Those interested in Franklin Covey's Seven Habits for Highly Effective Air Force Families, should call 424-2486 for reservations. The Seven Habits material has been tailored to specifically address four adaptive issues identified by the Air Force: family issues, financial issues, relocations, separations and readiness.

▲ Stop by the Travis Base Exchange between 10:30 a.m. and 1:30 p.m. today, Saturday, Aug. 2 and 3 to donate school supplies to Travis students. Suggested items: No. 2 pencils, crayons, spiral notebooks, safety scissors, glue, binder paper, rulers, markers, pocket folders, hard cover binders, journal books and pink erasers. Call 424-2486 for more information.

▲ Obtain college financial aid leads from the FSC through their computer data system. Scholarship Resource Network



Reading out loud: Guest readers visit the Mitchell Memorial Library every Tuesday for Story Time from 9:30 to 10 a.m. Members of the Travis 60th Security Forces Squadron read to the children and did a K-9 demonstration June 25.

is a free service for college-bound and in-college Travis personnel, spouses and children planning to attend undergraduate, graduate or post-graduate colleges and universities. The network contains various types of financial leads, such as scholarships, grants, loans, fellowships and work-study programs. For more details, call 424-2486.

Family Advocacy

Anger management

The Family Advocacy Program invites you to participate in a five-week anger management course to learn effective ways to manage anger, communicate and listen more effectively. This class is held on Mondays from 2 to 3:30 p.m. at the David Grant Medical Center. Active-duty members and their spouses are encouraged to attend. Seating is limited. Call the FA office at 423-5168 to register.

Playgroups

Playgroups for parents and their children are held at the Chapel One Annex on First Street. The Toddlers playgroup is held Wednesdays from 9:30 to 11 a.m. for children 18 months to 3 years of age. Tuesdays from 10 to 11:30 a.m. is the Time For Us playgroup for children 3 to 5 years of age. Thursdays from 9:30 to 11 a.m. is the Rattles To Raspberries play-

group for infants to 18 months old. Registration is not necessary. Call 423-5168.

Chapel

Catholic services

▲ Monday through Friday, 11:30 a.m., communion service or Mass, Chapel Center.

▲ Thursday, noon, Catholic communion service, DGMC Chapel.

▲ Saturday, 4 to 4:45 p.m., confessions, Chapel One.

▲ Saturday Mass, 5 p.m., Chapel One.

▲ Sunday Mass, 9 a.m., Chapel One.

▲ Sunday, 9 a.m. children's liturgy of the Word, Chapel One.

▲ Sunday Mass, 12:30 p.m., Chapel Center.

Protestant services

▲ Friday, noon, 30-minute worship service, DGMC Chapel.

▲ Sunday, 8 a.m., community, praise and worship service, Chapel Center.

▲ Sunday, 10:30 a.m., community worship service, Chapel Center. Nursery class for kids 3 months to 3 years.

▲ Sunday, 11 a.m., community Gospel service, Chapel One.

Jewish services

First Fridays, 7 p.m., Sabbath services and third Saturdays, 10 a.m. Sabbath services

are temporarily meeting off-base. Call 424-3217 for locations. Call 423-5168.

Contemporary

Sundays, 5 p.m., Inside Out, Chapel Center. Children's program provided. For more information, contact Chaplain Herb Shao at 424-3943.

Wicca classes

Classes are held at various locations and times due to deployments. E-mail Beltane@prodigy.net for current information.

Special class offering

A book study of "A Woman's Guide to Spiritual Warfare" begins Monday at 7 p.m. at Chapel Center. For more information, call Rachel Coggins at 424-3217.

Off base

Life Changing Reality Church of Fairfield is sponsoring a kid's four-day Bible day camp. The camp, located at Dover Middle School, is scheduled to begin Monday and end Thursday and will run daily from 9:30 a.m. to 2:30 p.m. The cost is \$20 per child and is intended for ages 6 to 12. The fee includes snacks and lunches. Children will be grouped into three age levels for games, entertainment, puppet shows, crafts, Bible stories and worship. Call 428-4673.

Altitude with attitude

By Linda Mann
60th Services Squadron

Existing members of the Aero Club already know the thrill of flying their own plane and the benefits of club membership. Now the Aero Club wants to tell everyone else. This summer offers more incentives than ever to join and use the Aero Club.

The Around the World in Ninety Days promotion offers ATWIND game pieces and Passport stamps for taking ground school, flying, completing pilot certification and joining the Aero Club until the end of August.

