

TAILWIND

TRAVIS AFB, CALIF.

FRIDAY, JUNE 7, 2002

VOLUME 27, NUMBER 22

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YOWS QUOTE

"The nation which forgets its defenders will itself be forgotten."

 Calvin Coolidge



Words from the top...

'Team Travis' continues to make a difference by leaving its footprint worldwide

By Col. Dave Lefforge
60th AMW Commander

To my all-American patriots who support and defend our great nation every day, we continue to play our deck of cards and roll the dice with your sense of mission and dedicated support.

Each one of you gives two sayings great credibility: "little things do mean a lot" and "one person can make a difference."

Lately, we've had one test after another around the world. Our global reach at Team Travis has made its footprint on almost every continent.

We've begun a long chapter in history that you are a part of. With each airframe that rolls down the tracks, to each person who goes out yet again on another deployment, you make a difference.

Despite the hectic pace and mission requirements, however, there is always a chance to get in a little playtime. The Year of the Warrior Spirit is still in full swing, and each unit is carving their own niche. Congratulations to the **60th Civil Engineer Squadron** "Maverick" team, which took top honors in the Year of the Warrior Spirit paintball tournament May 23. Eleven teams competed during the fierce and exciting event. In a true warrior's battle to the end, the 60th CES defeated the team from the **60th Aircraft Generation Squadron**.

Additionally, the **Year of the Warrior Spirit committee** is donating more than \$2,500 in equipment to the new Travis Paintball Club. The club will meet Thursday at 5 p.m. at the Delta Breeze Club Silverado Room. Contact Capt. Geof Nieboer at 424-4215 for more information.

Capt. Nieboer and his YOWS team have done an outstanding job promoting Air Mobility Command's theme for fiscal 2002. I encourage all of you to look for more fun and exciting events to become involved with or to come out and show your support.

Speaking of warriors, I would like to take this time to say farewell to and also welcome a few new warriors to Team Travis. After eight months of sustained operations and providing continued homeland security and defense for parts of Northern California while based out of Travis, we bid a fond farewell on behalf of our base to the **421st Fighter Squadron** from the 388th Fighter Wing out of Hill Air Force Base, Utah, who sat alert and provided random combat air patrols with multi-role F-16s. Thanks for your dedicated sup-



Arielle Kohn / Visual Information

Col. Scott Streifert, 60th Support Group commander, welcomes the Air Force Innkeeper evaluation team who will be judging the Westwind Inn during June 6 and today to determine whether the facility will be named the best in the Air Force.

port, Black Widows! Additionally, I'd like to welcome the **186th Fighter Squadron Vigilantes**, members of the Montana Air National Guard from the 120th Fighter Wing out of Great Falls, Montana. It's great to have them with us and we look forward to supporting them as they continue to support Operation Noble Eagle. The alert mission has become an integral part of Team Travis and the nation's war against terrorism. The "changing of the guard" at this detachment is another fine example of how much Total Force is coming into play in the United States' continued war on terror. Without our active duty, Guard and Reserve components working together in sync, our power as a military entity would not be as strong.

Working together as a team is a fundamental of military structure. This week, Travis also welcomed the Air Force Innkeeper Evaluation Team, who arrived on Wednesday. **Lt. Col. Kathleen Bowman, Tech. Sgt. David Stroud and John Kahler** are here to evaluate our magnificent Innkeeper team and our facilities to determine who will be the best in the Air Force this year. Of course, we already know we're the best in the Air Force ... they have a number of great programs and fantastic customer service for their guests and have continued to impress me again and again. **Maj. Marcus Bass**, 60th Services Squadron commander, and **Timothy Wible**, the Westwind Inn manager, and the entire team work hard to ensure an incredible quality product for Travis visitors as well as those needing temporary lodging for other reasons.

From defending our skies to defending our futures, I'd also like to take a moment to remind everyone that June is the month of the Annual Air Force Savings Bond Campaign. Take a moment to invest in your

future and the future of America. Savings bonds are the most widely held security in America; more than 55 million citizens own savings bonds. There are a number of benefits to these government-secured bonds. Check out their Web site at www.savingbonds.gov or contact 2nd Lt. Melanie Ecung at 424-1587 or your unit POC for more information.

As we roll on towards summer, fun times are in store. From Giants, A's or Steelheads games to picnics and boating on Lake Berryessa or riding your motorcycle around Northern California, there are many activities to keep you, your families and friends occupied.

Last week, one of those fun weekends became tragic when one of our young sergeants - in the name of fun - dove into a shallow area of Lake Berryessa. He is now paralyzed indefinitely from the chest down. Folks, take time to take care of each other. Have fun, but be situationally aware of what's going on around you. Summer is a great time to enjoy all California and the West Coast has to offer. Definitely enjoy it; it's a beautiful area here. But be safe.

Finally, but certainly not least, I'd like to take a few moments to recognize some of our deployed monthly award winning troops with the **60th Air Expeditionary Group** who are doing great deeds from afar. From different units all over Team Travis, I applaud their efforts and dedication to the mission overseas. You all are doing great! The 60th AEG team of the month, company grade officer, senior NCO, NCO and airman of the month are some of our shining stars in the thick of the battle. The awesome work they do out there should not remain unnoticed! See P. 18 for a list of their names. They, like you, are definitely leaving footprints in all the right places!

Tailwind

Travis AFB, Calif.
60th Air Mobility Wing

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60th Air Mobility Wing commander

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Kristina Cilia / Visual Information

On the cover: Airman Deante Burris, customer service representative at the Westwind assists a customer. The team is preparing for the Air Force level Innkeeper competition.

Air Force commander passes Marine martial arts course

By Master Sgt. Randy Mitchell

332nd Air Expeditionary Group Public Affairs

OPERATION SOUTHERN WATCH — "Nothing gives one person so much advantage over another as to remain always cool and unruffled under all circumstances."

Thomas Jefferson may have been speaking about the Marines he oversaw as commander in chief when he made that statement nearly 200 years ago. But he certainly couldn't have envisioned an Air Force F-16 Fighting Falcon pilot, since it was still another century before flight was achieved.

Even if he had envisioned a pilot, it would not have been in the context of a pilot as a hand-to-hand combat warrior.

Col. Dave Nichols, 332nd Air Expeditionary Group commander, spent several weeks recently throwing people to the ground and taking some punishment himself in the process. When all was said and done, the colonel had earned a perfect score of 100 to qualify for his tan belt in a unique martial arts program.

He is one of a select few Air Force people to have completed the Marine Corps Martial Art Program. MCMAP was established within the corps to teach Marines the necessary skills needed to survive in a close combat situation.

Nichols said he had been through some hand-to-hand fighting classes before, but nothing that ever taught him how to disarm and kill a person.

"These Marines are known for their mental and physical toughness," Nichols said. "You hear about their legendary close combat skills, but you gain an even greater respect when you are a part of the process."

MCMAP is a belt-ranking system designed to be pursued throughout a Marine's career, eventually leading to earning a master's 6th-degree black belt in this unique system. The MCMAP

borrows techniques from various martial arts disciplines, yet defines its own unique weapons-based style.

To go from the basic tan belt to a black belt requires Marines to also prove themselves proficient in other training areas such as swimming, marksmanship, leadership abilities and job competency. Earning a black belt means you are a "total" Marine, one who is fully trained and has mastered not only the job, but him or herself.

The system envelops three "warrior" disciplines to take each Marine to the next level: mental, character and physical.

The Marine is mentally prepared in the study of war, while developing a combat mindset.

Character is developed through ethics, values, principles, leadership and adhering to the Marine's core values: honor, courage and commitment.

The physical discipline is where actual fighting techniques are taught to develop physical skills, combative fitness and combat sports (martial arts) — all of which can be applied on the battlefield.

To progress from one belt to the next, each Marine must show proficiency in the four areas of physical discipline: rifle and bayonet, edged weapons, weapons of opportunity and unarmed combat.

MCMAP enables Marines to have a distinct advantage in combat, allowing them to remain cool and unruffled. They can now add an Air Force commander to that group as well.

Related Images

Col. Dave Nichols, 332nd Air Expeditionary Group commander, puts a knee into the chest of a would-be attacker after escaping from a rear chokehold. The "attacker" is Marine Lt. Col. James Bishop, commander of Marine VMFA 212, an F/A-18 Hornet squadron deployed in support of Operation Southern Watch. Nichols is one of a select few Air Force people to have completed the Marine Corps Martial Art Program.



Master Sgt. Randy L. Mitchell / contributing photographer

Col. Dave Nichols, 332nd Air Expeditionary Group commander, performs a horizontal hammer fist during evaluation for his tan belt. His sparring partner is Marine Lt. Col. James Bishop, commander of Marine VMFA 212, an F/A-18 Hornet squadron deployed in support of Operation Southern Watch. Nichols is one of a select few Air Force people to have completed the Marine Corps Martial Art Program.

Travis paintball

Year of the Warrior Spirit donates \$2,500 to form Travis paintball club

By Capt. Geof Nieboer

60th Air Mobility Wing

As the 60th Air Mobility Wing Year of the Warrior Spirit point of contact, I would like to say a couple of words about the YOWS paintball tournament.

