

TAILWIND

TRAVIS AFB, CALIF.

FRIDAY, SEPTEMBER 6, 2002

VOLUME 27, NUMBER 35

ONE YEAR LATER

Travis' role in war against terror

— Pages 16 & 17



60TH AMW REORG

60th Support Group leads way toward reorganization

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STRESS RELIEF

Services provides off duty fun for singles, families

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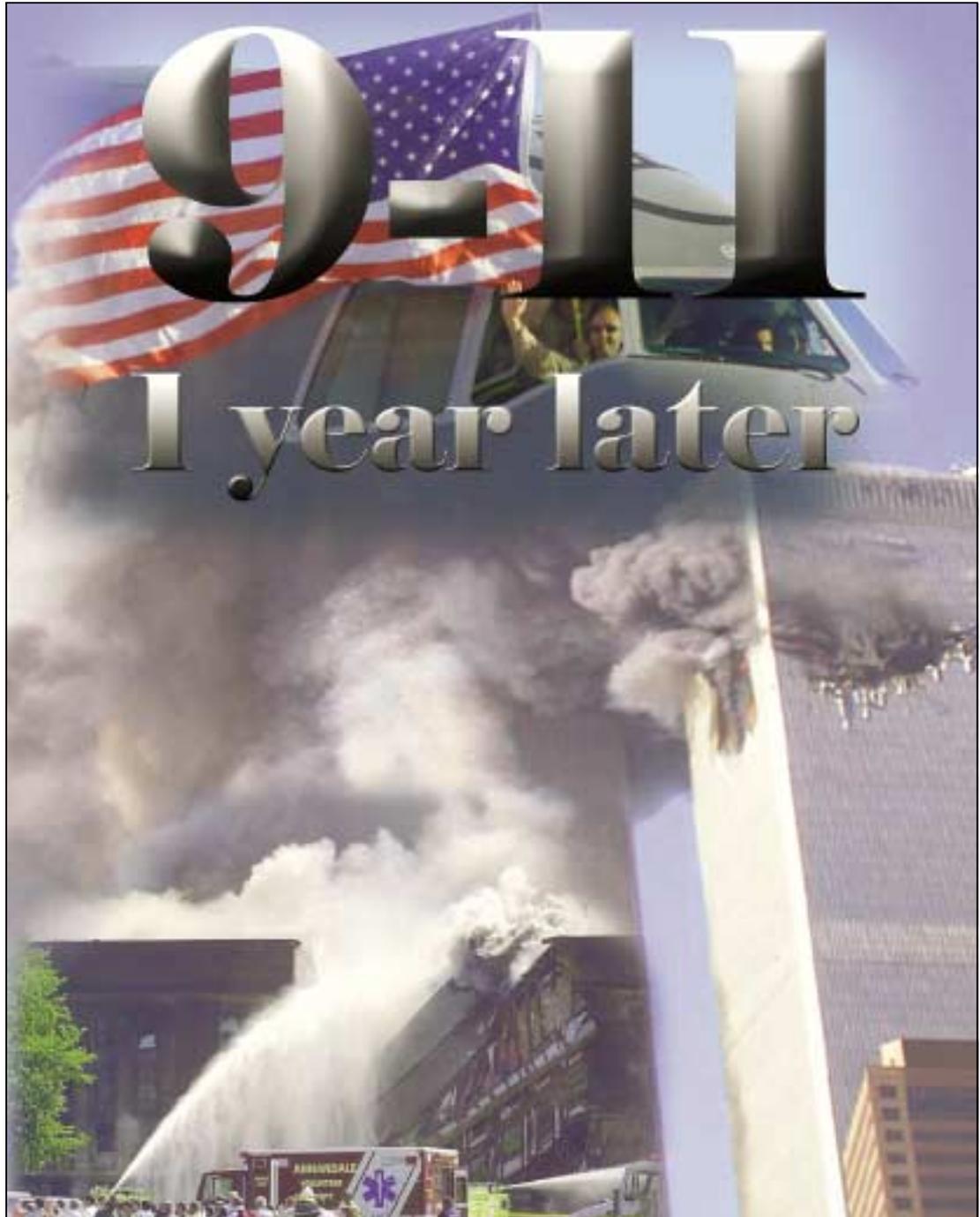
WE WILL NOT RUN

CJCS wants people to continue living life to the fullest

— Page 12

MEMORIAL EVENT

Travis' Sept. 11 revielle ceremony is at 6:30 a.m. People attending should be in place by 6:15 a.m. See inside for more.



Words from the top...

Looking back on another date that will live in infamy

We'll pay tribute to those brave men and women in front of the wing headquarters with reveille on Sep 11 at 6:30 a.m. — please be sure to arrive early. I encourage you and your family to attend — this moment will be marked with a 21-gun salute — to drive home the appropriate solemnity and presence as the occasion demands.

By Col. Dave Lefforge
60th AMW Commander

Do you recall what you were doing, where you were, who you were with and your reaction when you saw or learned of last year's terrorist attacks on America? I do...vividly, and I'll never forget! Sept. 11, 2001 will most certainly become America's second "date which will live in infamy."

In this edition of the Tailwind, we'll reflect on Sept. 11, 2001 ... the impacts on our country, Travis' role in the resulting war - and how you, Team Travis and your families, have led the way through this ... the busiest year this base and mission has had in 20 years! Let me just say again, I couldn't be prouder of you ... and what you've brought to the fight against terrorism.

I know your ideals inspire you to give your best ... and those values have led you to serve. Whether you're a new recruit ... and the post Sept. 11 world is all you've known in the military, or you're like me, an "old hand" who still remembers the Cold War standoff - what we stand for never changes.

Travis along with other Air Force bases, in addition to Army, Navy, Marine and Coast Guard installations across the country stand guard, as a deterrent, to protect democracy and preserve our freedoms. Sept. 11 reminds us all too vividly there are still people who would limit those values ... and why we must constantly remain vigilant, alert and ready.

Travis Tribute
More than 3,000 people were killed when three airliners, commandeered by hijackers hit the World Trade Center towers in New York City and the Pentagon in Washington D.C. Those ruthless attacks galvanized our nation to action best immortalized in the now famous words "let's roll" spoken by Todd Beamer, a citizen hero for our time. His determination along with that of his fellow passengers prevented a fourth attack against our country. We'll honor his and the memory of all the others who lost their lives that day, in addition to our fallen warriors who have died in the resulting war against terrorism.

We'll pay tribute to those brave men and women in front of the wing headquarters with reveille on Sep 11 at 6:30 a.m. — please be sure to arrive early. I encourage you and your family to attend — this moment will be marked with a 21-gun salute — to drive home the appropriate solemnity and presence as the occasion demands.

Oct. 7, 2001

It is difficult, if not impossible, to consider that day without consideration of

the resulting U.S. military efforts that followed. The Travis team responded immediately, and in the days following with airlift - bringing search and rescue teams, in addition to some of our medical folks, into the beleaguered city of Washington D.C. Our KC-10s were launched stateside to refuel fighters flying in support of the homeland defense mission.

On Oct. 7, 2001, allied aircraft began an aerial bombardment, delivering a swift and decisive response to the al Qaeda terrorists lurking in the Afghan caves. We were among the first to deploy to the theater of operations ... to ensure the fighters could reach into Afghanistan and bring the Taliban's reign to an end. Our C-5s were later deployed to Kandahar, Afghanistan, to move forces and resources to rear staging areas.

Throughout, our local communities have been as supportive as they could be for our base and mission. Many still have flags waving in front of their businesses and homes and seek opportunities to thank you — the Travis team — for your role in the war. There are several upcoming civic events during which they would like to remember Sept. 11, and at the same time honor you. Please attend a Sept. 11 community event if you can ... there will be a candlelight vigil in Suisun City and ceremony at Vacaville Stadium, both starting at 7:30 p.m.

As this paper goes to print, we are still a few days shy of the one-year commemoration of that tragic day. It was my vision to share with you, via the pages of your newspaper, the Tailwind, a montage of stories and pictures that help tell the Travis post attack role and mission in Operation Enduring Freedom within the context of the national tragedy.

Take your time going through the following pages ... consider how we've met the challenges of this new era, and how you and your organization rose to the occasion. I think what you will see is that while time has gone by quickly, we have put a lot of hard work, sweat, sacrifice and honor into the year. Defending America is a hard job, and being an American is just as hard ... but, being an American defending Americans is one of the hardest duties there is ... for you and your families. YOU have met the task with such greatness ... and HONOR!

Reflect for a short while on that day that changed the world ... for we have much to do ahead of us, and we must continue to look forward. You'll find as I have, that you have left a strong legacy that will be a difficult challenge for others to follow — in terms of the Travis warrior spirit. God bless you all ... and God bless America!

Tailwind

Travis AFB, Calif.
60th Air Mobility Wing

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SSgt. Jim Verchio / 60th AMW Public Affairs

On the cover: Following the attacks of Sept. 11, 2001, Travis' mission and operations tempo increased dramatically. See how Travis reacted to the war on terrorism on Pages 16 & 17.

Looking to the future

60th AMW reorganizes to improve combat airlift capability

Tailwind Staff

In March of this year, the Chief of Staff of the Air Force, Gen. John Jumper announced his decision on a new standard wing organizational structure that will normalize operations across the Air Force, enhance its expeditionary capabilities, and allow the wing to focus on its core competencies within each respective group.

This reorganization began as a concept back in the fall of 1999 and was termed CSAF Logistics Review. During this study, the air staff thoroughly examined a multitude of process issues and their corresponding impacts on the current organizational structure. Subsequently, the CSAF, after careful deliberations with the MAJCOM commanders, reached decision on the CLR test initiatives and directed the establishment of a new wing organizational structure.