The Air Force-wide program, "Altitude with Attitude," offers Travis Aero Club members a \$25 coupon for the Aero Club when they sign up a new member through September. Details are available at the Aero Club.

Learning to fly can be an expensive goal, but doing it at the Travis Aero Club costs less than expected. Ground and flight school are affordable at the Travis with financial aid from the Education Center available for many students and hourly rates at about half of what other local Aero clubs charge.

Ground and flight school is only the first reason to join the Aero Club. After receiving their pilot's license, members may rent aircraft for recreational flying, flight training and temporary duty travel. A complete line of pilot supplies is also available for purchase

at a reasonable cost.

To celebrate the 10th anniversary of Air Mobility Command, the Aero Club is offering \$19.92 off a Discovery Flight from July 27 to Aug. 3. Call ahead to schedule an appointment. Every purchase at the Aero Club that week will earn one ATWIND game piece and Passport stamp.

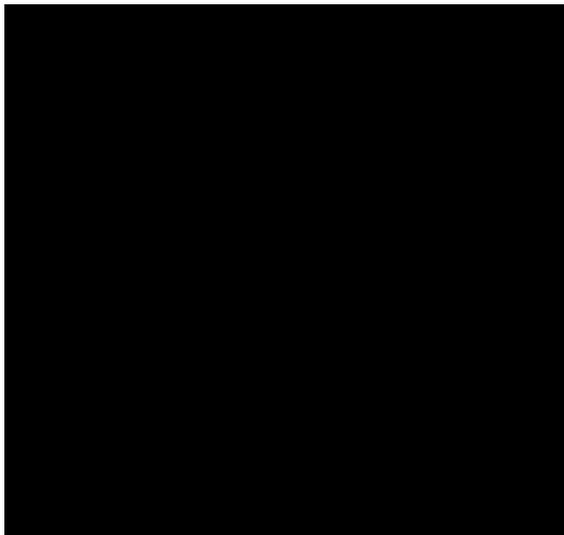
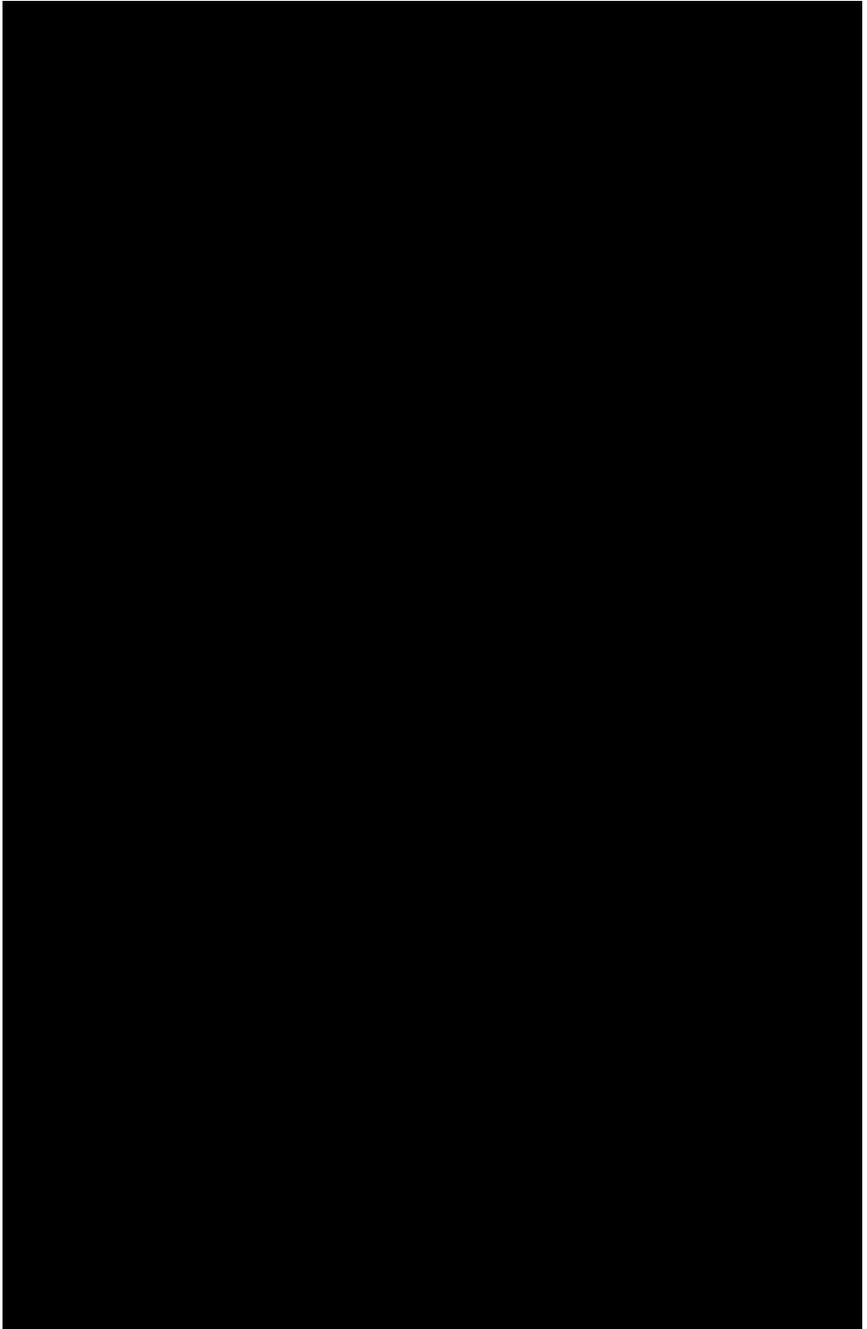
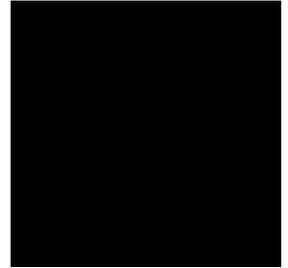
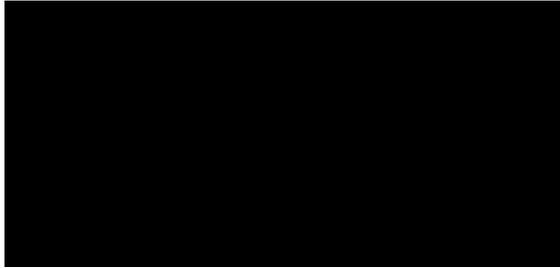
The Aero Club has also organized an airplane model competition on Aug. 24. Model builders of all ages are invited to compete for a free 30-minute airplane flight. Three winners will be given an aerial tour over Marine World and the Carcenus Straits in one of the Aero Club planes.

