



TAILWIND

TRAVIS AFB, CALIF.

FRIDAY, NOV. 7, 2003

VOLUME 28, NUMBER 44



DORMS RECYCLE

Travis dormitories institute new recycling program, dramatically increasing amount of reuseable materials collected on base.

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Weekend forecast

Travis AFB

Today

Hi 61
Low 46



Tomorrow

Hi 61
Low 45



Sunday

Hi 57
Low 42



Texas C-5 departs Travis, retires

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Commander's Corner

CSAF says 'the time for air mobility is now'

By Cynthia Bauer
Air Mobility Command Public Affairs

ANAHEIM, Calif. — Air Force Chief of Staff Gen. John P. Jumper, in a major speech to the Airlift/Tanker Association convention Oct. 31, said air mobility is coming into its own.

"The time for air mobility is now," General Jumper said. "It's here and it's time to take it to the next level."

General Jumper was one of the main speakers to address the 35th convention of air mobility active duty, Guard, Reserve and civilian personnel as well as defense contractors.

During his speech, he talked about the pride he could see and the pride that he has in the air mobility community. He said global mobility is a unique capability for the nation.

"We can talk about global vigilance, reach and power all we want to, but there ain't no global without what you do and the skills (you) bring to this nation," the general said.

He said no other country could launch aircraft from Germany and the United States and to go quickly into "a country that ends in 'stan' at night, in bad weather."

"No other country," he said, "can refuel thousands of sorties in a day, in a conflict ... that can bring a B-2 44 hours and 16,000 miles to its target and back in one mission."

"It's only this country that can do that, and you should all be very proud," General Jumper said.

During his speech, the Chief of Staff related the Secretary of the Air Force's Air and Space Core Competencies to air mobility.

For "Developing Airmen," he talked about building that person who "understands what happens when the 911 call comes in." He said that person is the mission support commander, who will now have the expeditionary skills to command a deployed operation in a tent city.

"What's the command best suited to train those skills? It's Air Mobility Command," General Jumper said. Last month, AMC stood up Eagle Flag at McGuire Air Force Base, N.J. The chief said Eagle Flag is to support forces what Red Flag is for flying forces, that air mobility forces have opened 36



U.S. Air Force photo by Master Sgt. Bill Kimble

Air Force Chief of Staff, Gen. John P. Jumper, talks about the importance of air mobility Oct. 31 at the 35th gathering of the Airlift/Tanker Association.

bases between Operations Enduring Freedom and Iraqi Freedom, and that 15 of the bases are open today.

The second institutional core competency is "Technology-to-Warfighting."

The chief said an example of where technology and mobility intersect is at the Tanker/Airlift Control Center at Scott AFB, Ill., which provides command and control, flight management and detailed in-transit visibility for mobility forces. He said the future of airdrop is an important technological consideration for both heavy and precision airdrops.

"The United States Army is developing new concepts of operation for brigade combat teams," General Jumper said. "They plan for them to be deep in enemy territory and scattered around. And with that (we need) the technology to keep corridors open so we can resupply these (teams). I think we're going to have to be able to airdrop with the same precision that we deliver GPS (Global Position System)-guided bombs."

He said the Air Force is reaching the point with GPS technology that aircrews can do a digital review of airfield hazards in anyplace the Air Force is asked to go.

"Integrating Operations" is the third core competency. The chief called integration the buzzword for the decade, and a

critical concept in the joint world. 17s have come into their own, proving that cargo and people can go anywhere, into a dirt strip, in the middle of the night with night vision goggles. He pointed to the airdrop of sky soldiers from the Army's 173rd Airborne Brigade from Italy into Northern Iraq as one of the extraordinary events that shows you have to think differently about airlift.

"It's a new era," he said. "We're seeing it arrive in the mobility business with a bang."

The general said no one can forecast contingencies. He said during the Cold War both enemy and threat were well known.

"What do we do when the threat went away? We don't know that, do we? Our ability to predict through the decade of the '90s hasn't been too good," General Jumper said. "Nobody in 1989, when the Berlin Wall came down, or when Communism collapsed a year later ... knew that we were going to be fighting a war in Iraq in 1990."

"Nobody had a clue where Kosovo was on the map, or could name two of the 'stans,' and yet look at where we are now. We fought in all those places. You have to have the capability to deal with the uncertainties that are before you," he said.

General Jumper gave an example of the Mobility Requirements Study for 2005 that shows the nation needs 54.5 million ton miles a day in airlift capability. "We have no idea if that's what the real requirement is," he said, "but that's something we have to shoot for."

He said as the Global Mobility concept of operations matures and it's integrated with the CONOPS of the Army and other services, the Air Force will have a better idea of what the real requirements are.

"In the meantime, we need to press on with the modernization we have ongoing that's very successful in the airlift forces, and we have to get started on the modernization of the tanker forces and stay on that track," General Jumper said.

TAILWIND

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On the Cover



U.S. Air Force photo by Tech. Sgt. Elrain Gonzalez

A U.S. Air Force Reserve aircrew offloads people and equipment at the airport in Manas, Kyrgyzstan.

Airmen can recycle, too

By Senior Airman Matthew Bates
60th AMW Public Affairs

In an effort to increase recycling within the base dormitory community, the 60th Civil Engineer Squadron's Environmental Flight recently introduced a new recycling program.

Each resident has been issued a recycling bin as part of the program. The bins are to be filled with recyclable materials, such as glass, aluminum and plastic. Once the bin is full, residents simply transfer the contents to a large toter in their storage area.

Each Friday, a dorm crew transfers the materials from the toters to the bases' recycling center on Dixon Avenue.

Since its implementation in June of this year, the amount of recyclable materials furnished by the base has sharply increased, according to a monthly report from Solano Recycles. The amount of aluminum collected increased by nearly 200 pounds, rising from a little over 1,000 pounds in January to 1,242 by September. The highest increase was in the amount of glass collected. In January, the base produced 1,307 pounds of recycled glass, while by September this number improved by 2,000 pounds, totaling nearly 3,500.

"One of the reasons this program has been so successful is because it's more convenient and easy than past programs," said Dolores Tiburcio, Travis Recycling Program manager. "These new blue bins have a handle for easy lifting and fit right under the sinks of dormitory residents, so they don't have to walk down the hall and put their recyclables into a centrally located sorting bin, they just keep it in their room until it's full."