Eleven total teams competed in the tournament. Reportedly, all of the players had a great time and the weather was very cooperative. In the end, however, there can be only one winner. The trophy went to the 60th Civil Engineer Squadron "Mavericks" after an outstanding duel to the finish with the

60th Aircraft Generation Squadron.

Now that the tournament is over YOWS is donating over \$2,500 in equipment to the currently forming Travis Paintball Club. The first meeting of the club will be Thursday at 5 p.m. in the Delta Breeze Club Silverado Room.

Membership to the club will be open to all DoD employees and their dependents. Anyone interested in paintball, even if you have never played before, is highly encouraged to come on out and attend the meeting.

For more information call Nieboer at 424-4215.

AAFES recalls specific exercise equipment

AF Print News

DALLAS — Army and Air Force Exchange Service officials, along with the U.S. Consumer Product Safety Commission and Fitness Quest Inc., are voluntarily assisting in the recall of about 310,000 Total Gym exercise machines.

Handles on these exercise machines can detach and the cable attached to the handles can break, resulting in injury to the user.

The CPSC and Fitness Quest have received about 400 reports of the handles and cables on these exercise machines breaking, resulting in 30 reports of injuries, including lacerations and abrasions.

The recall involves the Total Gym1000 and the Total Gym Pro model exercisers with serial numbers DK000001 through DK129350, models with the serial number prefixes XO or SM, and

models without serial numbers. The serial number is located on the underside of the machine's glide board that rolls on an inclined track as the user pulls the hand cords or pushes at the base. These exercisers were manufactured in Taiwan, Thailand and China.

AAFES, sporting good stores, Web sites, catalogs and direct sales sold the exercise machines nationwide June 1997 through October 2001. AAFES only sold the Total Gym 1000.

Total Gym models sold on television infomercials are not included in this recall.

Consumers should stop using these exercisers immediately and contact Fitness Quest to order a free repair kit. For more information, contact Fitness Quest at (800) 321-9236 Monday through Friday, 9 a.m. to 5 p.m. EDT. Consumers may also write to Fitness Quest, 1400 Raff Rd., Canton, OH 44750.

DUI Task Force wraps drinking experiment series

By 1st Lt. Angela Arredondo
60th Air Mobility Wing Public Affairs

The Travis Driving Under the Influence Education Task Group wrapped up its series of demonstrations aimed at exploring the how alcohol affects people under various conditions at the Delta Breeze Club here on May 31. The third and final event tested how food and alcohol interact to impact perceived sobriety

"We wanted people to make a more accurate connection between their perceived sobriety and their mechanism for functioning," said Capt. Tina Johnson, 60th AMW Protocol chief and project offi-

cer of the task group. "The events provided objective feedback that people normally don't get to see."

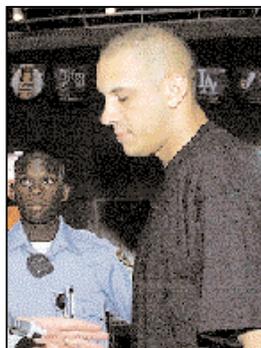
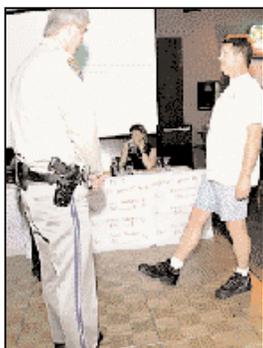
Five people of various ages, heights, and weights participated in the final event. The participants ate food and drank alcohol to simulate a realistic situation like having a few drinks with dinner. They drank five, 12-ounce glasses of beer or similar alcoholic beverage over a one hour period. They received a Blood Alcohol Content test and field sobriety test 30 minutes, 60 minutes and 90 minutes after the start of the demonstration. The BAC test was administered with a breathalyzer and the field sobriety test included tasks like reciting the alphabet or walking in a straight line. Failure of

either test can result in a violation of the law. For example, some people can pass the field test even though their BAC level is over the legal limit. This would result in a citation.

The Travis DUI Task Force teamed up with the California Highway Patrol to host these events. The first event tested people under normal conditions. The participants behaved like they would normally behave on any given day. The second was tested how dehydration interacts with alcohol. The participants limited their intake of food and liquids and exercised before the start of the event. All of the events were designed to enhance awareness and prevent drunk driving.

"This is intended to show spectators and participants that you might be more impaired than you might think," said Chuck Monroe, a California Highway Patrol public information officer. "Know your own body because everyone is different. You need to know how its affects you so you will be the one in control. This is ground breaking and it's not the end of our relationship with Travis. It's just the beginning."

"We want people to walk away from this and be smarter or at least more conscience about their actions. We want people to make safer decisions," Johnson said.



Master Sgt. Doug Cocker

Staff Sgt. Renata Sutton

Staff Sgt. Carlos Torres

Staff Sgt. Percel Crudrup

Staff Sgt. Kim Lively

Statistics

▲ Height: 6'1"
▲ Weight: 195 pounds
▲ Age: 38 years
▲ 30 minutes 0.064
percent - Field Sobriety Test:
Pass
▲ 60 minutes 0.042
percent - Field Sobriety Test:
Pass
▲ 90 minutes 0.046
percent - Field Sobriety Test:
Pass

"I volunteered to participate because my squadron had an unusual rash of avoidable DUIs so far this year. I wanted to help bring some attention to this problem and figured if there was someone on the task force my coworkers knew and could identify with. Maybe that would be enough to get this important point across."

Statistics

▲ Height: 5'4"
▲ Weight: 130 pounds
▲ Age: 28 years
▲ 30 minutes 0.071
percent - Field Sobriety Test:
Pass
▲ 60 minutes 0.100
percent - Field Sobriety Test:
Pass
▲ 90 minutes 0.107
percent - Field Sobriety Test:
Pass

"People should not expect to always respond the same way to alcohol; and even if you pass the breathalyzer test, you may not be able to operate mechanically, like being able to drive properly."

Statistics

▲ Height: 5'9"
▲ Weight: 265 pounds
▲ Age: 31 years
▲ 30 minutes 0.069
percent - Field Sobriety Test:
Pass
▲ 60 minutes 0.023
percent - Field Sobriety Test:
Pass
▲ 90 minutes 0.028
percent - Field Sobriety Test:
Pass

"Tests don't lie. There's no guarantee you can handle alcohol."

Statistics

▲ Height: 6'3"
▲ Weight: 194 pounds
▲ Age: 27 years
▲ 30 minutes 0.056
percent - Field Sobriety Test:
Pass
▲ 60 minutes 0.076
percent - Field Sobriety Test:
Pass
▲ 90 minutes 0.055
percent - Field Sobriety Test:
Pass

"Don't let your drunken ego fool you — you are not ok to drive"

Statistics

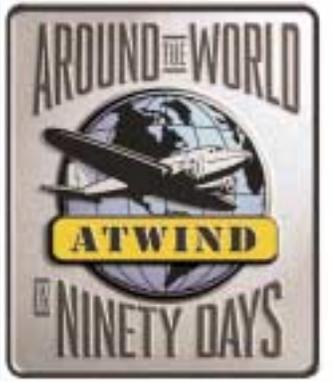
▲ Height: 5'3"
▲ Weight: 135 pounds
▲ Age: 30 years
▲ 30 minutes 0.056
percent - Field Sobriety Test:
Pass
▲ 60 minutes 0.078
percent - Field Sobriety Test:
Pass
▲ 90 minutes 0.093
percent - Field Sobriety Test:
Fail

The bottom line
DON'T DRINK AND DRIVE

NEWS NOTES

Changing of the "Guards"

F-16s Continue to Protect Western United States



Change of Command

Col. Edward Connolly, commander of the 60th Logistics Group, will relinquish command to Col. Dan Steel, in a change of command ceremony scheduled for June 28th at 10 a.m. at flightline spot 251 located behind the Distinguished Visitor lounge. There will be a reception immediately following the ceremony at the passenger terminal. Dress for the ceremony is uniform of the day. For more information, call 424-8393.

Investing in America

With the unpredictable stock market, Americans are becoming more aware of the safety, affordability and competitive interest rates of savings bonds that can come with tax advantages and education savings. The U.S. Savings Bonds Program allows people to invest in their future while investing in America. June is the month of the U.S. Savings Bonds drive for Travis. Bonds can be purchased through commercial banks, some credit unions, Federal Reserve Banks, Travis Federal Credit Union, Armed Forces Bank and now online at www.savingsbonds.gov. For more information visit the website or e-mail the wing point of contact 2nd Lt. Melanie Ecung at melanie.ecung@travis.af.mil.

Academy information

Are you interested in an opportunity to attend the Air Force Academy? Have you considered Air Force ROTC as a means for earning a college degree and an Air Force commission? Now is the time to start the application process to enter the Air Force Academy or Prep School. The next deadline for the Academy is Jan.