There are three age categories: 10 and under, 11 to 18 years old and adult. Competitors may build any kind of model, but it must be done completely on their own—no hands-on help by anyone else.

To join the club, there is a lifetime initiation membership fee of \$25 and a \$30 monthly dues or \$25 a month if dues are paid for a year in advance. Members can earn a free month by flying seven or more hours in one month.

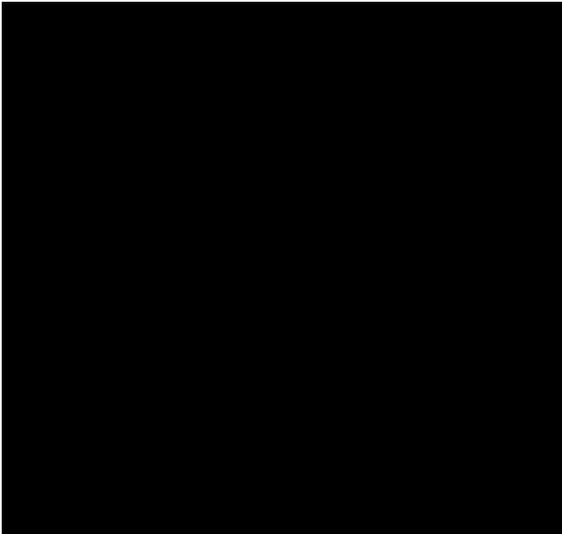
The club is open to active duty, reservists, retirees, DoD civilians and dependents as well as Civil Air Patrol members, all federal employees, and veterans enrolled in a Veterans Administration approved flight-training course.

For more information about classes, rates, hours and summer promotions call the Aero Club at 437-3470.



Arrive Alive!

Don't drink and drive.



POWER / From Page 7

may be adjusted and office or personal equipment may be turned off.

"The base can be told by the power company to curtail its use of mission-nonesential power as dictated by wing leadership," Veiluva said. "Just because we are not currently subject to blackouts now, does not mean that we should get complacent. If we fail to conserve energy, we will not meet our presidential-mandated goals and could again find ourselves without an adequate supply of energy."

For energy conservation information, contact Veiluva at 424-3336.