The idea for this new program came from the success of a local town. At a meeting with all of the recycling managers from Solano County, a member of Napa's recycling program told how their city had started using the bins in its



Senior Airman Matthew Bates / 60th AMW Public Affairs

Dormitory residents on Travis are now issued blue bins, like those pictured here, to sort recyclable materials.

apartment complexes.

"It worked for them," Mrs. Tiburcio said. "So I thought, hey, that would be great for the dorms on base."

A plan was drawn up, funding was granted and six months later, blue recycling bins were issued to dorm residents.

But the program not only benefits the environment and keeps much needed recyclable materials out of landfills, it also aids the dorm residents themselves.

The money collected after the materials are redeemed at the recycling center goes to that dormitory's squadron booster club. Since they started using the blue bins, each dorm is averaging anywhere from \$10 - 20 each week.

Mrs. Tiburcio will likely propose this new program to her counterparts at Headquarters, Air Mobility Command to see if other bases can take part in its success.

Travis AFB Recycling Program For DORM Residents

424-1388/2706 Refuse Collection QAP
424-5127 Recycling Program Manager

Recycling Center 424-5764
Located @ Lot 741 on Dixon Avenue

Revised 6/11/03 by dt **Place cans, glass, and plastic in your BLUE BIN**

Redeem California Redemption Value (CRV) materials - No. 1 & 2 for cash at the Recycling Center

Metal/Aluminum Materials	Glass Materials
<p>Acceptable: Aluminum cans (soda or beer containers) Bi-metal containers (dog/cat food, canned vegetables) - rinse and remove loose paper & lids. Aluminum foil and disposable pans (disposable pie plates, lasagna pans, etc.)</p> <p>Unacceptable: Scrap metal, paint, aerosol cans & used motor oil.</p> 	<p>Acceptable: Beverage and food containers that are clear, brown and green (soda, beer, mayonnaise, wine bottles, pickle jars). Rinse and remove loose paper labels and lids.</p> <p>Unacceptable: Light bulbs, poison bottles, cosmetic jars, windshields, dishes, ceramics.</p> 
Paper Materials	Plastic Materials
<p>Acceptable: Newspapers, magazines, phonebooks, computer RIPs, white paper, mixed (any color) paper, corrugated cardboard, junk mail envelopes, white or colored office paper, computer paper, chip board (cereal boxes, shoe boxes and other like containers), paper bags, paper lunch bags, non-carbon forms.</p> 	<p>Acceptable: Plastic containers marked 1 and 2 (CRV and non-CRV) soft drink, milk jug, etc. Remove and discard caps.</p> <p>Unacceptable: Plastic oil containers, toys, pipe.</p> <p>Note: Take plastic CRV beverage containers (#3-#7) to recycling center.</p> 

Recycling and Reuse Opportunities

- **Travis' Recycling Center** - Lot 741 on Dixon Avenue, 424-5764. Pick up free compost or wood chips for gardening and landscaping. Redeem for cash \$\$: CRV aluminum cans, plastic and glass. Recycle large volumes of CARDBOARD that doesn't fit in your toter.
- **Solano Recycles (SR)** - Off base, 2901 Industrial Court, 439-2800 - Batteries (car), Oil (used), Paint (latex) & Antifreeze (BOPA). *Household Hazardous Waste collection* - SR is open on the 2nd and 4th Saturdays of each month from 9 a.m. - 2 p.m. by appointment only; Call 707-439-2800, ext. 817 to register for appointment.
- **Family Support Center (Airman's Attic)** - Bldg 660, 424-4346 - Accepts clothing, kitchen supplies, bedding, furniture, plus many other household items in good condition to be given to eligible Airmen (E5 & below). Call to donate large furniture items & appliances.
- **Travis Thrift Shop** - Bldg 690 (corner of Hickam & Airman) - Accepts clothing, kitchen supplies, furniture.
- **Auto Hobby Shop** - Bldg 226, 424-5300 - Oil, oil filters, tires, and antifreeze (from repair work done on site).
- **Travis AFB Firestone** - Bldg 170 on Travis Ave., 437-2232: Recycles used oil (on a limited basis) and tires (\$3.00 disposal fee).

"Preserving The Environment While Protecting Our Freedom"

Online ODP mandatory for officers facing assignment next year

By Maj. John Thomas
Air Force Personnel Center Public Affairs

Force Development becomes tangible for all officers, lieutenant colonel and below, facing assignments next year as they must complete an online Officer Development Plan, replacing the old 'preference worksheet'.

The 'transitional ODP' hits the streets this week, officials say.

Under the Officer Development Plan those up for permanent changes of station in calendar year 2004 will have to fill out the form by logging on to the personnel center's assignment management system.

It marks the launch of the revamped online assignment preference portion of the new Force Development concept. Filling out the ODP starts the force development review for each officer.

"It's their way into the process," said Col. Kathleen Grabowski, chief of assignments programs and procedures here.

The ODP is then reviewed by the appropriate people in the chain of command and in that officer's

career field, the colonel said. "Ultimately, it's what the Development Teams will use to validate career goals and recommend the best next type of assignment for each officer."

And that recommendation will then be used by assignment teams at the personnel center to best match Air Force requirements with each officer's expressed career goals.

"The bottom line is still Air Force needs," she said. "That hasn't changed."

Filling out the form is similar to accomplishing the old 'preference worksheet,' officials say. But there are different blanks to fill in and some new questions to answer that will give career field leaders more of the information they need to put the right person in the right job at the right time, officials say.

Officers will be asked questions about career plans, goals and duty preferences. There is also room for airmen to enter comments they think it's important for reviewers to know.

Reviewers of the form will also have an area where they can record additional recommendations to the

development teams. Officers will be able to update the form as often as they and their reviewer think is needed, officials say.

"The more information we can get up front on the ODP about an officer's plans and the needs of his or her career field, the better the Development Team can guide an officer's career," said Col. Christopher Miller, director of assignments here.

Unlike with the preference worksheet, officers will get feedback - or a 'development team vector' - recorded on the form itself once their development team reviews it, officials said.

"The development team will evaluate an officer's preferences and reviewer recommendations, and then give feedback to the individual and the reviewer about a reasonable development path," he said.

"We're using this 'transitional' form because Force Development is moving ahead and we're not going to slow the process to wait for the 100-percent solution on this form. The transitional ODP will do the job for us until the full-fledged ODP is ready to go," Col. Miller said.