By Capt. Kimberly Garbett
60th AMW Public Affairs

The blue and orange afterburner streaked out behind the F-16s as they screamed skyward off Travis' runway Monday heading east. The last two 421st Fighter Squadron Vipers from the 388th Fighter Wing at Hill AFB, Utah, headed home after approximately eight months of sustained alert and random combat air patrol operations based out of Travis in support of Operation Noble Eagle.

Travis became an important base for the homeland security and defense mission shortly after Sept. 11 for Northern California and parts of the Western United States. Since the attacks, supersonic, multi-role F-16s have become a regular sight in Travis' air space in addition to Travis' air mobility aircraft.

June marks a changing of the Viper guard operating out of Travis. The 186th Fighter Squadron Vigilantes, an Air National Guard unit from the 120th Fighter Wing in Great Falls, Montana, took the reins of Viper Operations early this month. Detachment 1 comes to Travis from Montana's great outdoors ready to protect America's air space and be a part of the Total Force package supporting Operation Enduring Freedom.

"We are glad to be here and ready to do our duty for our country," said Lt. Col. John Jensen, the new F-16 detachment commander. "We're ready to guard America's skies and to be a part of the Total Force that makes the U.S. military so great. We will be continuing operations in support of Noble Eagle in a similar fashion to Det. 388."

As one of the many layers of defense touched by this national crisis, Det. 388 had its hands full.

"Det. 388 responded to calls in our operating area on a number of different occasions, especially numerous in the post-9/11 era," said Lt. Col. Valentino Bagnani III, operations officer for the

(Above) The last two F-16s out of Hill AFB, Utah, depart from Travis after eight months of sustained operations in support of Operation Noble Eagle. The 120th Fighter Wing Air National Guard unit took the reins June 1. (Right) Lt. Col. John Jensen from 120th FW and the commander for Det. 1 here discusses the transition with Lt. Col. Valentino Bagnani III of Det. 388 prior to the changing of the Viper guards.

421st Fighter Squadron Black Widows. "We've also watched our operating area here go from a relatively uninhabited area to a much more fully capable operating fortress. We've watched it grow up and are proud to pass this torch to the Vigilantes."

Bagnani said his unit has been thankful for all the support that Travis and the members of the 60th Air Mobility Wing have provided to them. "They made our home-away-from-home more enjoyable with each nail hammered in, each phone line installed, among a long list of other necessities. Whenever we had something that needed to get done, we didn't have to wait long before we turned around and it was done."

Jensen and Det. 1 will continue to maintain air presence in the area as well as random combat air patrols. "Our job is to be ready to employ rapid and ready homeland defense and maintain random combat air patrols as necessary. We don't know how long we'll have fighters at Travis at this time in the grand scheme of the homeland defense program."

The aircrew and support personnel at

Photos by Capt. Kimberly Garbett / 60th AMW Public Affairs



Travis with Det. 1 are ready to go into afterburners should they be called upon to do so. Maintaining airspace superiority in their area of responsibility is another mission essential element of their jobs here.

Jensen and his detachment personnel are on an Aerospace Expeditionary Force rotation and will be based at Travis for more than a few months, some on a rotational basis. "After we finish our time here and swap out with the next unit, many of us will head to Southwest Asia in support of ongoing military operations world-wide," he said.

Price is right for Air Force captain

By Cleota Drysdale
Space and Missile Systems Center Public Affairs

LOS ANGELES AIR FORCE BASE, Calif. (AFPN) — For Capt. Brian Barker, the price was decidedly right during a recent television appearance.

At a special "The Price Is Right" salute to the Air Force, which aired May 30, Barker won the final showcase showdown portion of the program and found himself nearly \$60,000 richer.

His total winnings were valued at \$58,900. His prizes included a 2002 Pontiac Firebird Trans Am, a Honda Shadow motorcycle, a 47-inch flat screen high-definition TV, a home theater stereo system, a baby grand piano, two sets of golf clubs and a mule chest dresser. The Trans Am, motorcycle, and piano were all part of the showcase showdown.

Barker is a lead engineer in the Global Positioning Satellite joint program office at the Space and Missile Systems Center at Los Angeles Air Force Base, Calif.

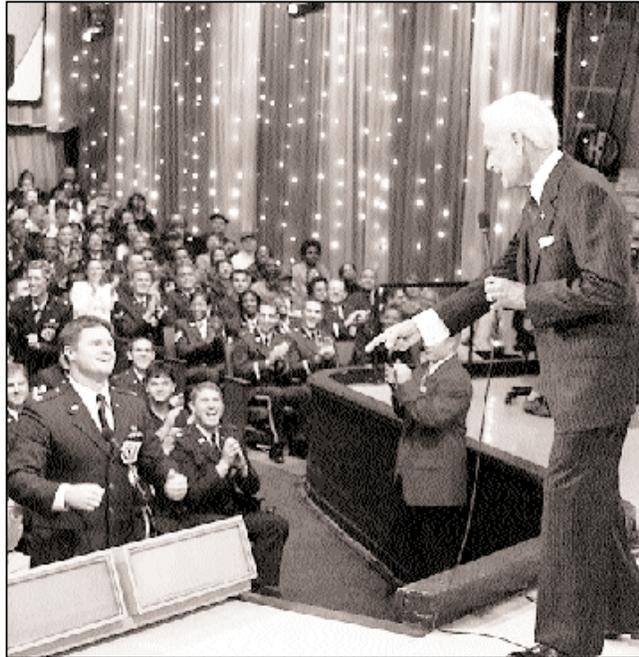
The idea behind the taping was

to have an all-Air Force audience. Members from Los Angeles AFB; Edwards AFB, Calif.; and March Air Reserve Base, Calif., were invited to attend. An element of the Air Force Band of the Golden West opened and closed the show amid wild cheering and applause.

Other winners on the program included 1st Lt. Star Longo, a project engineer with the 61st Air Base Group civil engineering division here. The Beaufort, S.C., native won a 10-foot catamaran sail boat worth \$2,895.

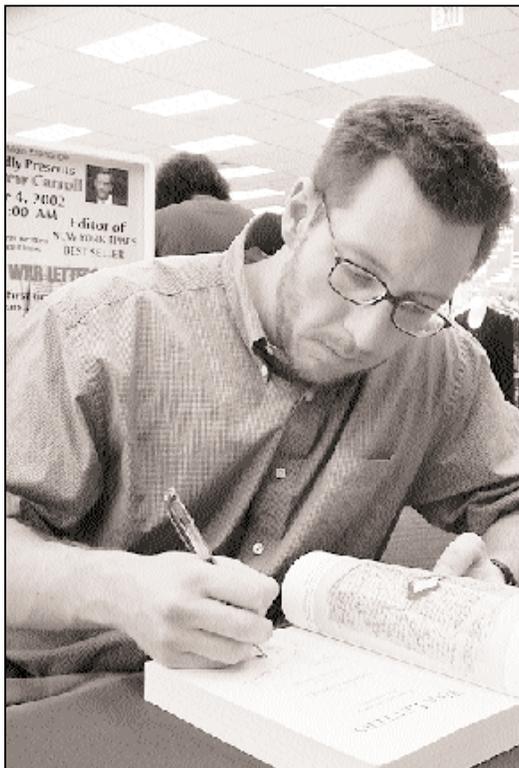
Another contestant from Los Angeles AFB was Senior Airman Laura Willis, a re-enlistments manager with the 61st Air Base Group military personnel career enhancements office. Willis won \$16,000 in cash and a \$2,997 grandfather clock.

Airman 1st Class Sicily Yazzie, an intelligence apprentice in SMC's intelligence directorate, won a treadmill valued at \$1,990. (Courtesy of Air Force Space Command News Service)



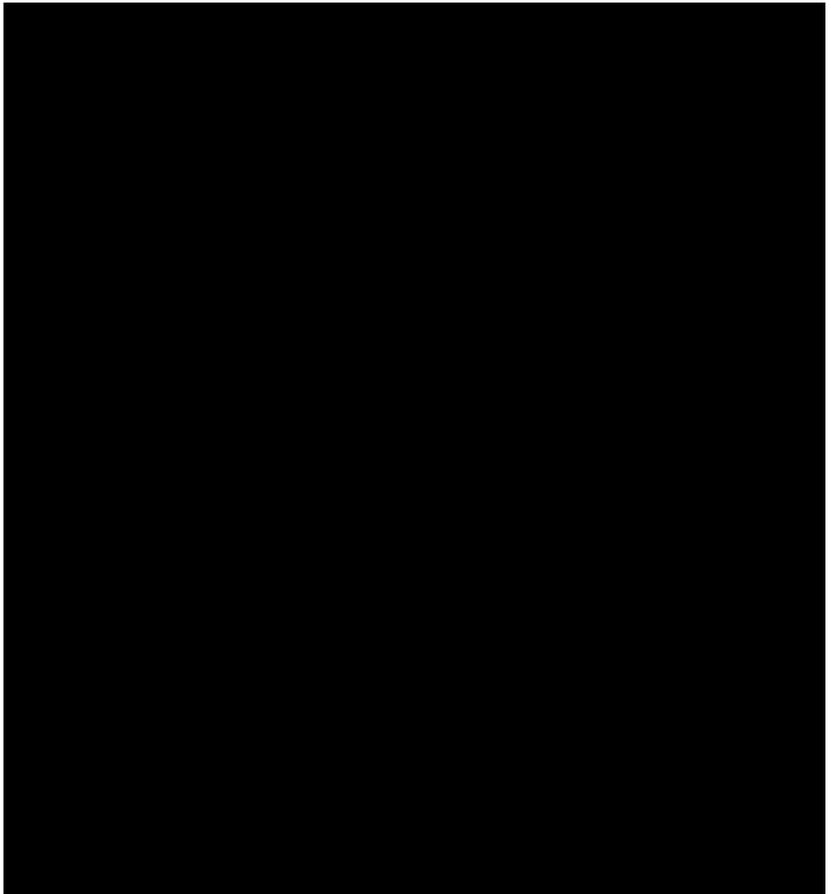
Bob Barker, host of "The Price Is Right" game show, asks Capt. Brian Barker for his opening bid. The captain, from the Global Positioning Satellite joint program office at the Space and Missile Systems Center at Los Angeles AFB, Calif., went on to win nearly \$60,000 worth of prizes.