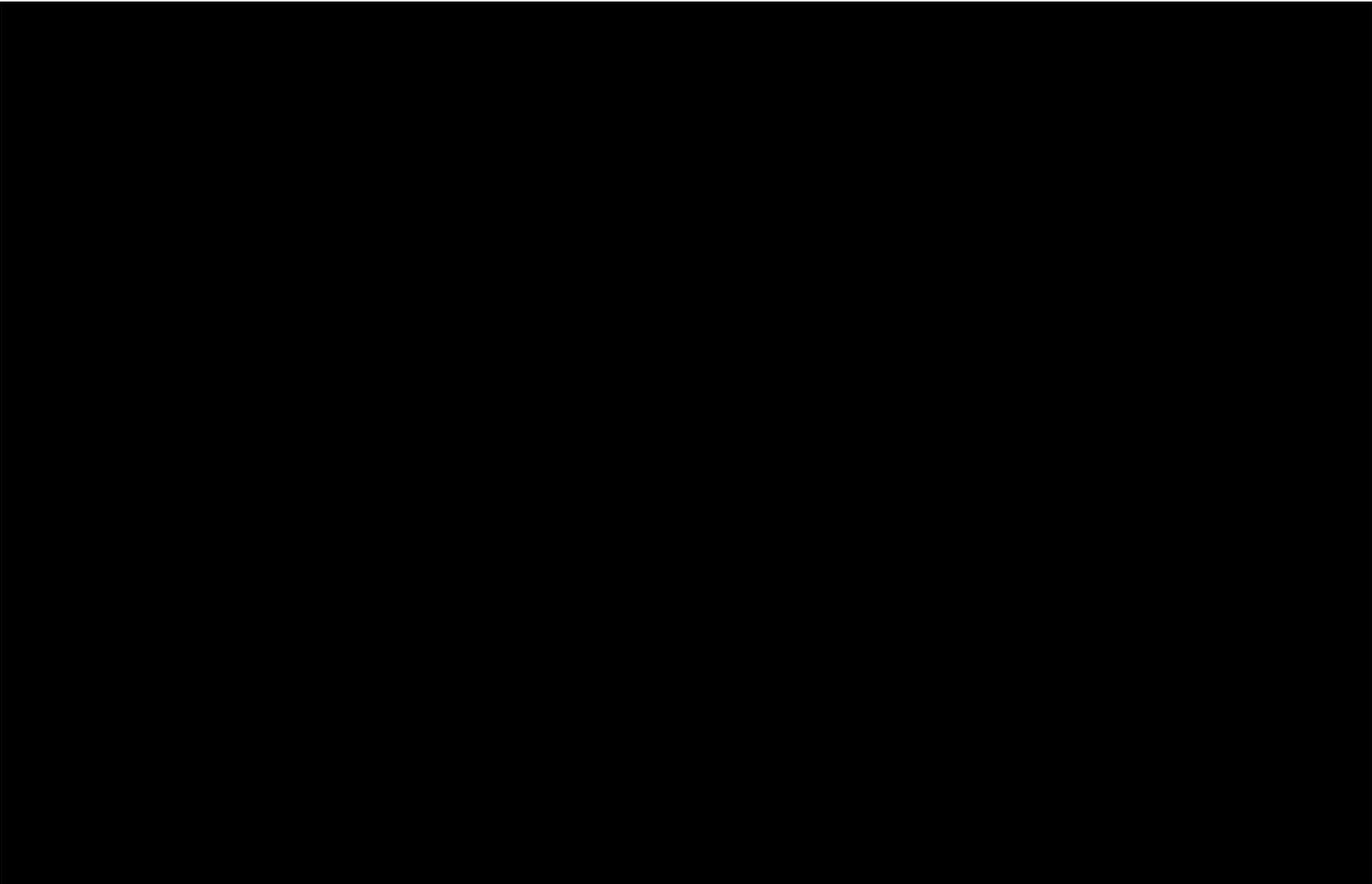
Portions of this article were contributed by 1st Lt. Angela Arredondo, 60th AMW Public Affairs.