AF wings help fight wildfires

Air Force Print News Service

CHANNEL ISLANDS AIR NATIONAL GUARD STATION, Calif. — Pilots flying eight Air Force C-130 Hercules cargo airplanes dropped 129,600 gallons of retardant on the Simi Fire in Southern California during 48 sorties and 32 flying hours in support of fire fighters on the ground battling the blazes.

The aircraft are equipped with the modular airborne firefighting system, which is a self-contained, 3,000-gallon aerial fluid dispersal system that fits in the back of a C-130.

The airmen are from the California Air National Guard's 146th Airlift Wing at Channel Islands ANG; the Air Force Reserve Command's 302nd AW at Peterson Air Force Base, Colo.; the Wyoming ANG's 153rd AW at Cheyenne; and the North Carolina ANG's 145th AW at Charlotte.

The missions were managed by the U.S. Department of Agriculture's Forest Service, the California Department of Forestry and Fire Protection, and the California ANG.

The wildfires were blamed for at least 20 deaths in California. President George W. Bush declared the counties of San Diego, San Bernardino, Los Angeles and Ventura federal disaster areas Oct. 27.

The fires burned more than 2,600 homes and threatened more than 70,000 other structures. More than 750,000 total acres were burned.



Staff Sgt. Alex Koenig / 146th Airlift Wing

An Air Force C-130 Hercules aircraft drops fire retardant on the Simi Fire in Southern California on Oct. 28. The modular airborne firefighting system-equipped aircraft is assigned to the 146th Airlift Wing at the Channel Islands Air National Guard Station, Calif.

Donors sought for 'Gift of Groceries' program for military families

By Donna Miles
American Forces Press Service

WASHINGTON —With the holiday season right around the corner, officials at the Defense Commissary Agency are encouraging the American public to show its support for U.S. service members through its highly successful "Gift of Groceries" program.

The program, which enables anyone to purchase and donate gift certificates good at all 280 military commissaries worldwide, reached the \$1 million mark just six months after its launch in September 2002, according to Kaye Kennedy, the agency's corporate communications chief.

Now that figure has climbed even higher, with \$1.6 million in gift certificates purchased through the program.

Jean Villerreal, DeCA's gift certificate program manager, said the program "has really exceeded all our expectations as customers, industry and military charities embrace the service."

Mrs. Kennedy attributes the program's success to the fact that it gives friends, family and the public an opportunity to show their support for military families.

Donors can present the gift certificates to military families directly or send them to a local military relief organization. They can also elect to donate them to one of the three non-profit organizations supporting the program: the Air Force Aid Society, the USO and the Fisher House Foundation.



"Our priority is to get these gift certificates to the families of service members wounded in Operation Iraqi Freedom and Operation Enduring Freedom," said Jim Weiskopf of the Fisher House Foundation.

He said families staying in Fisher Houses at Walter Reed Army Medical Center in Washington, and the National Naval Medical Center in

nearby Bethesda, Md., while their wounded family members undergo medical care are already benefiting from the program.

Military chaplains' funds purchased more than \$500,000 in gift certificates for the 2002 holiday season.

Civilian organizations are jumping on board as well. One regional family-support effort near San Diego netted \$50,000 in donated gift certificates last spring.

In addition, employees of large defense contractor location in Dallas donated \$25,000 in gift certificates for military families.

And now with the holidays approaching, officials are hopeful that the public's generosity will continue.

The Gift of Groceries program operates through a business agreement with CertifiChecks Inc., at no cost to the Defense Commissary Agency or the federal government, Kennedy said. Only authorized commissary shoppers can redeem the gift certificates.

To buy purchase commissary gift certificates, visit www.commissaries.com or call the toll-free 1-877-770-GIFT. The certificates are not sold in commissaries, Kennedy said.

A standard charge of \$4.95, paid by the purchaser, covers the cost of handling, printing and mailing.

Additional charges may apply for large orders or special delivery, but installation charities can apply for a waiver by checking with their local commissary.

Climate survey nears end

By Scott Hopkins
Air Force Manpower and Innovation Agency

RANDOLPH AIR FORCE BASE, Texas — Since its launch Oct. 1, more than 25 percent of Air Force people have taken advantage of the opportunity to speak to their leaders through the 2003 Air Force Climate Survey.

The survey's importance hinges on maximum participation, and the more people who participate, the better the results, officials said. The deadline is Nov. 23.

More than 65 percent of active-duty airmen and appropriated-fund civilians participated in the 2002 survey. For the first time, this year's survey includes the Air Force Reserve, Air National Guard and nonappropriated-fund civilians.

"Our goal is to make things better for our people and our organizations," said Air Force Chief of Staff Gen. John P. Jumper. "This is a great opportunity for you to provide direct feedback about how well your leadership and organizations are functioning."

The survey gives leaders honest, identity-protected feedback about the organization from the people who make that organization work. It measures factors that influence people's behavior and factors that are relatively enduring over time, officials said. Leaders at all levels can use this information to improve an organization's climate and to ultimately improve its effectiveness and productivity.

The 30-minute survey can be completed online at <http://afclimatesurvey.af.mil> anytime during the survey period from either a government or personal computer.

Panel discusses family support services

By Staff Sgt. D. Clare
Air Mobility Command Public Affairs

ANAHEIM, Calif. — Air Mobility Command leaders discussed upcoming changes and programs geared to support military families and service members during a special seminar at the 35th Airlift/Tanker Association convention Oct. 31.

Responding to U.S. Transportation Command and Air Mobility Command Commander General John W. Handy's concept of "recruiting members and retaining families," a panel of AMC's top family support leaders discussed available programs and future changes to support active and deployed airmen. The discussion was titled "Serving Air Force Families Their Way."

From pre-deployment to deployment to reunification, panel moderator Lt. Col. Sandy Adams presented current and future programs designed to support active-duty, Reserve and guard families.



New programs included expanding childcare services to include extended duty and childcare subsidies, reintegration for deployed family members, repatriation for deployed families, expanded education benefits for children and spouses, and support for children and spouses of deployed members.

The panel also discussed ways of addressing the special needs of geographically separated families of reserve and Guard members.

Additionally, the command will begin mobilizing family

readiness specialists to help families throughout the force adjust to deployments.

The forum allowed spouses and members to discuss squadron-unique programs around the world.