Cliff Lipson/CBS



Staff Sgt. Jim Vecchio / 60th AFW Public Affairs

BX hosts author: Andrew Carroll, founder and director of the Legacy Project, signs copies of his book "War Letters" at the Base Exchange Tuesday. His book features letters from Douglas MacArthur and Benjamin O. Davis.



Defenders hone critical combat skills

Field training ensures security forces are ready for any threat

"The motivation and dedication of the students and instructors led to a tremendous increase of the combat skills of our security forces members."

*Staff Sgt. Robert Tonkin
60th Security Forces Squadron*

Tech. Sgt. John Duncan
60th Security Forces Squadron

Members of the 60th Security Forces Squadron spent seven days in field conditions sharpening the point of the force protection spear late last month. The 60th SFS conducted intense training focusing on team movement and individual skills needed to oppose new types of threats seen since Sept. 11.

Honing their ground combat skills by conducting training exercises, security forces members trained in combat scenarios ranging from securing a drop zone and performing security for para rescue personnel to rescuing an ambushed convoy. In order to survive and operate, the team had to navigate difficult terrain to find their food and water, set up operations and conduct maneuvers while being closely monitored and continuously harried by terrorist aggressors.

Staff Sgt. Robert Tonkin of the 60th SFS training section was responsible for design and development of the training curriculum. Instructors, who had just returned from a deployment to a classified location in support of Operation Enduring Freedom, assisted Tonkin with the field portion of the exercise.

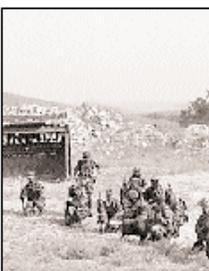
The training, the first of its kind for the 60th SFS, was designed to accommodate the current high ops tempo and maximize the use of available time.

"The motivation and dedication of the students and instructors led to a tremendous increase of the combat skills of our security forces members," Tonkin said.

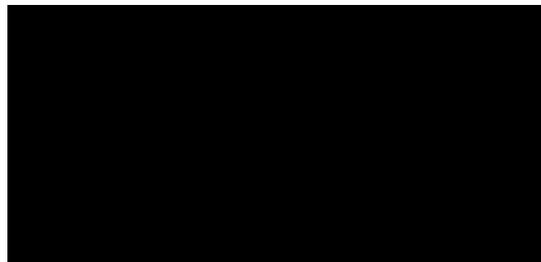
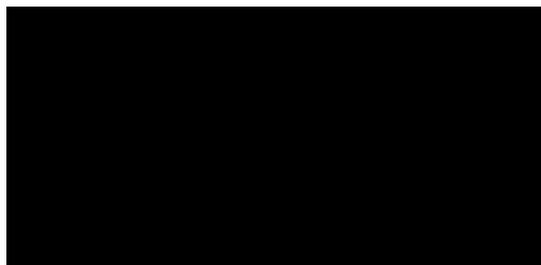
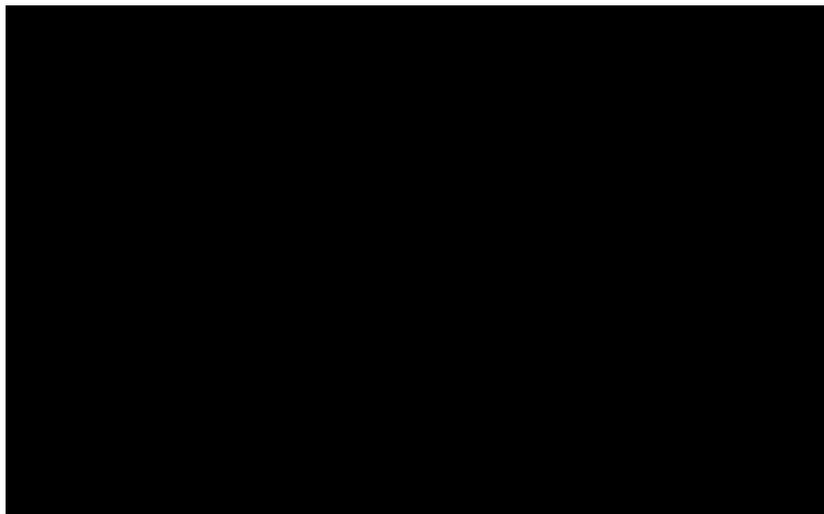
The foundation for this specialized training has been set, and it is scheduled to continue on a regular basis in the future.



Courtesy photos



(Left) Members of the 60th Security Forces Squadron take a break from the rigors of training. **(Above)** A member of the team uses camouflage and concealment techniques while taking aim downrange with his M-16 rifle.



Evolution of Travis Dining

Base dining facilities make great strides in one decade

By Linda Mann
60th Services Squadron

The current award-winning dining facilities at Travis are a far cry from what Travis had ten years ago. It has taken many renovations, new construction and lots of hard work on many fronts to convert the old wooden chow halls of a decade ago into the state-of-the-art dining facilities of today.

The four dining halls in 1992 were the Flight Kitchen; the Starlifter, located in the center of the dorm complex; the Ranch House, an old wooden building of Korean War vintage in the 800 area; and the Galaxy, which was built in 1948.

Food Service basically consisted of cafeteria-style dining. The birth of Air Mobility Command and the end of Desert Storm changed the focus of food service from subsistence to quality.

Travis command decided the Starlifter was in terrible condition and the Galaxy needed major remodeling, leaving the Ranch House as the only dining facility for more than a year.

The remodeling on Golden Hills was a major undertaking. The serving lines and kitchen area



Celebrating a decade of community investment

Since 1992 the dining facilities have evolved from antiquated facilities to state-of-the-art, award-winning dining facilities. To celebrate the 10th Anniversary of the Air Mobility Command, Golden Hills and Sierra Inn will be serving a piece of anniversary cake and an ATWIND passport stamp to each customer from 11 a.m. to 1 p.m. June 12. In addition, Outdoor Recreation will continue the anniversary celebration by offering 10 percent off selected rental items today and Saturday.

were totally updated with modern cooking equipment, bare pipes were covered and the cement floor was tiled.

By 1995, both the Starlifter and the Ranch House were torn down, the Sierra Inn was built and the Galaxy reopened with the new name Golden Hills.

The quality of the buildings was not the only part of food service to undergo changes. The Air Force

standard 30-day menu was implemented with meals created by each base to include regional specialties. Focus on customer service grew and Travis implemented quarterly food demonstrations by vendors and live entertainment during ethnic meals.

The Grab and Go opened in 2000 to provide quick meals for customers and the food service staff began training with the Culinary Institute of America in Napa in 2001. It was then, that all the hard work and improvements over the last decade were recognized as Travis won the AMC John L. Hennessy Award for the best food service operation in the command.

The goal of food services is two-fold: provide the best dining possible for the troops and educate and train qualified personnel. Travis will continue to work on both fronts. The Flight Kitchen is slated for remodeling or relocation, and beginning in August food service professionals at Travis will be able to become certified as sous chefs through the training program with the CIA. The next decade will continue to see changes in food services and Travis will strive to set the standard for other bases to follow.



Courtesy photo

Ten years ago, TSgt. Rick Hill might have been cooking this spaghetti in the wooden Korean War era Ranch House, but today he has the modern conveniences of the newest dining facility at Travis, the Sierra Inn.

Base Multimedia Service Center completes its digital transformation

By Master Sgt. David Cushman
Base Multimedia Manager

On the first of June the Base Multimedia Service Center will complete its conversion to an all-digital process for photography. With the conversion complete, the base says goodbye to film and chemicals and the accompanying waste stream that is associated with them. This will be a welcome change and a good thing for our environment.

Even though the center changed its process, customers should see very little change in the products they receive. In fact, the only notable difference people will probably be immediately aware of will be the lack of negatives being returned along with the photographic prints. Instead of negatives, people will receive a CD-ROM, which will have copies of the high-resolution files of the images. This will allow for future reprints of the images, if they are required. This will also have the added benefit of having a readily available digital file for electronic uses, such as PowerPoint presentations or posting on the Web. If you know that you will be using the images for electronic purposes, you can request that they also be saved at a lower resolution for this specific purpose.