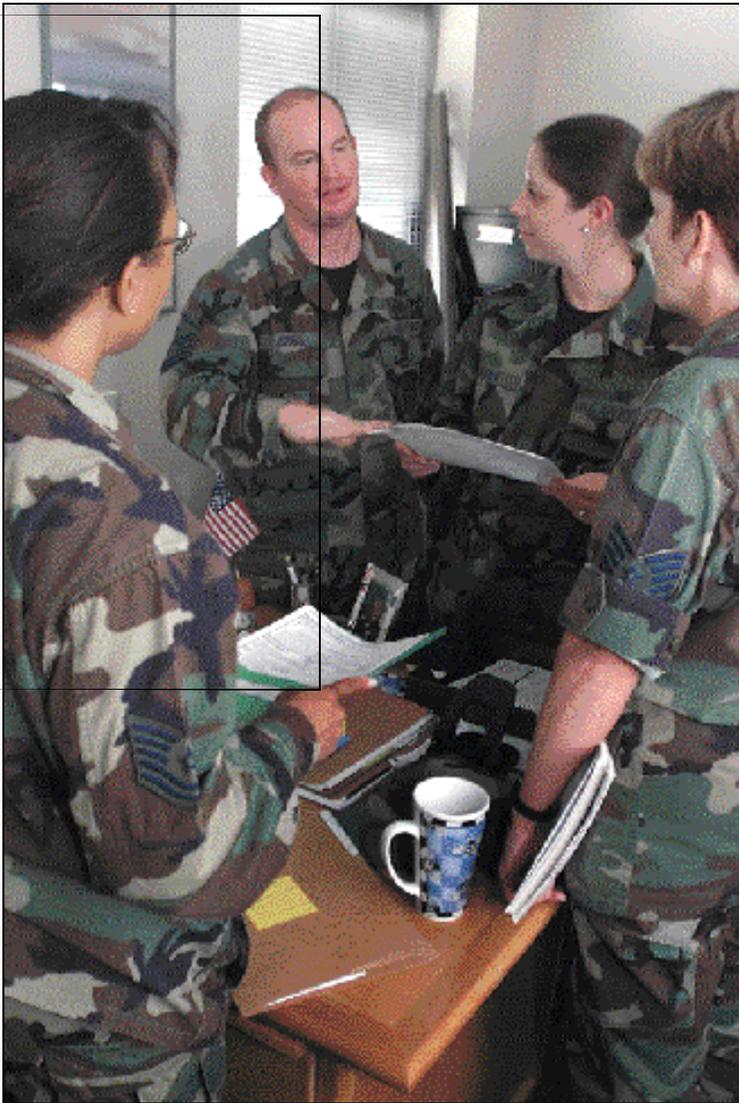
Ten energy conservation tips:

- » Set all thermostats at 78 degrees.
- » Close all doors and windows when using the air conditioning.
- » Use all large electrical equipment before noon and after 6 p.m.
- » Turn off lights in unoccupied rooms
- » Turn off computers when not in use.
- » Use shared printers at the office.
- » Install fluorescent lamps.
- » Close shades and blinds on hot days.
- » Weather-strip all windows and doors.
- » Make sure refrigerators and freezer doors are shut tight.



Afterburner: First Lt. Alex Engle, from the 363rd Air Expeditionary Wing, takes a look at engine "turkey feathers" as part of his preflight inspection prior to flying an Operation Southern Watch mission. Engle is an F-15 Eagle pilot deployed from Mountain Home Air Force Base, Idaho.





Nan Wylie/ Visual Information

Going the distance First sergeants stand ready

By Airman 1st Class Alice Moore
60th AMW Public Affairs

Being a positive role model, boosting morale and being ready to assist in times of trouble, first sergeants have been an important resource for the Air Force to reach one of its goals of "taking care of our own."

Knowing these responsibilities, the first sergeants of the 60th Air Mobility Wing stand ready to assist in any way they can.

The main duties of a first sergeant are to ensure all of the commanders policies and plans are carried out and that all of the enlisted squadron members get their fair representation in their endeavors, said Master Sgt. Debra Capps, first sergeant for the 9th Air Refueling Squadron.

However, the duties of a first sergeant don't end once policies are enforced or when troops are represented.

"You carry a cell phone and are on call 24 hours a day, seven days a week unless you're on leave," said Capps. "First sergeants definitely do not follow a regular schedule. However, usually for me the job is rewarding enough that I don't mind the extra time." Being able to see a person through a traumatic time or sharing in a happy time is what makes my job rewarding."

"We keep our doors open and willingly take on whatever issue comes our way," said Master Sgt. Michael Jones, first sergeant for the 60th Mission Support Squadron. "Our folks do great and important things. We as first sergeants are here to act as cheer leaders, encouragers, investigators, counselors, fathers and mothers."

Jones adds the most challenging

aspect of his job is prevention.