The air staff issued its Program Action Directive to Air Mobility Command and the other MAJCOMS. AMC provided its programming plan to its wings for implementation.

Travis selected Lt. Col. Casey Blake, deputy commander of the 60th Support Group, as the program manager for overall wing execution.

"To date, the wing has created its overarching implementation plan to the pplan with squadron annexes and detailed milestone charts to manage accomplishment of the PAD," Blake said. "Actions are ahead of schedule, and the wing will meet its Initial Operational

Capability Sept. 18, two weeks ahead of the Air Force imposed Oct. 1 date."

IOC is defined as all group redesignations complete, squadrons realigned or redesignated under respective groups. The wing is targeting Jan. 31, 2003, for all remaining actions to be complete to satisfy the Oct. 1, 2003, fully operational capable mandate from the air staff.

Impact on Travis

The 60th Operations Group will remain relatively the same but will focus solely on planning and executing air mobility power. The one significant change to the organization is the relinquishment of responsibility for the 60th Aerial Port Squadron functions to the 60th SPTG.

All aircraft maintenance functions will redesignate from the current 60th Logistics Group to the 60th Maintenance Group. The following logistics squadrons will change in name only: both the 60th and 660th Aircraft Generation Squadrons will redesignate as the 60th and 660th Aircraft Maintenance Squadrons; the 60th Component Repair Squadron will redesignate to the Component Maintenance Squadron and the 60th Logistics Support Squadron will redesignate as the 60th Maintenance Operations Squadron. The 60th Maintenance Group will concentrate on balancing air-mobility-sortie production and maintaining the health of the C-5 and KC-10 fleets.

The biggest change for the 60th Logistics Group will be the realignment of the supply and contracting squadrons from the group to the support group. The 60th Supply Squadron will then be redesignated the 60th Logistics Readiness Squadron and assume operational responsibility for the logistics plans, traffic management and transportation functions. The 60th Support Group will redesignate as the 60th Mission Support Group. It will expand and combine all base support and logistics operation functions, and align them in one organization charged to meet the expeditionary, rapid reaction, contingency-based Air Force of today.

The 60th Medical Group will continue to maintain a fit and ready force with support of expeditionary, rapid reaction contingencies and humanitarian mission as its core competency. This all culminates into the formation of a new combat airlift wing structure.

The new 60th Mission Support Group will nearly double in size from its former support group numbers as it incurs the additional responsibilities and integration efforts associated with base acquisition, logistics readiness and aerial port missions.

"Given the air expeditionary environment of today where rapid deployment continues to be the norm, it is imperative contingency operations and associated support be conducted in the same manner home station operations are performed," Blake said. "The reorganization now delineates more clearly the functional lines within the wing allowing the groups to concentrate more fully on their essential core capabilities."

Providing extra support: Augmentees instrumental to Travis' security

By Airman 1st Class Alice Moore
60th Air Mobility Wing Public Affairs

"You definitely have an appreciation for what these guys do out here," said Airman Doreen Duley, a surgical technician assigned to the 60th Medical Surgical Operations Squadron.

"What's the price of freedom? The answer is eternal vigilance. When you walk the beats, we all have greater appreciation," said Staff Sgt. Robert Tonkin, noncommissioned officer of training for the 60th Security Forces Squadron.

The appreciation Duley and others share is for Travis' Security Forces Squadron. Duley along with approximately 52 other Team Travis members assigned to various squadrons are trained augmentees for the Security Forces Ready Program. The program is designed to assist security forces in fulfilling their commitment to the fullest.

Currently, under normal conditions, two augmentees are used every 30 days. They are taught basic security-forces knowledge during a five-day training block. More training is conducted through on-the-job training, Tonkin said. The augmentees are held to the same high standards as full time cops.

"Our policy is to make no policy," Tonkin said. "We follow the Air Force doctrine, which is the highest standard possible. I always try to address any concerns the participants may have at the start of training so no one will be susceptible to culture shock."



Security forces personnel stand guard recently at Travis' main gate. Augmentees continue to assist security forces in keeping Travis a safe place to live and work.

With an increased awareness of force protection issues after Sept. 11, Tonkin says the augmentees assist with the lower-priority postings such as entry control points of the flight line. Each force protection level requires a certain number of postings to be manned. The number of cops increases, as the force protection level increases. The augmentees

help ensure all posts are manned.

"As the program manager, I get in contact with augmentee coordinators from each group. The group coordinators contact their program managers to find people interested in becoming an augmentee," said Tonkin.

Once augmentees complete training, they are scheduled for daytime opera-

tions. They also work three consecutive days of 12-hour shifts before having a day off, Tonkin said.

"Each day is long. They come in at 5 a.m. and sometimes their shift doesn't end till well after 6 p.m.," Tonkin said.

Despite the challenges of the SFS Ready Program, Tonkin says all participants seem to have positive attitudes toward the program.

"I know the members of the security forces look forward to meeting the augmentees. We've even had some augmentees cross-train into the security forces career field because they've enjoyed working with us," Tonkin said.

"I thought the training was great. It got me well prepared for the job here," said Senior Airman Ryan Fauzen, a KC-10 communications navigator for the 660th Aircraft Generation Squadron who just finished his first week as an augmentee. "The people here are great to work with."

"I enjoy working with the augmentees," said Staff Sgt. Ryan Lockhart member of the 60th Security Forces. "They seem to be well prepared."

When it comes to ensuring base assets are protected, everyone must be responsible. The SFS Ready Program is one avenue someone can take to contribute to base protection.

"It's important for everyone to keep up with the security of the base," said Duley. "I think it's a good thing when you're contributing toward the protection of others."

NEWS NOTES

Sept. 11 ceremony

Travis will be paying respect and courtesy on the anniversary of Sept. 11 by having a remembrance ceremony at the 60th AMW flagpole at 6:30 a.m. There will be a 21-gun salute and the Travis Honor Guard will perform reveille. All Travis personnel and families are encouraged to attend. The event is scheduled to last an hour, and people should be in place by 6:15 a.m.

ANG opportunities

The Hayward Air National Guard Station is looking to fill some critical career fields. The career fields needed are: engineering assistant, electronic computer and switching systems, ground radio, satcom and wideband and services. Those leaving active duty who are interested should call Staff Sgt. Vic Dumlao at (510) 264-5603.

Proper courtesy

Remember the proper customs and courtesies when out and about at Travis. One item in particular is rendering the proper hand salute when staff vehicles pass that are marked with the insignia of an O-6 or above.

Return to service

Want to return to Active Duty? Opportunities exist for Air Reserve Component members to serve in Line of the Air Force active duty tours at Travis. Applicants must have rated experience. Prior mobility experience desired but not required — unit will provide all required training.

For more information about the positions, call Col. Raymond Vizzone, 615th Air Mobility Operations Group at 424-5345.

Round 'em up

The city of Isleton and the Isleton Chamber of Commerce are extending an invitation to all military personnel stationed in the area. The city is hosting the Rodeo on the River Saturday and Sunday and is scheduled to say thank you to all military members who are currently serving or who have served in Afghanistan. For more information, contact the Chamber of Commerce at (916) 777-5880.

Scouting at Travis

The Travis Scouting program has openings for boys and girls in grades 1 thru 12. Adult leadership positions are also available.

The scouts are also scheduled to do a special "Fire Up for Scouting Night" in conjunction with Travis Fire Station number 2 (by the base gas station) Sept. 26 from 6:30 - 8:00 p.m., where kids can sign up and learn about fire safety and wrestle with Sparky the Fire Dog. For more information, call Scott Stewart at 437-3940.

Proud to serve after Sept. 11

Young airmen speak out about life, Air Force following 9-11

By Airman 1st Class Alice Moore
60th AMW Public Affairs

No one could have predicted the events of Sept. 11. It was a day that changed the lives of many. However, since the war on terrorism began shortly after the attacks, service-members from all walks of life have been contributing to the war against terrorism.

For many of the young airmen here, war has always been a possibility, but never a reality. Now that reality has hit, patriotism is at an all time high, and the same young airmen are stepping up to the plate in order to defend freedom.

"Being in the military was something I've always wanted to do," said Airman 1st Class Tamera Ellison, a C-5 crew chief assigned to the 60th Equipment Maintenance Squadron.

Ellison's Air Force journey began in February 2002. Despite the progression of Operation Enduring Freedom, she said her mind was made up to join the military.

"I feel proud to be a part of the war on terrorism," Ellison said. "At this point I think more are wanting to enlist because they want to be a part of defending our nation."

Like Ellison, other young airmen believe the events of Sept. 11 have left them proud to serve.

"I was in the Delayed Entry Program in August 2001," said Airman 1st Class James McMaster, a C-5 crew chief with the 60th Equipment Maintenance Squadron. "Back then, my reasons for joining were to provide a better life for my family and serve my country. After Sept. 11, I think my purpose for being here is more than what I initially had in mind."

McMaster adds he is ready to accept any mission. A lot of his willingness comes from being directly affected by the attacks of Sept. 11.

"For me 9-11 hit close to home. My step-father was working

in the Pentagon during the attacks," McMaster said. "I remember feeling a lot of emotions. All together I spent six hours trying to get a hold of him to find out if he was alright. I was relieved once I learned he was alright"

The stress McMaster said he felt that day was also felt by many directly affected by the actions of terrorists. However, some young airmen here proudly wearing blue suffered far more due to the attacks.

"During the attacks on the World Trade Center, I lost my uncle," said Senior Airman Michael Williams, a security forces specialist assigned to the 349th Security Forces Squadron. "He lost his life when he went back in the tower to help rescue others."

Williams added that as a reservist, he had never been activated until the war on terrorism began. Although it's been nearly a year since his activation, Williams says he's still proud to serve.