The standard photographic print size will be 3.5 inches by 5 inches and customers will continue to receive two prints per

image for events such as commander's calls and other group events which involve many individual presentations.

The product package for events that center on an individual, such as retirements, will be evolving. Instead of just individual prints of the images, the lab is working to develop a multiple image layout that will be more representative of the event. This montage will be provided on an 8 inches by 10 inches print or possibly a 12 inches by 18 inches print in the case of very large events, which will be more conducive to display purposes. Customers will also receive 3.5 inches by 5 inches prints of the five to six most significant images of the event, as well as a CD-ROM with JPEG files of the images captured at the event. If you prefer to just receive regular 3.5 inches by 5 inches prints of the images from the event, people will still have that option.

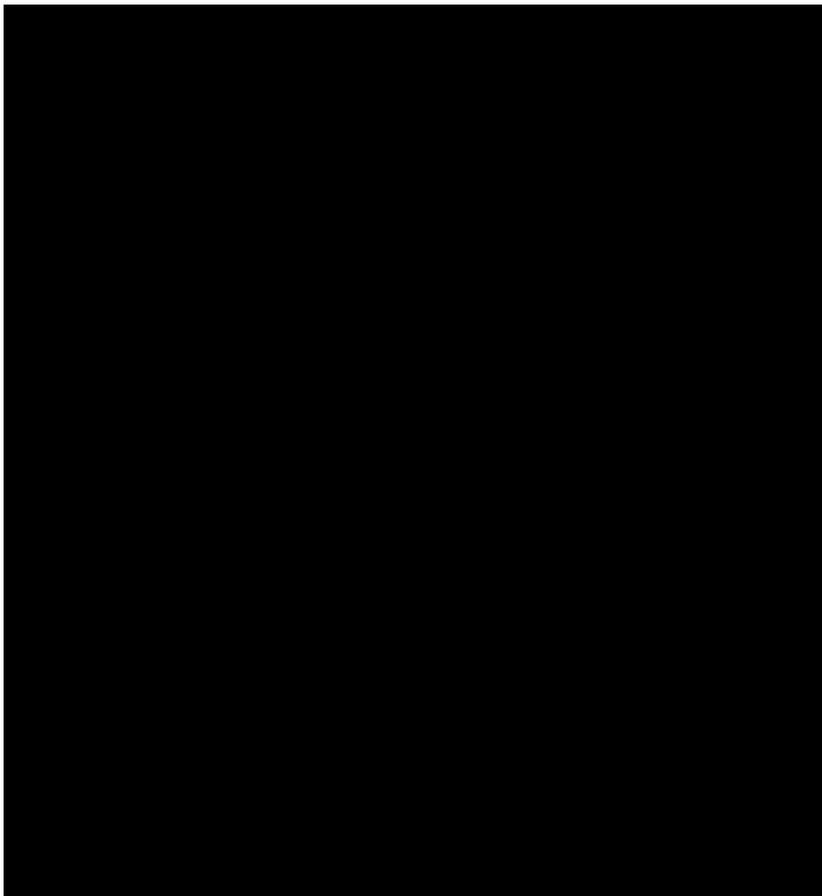
The only services that will no longer be available will be the processing of film for the production of negatives or 35 millimeter slides. This is due to the fact the lab will no longer have the required equipment to produce these products. The lab will however, still have the capabilities to scan existing 35 mm negatives and slides to create digital files from them.

Call 424-2744, if you have questions, comments or complaints about these services.



Staff Sgt. Jennifer Tower / AMC News Service

Celebrate: SCOTT AFB, Ill. (AMCNS) — 2nd Lt. Michael Provins (left) and Airman Rebeca Hansen (right) assist Gen. John W. Handy, commander, Air Mobility Command, in a cake-cutting ceremony Monday at Scott AFB, Ill. honoring the 10th Anniversary of AMC.



Water Conservation starts with YOU

According to the Military Family Housing Handout, residents are reminded to conserve water by only watering lawns on specific days.

If your address ends in an odd number, water your lawn on odd-numbered days.

If your address ends in an even number, water your lawn on even-numbered days.

Water lawns between the hours of 5 to 10 a.m. and 7 to 10 p.m. for 15 minutes.

For more information, contact the Housing Office at 424-1476 or 60th Civil Engineer Utilities shop at 424-8868.



Smoker's triangle

Dangerous habit affects everyone, not just the smoker

ViewPoint

Col. Jeff Paddock

Mental Health Flight Deputy Commander

One hot and humid June morning, I attended the funeral of my dear friend, Susie. Mother of two, godmother of my two children, an attorney, active in church and community affairs, Susie was a quiet, unassuming "giver." She gave to her family, her friends, her church and her community, regularly and quietly. Six weeks later on an equally hot and humid morning, I was a pallbearer at the funeral of my friend, Keith. Father of two, teacher, counselor, USAF veteran, Keith was the prototypical "strong silent type" constantly giving to others in his own quiet way. These two humanitarians, struck down by cancer in their prime of life, had more in common than their personalities, illnesses, and subsequent deaths. Both were smokers and both continued to smoke even after their cancer was diagnosed. Nonsmokers have a difficult time understanding how this could be. But those of us who have been addicted to nicotine know all too well what a grip the addiction can have and how hard it is to break free. Why?

First, nicotine is a highly addictive drug; smokers experience ten times more euphoriant than cocaine, heroin, or amphetamines. Cigarettes, serving as a rapid delivery system, get the drug (nicotine) to the brain within seven seconds, giving the body nearly immediate gratification. Both heroin addicts and alcoholics

report more difficulty quitting nicotine than heroin or alcohol!

Second, the typical smoker reinforces his or her habit as many as 150,000 times a year. The combination of this powerful drug and its habitual use makes quitting more difficult. Most smokers will tell you that they smoke in certain situations (after meals, in the car, or with morning coffee) simply out of "habit," not because they feel a physical need.

Third, many smokers use cigarettes as a means to relieve stress. When a smoker stops smoking, the everyday stresses of life can seem overwhelming without the chemical cushion of nicotine. The powerful combination of physical addiction, habit, and stress can trap smokers into staying smokers. Many a smoker has tried to quit, perhaps multiple times, and failed. The failure usually results from trying to overcome only one or two of the three legs of the "smokers triangle," but not all three. Use of nicotine patches or nicotine chewing gum, for example, may help to deal with the physical addiction but does not address the underlying reasons for these habits and stressors. That's the bad news. The good news is there's help available! The Travis Smoking Cessation Program addresses all three of the factors described above. The program offers two types of classes available at various times. The patches are dispensed by a physician and are free-of-charge to all eligible beneficiaries who attend the class.

The Health And Wellness Center can help when you are ready, call 424-HAWC! Don't delay, quit today!

Primary Care offers new telephone triage program

Capt Joey Paskevicius

Assistant Nurse Manager Primary Care Clinic

The Primary Care Clinic at David Grant Medical Center announced the implementation of a new "Nurse Telephone Triage" system Monday. This system is being introduced to provide patients' access to a "live body" or "triage nurse" during normal clinic hours. The triage nurse is available to assist with medical advice, health information and access to care. The phone number to reach the telephone triage nurse is 423-5351.

The new program helps patients make decisions related to medical problems that may arise. The triage nurse will ask questions in order to determine what type of care is needed and how soon. Once a medical need is determined, the nurse may make one of the following recommendations: the patient performs self-care; the patient needs to be seen in the PCC within 24 hours; the patient be seen in the PCC within seven days for a routine appointment; the patient needs to make a follow-up

appointment with his or her provider within 30 days or the patient needs to seek care on an emergency basis.

Often patients obtain appointments for medical concerns that can be treated through home care. Estimates are that greater than 80 percent of new problems can be treated by the patient without a clinic appointment. The PCC triage nurse will be available to assist patients in making the determination when an appointment is necessary. Additionally, there are several valuable free self-care books available for anyone authorized to use DGMC. These include the books: "Take Care of Yourself," "Take Care of Your Child," and "Living Well" (for those over age 50). These books are full of easy to use charts and medical information to guide patients in the health care decision-making process.

Another available resource to our patients is the Health Care Information Line. Patients can call the HCIL at (800) 611-2883 24 hours a day and speak with a registered nurse concerning any medical

To schedule an acute appointment (for an appointment in 24 hours or less), call PCC at 423-5351 between the hours of 7 a.m. and 4:30, Monday-Friday

question.

To schedule an acute appointment (for an appointment in 24 hours or less), call PCC at 423-5351 between the hours of 7 a.m. and 4:30, Monday-Friday. For all other appointments, continue to call central appointments at 423-3000, between the hours of 7 a.m. and 4 p. m., Monday-Friday.

The staff of the Primary Care Clinic is continuously striving for new and innovative ways to improve our health care services. We hope these improvements will ultimately provide our customers with greater satisfaction, positive experiences with our staff and improve the general health of our served population.

Classified ads work. Call the Daily Republic at 425-4646.