"I remember a fellow first sergeant once said that giving paperwork (letters of reprimand and discharge paperwork) was easy. But, preventing them is what we do," said Jones. "That's where the magic is for me. I am rewarded when I see people choose to exceed and measure up to standards."

Like Jones, other first sergeants agree that they spend a good portion of their time mentoring, encouraging and trying to prevent things before circumstances reach out of hand.

"We measure our success as first sergeants by the success of our troops," said Senior Master Sgt. Frank Reckenberg, first sergeant for the 660th Aircraft Generation Squadron. "The biggest impact a first sergeant can make on his or her troop is being actively involved to help individuals reach their full potential while serving in the Air Force."

Reckenberg also says whenever he happens to know of one of his troops headed down the wrong path he offers some sound advice.

"When I see an airman headed down the wrong path the advice I give them is to take a hard look at themselves in the mirror and ask themselves if this is the type of person I want to project to my supervisors and peers."

Other first sergeants also believe troops should think before they make poor decisions.

"The hardest part of my job is having to punish people," said Capps.

"Unfortunately people make poor decisions and all you can do is try to help them. If people sometimes just take time out and think out their actions a lot of heartache could be saved."

All in all despite the many hours spent, first sergeants know what they do make a lasting impact on the lives of many. They also find their efforts rewarding.

"I love my job. I am afforded daily opportunities to help people resolve their problems and achieve their goals and dreams," said Jones. "I enjoy working with the commander and key squadron members to achieve our organization's mission. I get excited when I see someone in the squadron rise to the occasion and become part of something bigger than themselves as well as when they take on different challenges."

"First Sergeants work very hard to take care of their troops," said Reckenberg. "We love giving rock solid advice and stand ready to assist when needed. We're spring loaded to help in times of need. We know the pulse of our units. We rejoice when our people rejoice and hurt when our people hurt."

(Top) Master Sgt. Michael Jones, first sergeant for the 60th Mission Support Squadron, talks with people daily about whatever issues and concerns they have.
(Right) Senior Master Sgt. Frank Reckenberg, first sergeant for the 660th Aircraft Generation Squadron, shows personnel the proper way to perform retreat ceremonies.



Airman 1st Class Alice Moore / 60th AMW Public Affairs



Gillian and Gabriel were one month old before their parents, Jessica and Chris, were able to hold them. Born April 21, they now weigh five pounds each and are almost ready to head home after spending more than three months at the David Grant Medical Center's Neonatal Infant Care Unit.

Double-timing it with Twins

Photo and story by Capt. Kim Garbett
60th AMW Public Affairs

Gillian and Gabriel Leonard were the size of a Coke can when they were born April 21, 2002. About one-pound each and almost four months early, their early arrival surprised both parents.

"I was deployed to Germany (in support of Operation Enduring Freedom) at the time I received the call saying that my wife was going into early emergency labor," Staff Sgt. Chris Leonard, a loadmaster with the 21st Airlift Squadron. "My wife, Jessica, and I weren't expecting them so soon. My squadron brought me immediately home so I could be with my wife for and through this. They (21st AS) have been extraordinarily understanding. I have been supporting the war efforts and my family from the home front in the meantime."

The premature fraternal twins are almost ready to head home after a long stay at Travis' David Grant Medical Center's Neonatal Infant Care Unit, now weighing about four-and-a-half pounds each and having much better chances of

survival.

"It amazes me that they're here, when they should still be in the womb," Chris said. "I have high hopes that they'll be normal babies soon and normal kids once they're past this stage. I look forward to wrestling and playing with them both when they get older." Gillian and Gabriel were not due to be born until August 3.

Chris said it's still scary at times. "We're not quite out of the woods yet until they're older. But they are truly miracle babies and we're very blessed to have them." Chris said it was frightening to see them at first. "They were so small and so fragile ... I wasn't quite sure I should even touch them."

Jessica agreed. "We were trying for a little girl after our two boys," she explained. "We got a two-for-one special!" Jessica expressed that she was glad she had been through childbirth and motherhood prior to this experience. "I would have been a frantic mess if this had been my first!"

Premature twins like Gillian and Gabriel often have numerous challenges, said DGMC NICU nurse Sherry Olm-

stead. "Babies like Gillian and Gabe have extraordinary circumstances to overcome," she said. "For example, they were born with translucent skin, since only one layer had been developed. We've had to closely monitor their breathing and feeding. With babies so undeveloped in a variety of ways at this stage, these babies have to learn everything. And, of course, infection is always a threat to infants so young. Their biggest challenges right now are breathing and infection. Sometimes they forget to breathe. They have been and will likely continue to be on monitors for their breathing, even when they go home."