"I feel a great deal of patriotism being able to fight for the lives lost that day," Williams said.

For another Travis airman, Sept. 11 was a time when he became amazed on how the country pulled together.

"After Sept. 11, it was amazing to see the whole country come together. There were American flags everywhere," said Airman 1st Class James Atkins a Precision Measurement Equipment lab journeyman assigned to the 60th Component Repair Squadron. "I had intentions of joining the Air Force months before Sept. 11. In June 2001 I was entered into the DEP. Once the attacks happened, I was more than willing to join despite concerns from friends and family."

Even though the unimaginable happened on that fateful day in September, young men and women continue to answer their nation's call to serve. Although, young and inexperienced, these airmen have the drive and determination to continue the fight. Now that a year has almost passed the feelings of patriotism and American pride remain strong because of the young men and women who continue to wear the uniform every day.

Man on the street

How does it feel being a part of the Air Force's fight against terrorism?



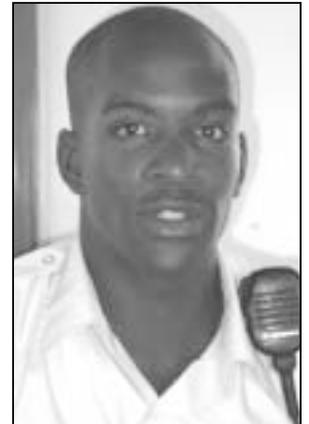
Airman 1st Class James Atkins
60th Component Repair Squadron

"The events of Sept. 11 made me want to enlist more than before. I'm glad I made the right decision."



Airman 1st Class Tamera Ellison
60th Equipment Maintenance Squadron

"I'm proud to be a part of something so meaningful."



Senior Airman Michael Williams
349th Security Forces Squadron

"This is my first time of activation since joining the reserves. I don't mind it. I feel good knowing I'm helping the Air Force mission."

Events of Sept. 11 spurs mother back in to blue

By Master Sgt. Ty Foster
30th Space Wing Public Affairs

VANDENBERG AIR FORCE BASE, Calif. (AFPN) — In July 2000, after seven years of service, Tobie Wethington left the Air Force because she thought it was time to begin another life. The events of Sept. 11 changed her mind.

"I left the military because I thought my priorities had changed," said Wethington, mother of three children. "I believed that I wasn't prepared to serve the way the military wanted me to. Since I felt I couldn't give up my family time to serve, I left to pursue another future."

She and her husband moved to Jacksonville, Fla., where Wethington, who had earned her associate's degree in computer programming and networking in the Air Force, was a computer technician for America Online and her husband was a station manager for United Express Airlines.

They thought they were content.

Then came Sept. 11. They watched on television as airplanes crashed into the World Trade Center towers and the Pentagon and she knew there was no way she could sit silently by.

"[September 11] shook our world up," she said. "How strange it was to be sitting in my living room, watching this attack in my own backyard and not be part of America's greatest fighting force."

"Not that we had family there, but they were our family nonetheless," Wethington said. "So we put off my dream of becoming a computer programmer for a few years — 10 or so — and (we are doing what) we feel is more important for the generations to come."

A week after Sept. 11, she was in the local recruiter's office.

"I believe a family serves in the military, not just the

airman," Wethington said. "My husband and children had to be willing to let me devote time, because of possible long hours, (temporary duty assignments) and deployments. I knew I couldn't do it without their support."

When Wethington left active-duty, she had been working in the supply career field. When she returned to active duty, Wethington chose not to stay in supply. Instead, she went to technical school for three months at Sheppard Air Force Base, Texas, where she learned to be a pharmacy technician. After a three-week stint of clinical work at another Texas base, she headed for Vandenberg AFB.

Recently, she said, one of her airmen asked her how becoming a pharmacy technician would help in the war on terrorism. She was stumped for an answer until now.

"When I decided to come back in, it wasn't with a specific job in mind," Wethington said. "It didn't matter. Because, somehow I knew that, no matter what the job was, it would have more significance toward defending this country than the one I was in as a computer technician."

Wethington is once again carrying on a family tradition of military service. Both of her brothers serve — one in the Air Force, one in the Marines. Her father, grandfather and great-grandfather served in Vietnam, World War II and World War I, respectively. It is that sense of service that matters now.

"Things that were once such a big (bother) to me, like some of our 'nit-picky' regulations, seem more important to me," she said. "I have a greater sense of pride in what I'm doing."

Wethington is working on her degree in information technology and when she graduates from the University of Phoenix, she will apply to become an officer.



Airman 1st Class Kara McCormick / AFPN

Staff Sgt. Tobie Wethington, a 30th Medical Group pharmacy technician at Vandenberg AFB, Calif., measures out a medication request. Wethington left the Air Force because she thought it was time to begin another life. The events of Sept. 11 changed her mind.

Regardless of whether or not she is accepted for officer training, she plans to stay in the Air Force for a long time.

"Whether or not that (officer training) goes through, we will be retiring from the Air Force," she said.

When the bell goes off

Air Mobility Command answers call to Global War on Terrorism

SCOTT AIR FORCE BASE, Ill (AMCNS) - Americans have always enjoyed their freedoms. Especially the freedom to live in a safe world protected by borders once thought impassable by enemies from distant lands. As we approach Sept. 11, 2002, reflections on the past 12 months are appropriate. In the assessment of its leaders, Air Mobility Command accomplishments have been outstanding and continue unabated.

Not since the War of 1812 have Americans seen so lethal a strike on the U.S. mainland from a foreign foe. While older generations of Americans can remember the early morning radio reports on Dec. 7, 1942, of the air strikes by the Japanese at Pearl Harbor, then a U.S. territory, few could have imagined anything to compare to the horrific acts of suspected al Qaeda terrorists on Sept. 11, 2001. Until then, almost an entire nation lived with a false sense of security believing that U.S. soil was sacred and somehow untouchable.

All that changed when members of the international al Qaeda terrorist network hijacked four domestic American airliners and transformed them into weapons of mass destruction. The world watched in shock at live television reports of a crumbling World Trade Center in New York, and the murder of 2,819 people.

Military installations were preparing to go into full alert when a second group of terrorists crashed another

airliner into the Pentagon, heavily damaging the west side of the building and killing 184 Department of Defense military and civilian employees.

The carnage that day might have been even worse, if not for the courageous acts of passengers aboard Flight 93 over Pennsylvania. Todd Beamer and his fellow passengers summoned the courage to challenge the terrorists who had commandeered their plane. His final words before challenging the terrorist captors became a rallying cry for all of us: "Let's roll!"

"AMC immediately went into action supporting the defense of our homeland in Operation Noble Eagle," said Gen. John W. Handy, commander in chief of U.S. Transportation Command and commander of AMC, "launching aerial refueling aircraft in support of the fighters scrambled to intercept the captured airliners."

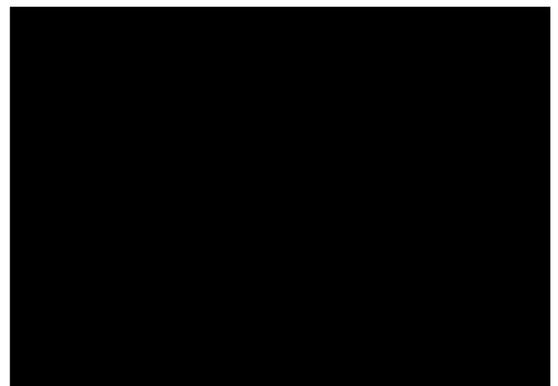
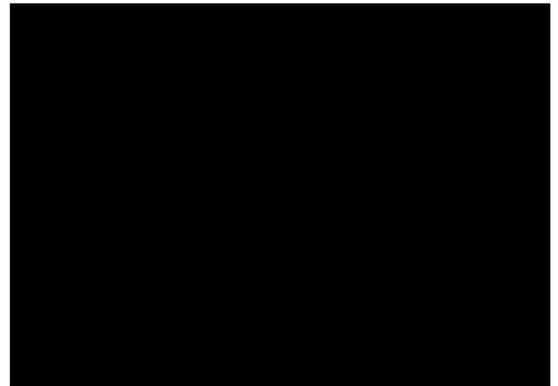
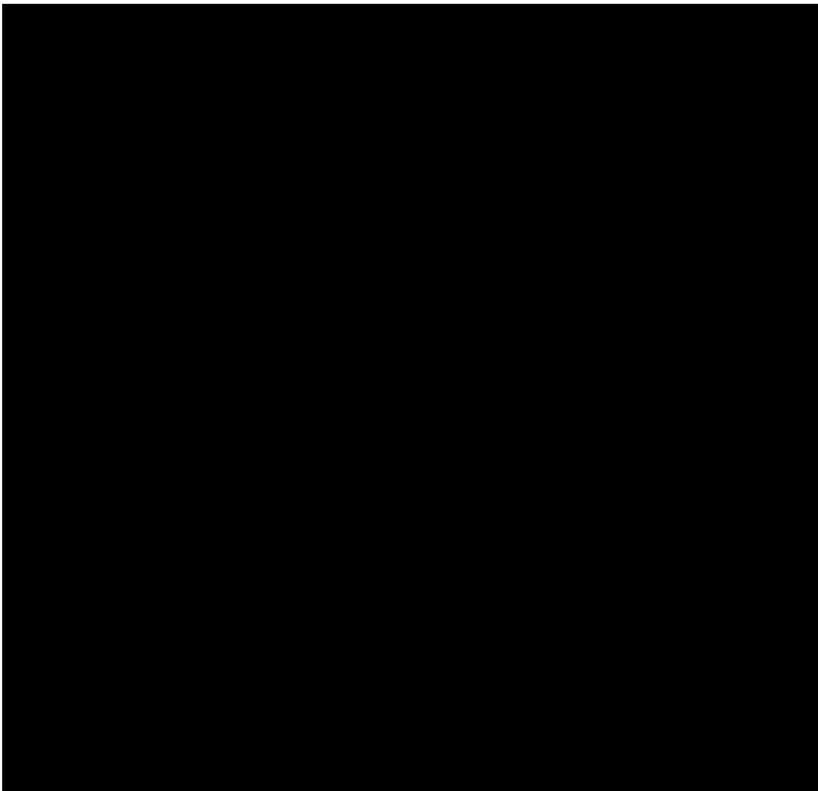
Before the day was done, tankers from AMC and its gained Air National Guard and Air Force Reserve Command units were on alert and flying scheduled sorties to refuel fighters flying combat air patrols over Washington, New York and other strategic areas.