"It's a great venue for people to get ideas out," said Lisa Otey, a commander's wife from Pope Air Force Base, N.C. "And, it's a good chance for the leadership to hear what we have to say."

Foremost, participants noted the importance of disseminating information throughout the force.

"If you all could walk away with only one thing today, I would hope that you would use the services that are available and encourage your families to do the same," Colonel Adams said.

"We received 20 more ideas to create new programs and adjust our current programs for our families," said Col. Robert Dubek, personnel force management chief for AMC.

Military Personnel and Immediate Family



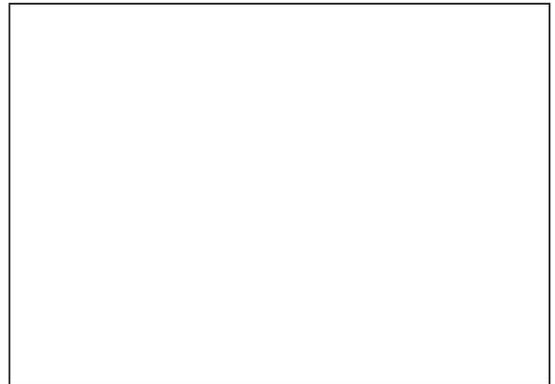
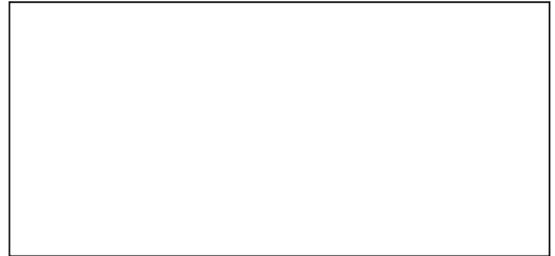
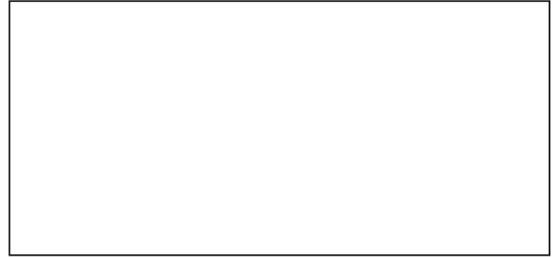
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call the American Red Cross Armed Forces
Emergency Service Center toll-free at (877) 272-7337.



Knowledge is power!

Read a book at the base library.



Government cell phone users must adhere to policy

By James Kirby
60th Communications Squadron

The government issues cellular telephones to organizations for the sole purpose of accomplishing the Travis mission and "for official use only." Cellular telephones do not replace regular landline phones, but provide telephone voice service when away from other communications methods.

Cell phones should only be used when regular telephones are unavailable.

Cellular telephones are inherently unsecure and can pose a security risk when discussing sensitive information. For example, the microphones are extremely sensitive and can pick up ambient conversations in the user's vicinity. Users should be aware of their surroundings and consider the sensitivity of their conversations, before using a cell phone. Furthermore, cellular telephones cannot be used within five meters of classified processing devices.

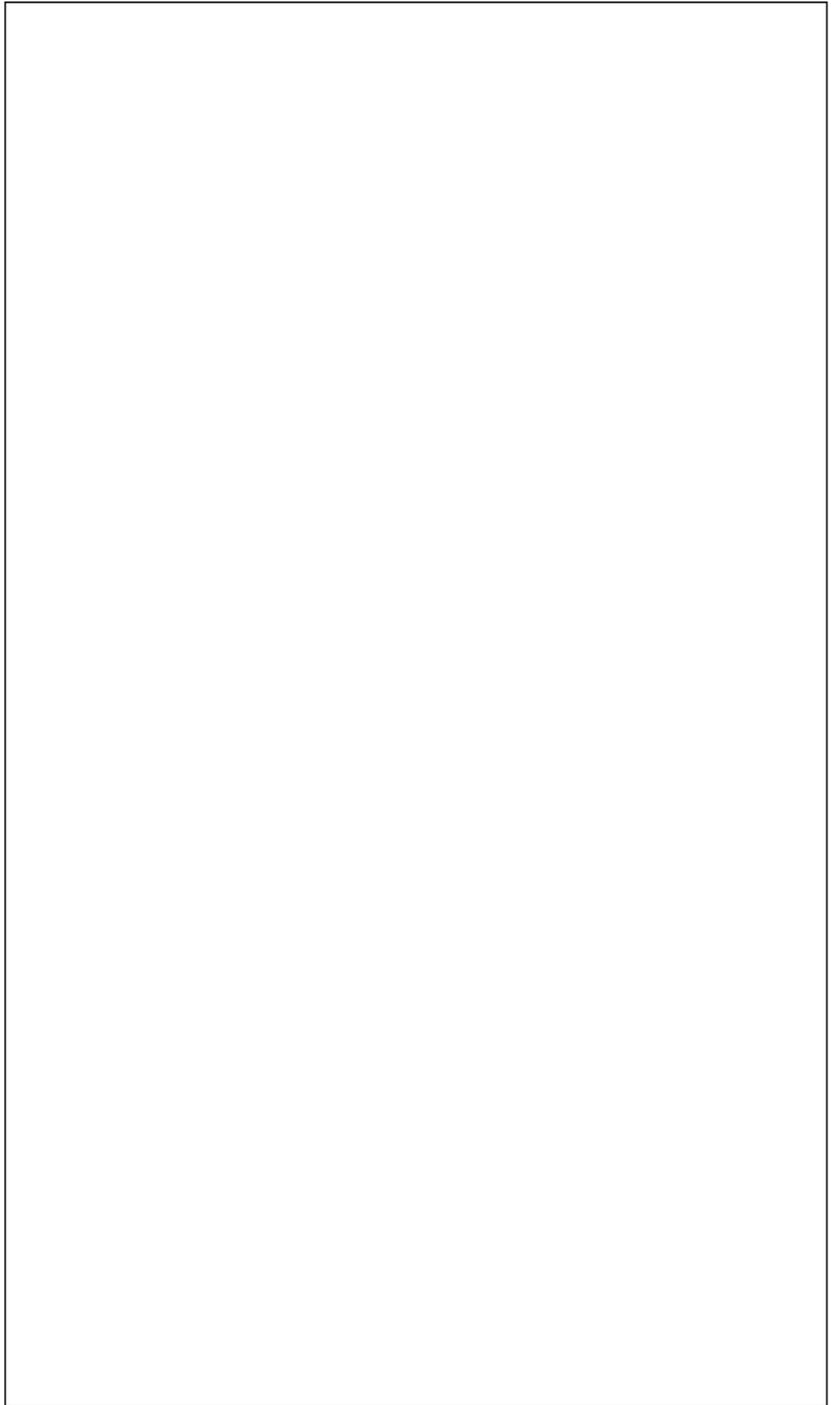
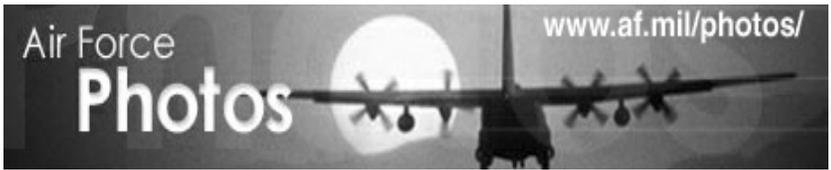
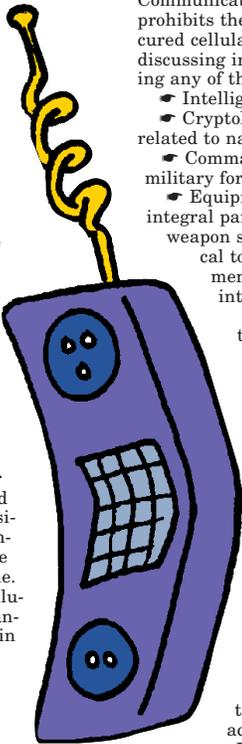
Never discuss classified information on a regular cellular telephone. Special Type I National Security Agency approved encrypted cellular