HOMETOWN NEWS RELEASES

Fill out the Department of Defense Form 2266 and bring it in to the Public Affairs Office in Bldg. 51, Room 232.

Travis members receive Articles 15

60th AMW Legal Office

Nonjudicial punishment provides commanders with an essential and prompt means of maintaining good order and discipline. It can also promote positive behavior changes in service members without the stigma of a court-martial conviction. See Air Force Instruction 51-202 and Manual for Courts-Martial Part V, for further information.

The following is a breakdown of the nonjudicial punishment actions that were closed out in April 2002. It is not possible to accurately compare one case with another, as the punishment must be tailored based on the prior record of the member along with the facts and circumstances of the offense(s) committed.

Airman Basic

»An airman basic was charged with failure to go; underage possession of alcohol; and failure to maintain a dormitory room in a manner conducive to good health, morale, safety, and welfare. Punishment consisted of 21 days of extra duty and a reprimand.

Airman

»An airman failed to go and wrote a check without sufficient funds to cover the check. Punishment consisted of reduction to the grade of airman basic, 15 days of extra duty and suspended forfeiture of \$500 pay per month for two months.

»An airman failed to maintain a dormitory room in a manner conducive to good health, morale, safety and welfare. Punishment consisted of suspended reduction to airman basic, 30 days of extra duty, 30 days of restriction to Travis and a reprimand.

»An airman transmitted e-mail with pornography on a government computer. Punishment consisted of a suspended reduction to airman basic, forfeiture of \$75 pay per month for two months and a reprimand.

Airman 1st Class

»An Airman 1st Class failed to maintain alert during an assigned shift. Punishment consisted of suspended reduction to the grade of airman, seven days of extra duty and a reprimand.

»An airman first class used a government travel card for unofficial purposes, for which he received a suspended reduction to airman and a reprimand.

»An Airman 1st Class was charged with underage drinking. He received a suspended reduction to airman, forfeiture of \$300 pay per month for two months, a reprimand, 30 days of extra duty and 30 days restriction to Travis.

»An Airman 1st Class was charged with underage drinking, for which he received a suspended reduction to airman, 14 days of extra

duty, and a reprimand.

»An Airman 1st Class was charged with Driving Under the Influence. Punishment consisted of reduction to airman, 30 days of extra duty, and forfeiture of \$350 pay per month for two months (with \$350 pay per month for one month suspended).

Senior Airman

»A senior airman was charged with assault, assault on a law enforcement official and attempt to escape custody. Punishment consisted of reduction to airman 1st class, forfeiture of \$150 pay per month for two months and 15 days of extra duty.

»A senior airman was cited for assault and battery and communicating a threat, for which he received a suspended reduction to airman 1st class, 30 days of extra duty and reprimand.

»A senior airman charged with damage to government property and provoking an altercation received a suspended reduction to airman 1st class, suspended forfeiture of \$100 pay per month for two months and 14 days of extra duty.

»A senior airman was cited for failure to go and making a false official statement. For these offenses his punishment was suspended reduction to airman 1st class, forfeiture of \$734 pay per month for two months, seven days of extra duty and 45 days restriction to Travis.

Staff Sergeant

»A staff sergeant charged with DUI received a reduction in grade to senior airman and 21 days of extra duty.

»A staff sergeant charged with assault and battery and being drunk and disorderly received punishment of forfeiture of \$1,115 pay per month for one month and a reprimand.

»A staff sergeant charged with DUI was reduced in grade to senior airman and received a reprimand.

»A staff sergeant was cited for failure to pay a debt. Punishment consisted of suspended reduction to senior airman, suspended forfeiture of \$150 pay per month for two months, and 15 days of extra duty.

Technical Sergeant

»A technical sergeant charged with DUI received punishment consisting of reduction in grade to staff sergeant, suspended forfeiture of \$1,096 pay per month for two months and 30 days of extra duty.

First Lieutenant

A first lieutenant who engaged in a sexual relationship with a junior enlisted member was punished with forfeiture of \$1,672 pay per month for two months (with \$672 pay per month for two months suspended) and a reprimand.

NEED A RIDE?

If you are in no condition to drive, use the Dial-a-Ride program. Telephone numbers for participating taxi companies are:

- Fairfield Taxi**
(707) 422-5555
- Yellow Cab of Vacaville**
(707) 44 6- 1144
- Yellow Cab of Sacramento**
(916) 442-4696



CALLING A CAB IS A BETTER OPTION THAN THE ALTERNATIVES.

Announcements

Volunteers needed

The Youth Center needs volunteers to work with children in the areas of woodworking, tennis, dance, environmental awareness, camping and orienteering. Call 424-5392 for more information.

Grant money

Air Force dependent high school students are eligible to earn up to \$1,000 in grants toward a future vocational, technical or academic education through volunteering. The Youth Employment Skills program is sponsored by the Travis Boys and Girls Club and the Air Force Aid Society. Call the Youth Center at 424-5392 for more information.

Graduates honored

The Frame Shop in the Skills Development Center is honoring 2002 high school or college graduates by offering a 10 percent discount for framing diplomas, invitations, tassels, photographs, etc. Classes of 1997 through 2001 receive five percent off. This offer ends July 31. Call 424-2929 for details.

Carpet shampoo

The Travis car wash on Ragsdale Ave. now has a carpet shampooer available to all DoD civilians, military, reservists and their families for \$5 for five minutes.

Services

Today

▲ The Cinderella ballet will be performed at Center school tonight with special performances of the Baby Ballet, Vienna waltzes and jazz dance. The performance runs from 6 to 8 p.m. and all attendees will get an ATWIND game piece.

Saturday

▲ Visit Chinatown from 9 a.m. to 5 p.m. with Outdoor Recreation and get an ATWIND game piece. Transportation is \$12 for adults and \$7 for children.

▲ Beginner and experienced youth actors are needed for the cast of "Guys and Dolls, Jr." The audition for children ages 7 to 16 will be held from 8 to 10 a.m. at the Youth Center.

Sunday

▲ Celebrate children's day with brunch at the Delta Breeze Club from 10 a.m. to 1:30 p.m. A special children's menu will be available and children 12 and under eat free. Adults can

enjoy the champagne Sunday brunch for \$12.95 with member discount. All paying customers receive an ATWIND game piece.

Monday

▲ Golf at lunch time at Cypress Lakes Golf Course and earn two ATWIND game pieces — one for the game and one for lunch at Gatsby's Grill.

Tuesday

Preschool storytime at the Mitchell Memorial Library from 9:30 to 10 a.m. All children receive an ATWIND game piece.

Wednesday

Celebrate AMC's 10th anniversary with a piece of cake at the Sierra Inn or Golden Hills from 11 a.m. to 1 p.m. and earn an ATWIND Passport stamp.

Family Support

Monday

▲ Spouse employment orientation class is 9 to 10 a.m. at the Family Support Center for newly arriving spouses, spouses returning to work or spouses wishing to explore new career opportunities. Tap into the career focus networking, look at hundreds of job opportunities and learn about the career development classes at the FSC. Call 424-2486.

Tuesday

▲ The long distance job search workshop is from 8 to noon, at the FSC. Call 424-2486.

▲ The Uniformed Services Thrift Savings Plan briefing is from 9 to 10 a.m. Learn about this savings and investment retirement plan. Call 424-2486.

Thursday

▲ The Career/life change management class is from 8 a.m. to noon. Learn coping skills for career changes, lifestyle changes, relocating to a new base and job changes. Call 424-2486.

▲ WIC representatives will be at the FSC from 8 a.m. to 4 p.m. by appointment only. Call 435-2200.

▲ The financial planning seminar is from 9 to 11 a.m. at the FSC. Call 424-2486.

Weekly

▲ Meet with a relocation specialist at the FSC to help assess individual or family relocation needs. In addition to helping map out a plan, the specialist will make appropriate recommendations or referrals. For more details call 424-2486.

▲ Find information on mili-



Courtesy photo

Skate through summer: Sign up now for summer skate camp, for kids ages 6 to 13. Activities include skating lessons, arts and crafts, field trips, outdoor activities and more. The cost is \$45 per week and runs from 9 a.m. to noon, June 17 to 21. Register at the Youth Center. Call 424-5392 for more information.

tary installations worldwide by using the customer resource area at the FSC. You can access the Standard Installation Topic and Exchange Service information files via the Internet. These files are updated continually to provide you with information about other installations. To get an estimate of the cost of a move to a new location, visit the Military Acclimate site on the Internet. This program will estimate the costs to make a move, provide demographics on the locale and give an estimate on the monetary entitlements available. To aid in trip planning by automobile across the U.S., use the Tripmaker program to complete the moving package. Call 424-2486 for more information.

▲ The Air Force Aid Society and Family Advocacy work together to help families who are eligible for respite care. Following an assessment to determine eligibility, funds are made available to families so they may hire someone for short periods of time to look after those in their care. For more information, contact the Exceptional Family Member Program manager at the David Grant Medical Center at 423-5168.