"Tankers and airlift aircraft play a critical role in the Homeland Security mission," Handy pointed out. "As with many flying operations requiring a sustained fighter presence, tanker aircraft are required to extend fighter aircraft capabilities. In the case of Homeland

Before the day was done, tankers from AMC and gained Air National Guard and Air Force Reserve Command units were on alert and flying scheduled sorties to refuel fighters flying combat air patrols over Washington, New York and other strategic areas.

Defense, tankers are used to extend fighter's flight time during combat air patrols or increase its range of coverage."

Airlift aircraft were immediately tasked to carry people, equipment and other vital resources into areas near the sites of destruction and remained on alert to move military forces to flash points that might develop. "AMC's transport aircraft provide a crucial airlift capability, especially in the role of delivering emergency military support to civil authorities. Our aircraft were often used to move badly needed people and equipment to areas supporting Homeland Security missions - sometimes on very short notice."



No greater calling, no greater sacrifice than service to our country

View Point

Col. Rick Martin

615th Air Mobility Operations Group Commander

I'm writing this from Kandahar, Afghanistan, and Sept. 11 is just a week away. I'm here with dedicated Team Travis warriors from the 615th Air Mobility Operations Group, the 60th Logistics Group and the 60th Operations Group. We're here on an expeditionary mission to recover and launch C-5s from Germany that are expediting the delivery of combat equipment to Kandahar. I was also here in July when a similar team played a key role in the redeployment of Canadian forces and supported the first, completely-by-air, combat swap-out of forces since the Vietnam War.

The conditions are difficult. I'm writing this in the bombed-out Kandahar terminal. The temperature is 108 degrees. Air conditioning is scarce, running water is a luxury, and a good meal is often hoped for. Outside the wind is constant, the haze is thick and the dust

so prevalent it reminds me of walking in six inches of light powdered snow.

Despite the stresses associated with combat operations in a forward area, the austere living conditions, and extreme weather conditions, our armed forces and our coalition partners stand tall. Morale is high because everyone at Kandahar has a direct and vital role in this war on terrorism. The mission—maintain a secure airfield while supporting combat missions to rout the Al Qaida, particularly in the immediate area, the former home of the Taliban. The security of the airfield is critical to the combat mission, because airlift is the only secure line of communication into Afghanistan. It's a combat environment with a lot of "kinetic" activity, but our team is doing the mission safely. They understand that each airman and every piece of equipment are vital to the mission.

Even though the conditions are tough here, the caliber and dedication of our people prove we will not fail in our mission — here or anywhere! It's impressive to see airmen who are contributing to the mission outside of their specialty. The words "not my job" are never heard.

Indeed, the seamless teamwork of every airman in a combat zone makes the difference. Every airman is an expeditionary warrior!

It's been an honor and a privilege to be part of this expeditionary mission and work with the Travis professionals at Kandahar who push the mobility mission. I've been with tireless aerial porters who have handled up to 30 C-17 and C-130 aircraft per day, in addition to the routine 120,000-pound loads from the two C-5s per day—often performing the mission despite increased noise and communication difficulties during engine running offload and onload operations. I've seen maintainers hustle side-by-side with aerial porters to help tie down cargo and push pallets, while at the same time swiftly tackling any aircraft repairs needed. And, I've seen dedicated command post controllers work 12-hour shifts in seemingly unbearable conditions, while expeditiously and safely coordinating all departures and arrivals. Never has NCO leadership wavered, troop morale waned or unit cohesion suffered.

As we commemorate the 1-year

anniversary of the tragedies of Sept. 11, and particularly during the remembrance ceremonies next week, we honor those who died as innocent victims of terrorism, and those in uniform who have paid the ultimate sacrifice in this war on terrorism.

I also commend the families and loved ones who are supporting our military members and DoD civilians and maintaining stability at home. War is not easy, but we will prevail with the great support of our total force teammates, our families and loved ones, our numerous Travis support agencies and superb leadership at all levels in the military.

I'd also like to make an appeal to all of us as Americans. In William Bennett's recent book titled, "Why We Fight" he states that life and purpose for many Americans gained clarity at that very moment on the morning of Sept. 11, 2001. Americans witnessed the challenges of living in a free society; and the responsibilities that we all share as Americans. Bennett goes on to state,

■ SEE SERVICE ON PAGE 15

SQUADRON SPOTLIGHT

60th Air Mobility Wing Consolidated Command Post

TRAVIS AIR FORCE BASE

Officer in charge

Maj. Michael Spencer

Superintendent

Senior Master Sgt. Kenneth Ray

Operations superintendent

Master Sgt. Robert Sherrin

Mission

The Travis Consolidated Command Post is the eyes, ears and voice of the wing commander. CP people comprise the Air Force's largest and busiest wing command post, controlling more than \$2 billion in resources. They manage missions for half of the Air Force's KC-10 aircraft and more than one third of its C-5 fleet, including airlift and tanker support to all branches of the military, the President and Vice President of the United States, and numerous foreign governments and dignitaries.

Command Post personnel consist of aerial port, maintenance and operations controllers from three squadrons working together to oversee and assist others in all phases of mission movement from aircraft recovery through departure. CP aerial port personnel control all cargo and passenger movement through Travis. Maintenance controllers coordinate all maintenance activity on the Travis flight line. In addition to alerting aircrews, operations controllers receive and authenticate emergency-action messages designed to implement war orders from the Joint Chiefs of Staff, U.S. Transportation Command and Air Mobility Command. After authentication, they initiate the wing's response on behalf of the wing commander. Quick Reaction Checklists are used to initiate base response to in-flight emergencies, natural

disasters and major accidents while ensuring all C-5, KC-10 and transient aircraft are handled with maximum efficiency in minimum ground time. Communication is the key, and CP personnel provide the accurate and timely flow of critical mission information to wing agencies and to the AMC Tanker Airlift Control Center.

Capabilities and recent significant events

Since Sept. 11, 2001, Travis Command Post has launched more than 9,230 sorties, airlifting more than 49,057 passengers and 73,937 tons of cargo to destinations worldwide. Dedicated to complete mission success, CP controllers gave unparalleled support to the nation's military objectives during Operations Noble Eagle, Enduring Freedom and Phoenix Banner. Eighty percent of Travis CP personnel accumulated more than 8,000 TDY



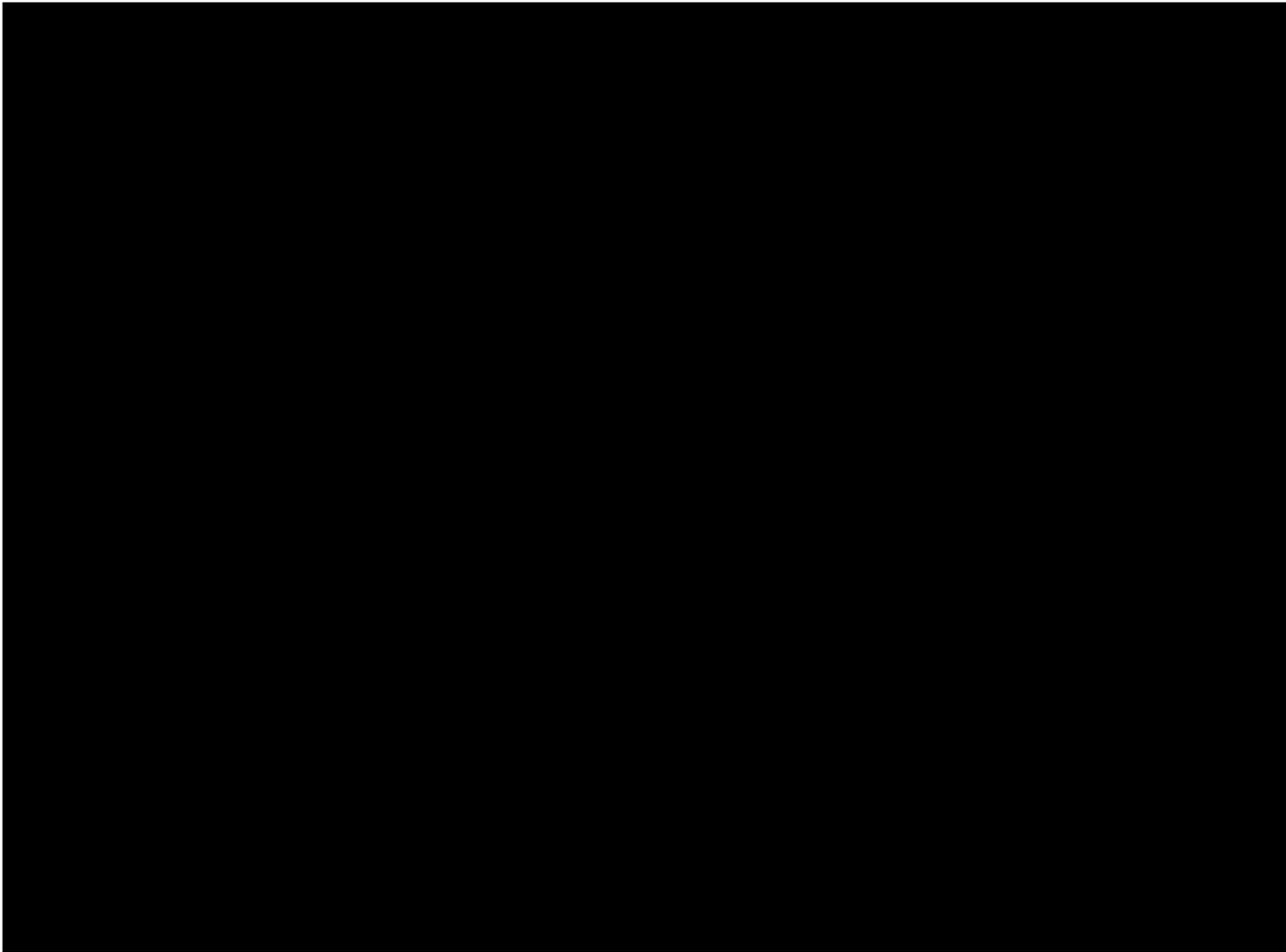
Courtesy photo

Command Post is instrumental in providing support for transient and home-based aircraft.

days during Operations Noble Eagle and Enduring Freedom while those remaining at Travis never wavered in home station mission support.