DGMC NICU also taught the Leonards a method of caring for young Gillian and Gabriel called "Kangaroo Care." The theory behind this method is the skin-to-skin care assists with overall comfort of the baby and helps to reduce apnea spells (sleeping problems). "However, because the twins were so young, they could only be held once or twice a day; being held takes a lot out of them this young and still developing," Olmstead said.

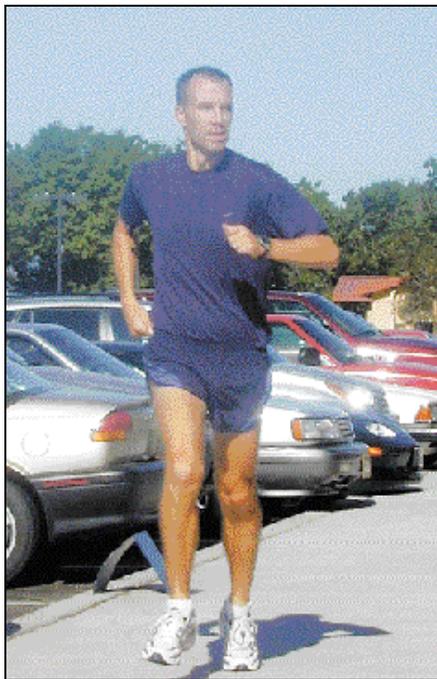
Olmstead said that twins are fairly

common at Travis due to the presence of a fertility clinic here. "We have a fertility clinic here where a number of Travis families have had twins; in the case of the Leonards, however, their babies were 'au natural,'" she said. Olmstead explained that twins born this premature seem to have become less common over the years, though, with DGMC seeing "premies" like Gillian and Gabriel once every couple of years.

The cost of medical care for this type of continuous care would be phenomenal. "It is a testament to great quality of medical care the Air Force provides its personnel with in the Air Force family," said Olmstead. "It would be very difficult to afford something like this under a usual HMO plan."

Olmstead stated that caring for the twins 'in-house' for the last few months has saved the Air Force a lot of money in additional medical costs.

"We're extremely thankful for the twins and for the great medical care the Air Force and David Grant has been providing us with," said Jessica. "I don't know how we would have done it otherwise. God has really blessed us."



1st Lt. Angela Arredondo / 60th AMW Public Affairs

Senior Master Sgt. Charlie Lorch, a C-5 loadmaster with the 615th Air Mobility Squadron, runs daily in his effort to prepare for the Air Force marathon. Lorch's wife, Kari will also be running in the marathon scheduled for Sept. 21 at Wright-Patterson AFB, Ill.

Travis couple prepares for Air Force marathon

By 1st Lt. Angela Arredondo
60th AMW Public Affairs

Some Team Travis members regularly commute to work about 80 miles per week. Now imagine running 80 miles per week. Suddenly, the commute doesn't seem so short. For Senior Master Sgt. Charlie Lorch and his wife, Kari, covering long distances is part of their daily routine as they prepare for their next marathon. Next race ... the 2002 Air Force Marathon Sept. 21 at Wright-Patterson AFB, Ill.

This year's event will be the fourth time Charlie Lorch, a C-5 loadmaster here, will run the race. He finished in 6th place overall in 2000. He did not compete last year since the 2001 race was cancelled due to the events of Sept. 11.

"I'm very competitive, so I like the challenge of racing and trying to get better and faster," Lorch said. "Every Sunday I run 20 to 24 miles. I do speed work like running short and fast 800-meter repeats and a tempo run at marathon pace at least once a week for each. I will increase

to 90 to 95 miles per week in August and then cut back for rest and recovery about two weeks before the race."

Kari has completed 10 marathons, including the prestigious Boston Marathon. Charlie has run eight marathons. His Air Force career and passion for running have led to some very unique experiences in distant countries.

"My best experience running by far, as been meeting my wife, Kari, running with a team in Vacaville," Lorch said. "Running in Afghanistan was the most interesting place, with mine fields, burnt out MIG airplanes on both sides, but in the distance some of the most beautiful mountains imaginable."

He has also raced in the Munich marathon and he won a half-marathon race at a forward operating location in the Indian Ocean. He received a coconut as his trophy.

"The key thing for me is to find some balance between family — we have three children — work and running. I'm lucky my wife is a runner so she knows what I have to do during training and is very supportive,"

Lorch said.