Family Advocacy

Family wellness

A program for families held Tuesdays 6 to 8 p.m. discussing parents and children in healthy families, couples in healthy families, changes in children as

they grow, solving family problems and passing on family values. Call the Family Advocacy office to register at 423-5168.

Parenting classes

Common Sense Parenting is a program for parents of children 3 years old and older. Topics include effective praise for good behavior, preventing problems before they occur and stopping problem behavior. Classes are at the David Grant Medical Center Wednesdays from 2 to 4 p.m. and last six weeks. Call the FA office to register at 423-5168.

New parent support

The New Parent Support Program offers support, referral services, education and information on a variety of subjects such as pregnancy, childbirth, fatherhood, newborn care, mother/baby care, growth and development, playgroups, breastfeeding/bottle feeding, nursing mom's program, parenting and more. Participants will also receive free books, tapes and CDs. Classes are held on Wednesday from 11:30 a.m. to 12:30 p.m. in the FA clinic at DGMC. For more information, call 423-5168.

Chapel

Catholic services

▲ Monday through Friday, 11:30 a.m., communion service or Mass, Chapel Center.
▲ Thursday, noon, Catholic

communion service, DGMC Chapel.

▲ Saturday, 4 to 4:45 p.m., confessions, Chapel One.

▲ Saturday Mass, 5 p.m., Chapel One.

▲ Sunday Mass, 9 a.m., Chapel One.

▲ Sunday, 9 a.m. children's liturgy of the Word, Chapel One.

▲ Sunday Mass, 12:30 p.m., Chapel Center.

Protestant services

▲ Friday, noon, 30-minute worship service, DGMC Chapel.

▲ Sunday, 8 a.m., community, praise and worship service, Chapel Center.

▲ Sunday, 10:30 a.m., community worship service, Chapel Center. Nursery class for kids 3 months to 3 years.

▲ Sunday, 11 a.m., community Gospel service, Chapel One.

Jewish services

First Fridays, 7 p.m., Sabbath services and third Saturdays, 10 a.m. Sabbath services are temporarily meeting off-base. Call 424-3217 for locations.

Inside Out services

Sundays, 6 p.m., rock and praise-style worship. Chapel One.

Wicca classes

Classes are held at various locations and times due to deployments. E-mail Beltane@prodigy.net for current information.

Deployed 'Team Travis' members soar in the midst of OEF

Courtesy Article

The following individuals of the 60th Air Expeditionary Group have been recognized for their achievements at a forward operating location:

Senior Airman Kiley Ayoso a KC-10 Hydraulics Apprentice for the 60th AEG is the group's airman of the month. Ayoso has been recognized for his performance in expertly guiding a KC-10 crew chief by phone to repair grounding a hydraulic problem at a forward location. Ayoso also enabled 14 successful air-bridge missions. The missions allowed the delivering of 700 passengers and 700,000 pounds of cargo in support of the group's mission. Ayoso has also been recognized for successfully working outside of his area of expertise by completing qualifications for crew chief tasks in minimal time with immediate impact. Ayoso has also spent time helping to build Arctic Survival shelters as well as volunteering to cook and clean for the KC-10 2000th mission barbeque celebration.

Staff Sgt. Neal Dion a KC-10 Elen journeyman for the 60th AEG is the group's noncommissioned officer of the month. Dion has been recognized for his performance in executing a one-man mission recovery team to repair a KC-10 stranded in a forward operating location. He also made 14 air-bridge missions possible. Dion also prevented a KC-10 delay saving critical B-52 pre-strike mission disruption.

He took the lead in advancing his team's cross utilization training effort by administering hands-on training and classroom style. Dion is also known for successfully working outside of his area of expertise. He has assisted Boeing contractors to locate and restock lost parts in the online supply inventory system. Some of his volunteer work includes running a 5K race and working on

the clean-up crew at the group's forward operating location.

Master Sgt. Terrance Shadel a KC-10 Production Superintendent for the 60th AEG is the group's senior noncommissioned officer of the month. Shadel has been recognized for his performance in leading a 130-person KC-10 maintenance team to fly over 2000 combat missions. He is also being recognized for coordinating a KC-10 flying crew chief program across four bases and two hemispheres. This program enabled 14 air bridge missions to the forward location putting 700,000 pounds of cargo and 700 people to arrive on target and on time. Shadel also directed a KC-10 generation effort flying 100 percent of 208 sorties tasked. His flight line management and people skills is demonstrated through him recognizing area to increase efficiency. He suggested downsizing of under-utilized analysis position. He also developed a plan to downsize KC-10 maintenance crews that matched capability against current workload. Shadel has also spent time volunteering for the group's forward location cleanup efforts.

Capt. Ronald Dollesin a KC-10 maintenance officer for the 60th AEG is the group's company grade officer of the month. Dollesin is being recognized for his performance in contributing to a 100 percent mission effectiveness rate of every sortie counted. He also supported 14 KC-10 channel movements. He is also known for his abilities to provide daily interface between maintenance and operations resolving all issues on the spot.

Dollesin also coordinated, planned and executed a squadron picnic in helping to achieve morale boost.

HOMETOWN

NEWS RELEASES

Fill out Department of Defense Form 2266 and bring it to the Public Affairs office in Bldg. 51, Room 232.



Photo by TSgt. Scott King / 60th AMW Public Affairs

Winning hand: Joseph Fraccola poses for a photo outside of his residence in Sacramento. Fraccola coordinated an effort to get playing cards to individuals who are forward deployed. More than 11,302 decks of cards and 423 pairs of dice were donated from casinos nation wide and will be sent to the front in the near future.

GOT AN INTERESTING STORY IDEA? Call 424-2011.



ATWIND ... Get Into It and Win!

Participate in the following activities to earn ATWIND game pieces. More ATWIND opportunities can be found at www.60thServices.com. Check the bottom of the page and register the introductory game piece.

ATWIND TIP OF THE WEEK: Register everyone in your family to increase your chances of winning. Remember, in order for Travis to win the base race, it will take everybody playing ATWIND.

TODAY

- ▼ Eat lunch at the Sierra Inn or Golden Hills
- ▼ Eat dinner at Mike's Place, Travis Sailing Center
- ▼ Stop by Outdoor Recreation and see what they have to offer
- ▼ Family Support Center success in dressing workshop, women at 9 a.m., men at 1 p.m.
- ▼ See Cinderella ballet and dance performance, 6 to 8 p.m., Center School, free

SATURDAY

- ▼ "Traditions" night dining at the Delta Breeze Club
- ▼ Each paid youth bowler at the Travis Bowl
- ▼ Swim at the Aquatic Center
- ▼ Use the Auto Hobby Shop or Frame Shop
- ▼ Visit Chinatown with Outdoor Rec., 9 a.m. to 5 p.m., \$12 adult, \$7 child transportation

SUNDAY

- ▼ Children's day brunch at the DBC, 10 a.m. to 1:30 p.m., special children's menu available, Sunday champagne brunch menu available for adults, \$12.95 for members, children 12 and under eat free. Each paid customer gets an ATWIND game piece.

MONDAY

- ▼ Eat lunch at Gatsby's Grill at the Cypress Lakes Golf Course
- ▼ Each paid golfing participant at Cypress Lakes earns one game piece
- ▼ Each paid bowling participant at the Travis Bowl earns a game piece
- ▼ FSC spouse employment orientation, 9 a.m.

TUESDAY

- ▼ Attend storytime at 9:30 a.m. at Mitchell Memorial Library
- ▼ Climb the wall at Outdoor Rec
- ▼ Workout at the Fitness Center
- ▼ Donate blood at the David Grant Medical Center, get two game

- pieces
- ▼ FSC long distance job search workshop, 8 a.m.
- ▼ FSC UNISERVE Thrift Savings Plan, 9 a.m.

WEDNESDAY

- ▼ Lunch at the Pizzeria
- ▼ Play Wednesday night bingo at the DBC
- ▼ Come out for karaoke at the DBC
- ▼ Authorized youth 17 or younger can golf for \$5 at Cypress Lakes and get a game piece
- ▼ Purchase any Smoothie Island drink

THURSDAY

- ▼ Eat lunch at the DBC
- ▼ Check out one or more books at the Mitchell Memorial Library
- ▼ Participate in a fitness class at the Fitness Center.
- ▼ FSC Airman Professional Growth and Development workshop at 7:30 a.m.
- ▼ FSC career/life change class, 8 a.m.
- ▼ FSC financial planning, 9 a.m.
- ▼ Participate in water aerobics class at the Travis Aquatic Center, 5 to 5:45 p.m.

1992 DAYS

- ▼ Celebrate AMC's 10th Anniversary at Travis dining facilities June 12 with a piece of anniversary cake and an ATWIND Passport stamp from 11 a.m. to 1 p.m.
- ▼ Outdoor Recreation offers a 10 percent discount on selected equipment rental until June 8 for 1992 Days.

TRAVIS ATWIND PASSPORT

- ▼ Every day is a passport day at these facilities: Travis Bowl, Delta Breeze Club, Pizzeria, Travis Skating Rink, Skills Development Center, Smoothie Island at the Fitness Center, Travis Aquatic Center, Outdoor Recreation, Travis Sailing Center and Aero Club.