Individual recognition

- 2001 60th Director of Staff Noncommissioned Officer of the Year: Tech. Sgt. Fabian Pollard
- 2002 60th DS NCOs of the Quarter: Tech. Sgt. Marlene Hindman and Staff Sgt. Carlos Rodriguez
- 2002 60th DS Airmen of the Quarter: Airmen 1st Class Heidi Schlitt Devin Stephens



Services offers something for everyone at Travis

By Linda Mann
60th Services Squadron

Keeping up the morale of the military is one of the priorities of the 60th Services Squadron, and since the terrorist attacks on Sept. 11, 2001, that role has taken on new meaning. With constant deployments into sometimes dangerous territory, military families have been under an extreme amount of stress the past year.

Through a variety of facilities, programs and events, 60th Services Squadron offers needed services and desired activities to increase the quality of life for Air Force families. Services provides quality food for a low price at the dining facilities, lodging at the West Wind Inn for families who are PCSing, fitness classes and top-of-the-line exercise equipment at the Fitness Center to keep the fighting force in shape, affordable and loving childcare for dependent children and information and educational materials at the Mitchell Memorial Library. All these are needed services.

But there is more to life than food, lodging and fitness.

Sometimes being alone while a spouse is deployed can be very lonely, stressful and even depressing. Especially when there are small children in the home. Services strives to provide activities and facilities that can ease the stress and anxiety of deployments and time away from family.

The Delta Breeze Club offers both officers and enlisted members a

place to relax, meet with friends and be entertained. The Officers' and Enlisted Wives Clubs support spouses during times of separation and stress.

Outdoor Recreation and its umbrella programs: Information, Tickets and Travel, Leisure Travel, Aquatic Center, Fam Camp and Outdoor Adventures offer fun sight-seeing trips, travel arrangements, swimming lessons, inexpensive camping for visiting family and exciting trips including skiing and rafting. Fun activities that help make the most of off-duty time.

New skills from picture framing to car repair are taught at the Skills Development Center. Travis Sailing Center offers sailing lessons and rents skippered boats for a day on the San Francisco Bay. The Aero Club is a licensed FAA testing center where youth and adults can get their pilot's license or rent aircraft to fly.

Services offers sports and recreation at Cypress Lakes Golf Course, Travis Bowl, The Climbing Wall and the Skating Rink. The Youth programs at the Youth Center and the Teen Zone offer kids opportunities for fun, learning, sports and volunteerism.

Events like ATWIND Family Fun Day, Month of the Military Child and Military Family Month bring families together through the work and effort of the Services squadron.

To learn more about what Services offers, call the Marketing office at 424-2143 or pick up a Services Events magazine at most Services facilities.

Food, entertainment, place to relax

By Linda Mann
60th Services Squadron

Being in the military in a time of war means long days, time away from home and stress and anxiety about family members left behind. Whether providing a traditional family dinner on the holidays or giving the officers' and enlisted wives a support group, the Air Force clubs have always been there to offer support to visiting military and families of deployed members.

Sometimes all an airman wants is a place to relax with friends, play pool or darts or watch a ballgame. Sometimes he or she wants to get out stress and energy in a positive way through dancing and singing or watching live entertainers. The Delta Breeze Club offers all these activities to its members and their guests.

Being a member of the club means more than saving money at club events, it also means being eligible for the club card drawing on Tuesdays and the Membership Appreciation Night banquets. It means being able to cash a check at Air Force Clubs worldwide. It means being part of a mili-

tary tradition. From now to December, joining the DBC means more than ever.

New and current club members across the Air Force are eligible to receive prizes like Plasma and flat screen TVs, home theater systems, personal component systems, portable DVD players, MP3 players and more during the electrified Membership Drive. Everyone who joins the club between now and Dec. 20, and all current club members will automatically be eligible for prizes.

"If everyone knew how much fun they could have and how much money they could save being a member of Air Force Clubs, we wouldn't need membership drives," said Mark Larios, DBC manager.

Informing the Travis community about the benefits of club membership is one of the goals of the promotion.

"We offer so much for members, from free buffet meals at our membership appreciation dinners to great entertainment like the Hawaiian Luau in August, ongoing Comedy Nights and the Monte Carlo Masquerade Nov. 1," Larios said. "We listen to our members and try to

give them what they ask for including the Wednesday Chinese buffet lunch and the new jazz party super social hour in the Enlisted Club on Fridays."

Every new member will receive two months free dues and a Services checkbook good for discounts at 60th Services Squadron facilities. The checkbook is valued at about \$300.

Current members who sponsor a new member will receive \$15 in food and beverage coupons to use at the club.

Club membership is extremely reasonable, with enlisted membership starting at only \$5 and officers' membership starting at \$10 a month.

In addition to the great prizes already mentioned, more will be added to the list at the Membership Drive Wrap-Up Party in January. Prizes are expected to include shopping sprees, tickets to sporting events, overnight trips and more home entertainment equipment.

Call the DBC at 424-1977 to book the staff for a commander's call or to get more information about the Electrified Membership Drive.

Myers to Americans: 'Conduct business as usual'

By Army Sgt. 1st Class Kathleen T. Rhem
American Forces Press Service

WASHINGTON, Aug. 29, 2002 — The nation's ranking military officer has a message for the American people: Live your lives to the fullest, and don't cover in fear of terrorists.

Air Force Gen. Richard Myers, chairman of the Joint Chiefs of Staff, said if Americans start hiding and changing how they live, the terrorists who attacked the United States on Sept. 11 will have won.

"If you want the terrorists to win, start conducting your life in a much different manner. Conduct it like the terrorists would like you to conduct it, and that is be afraid," Myers said. "Don't pursue life as a free person. Huddle in your bedroom and don't engage in life."

He was speaking during an interview with the American Forces Press Service and American Forces Radio and Television Service. Portions of the interview will be broadcast to American service members overseas on the 1-year anniversary of the attacks.

"What the American people need to do

is conduct their business as usual," Myers said.

That doesn't mean there's nothing to worry about.

"One terrorist willing to lose his or her life for whatever they believe in is going to be hard to stop, so there will probably be more attacks," Myers said. "But we can't let them influence our behavior to the point where they win."

Preventing more attacks will take vigilance on the part of all Americans, and the citizens of this country need to know their government is behind them, he said.

"We have many agencies here in the United States, not just the U.S. military, but all instruments of national power trying to make this country and our friends and allies' countries safer and securer places," Myers said.

Fighting the war on terrorism has already required sacrifices for many people, but they understand the cause is vital, he said.

"We can't forget that this global war on terrorism is a fight essentially for our freedom," he said. "This is not a (case of)

'I hope we win.' This is, 'We better win.' ... Our way of life, the way your children and your grandchildren and your families will prosper would change dramatically if we let the terrorists get the upper hand here."

Families of active and reserve component service members play an especially vital role in this war. "Serving in the military is a family affair; I think people understand that. (Reservists are) a special issue, because they often have to leave their civilian employment, which brings their employers into the picture," Myers said.

He noted employers of reserve-component members have been very supportive. "My hat's off to them," Myers said, noting he believes most employers who have lost workers to military duty understand America's freedom is at stake.