telephones are required and available to discuss this type of information. Additionally, the radio waves cellular telephones use can travel for many miles and are relatively easy to intercept. Therefore, unsecured cellular telephones are prohibited from being used to discuss sensitive information.

• AFI32-201, Communications Security, prohibits the use of an unsecured cellular telephone when discussing information involving any of the following:

- Intelligence activities
 - Cryptologic activities related to national security
 - Command and control of military force
 - Equipment that is an integral part of weapon or weapon system or is critical to the direct fulfillment of military or intelligence mission
 - Any other type of business or administrative sensitive information such as financial, logistics, proprietary, source selection, personnel management or other issues
- Cellular telephones are not intended for the personal use or convenience of the user and inappropriate use will lead to disciplinary action.

For more information contact James Kirby, the base Personal Wireless Communications Manager at 424-5555.



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AMERICAN

PEOPLE PROFILES

NATIVE AMERICAN

The importance of heritage

Airman 1st Class Laya Nez, born in Northern New Mexico, grew up in the checkerboard area of the Navajo Nation. This is an area made up of government facilities on the Navajo Reservation.

She presently works at David Grant USAF Medical Center in the Aeromedical Staging Facility as a medical technician. She's been in the Air Force a little over two years.

Airman Nez is the first female in three generations of her family to join the United States military.

Both her parents were born and raised on the reservation. Striving to further their education, they also encouraged her to go beyond the required educational standards.

Surrounded by the Navajo culture all her life, she wanted to expand her knowledge on the history of her people and their



Airman 1st Class Laya Nez

language. In high school she took classes in these subjects. Fascinated by what she learned, she felt obligated to inquire more. She became a registered voter in her tribe.

"Learning about your culture and lineage helps a person identify who they are and what they mean to their people. Passing on the stories, customs and philosophy of the tribes helps one to grab hold of who they are," Airman Nez said.

Remaining active in the community

For Tech. Sgt. Edwin Allert, keeping in touch with his heritage isn't only a part of who he is. It's also a job. When not working as a member of the 60th Maintenance Group's Quality Assurance Office, he serves as Chairman of Travis' Native American Heritage Council.

Sergeant Allert became involved with the council when he realized that the Native American heritage and customs of all Native Americans were not passed on as frequently as it should be. Since then, he has been working with various Native American groups to help keep Native American heritage and customs alive while educating those who do not have a firm understanding of what it means to be a Native American.

The Cherokee Nation first originated in the Carolinas, Northern Georgia and Eastern Tennessee. In 1820, a Cherokee named Sequoyia devised an alphabet which led to the development of a constitutional form of government for the Cherokee Nation.



Tech. Sgt. Edwin Allert

Sergeant Allert, a native of Southern California, can trace his pride in his heritage through his upbringing.

Sergeant Allert's mother, who is presently living in Missoula, Mont., is a registered member of the Eastern Band of Cherokee and revered as an elder of the tribe.

Sergeant Allert is currently working on becoming a registered member of the Cherokee Nation in Tahlequah, Okla.

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Master Sgt. Scott Stewart / 60th AMW Treaty Office

Travis Boy Scout, Logan Stewart, accepts a food donation from Amy Johnston and her daughter Megan, during the Scouting for Food drive conducted in base housing. All collected food was given to the Travis Emergency food Pantry Program, operated by the Travis Family Support Center.

Travis scouts hike for food

By Master Sgt. Scott Stewart
60th AMW Treaty Office

The trail was pavement, and the forest was urban development, as more than 50 Travis Boy and Girl Scouts hiked through base housing Nov. 1.

Instead of a walk through the woods, their goal was to hike every street in housing, collecting much needed food for the Travis Emergency Food Pantry.

"Boy and Girl Scouts have a long tradition of helping others. It's part of what we live for. Each year Scouts across the country collect food for the needy. At Travis, we collect it for the Family Support Center Food Pantry," said Master Sgt. Richard Seslar, 60th Aerial Port Squadron, who also serves as a Travis Boy Scout Troop 150 Scoutmaster.

Participating Boy and Girl Scouts ranged from first through 12th grade.

"The younger they are, the less distance they can hike. The youngest scouts traditionally stand at the entrance to the Commissary, passing out flyers and accepting food donations, while the older Scouts get larger walking areas throughout base housing," Sergeant Seslar said.

Though this Scout hike was on base, it still required extensive preparation. This included ensuring the availability of enough water, sunscreen, good shoes, and a hiking plan.

Base housing was divided into "hiking zones," with different Scout groups volunteering to cover designated areas. After the food was collected, Scouts sorted it into boxes at

the Travis Scout Hut, and then transported it by truck to the Family Support Center.