Free game piece

Get started in ATWIND with this introductory game piece number: **9999-0033-333**. Register the game piece at www.atwind.com or call (888) 597-9960. Pick up additional ATWIND game pieces this week at the above-listed events.

WORKING as a TEAM

Westwind Inn's success comes from the people who make it happen



Linda Mann / 60th Services Squadron
Housekeeping manager, Christina Rommel (center) goes over the Air Force checklist with housekeeping supervisor Cecilia Strawn (left) and custodial worker Long Kuayork (right).



Staff Sgt. Jim Verchio / 60th AMW Public Affairs

Tech. Sgt. Terry Hogan, front desk manager of the Westwind Inn, helps a customer make reservations. Westwind Inn employees attribute their success to team work and doing their best to make sure all guests enjoy a pleasant stay at Travis.

Both civilian and military employees work together as a team, in front and behind the scenes, to make every stay at the Westwind Inn a pleasant one.

By Linda Mann
60th Services Squadron

The Westwind Inn won the honor of being named the best in the Air Mobility Command, and today the Air Force team finishes evaluating the Travis lodging facility to determine if it is the best in the Air Force. With all the programs and polishing, they have a good chance to win the award, but the most important aspect of any hotel is its people. Without great customer service and employees who really care, the grandest five star hotels wouldn't last long.

Both civilian and military employees work together as a team, in front and behind the scenes to make every stay at the Westwind Inn a pleasant one. They take their job seriously, and see the larger picture. Lodging is an integral part of the Air Force mission.

Housekeeping manager — Christina Rommel, is a mother of three with another baby expected in September. She took a job as a housekeeper at the Ramstien AB while her husband, Tech Sgt. Daniel Rommel was stationed in Germany.

She worked her way to housekeeping

supervisor and eventually became a manager after PCSing to Travis. Her job is multi faceted as she oversees personnel, implements housekeeper training, orders supplies and inspects the rooms to make sure the Air Force checklist is being followed. Rommel never planned on making it a career, but the challenges of the job keep it interesting.

Rommel enjoys working with people from all over the world and feels pride in what she does. Giving aircrews, visiting dignitaries and PCSing families a place to call home makes her feel like she is doing something important. Winning the AMC Innkeeper award reinforced that feeling.

"When I was at Ramstien, we worked hard preparing for Innkeeper, and I had to PCS just a few weeks before the evaluation. When they won in Europe, I felt a part of it, but I was still disappointed I couldn't be there. That is why winning the AMC Innkeeper award at Travis this year meant so much to me," said Rommel.

That feeling of confidence in a job well done is a wonderful boost, especially when things get stressful around the Inn.

Airman Deante Burris admits that working the front desk can be demanding,

with so many people needing so many things. He tries hard to do everything he can to help them. Recently, a family in one of the Temporary Lodging Facilities had personal problems that made an immediate change in lodging necessary. Burris put them up in one of the rooms usually reserved for Distinguished Visitors because it was the only one available.

"How could I tell them I didn't have a room? I had to do the right thing. I'm just doing my job," said Burris.

Although he just did what he thought was right, the compassionate action was appreciated by the family and a grateful note was sent to Maj. Marcus Bass the 60th Services Squadron commander who made sure to pass it on to Burris.

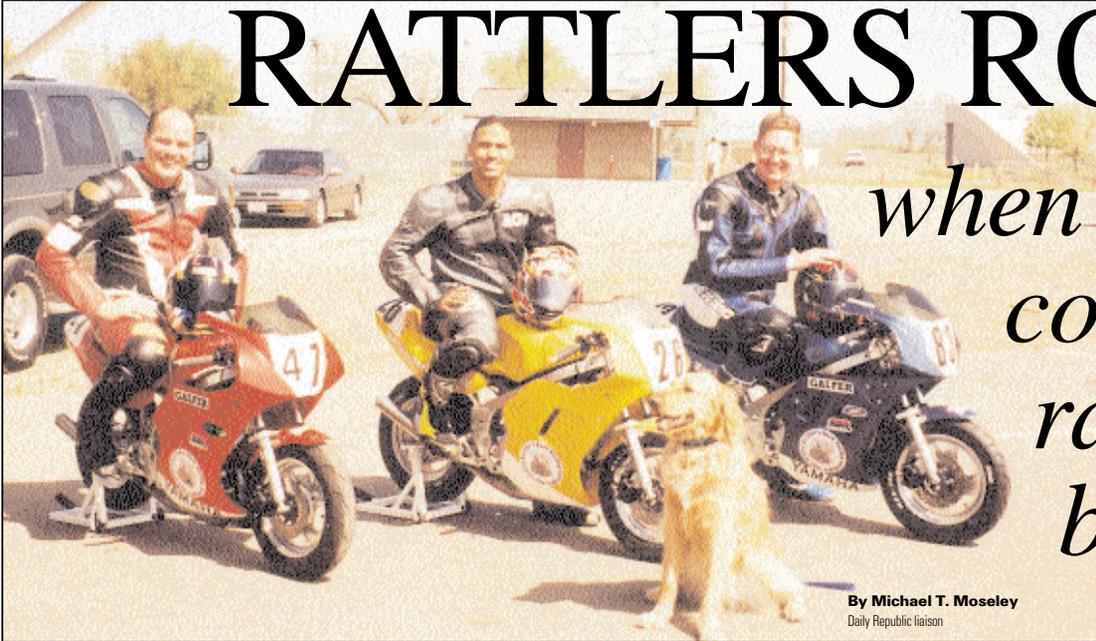
"Sometimes this job is so stressful, you want to give up but receiving recognition for what you do makes you feel like it is worth it. It erases the negative things," he said.

He is confident in the Westwind's ability to win the Air Force award because since they won the AMC competition, they have continued to improve the facility.

"We are getting even better," said Burris.

RATTLERS ROCK

when it comes to racing bikes



By Michael T. Moseley
Daily Republic liaison

Staff Sgt. Jennifer Smith / contributing photographer

(Above), Three military members of the Rattler Rock Racing club sit on their bikes at their "home away from home," the Prairie City Raceway Park in Rancho Cordova, Calif. From left to right, they are Tech. Sgt. Patrick Corcoran, 301st Airlift Squadron, Staff Sgt. Marcus Smith, 60th Air Mobility Wing Command Post, and Staff Sgt. David Seyl, 22nd Airlift Squadron. **(Below)**, the four racing members of the Rattler Rock Racing club, lean into several of the many turns at Prairie City Raceway. The four members are: Corcoran (#47), Seyl (#83), Smith (#26) and the only civilian member of the team, Guru Niyam Khalsa (#78), a computer technician from Berkeley.



At first glance a grown adult in full leathers sitting astride a 50cc motorcycle is not a very intimidating sight for most cycle enthusiasts. That all changes, however, when the engines rev to full speed and begin streaking down the track in sporadic clumps of bobbing and weaving bikers.

That's the scene experienced by the members of the Rattlers Rock Racing team from Travis.

The two founding members, Staff Sgt. David Seyl, 22nd Airlift Squadron, and Tech. Sgt. Patrick Corcoran, 301st Airlift Squadron, are both C-5 flight engineers, but on the ground, they share a definite need for speed.

"I always tell people if you want to go fast, get off the street and get on the track," said Seyl.

It's Seyl's belief that safety is the biggest factor when riding a motorcycle.

His partner, Corcoran, agrees whole-heartedly.

"Traffic only goes one way on a track," Corcoran said. "If you want to speed around on a motorcycle, track time at Thunder Hill (race track in Willows, Calif.) is only \$120 a day. You can go as fast as you want and the ambulance is right there."

Besides Seyl and Corcoran, the other two members of the racing team are Staff Sgt. Marcus Smith, 60th Air Mobility Wing Command Post, and Guru Niyam Khalsa, a computer technician from Berkeley.

The fifth member of the team doesn't actually do any racing,

but in the opinion of the others, she helps them all look good. Staff Sgt. Jennifer Smith, 6th Air Refueling Squadron, is not only Marcus' wife, she's the team's photographer and pit girl.

Rattlers Rock Racing is in its third year of existence, but already the team has made a name for itself. Currently, Seyl holds first place in the super-bike category and second in supersport. Corcoran is close behind him — third place in both.

"It's always a neck-and-neck competition," Corcoran said.

Last year, Marcus took top honors as the Novice Super-sport Champion.

The fact is that, even though they are a team, the members compete as individuals, accumulating points for placing in the 10 races that constitute the racing season.

"We're a team, but it's not quite like a Nascar team idea," Seyl said.

"We share the pit area and parts and things like that. Sometimes we'll run interference for a team member if it's a race we may think we can't personally win. Sometimes we have to sacrifice for the team."

"I've been sacrificing a lot lately," Corcoran added with a laugh.

Members of Rattlers Rock Racing are also members of Golden State Mini Motorcycle Road Racing and are sponsored by Lockhart Phillips (parts and accessories), YSR50.com (motorcycle bodywork) and Team Calamari (engine parts).

For more information, log on to www.rattlersrock.com.