The chairman said reserve forces have been "absolutely essential" to the war on terrorism. "We could not do it (without them)," he said. "That's why we have a reserve, for times when you're in global war and you put a huge stress on the

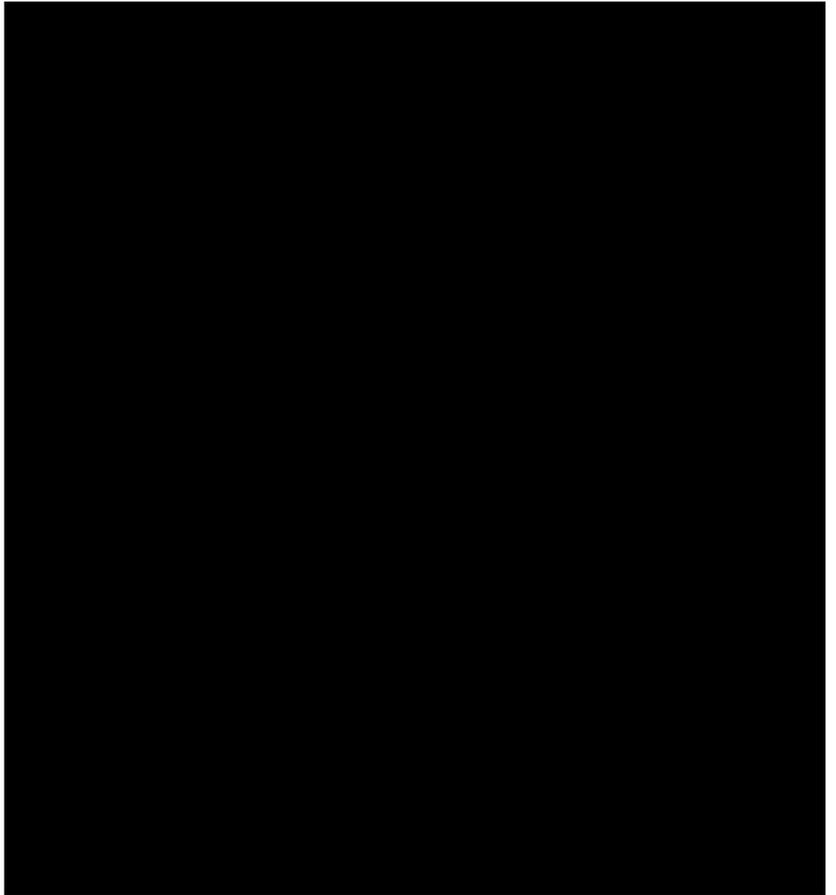
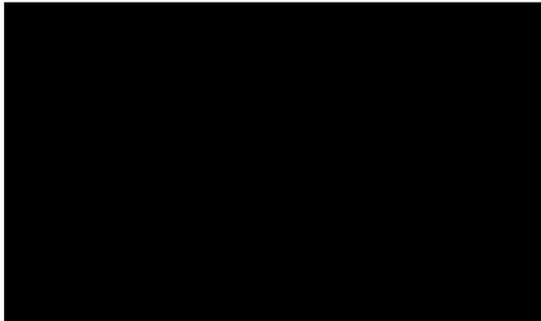
"Preventing more attacks will take vigilance on the part of all Americans, and the citizens of this country need to know their government is behind them."

— Gen. Richard Myers
Chairman of the Joint Chiefs of Staff

active-duty force. You need the reserves to be the shock absorber and to fulfill very important duties that we just don't have the manpower to do."

Myers said being chairman during this time of national crisis is "very fulfilling" for him because he's so proud of the men and women in uniform.

"In the end, it comes down to people doing what they've been asked to do and doing the mission they've been given," he said. "Our people have performed superbly."



Keeping in contact since Sept. 11

By Capt. Kim Garbett
60th AMW Public Affairs

"Hey, baby girl, I love you!" said Senior Airman John Johnson, a 60th Aerial Port Squadron member deployed to Bagram Air Base, Afghanistan.

Tyler, Johnson's 1 year-old daughter, hasn't seen her dad in more than three months. In mid-August, the Johnson family did get to see each other via video teleconference. They, like many military families in the post-Sept. 11 era, do not count the days until they can see each other again.

"Although life has returned more or less to a normal state for most people in the United States, the lives of folks in the military still remains fundamentally unchanged since Sept. 11, even a year later," said Senior Airman Joanne Johnson, Johnson's wife, who works at the dental lab at David Grant Medical Center. "The operations tempo since Sept. 11 has inevitably been very high, and has remained (that way) with very few fluctuations. But we know it's for a very important cause: our nation's fight against terrorism. We're committed to using the excellent training we've received both at home station and abroad to support the campaign."

Joanne said it's not easy to make the sacrifices the military requires every day in support of Operation Enduring Freedom.

"We don't count the days until he returns home, because we know it could always change (and often does)," she said. Joanne said she always hopes he will be able to be home when Tyler says her first words, takes her first real steps, has her birthdays or even when the Johnsons celebrate their anniversary. However, realistically, she knows this is not always possible. "When you sign that piece of paper to join the military, hopefully you have a pretty good idea of what could be asked of you, your children and your spouse."

Joanne says she's very proud of her husband, and what she's doing to serve this country.

"And I'm proud to wear the uniform, even though I'm not on the front lines and not deployed, I know those left at home are still playing a signifi-

cant role in making the mission happen," she said. "The hardest part, though, is hoping for that next call, waiting for that next e-mail, or perhaps a very rare opportunity for a video teleconference to make sure he's alright and still alive."

Keeping in touch is oftentimes one of the hardest parts of military life. Technology is a miracle in and of itself for helping military families keep in touch with their loved ones around the world.

"Sometimes we talk a couple times a day for a few minutes, sometimes a few times a week, if that," Joanne said. "I check e-mail as often as I can to see if John had a chance to send me a short note. I know he can be very busy out there and may not have a chance to send me something, but it's nice to hear from him and know he's okay and thinking of me and his baby girl. I'm glad the Air Force tries to make sure we have those little moments on the phone or on e-mail, especially in some of these deployed locations where communications is difficult to set up in austere conditions. It makes the separation a little bit easier and helps to keep our marriage more intact."

Johnson said he can't wait to see his baby girl and his wife again in person.

"Besides my family, I miss being clean for more than 10 minutes," he said. "Oh, and I miss Ben and Jerry's ice cream."

Johnson explained that his wife's support for him while he's away is very important to him.

"We have a lot of mine fields in this region, and when they detonate the mines, there are a lot of explosions," he explained. "It's a bit nerve-racking, especially when one morning, the camp had to be evacuated because of an ordnance found over by our shower tent. It was not a nice way to wake up. My wife's calm support of what I'm doing and (knowing that she's) keeping everything going back at home and keeping my baby girl safe are so important to me."

"It reminds me every day that what we're doing is fighting for freedom, not just ours,



Courtesy photo

Senior Airman John Johnson, 60th Aerial Port Squadron, poses for a camera while deployed to a forward operating location.

but our children's freedom," he said. "It reminds me that freedom comes with a price tag and its own set of sacrifices. More than anything, though, being here away from my family in Afghanistan reminds me that what we are doing is critical to supporting Operation Enduring Freedom — even when the explosions go off, even when we're working in black-out conditions with night-vision goggles, even when it took the cookies my wife sent me five weeks to arrive here via snail mail.

"We don't know if or when things may slow down," he said. "But we press on — even when we're beyond bone tired and missing our families — because we know it is the right thing to do. But keeping in touch with our families and friends over the miles has been a huge factor in helping us maintain fortitude here on the front lines. It's quality versus quantity then."

Travis youth programs provide stability, options for base children

By Linda Mann
60th Services Squadron

Military families feel the stress of parents being deployed, longer workdays, fears of safety and uncertain futures. The Air Force creates stability for its dependents through affiliation with national programs including the Boys and Girls Club of America, the Boy Scouts of America, Little League and Fitness Authority. These programs are run by the Youth Centers on each base.

Travis Youth Center runs a school-age program for children in 1st through 6th grades, classes and activities for children ages 6 to 12 and the Teen Zone which offers youth ages 13 to 18 a safe place to hang out and fun events for teens.

Working with others at Travis and in the private sector, the Youth Center and the Teen Zone have been able to offer exciting events for families and children this past year including Circus Chimera, the Butler Carnival and National Kids Day. Indoor skating at the Skate Rink and outdoor trick boarding and skating at the Skate Park are also managed by the Youth Center. Flag football, cheerleading, basketball, baseball and soccer are provided for youth at Travis. Classes such as ballet, piano, babysitting, photography and more are offered at the Youth Center and the Teen Zone. Youth volunteer clubs like the Keystone and Torch clubs meet in the center.

Through coaching and practice with the Teen Zone director, Larry Williams, many Travis youth competed and excelled in the Fitness

Working with others at Travis and in the private sector, the Youth Center and the Teen Zone have been able to offer exciting events for families and children this past year including Circus Chimera, the Butler Carnival and National Kids Day.

Authority competition. Three youth won at the national level. These are the kinds of programs kids get involved with at the Youth Center.

Programs like summer camp, skate camp and soccer camp were great successes this summer. Teens went on a variety of field trips from an A's game to the Jelly Belly factory. They toured the State Capital and learned to sail at the Travis Sailing Center. There are more field trips, classes and programs in the works for all youth.

The Teen Zone is having an open house from 6 to 8 p.m. on Sept. 12 to share their programs with teens and their parents. The Teen Zone is located in Bldg. 650 in the BX mini-mall next to the Post Office. Teens are invited to a movie matinee on Sept. 14, a babysitting course on Sept. 21 and a trip to Scandia on Sept. 28.

Membership in the Teen Center is only \$45 per year for the first child, and \$10 per year for each additional teen. All teen-age dependents of active duty military, DoD civilians, active National Guard and active reserves are eligible. Call the Teen Center at 424-3131 or the Youth Center at 424-5392 for more information.

Scout's project benefits base, children

60th Services Squadron

Travis offers a variety of programs to its youth—one of which is the Boy Scouts of America. The highest rank in the Boy Scouts is Eagle. It requires a minimum of 21 merit badges, community service, demonstrated leadership and an Eagle Scout Project. Only two percent of scouts ever achieve the rank of Eagle.

Vanden High School Freshman, Nicholas Walters, is learning to be a leader as he completes his Eagle Scout project. In the process he will learn about gardening, woodworking, organization, community service and planning.

"I will learn a lot from this. I'm supposed to plan and direct the project. I will learn better communication and leadership skills," said Walters.

His goal is to repair and revamp the Travis Youth Center's neglected garden so the children can plant, tend and eventually eat the vegetables and herbs they grow. The garden is approximately 160 ft. by 138 ft. and is located next to the Travis Equestrian Center.

"I chose this project because I wanted to do something for my community, which is Travis Air Force

Base. I wanted a project that was challenging and would put me to the test," said Walters.