Scout participation in the Scouting for Food drive has steadily increased at Travis, according to Jane Seslar, Travis Girl Scout Troop Consultant.

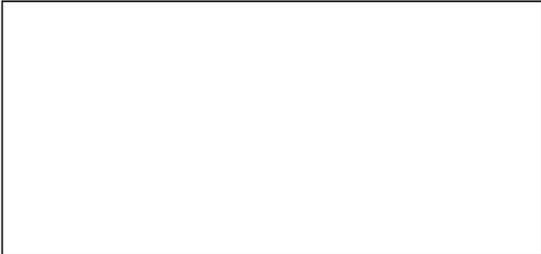
"We have seen a 300 percent increase in the number of Girl Scouts volunteering to help with the food drive over the last two years," she said. "It's fantastic to see Girl Scouts and Boy Scouts working together during the food collection efforts. We helped collect over 3,200 pounds of food for those in need."

As for the Travis Emergency Food Pantry, it exists to help Travis Families during times of personal financial crisis.

"We have more than 100 families a year who utilize the Food Pantry. Some people in need are referred by their squadrons or aid agencies, while others simply walk in looking for help," said Dale Fogh, Travis Family Support Center Work Life Consultant.

While reflecting on the large pile of donated food delivered to the food pantry, he added, "The Boy and Girl Scout support has been fantastic. They help keep us running throughout the year. Without their support, we wouldn't have the food needed to keep our program going."

Travis families interested in learning more about Travis Scouting programs for Boys and Girls, can contact Master Sgt. Scott Stewart, Travis Membership Coordinator, at 424-7525.



**Check out Air Force online
news at www.af.mil**



CRIME STOPPER

TRAVIS SECURITY FORCES ACTIVITY

Oct. 27

Theft of private & government property off base
Aggravated assault in housing area
Loud noise complaint in housing

Oct. 28

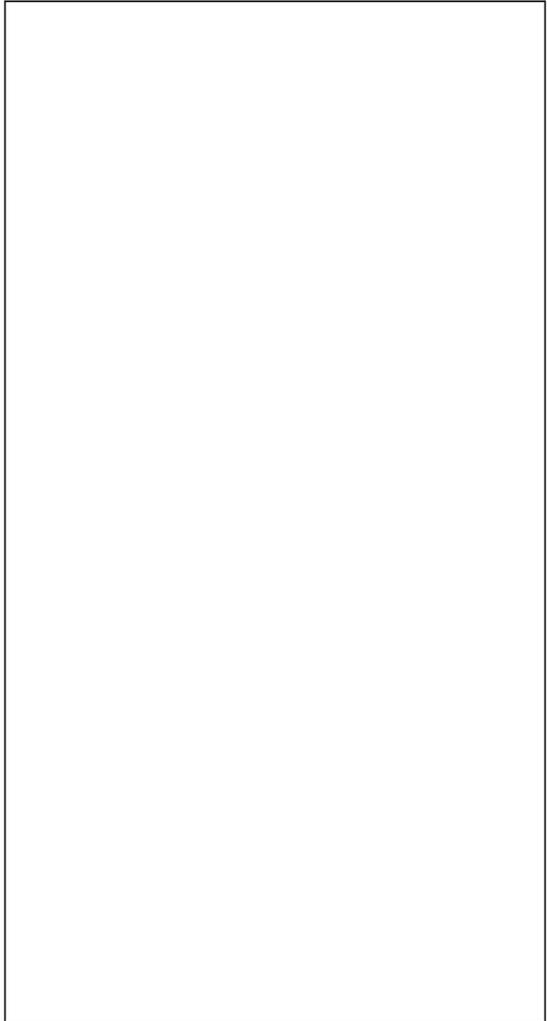
Damage to private property in work center
Contraband found at South Gate
Damage to private property in housing
Hit and Run accident in Base Exchange parking lot

Oct. 31

Possession of a concealed firearm at South Gate
Unlawful entry
Loud noise complaint in housing
Damage to government property in the dormitory area
Loud noise complaint in housing

Nov. 1

Damage to Government Property in Housing Area
Army servicemember Absent Without Leave apprehended



NEWS NOTES

TRAVIS AIR FORCE BASE

Motorcycle registration

As of Nov. 3, all Travis motorcycle and moped registration will be handled by the 60th Security Forces Squadron Pass and ID office. There are specific prerequisites to meet in order to receive the base decals. If one does not meet all of the requirements, the Pass and ID office can issue a temporary pass. The Pass and ID office will issue decals as long as the motorcycle or moped owners provide the following credentials:

- ▶▶ 60th AMW FORM 32, Competency/Inspection Record, Motorcycle or Moped Form (Motorcycle Safety Inspection) from your Squadron Motorcycle Safety Representative

- ▶▶ Drivers license
- ▶▶ Proof of insurance
- ▶▶ Motorcycle Card from MSF: Rider Street Skills

Class (This is attained upon completion of the class)

- ▶▶ Current registration
- ▶▶ ID Card

All Motorcycle Safety Training will resume through the contractor, California Rider Education (C.A.R.E.). Respectively, all class candidates should call the 60th AMW Ground Safety office at 424-3020 to get on the motorcycle class waiting list, then call C.A.R.E. at 437-2273 (ask for Angela) to be scheduled for the actual class. For more information, call the 60th SFS Pass and ID at 424-3770.

HAWC fitness briefings

Confused about the upcoming changes to the Fitness Program? Running 1.5 miles a frightening thought? The HAWC is here to help with 15 minute briefings prepared with the most up-to-date information on the new fitness program and how to start a running program while avoiding injuries. For more information, contact Nicole Saroyan at 424-4634 or nicole.saroyan@60mdg.travis.af.mil to schedule a briefing at a Commander's Call or Staff Meeting.

Palace Chase briefings

The Air National Guard and the Air Force Reserve In-Service Recruiters will be hosting a Palace Chase informational briefing on the following days: Nov. 7, 14 and 28 at 9 a.m. in their office located on the 2nd

Floor of the MPF Building, Room 207. Interested individuals do not need an appointment and anyone wishing to learn more about the Palace Chase Program is invited to attend. For more information, contact either Master Sgt. Flowers at 424-1775 or Master Sgt. Geewells at 424-1919.