People can register online for the 2002 Air Force Marathon. All levels of marathoners, including people in wheelchairs, from around the world are invited to participate in the marathon, which is traditionally held the third Saturday of September. About 3,000 to 4,000 people are expected to enter the event this year.

The first U.S. Air Force Marathon was held Sept. 20, 1997, to coincide with the Air Force's 50th anniversary. The governing body of long-distance running in the United States, U.S.A. Track and Field, certified the course in 1997. Certification ensures the course is exactly 26 miles, 385 yards.

Runners will receive a 2002 Air Force Marathon T-shirt and patch. Participants who finish the marathon within the eight-hour time limit will receive a medallion.

The registration deadline is Sept. 4. To register, or for more information, visit the marathon Web site at www.afmarathon.wpafb.af.mil, or call the marathon office at (937) 257-4350 or (800) 467-1823.

Congratulations to triathlon participants

The 15th annual Travis Triathlon kicked-off at 9:15 a. m. Saturday. The Triathlon consisted of swimming, cycling 12 miles and a 3.6-mile run. Participants represented every squadron. The winners are as below:

The next track event will the 25-mile bike race, to be held August 10. For more information on the bike race, contact Airman 1st Class Marcus Boykin or Airman 1st Class Jesse Menzie at 424-2008.

Men's 18-25 year-old category

- ▶▶ 1st place: Michael Fink
- ▶▶ 2nd place: Mickey Chan

Men's 26-32 year-old category

- ▶▶ 1st place: Shawn Hnatko
- ▶▶ 2nd place: Terry Prime
- ▶▶ 3rd place: Charles Stage

Men's 33-39 year-old category

- ▶▶ 1st place: Dennis Jones
- ▶▶ 2nd place: Jeff Anderson
- ▶▶ 3rd place: Jack Stanley

Men's 40+ year-old category

- ▶▶ 1st place: Martin Schockey
- ▶▶ 2nd place: Bob Sweeney
- ▶▶ 3rd place: Tom Tirey.

Men's overall winner

- ▶▶ Shawn Hnatko ◀◀

Women's 26-32 year-old category

- ▶▶ 1st place: Kori Delwiche
- ▶▶ 2nd place: Heather Chapman

Women's 33-39 year-old category

- ▶▶ 1st place: Ronda Blakenheim
- ▶▶ 2nd place: Linda Drummond.

Women's overall winner

- ▶▶ Kori Delwiche ◀◀

Some may be eligible to play with pay

AFRC News Service

ROBINS AIR FORCE BASE, Ga. — Air Force reservists who attend Air Force or higher-level sports training camps and compete in military-sponsored sporting events are now eligible for pay.

According to the Air Force Services Agency, Air Force Reserve Command athletes can now be placed on paid "man-day" status under the Military Personnel Appropriation program.

Previously, reservists who attended training camps were placed on an active-duty tour in order to receive lodging, travel and points, but were not paid. Now, the allotted MPA man-days cover pay and allowances, while the host training or competition base provides the lodging and travel expenses.

"We had capable competitors who wanted to participate in training but couldn't afford to take a week or two off from their civilian jobs," said Lynda Sheltmire, chief of the recreational support in the Headquarters AFRC Directorate of Services. "Now, Air Force competitors can be paid while they are training and competing."

Sheltmire added that "man-days" are also available for some athletes who compete in Armed Forces competitions when no Air Force tryouts or training camps exist. "We have had a skeet shooter compete in Pan Am games and

the Olympic trials," Sheltmire said.

Typically, Olympic caliber athletes are accepted into the World Class Athlete Program and placed on active duty to facilitate full-time training.

Military athletes apply for training camps on an Air Force Form 303, Request for USAF Specialized Sports Training, a "resume" type document used to choose participants. Along with the AF Form 303, reservists submit an AF Form 49, Application for MPA Man-Day Tour, with their supervisor and commander's approval to use MPA days.

Individuals are allowed up to 139 MPA days for the fiscal year if required, including any MPA days they may use at their respective unit. Chief Master Sgt. Larry Kalivoda, chief of the air reserve branch at the Air Force Services Agency, said that the only reason MPA days for sports competitions were denied in the past was because of the 139-day MPA limit.

To be considered for Air Force sports competitions, reservists must mail both completed forms to HQ AFRC/SVPR, 255 Richard Ray Boulevard, Robins AFB, Ga. 31098-1637 no later than 60 days prior to the start of the respective training.

If the Air Force approves an application, the Air Force Services Agency allocates the appropriate number of MPA days to the individual's military unit.