The project includes:

- ▶ installing a new irrigation system

- ▶ putting in a liquid fence to keep the rabbits out of the garden

- ▶ designing and constructing a sign and trellis for the entrance

- ▶ repairing the greenhouse screen

- ▶ laying additional decomposed granite on the path

- ▶ painting and repairing the tool shed

- ▶ building a ramp for the shed

- ▶ making signs for raised beds

- ▶ designing a growing plan for a winter garden

Of course, Walters isn't doing all the work himself. His fellow scouts, parents, friends and adult volunteers have put in many hours of work and the Youth Center director, Sandra Latchford, has been very helpful in getting permits and working with the civil engineers.

"We feel once the irrigation system gets solved, it will be a lot easier to take care of," said Latchford.

Walters has also received support from local businesses including Actus Corpora-



tion that donated scrap wood and Pizza Hut that donated lunch. He is still in need of donations such as decomposed granite, wood, sheer cloth for the greenhouse, liquid fencing, PVC piping and sprinkler heads.

Planning began in July, and the physical work in August. So far, they have painted and repaired the shed and built the ramp that Walters designed.

Eagle Scout projects usually take about 200 hours to complete. The rest of the project will take place in several phases and Walters expects to have the garden complete by the end of October.

Although gardening is new to him, Walters lists it as one more thing he has learned through scouting.

"I've learned a lot of stuff I wouldn't have had the opportunity to learn if I hadn't been a scout," he said.

To donate materials for this project or learn more about scouting, contact Sandra Latchford at 424-5392.

Announcements

Frame Shop specials

The Frame Shop is offering a wedding special for all custom framing of wedding memorabilia until the end of October. All newlyweds (married less than one year) get 10 percent off their order and all other couples get 5 percent off. Frame a wedding invitation and a picture of the bride and groom, a collage of wedding pictures or a shadow box including the bridal bouquet.

Furthermore, self-framers can now use The Frame Shop on Tuesdays from noon to 8 p.m. to work on projects. No framing orders will be taken on Tuesdays. Call 424-1338 for more information.

Rodeo tickets

Information, Tickets and Tours has free tickets to the Isleton Rodeo today, Saturday and Sunday for active-duty military. Half-price tickets will be available at the gate for military dependents. Call ITT at 424-0969 for more information.

Santa Maria BBQ

Stop by the Travis Sailing Center at 5:30 p.m. Sept. 14 for a Santa Maria barbecue — complete with a beef or chicken entrée and all the trimmings. There will also be entertainment and dancing. The cost will be between \$12 and \$15. Guests are welcome to come early to sail on San Francisco Bay in their own boat or to rent a boat and skipper from the Sailing Center by calling (415) 332-2319. E-mail Marci Stern at Romar918@aol.com or call the Sailing Center to make reservations for the event.

Services

Today

▲ Jazz party social hour is in the enlisted lounge from 4 to 9 p.m.

Saturday

▲ Visit San Francisco's Chinatown with Outdoor Recreation from 9 a.m. to 5 p.m. Transportation is \$12 for adults and \$7 for children. Call 424-0970 for details.

▲ It's "1992 Days" at the Skills Development Center. Get an oil change for \$19.92 or use the Frame and Wood shop for 92 cents an hour. Call 424-5300 to make an appointment.

Monday

▲ Monday Night Football is for the whole family at the Delta Breeze Club at 5 p.m. Get

free snacks and enter to win valuable prizes with four football promotions.

Tuesday

▲ Register to win a picture of Air Force planes in action at the Mitchell Memorial Library and then celebrate the 55th anniversary of the Air Force from 2:30 to 4 p.m. Sept. 17. There will be a guest speaker, free gifts and the drawing. Call 424-3279 for details.

▲ It's the last day to sign up for the framing and matting class on Sept. 11 and 19 from noon to 3 p.m. The class is \$30 and includes materials. Call 424-2929 for more information.

Wednesday

▲ Order a special Patriot Meal at the Sierra Inn from 11 a.m. to 1:30 p.m. The menu includes ribs, grilled chicken, shrimp and steak.

▲ Eat lunch at the Strike Zone inside the Travis Bowl, the Pizzeria, the DBC or Gatsby's Grill at Cypress Lakes Golf Course and get a "Remember 9/11" pin.

Thursday

▲ It's open house at the Teen Zone for youth 13 to 18 and their parents. Come see what they have to offer. Call 424-3131 for details.

▲ Comedy Night is in the Gold Rush Lounge at 8 p.m. Get tickets in advance at the DBC. Members pay \$8 and non-members pay \$10.

▲ There's wine and beer tasting in the Brew Haus at the DBC from 4 to 7 p.m. and free hors d'oeuvres to celebrate the 55th anniversary of the Air Force.

▲ Order an Hispanic American Meal at the Sierra Inn from 11 a.m. to 1:30 p.m.

Family Support

Monday

▲ Every Monday from 9 to 10 a.m. the Family Support Center offers Spouse Employment Orientation for newly arriving spouses, spouses returning to work or spouses wishing to explore new career opportunities. Tap into career focus networking, look at hundreds of job opportunities and learn about career development classes at the FSC. Call 424-2486.

Tuesday

▲ The skills and self assessment class is from 8 a.m. to noon for all job seekers. Explore career paths based on personality type, skills, abilities and interests. Call 424-2486.



Pool sharks: Kena Cador, 14, looks on as Joshua Weeks, 16, sets up to make a corner shot on the Teen Zone's pool table. The Teen Zone open house will be from 6 to 8 p.m. Sept. 12. Call 424-3131 for more information.

Tyler Wilson / Youth Center Photo Club student

Thursday

▲ Professional Growth and Development class, for airmen (E-3 and below), is from 7:30 a.m. to 4 p.m. at the FSC. Call 424-2486.

▲ Change Management class is from 8 a.m. to noon. Learn coping skills for career changes, lifestyle changes, relocating to a new base and job changes. Call 424-2486.

▲ WIC representatives will be at the FSC from 8 a.m. to 4 p.m. by appointment only. Call 435-2200.

▲ The financial planning seminar is from 9 to 11 a.m. at the FSC. Call 424-2486.

Family Advocacy

Dads' boot camp

The Boot Camp for Dads is a program in which veterans (new fathers) show rookies (fathers-to-be) the ropes of fatherhood. The program is for men only and is currently recruiting for new fathers-to-be. This three-hour workshop is held the second Friday of every month. For more information, please call 423-5168

Parenting class

David Grant Medical Center holds a parenting class for parents of children three and older. Topics include peer pressure, corrective teaching, preventing problems before they occur, holding family meetings and

stopping problem behavior. Classes run for six weeks. Call the Family Advocacy office to register at 423-5168.

Playgroups

Playgroups are for parents and their children and are held at the Chapel One Annex on First Street. The Toddlers Playgroup is held on Wednesdays from 9:30 to 11 a.m. for children aged 18 months to 3 years. Tuesdays from 10 to 11:30 a.m. is the Time For Us Playgroup, for children 3 to 5. Thursdays from 9:30 to 11 a.m. is the Rattles To Raspberries Playgroup, for infants up to 18 months. Parents can network with other parents while the children enjoy crafts, guest speakers, music and free play. Registration is not necessary. For more information call 423-5168.

Chapel

Catholic services

▲ Monday through Friday, 11:30 a.m., communion service or Mass, Chapel Center.

▲ Thursday, noon, Catholic communion service, DGMC Chapel.

▲ Saturday, 4 to 4:45 p.m., confessions, Chapel One.

▲ Saturday Mass, 5 p.m., Chapel One.

▲ Sunday Mass, 9 a.m., Chapel One.

▲ Sunday, 9 a.m. children's liturgy of the Word, Chapel One.

▲ Sunday Mass, 12:30 p.m., Chapel Center.

Protestant services

▲ Friday, noon, 30-minute worship service, DGMC Chapel.

▲ Sunday, 8 a.m., community, praise and worship service, Chapel Center.

▲ Sunday, 10:30 a.m., community worship service, Chapel Center. Nursery class for kids 3 months to 3 years.

▲ Sunday, 11 a.m., community Gospel service, Chapel One.

Jewish services

First Fridays, 7 p.m., Sabbath services and third Saturdays, 10 a.m. Sabbath services are temporarily meeting off-base. Call 424-3217 for locations.

Contemporary

Sundays, 5 p.m., Inside Out, Chapel Center. Children's program provided. For more information, contact Chaplain Herb Shao at 424-3943.

Special 9-11 service

The chapel is sponsoring a service at 6:30 p.m. at Chapel One that will allow those who can't make the morning remembrance ceremony to have another option, and, in addition, allow those who need or desire a more introspective and religious environment to foster healing and understanding.

Roche reviews first year of war on terrorism

By Tech. Sgt. Scott Elliott

Air Force Print News

WASHINGTON — "Looking back at what we've achieved over the past 11 months, we can all be proud to call ourselves airmen."

That was the bottom line of Secretary of the Air Force Dr. James G. Roche's speech at the Tuskegee Airmen's 31st Annual National Convention recently in Atlanta.

"Often, our legacy is driven by events beyond our control, by circumstances we didn't create," he said. "That situation exists now and is one we all face, military and civilian: the war on terrorism."

"We all know how our nation changed on Sept. 11," he said. "The attack tested our mettle as few events will in our lifetime. In all, (more than) 3,000 innocent people were murdered on that tragic September morning."

While firefighters successfully battled the blazes caused by the attacks, Roche said the real fire was just beginning.

"They were replaced with another fire that burned in every American, and in freedom-loving people around the world — a fierce determination to root out and defeat the evil behind these attacks."

Following a recall of personnel to active duty, activation of Air National Guard and Air Force Reserve members and Stop-Loss action, the deployment to expeditionary bases began, the secretary said.