DeCA Scholarships

The application period for the 2004 Scholarships for Military Children program began Nov. 3 and everything a potential applicant needs is now located on a brand new dedicated Web site at <http://www.militaryscholar.org>. Completed applications are due back to the commissary by

close of business on Feb. 18, 2004. Applications are available online at <http://www.militaryscholar.org> or through a link at <http://www.commissaries.com>.

Applications can also be picked up at the Travis Commissary, according to Store Director, Mitch Kennerly.

Since 2001, the Scholarships for Military Children program has awarded nearly \$2.5 million in scholarships to nearly 1,500 children of active duty, retired and Guard and Reserve families worldwide.

Holiday bazaar

The 60th Aircraft Maintenance Squadron's Spouse Support Group would like to invite Travis personnel Home for the Holidays.

The group will be holding its Holiday Home-Business Bazaar Nov. 15 from 1 to 5 p.m. at the 60th Maintenance Group, Bldg. 31, 501 Hangar Drive. There will be great give-aways from various ven-

dors, to include Creative Memories, Discovery Toys, Home Interiors, Longaberger, Mary Kay, Pampered Chef, PartyLite, Stampin Up, Tastefully Simple, the Body Shop and Tupperware.

For more information, contact Jasmine Lucero at 439-9773.

Memorial Service

A memorial service will be held for Senior Airman Louis Avellanet a member of the 60th Aircraft Maintenance Squadron, Monday at 2:30 p.m. at Chapel One.

Celebrity auction

The Travis Officer Spouses Club is holding a Celebrity Auction Nov. 14 at the Travis Air Museum. The event will begin at 6 p.m. with a silent auction and there will be an oral auction starting at 7:45 p.m. Admission is \$5 and proceeds will go toward scholarship funds.

Eye on Progress

60th Civil Engineer Squadron

In an effort to keep dorm residents more secure by removing parking in between dorms for Anti-Terrorism/Force Protection standoff, new parking areas are being constructed around the dormitories, complete with sidewalks and landscaping islands that will replace the area in between the dorms. This \$1.5 million renovation will also help relieve shift workers' schedule conflicts, calming the previously noisy area between dorms during off duty hours. Overall, the project adds slightly more parking capacity than is currently available and has an estimated completion date of late spring-early summer 2004.

Air giant takes a bow as first C-5 aircraft retires



U.S. Air Force Photo by Senior Airman Jeffrey Allen

MCCHORD AIR FORCE BASE, Wash. — A C-5 Galaxy flies over the skies of Washington.



U.S. Air Force Photo by 2nd Lt. S.K. Nielsen

BAGHDAD, Iraq — A C-5 Galaxy sits on the ramp at Baghdad International Airport in support of Operation Iraqi Freedom. The first C-5 in the Air Force inventory based at Kelly AFB, Texas, retired Tuesday.

By Capt. Angela Smith
60th AMW Public Affairs

The first C-5 Galaxy to be retired from the Air Force inventory was delivered Tuesday to the Aerospace Maintenance and Regeneration Center (AMARC) at Davis-Monthan AFB, Ariz.

The aircraft, which is from Kelly AFB, Texas, was prepared by Travis maintenance personnel for long-term storage and took off from here for transportation to AMARC.

"I am extremely proud to be on this mission," said Maj. David Hasslinger, aircraft commander. "The C-5 has served me well and gotten me all over the world safely. More importantly, it has served the Air Force and the nation tremendously. It's an amazing machine."

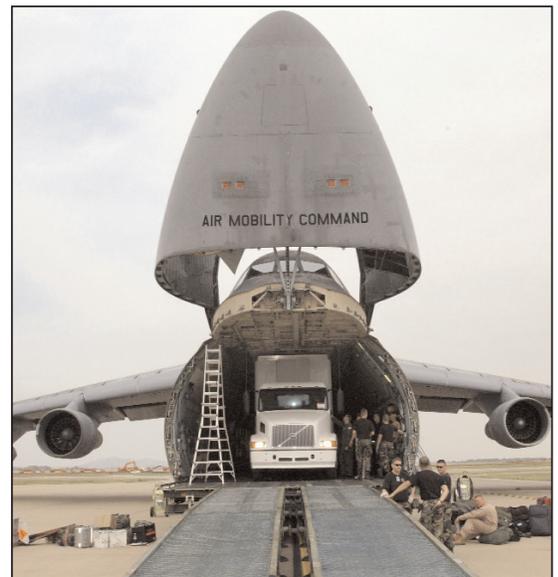
The gigantic C-5 is an out-sized cargo-transport that provides Air Mobility Command intertheater airlift in support of United States national defense. It has a tremendous payload capability and carries fully equipped combat-ready military units to any point on the world on short notice.

Thirteen C-5s from across the Air Force are scheduled to be delivered to AMARC for parts reclamation and storage. Travis will retire up to four C-5 planes by the end of 2004,

reducing the total number of assigned C-5s from 37 to 33. Travis will maintain its current number of assigned KC-10s.

However, to offset the small reduction in the C-5 fleet will be the complement of the C-17 Globemaster III, the newest, most flexible cargo aircraft to enter the airlift force. Travis anticipates its first of 12 C-17s by 2007. The C-17 is capable of rapid strategic delivery of troops and all types of cargo to main operating bases or directly to forward bases in the deployment area. The C-17 is also capable of performing tactical airlift and airdrop missions when required. "This event is historic because it marks the future of air mobility. Retiring the older C-5s is paving the way for the modernization of the C-5 fleet and the beddown of C-17s at Travis AFB by 2007," said Col. Steven Miller, 60th Operations Group commander.

The Galaxy is one of the largest aircraft in the world and it has been described as being as long as a football field and as tall as a six-story building. Ground crews can load and off load the C-5 simultaneously at the front and rear cargo openings since the nose and aft doors open the full width and height of the cargo compartment. It can also "kneel down" to facilitate loading directly from truck bed levels.



U.S. Air Force Photo by Airman 1st Class Kristi Here

Crews from the 97th AMW Altus AFB, Okla. and the 60th AMW Travis Air Force Base, Calif. load a tractor trailer into a C-5 later delivered to a forward location in support of Operation Iraqi Freedom.



Capt. Angela Smith / 60th AMW Public Affairs

Travis Security Forces personnel listen to a briefing about the crisis situation before taking action.



Capt. Angela Smith / 60th AMW Public Affairs

Staff Sgt. Luis Garcia and Staff Sgt. Erik Flannigan review a diagram of a house during the exercise Oct. 30.