"When all the pieces were in place, soldiers, sailors, airmen and Marines returned fire," he said. "We returned fire with conviction. We returned fire with tenacity. And we returned fire knowing the security of our nation and the lives of our citizens depended on the success of men and women wearing the uniform."



According to the secretary, America's report card

for the war on terrorism contains the following:

- ▶ The construction and maintenance of a coalition of 90 nations, with 18 countries engaged in Afghanistan.
- ▶ Al-Qaida is on the run around the world.
- ▶ The Taliban were driven from power in Afghanistan.
- ▶ Afghanistan is no longer a base for global terrorist operations.
- ▶ Beatings by religious police and public executions have stopped.
- ▶ The subjugation of women and little girls in Afghanistan is over.
- ▶ More than 2.5 million humanitarian rations have been delivered.
- ▶ International aid workers are no longer held hostage.

"We fought and won the first phase of this campaign as a joint team," Roche said. "Every man and woman, military and civilian, active, Guard and Reservist, can be proud of the substantial Air Force contribution to those successes. And the effort continues."

"Ultimately, we will prevail in this conflict," he said. "The character of the American people, and our willingness to bear any burden in the name of liberty, will not allow an outcome to the contrary. Our commitment to see this fight through to the finish will be the measure of our legacy."

Seatbelts are hugs from your car!

A Look Back ...

Travis: Realize the important role you've played, continue to play

Editor's note: The following commentary was published in the Sept. 21, 2001, Tailwind. The words rang true then, but — considering Travis' significant role in Operation Enduring Freedom — these words are equally relevant one year later.

By Staff Sgt. Mark Diamond
60th AMW Public Affairs

Following the Sept. 11 terrorist attacks in New York and Washington, D.C., public affairs personnel escorted a half dozen or so local news media just off the flight line during their coverage of a search and rescue team's departure from Travis. The Sacramento-based Office of Emergency Services SAR team was on its way to New York in support of the search and rescue effort there.

The media's interest was focused on the SAR team; my focus was on how quickly Travis aerial porters loaded the equipment from several tractor-trailers into the belly of a waiting C-5 Galaxy.

As far as our public affairs task, the escort was fairly simple: make arrangements for the media representatives to enter the base, pick them up at the front gate, check their credentials, escort them to "the action," let them get their sto-

Everyone at Travis should realize the importance of the role they play here and how it will affect not only them or their unit or base, but that it will reach beyond America and the world.

ries, and then escort them off base.

On the surface, it was similar to the dozen or so other media escorts I'd accomplished during the past few months. However, afterwards, while walking through the 60th Aerial Port Squadron facility, I overheard a briefing that astounded me.

A large group of APS folks formed a circle near the center of the facility, and an officer stood near the center of the circle addressing the aerial porters. I don't remember the officer's exact words, but I got the gist of what he was telling his troops.

He told them to remember one important thing in the next

few weeks. He said just about everything they do — every piece of equipment they touch, every pallet they load onto an aircraft — will be making its way to the East Coast in support of the search and rescue and recovery effort. He said it was important for each one of them to realize the importance of what they are doing and make a sustained effort to give 100 percent.

I felt a great sense of pride when I heard this officer's motivating speech. I felt much the same as I feel when I see pictures of the U.S. flag placed atop the rubble of the former World Trade Center, or when I'm listening to the radio and hear "God Bless the USA" requested again and again.

Although many Travis personnel have played and will continue to play an important role in our humanitarian and military response, I think everyone on Travis can benefit from the words this anonymous APS officer passed along to his troops.

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"what is not taught will be forgotten, what is forgotten cannot be defended." Let's not forget the unique institutions of our government, the unique freedoms we share nor neglect to implant in the hearts of our young people the never-ending duty to preserve and protect our freedoms. That's why we're here in Afghanistan as well as many other locations around the world defending

freedom.

In closing, there is no greater calling and no greater sacrifice than to serve our country and secure the blessings of freedom. Thank you for your service and thank you for the sacrifices that each of you make for the U. S. Air Force. God-speed to each of you and may God Bless the United States of America.

Does work have you stressed out?

The Health and Wellness Center has stress-relieving massage chairs available by appointment or walk-ins. Call 424-4332.



'Exercise your Freedom'

By Linda Mann
60th Services Squadron

Last year the Fitness Center started encouraging military dependents to exercise to relieve stress and depression caused by family separation and anxiety about terrorist attacks. Many people got involved in fitness classes — almost doubling attendance in the past year and others started regular workouts.

Now they want to focus on active duty as well as family members.

"We have 43 fitness classes a week, including evening and Saturday classes," said fitness director Barbara Hickenbottom. "Working out is not just about building muscle or losing weight, but it is important to your general feeling of well-being."

Psychologists and medical doctors agree that one of the best ways to beat depression and anxiety is to exercise.

"The Exercise your Freedom concept came about after the 9-11 attacks," said Hickenbottom. "People were afraid to go out of the house and many were getting depressed."

The Fitness Center's goal is to help people feel good inside and out. Cholesterol checks, the Gym in a Bag program, person-

al trainers, massage therapy and other programs are offered through the joint efforts of the Health and Wellness Center and the Fitness Center.

In conjunction with the Exercise your Freedom campaign, the Fitness Center offers activities to keep people motivated. September brings the Fitness Clue game, the Biathlon on Sept. 14 and the body-building competition on Sept. 21. Sign ups are already under way for both competitions.

If exercise is a new adventure, try an introductory class in cycling, PI-YO or Gym in a Bag. Ask for help or instructions to use the exercise machines and learn the proper way to work out.

"You need to warm up with cardio before you start stretching your muscles," Hickenbottom said. "Stretching a cold muscle is like stretching a dry rubber band — it's more likely to tear and be injured."

For many parents, lack of childcare keeps them out of the gym. Hickenbottom is looking for caregivers to volunteer a few hours a month so parents can participate in fitness classes.

For more information, about the Exercise your Freedom program or to volunteer, call Hickenbottom at 424-0989 or 424-2008.



Nan Wylie / Visual Information

Patrons of the newly remodeled Fitness Center now have a wide selection of free weights, resistance machines, treadmills, cycles, cross-trainers and various fitness classes to help keep them in shape, and stress free.



Courtesy photo

According to psychologists, exercising, like these Fitness Center regulars, is a great way to release stress.

Take a break, watch Monday Night Football

By Linda Mann
60th Services Squadron

Family time, work schedule, studying for exams and classes — busy lives and full schedules mean relaxation and rejuvenation is often the last thing on the "to do" list. Master Sgt. Florentino Arriaga, superintendent of Education Services, encourages people to schedule a relaxing time each week.

"Plan your break at the beginning of the week and get rid of the Monday Blues," he said. "My relaxing time is Monday Night Football at the Delta Breeze Club."

Arriaga believes people perform better at work, home and in school if they have some time for themselves. Psychologists agree. But what makes MNF at the Club a good choice for that personal time?

"It is the perfect opportunity to unwind and socialize. I have met some very interesting people there, from a pilot of the old C-54s to an old friend from Nellis I hadn't seen since we were airmen," Arriaga said.

Arriaga knows what stress is. He has been in the Air Force for 21 years and at Travis for four. He has two teenagers, works at the Education Center and is pursuing his own degree.

He also knows first hand the benefits from watching MNF at the club instead of in his own living room: free food, big screen TV, lots of friends and the chance to win great prizes. He was one of the

first Football Connections prize winners this season when he took home a DVD player just for attending.

A sign on the counter at the Education Center says, "Are you tired of homework? Then it's time for a break ... It's Monday Night Football at the DBC."

Football fans can win big this season just like Arriaga did, with five prize promotions at Services facilities including Travis Bowl, Travis Pizzeria and the DBC. The regular National Football League MNF schedule begins Sept. 8 and someone at Travis will win that week.

With MNF at the DBC, everyone wins free snacks and drink specials while they watch the game on the 12-foot big screen TV in the Gold Rush Lounge. The pre-game activities start at 5 p.m. and kick-off is at 6 p.m.

Each week during MNF, customers can participate in two promotions. Patrons will receive an entry for the Air Force Football Frenzy promotion and a chance to win tickets to the 2003 Super Bowl, the Pro Bowl and the Dallas Cowboys - San Francisco 49ers game as well as other smaller prizes.

In the Football Connection promotion, customers get one entry in the drawing for each three games bowled at Travis Bowl and one entry for attending MNF at the DBC. Complete Connections, a local Direct TV distributor, will give away more than \$800 in prizes each week. The prizes include DVD players, televisions, wireless phone jacks

and DVD/VCR combinations.

Those entries will also be eligible for the sweepstakes drawing for a large screen TV that will be given away at the DBC's Super Bowl party January 26.

Travis Bowling Center is sponsoring this year's U Pick 'Em contest where patrons guess the winners of select Sunday and Monday NFL games. The person with the most correct guesses wins a bowling ball from Travis Bowl, a large two-topping pizza from the Pizzeria and VIP seating at MNF at the club the following week. Entries are available at Travis Bowl and the DBC.

The new Punch or Punt Card encourages club members to attend Football Frenzy and DBC events to be entered in a drawing for 2004 Super Bowl tickets. It takes 10 punches to enter. Patrons get three punches for attending MNF, two punches for making purchases at the Club and one for attending any DBC event. There is a maximum of three punches per day.

The final football promotion for the 2002-2003 season is the DBC's Handicapping Contest where the MNF audience members pick the winner of the game for the chance for prizes from the Club.

Come join the fun at the Delta Breeze on Monday Nights and take a break from the stress of the week. Call the DBC at 437-3711 for more information about the games and prizes available. Entrants in some contests must be Air Force Club members.