Response Exercise

Tailwind Staff

Members of the 60th Security Forces Squadron, the 60th Civil Engineer Squadron, emergency personnel from David Grant USAF Medical Center and the Disaster Control Group recently held an exercise to test their response to and handling of a crisis situation on base.

The simulated scenario involved an Air Force servicemember who held his wife and two children hostage in their home.

The exercise gave the response team a chance to practice techniques and methods that would be necessary in a real-life crisis situation.

The 60th SFS emergency services team simulated storming the residence, which was actually an abandoned house in base housing. Negotiators were able to practice conversing with the perpetrator and everyone involved got a first-hand view of how Travis would respond to a similar situation if it really happened on base.



Capt. Angela Smith / 60th AMW Public Affairs

Members of the 60th Security Forces Squadron enter through a door of an abandoned house here to simulate a real-world situation.



Airman 1st Class Trevor Fetting / 60th CES

Disaster Control Group members hold a brief meeting before the operation begins in base housing.

Waist measurement reflects whole health

By Staff Sgt. Todd Lopez
Air Force Print News

WASHINGTON — The waist-measurement portion of the Air Force's new fitness standard serves as a gauge for total health, said the Air Force chief of health promotion operations.

"The waist measurement is used to determine visceral or intra-abdominal fat," said Maj. Lisa Schmidt. Air Force officials chose this measurement because there is ample evidence that links an increase in visceral fat with an increase in risk for disease.

"When we looked at developing health-based standards, we reviewed a lot of literature of the best ways to predict health risks for members, and abdominal circumference kept surfacing," Major Schmidt said. "With more abdominal fat, you have more risk for diabetes, heart disease, stroke and some types of cancer."

Agencies like the American Medical Association and the National Institute of Health have produced such studies, Major Schmidt said.

Individuals can perform the measurement on themselves by using a tape measure, she said. The measurement is taken with the tape wrapped around the abdomen above the right iliac crest, or right above the top of the right hip bone, while ensuring the loop created by the tape remains parallel to the floor. The measurement is taken the same way for both males and females.

Air Force officials use two tables for measuring waists, one for males and one for females, Major Schmidt said. There are no variations in regards to height or age.

"The risk for disease is independent of your height," Major Schmidt said. "Other things considered, if you are 5 foot 2 inches tall or you are 6 foot 2 inches tall, your risk for disease is the same if you have a 40-inch waist. The same applies with your age. If you are 20 years old or 50 years old, the risk is the same based on waist measurements."

Additionally, unlike other body parts, the size of the waist does not grow proportionally with height, Major Schmidt said.

"As you get taller, it isn't as if you grow out as well," Major Schmidt said. "It is not propor-

tional growth. The area you are measuring does not include any bone."

While there is no variance allowed for height when it comes to waist measurements, it is important to consider the fitness evaluation as a whole in regards to the total-fitness score, Major Schmidt said.

"When you look at the fitness score, it is a composite score," Major Schmidt said. "If you have a 20-year-old and a 50-year-old, both with a 39-inch waist, they are going to get the same points for abdominal circumference. However, that 20-year-old is going to have to run faster and do more crunches and more pushups to get the same composite score as the 50-year-old."

For airmen who have measured their waists and determined they are not within an acceptable range, there is hope, she said. Visceral fat is generally the first to go when people begin an exercise program. While it may take several months of running, crunches and weight lifting to knock an inch or two off the waist circumference, that effort pays off in more than just the one or two points gained on the waist-measurement portion of the evaluation, Major Schmidt said.

"A lot of airmen will look at the chart and say it is difficult to lose an inch in abdominal circumference, and that they only get a point for it," Major Schmidt said. "But if you are engaged in some kind of program to lose that inch and to gain that point, some aerobic and fitness program, then in the process of gaining that extra point for waist measure you will improve your performance on the running and strength portions. They are all interrelated. This is about total health."

Airmen who look at the chart for the first time become fixated on the top numbers for their age group — those numbers needed to score a perfect 100 on the evaluation, Major Schmidt said. She said airmen should concentrate instead on getting a "good" or "excellent" fitness score.

The expectation is not for most airmen to achieve a perfect score. The expectation is for everyone to participate in a regular fitness program, which will result in improvements in overall fitness, she said.

DRINKING

The end results can kill

& DRIVING

innocent people and
a military career!

DON'T MIX

COMMUNITY BRIEFS

TRAVIS AIR FORCE BASE

Announcements

Military Family Month

November is Military Family Month at Travis. Check out the full schedule of events and find out how to win prizes at www.60thServices.com.

Thanksgiving Buffet Reservations

The Delta Breeze Club is taking reservations for the annual Thanksgiving Buffet on Thursday, Nov. 27. Seatings are at 11 a.m., 2 p.m. and 4:30 p.m. Members are only \$15.95 for adults and \$5.95 for children. Non-members are \$20.95 for adults and \$10.95 for children. All children 5 and younger eat free. For more information, call 437-3711.

CDC fees will change

Starting Dec. 1, the cost of daycare at the CDC will increase slightly. Travis officials are still working the details to ensure it has a minimal impact on families.

Upcoming trips

Make sure to sign up in advance for trips with Information, Tickets and Travel and the Outdoor Adventure Program. ITT will be going to the Sacramento Train Museum on Saturday, Denio's Farmer's Market in Roseville on Nov. 15 and the International Auto Show in San Francisco on Nov. 22. OAP has sea kayaking, canoeing, mountain biking, backpacking, hiking and ski trips planned this fall. For more information, check out the website at www.60thServices.com or call 424-5659.

Weekly Events

Today

▲ It's Flashback Friday at the Delta Breeze Club. Groove with the best of the '70s and '80s spun by the club's very own DJ, "Brother Grib." ▲ Galaxy Bowling at Travis Bowl features strobe lights, disco ball, glowing pins and dance music from 8:30 to 11:30 p.m. For more information, call 437-4737.

Saturday

▲ The Travis Equestrian Center's last horse show of the season is today. Gate opens at 7:30 a.m. For more information, call Barb Brewer at 424-1278 or e-mail barb.brewer@travis.af.mil

Sunday

The DBC serves Champagne Sunday Brunch from 10 a.m. to 1:30 p.m. The members price is \$14.95, non-members \$19.95. For more information, call 437-3711.

Monday

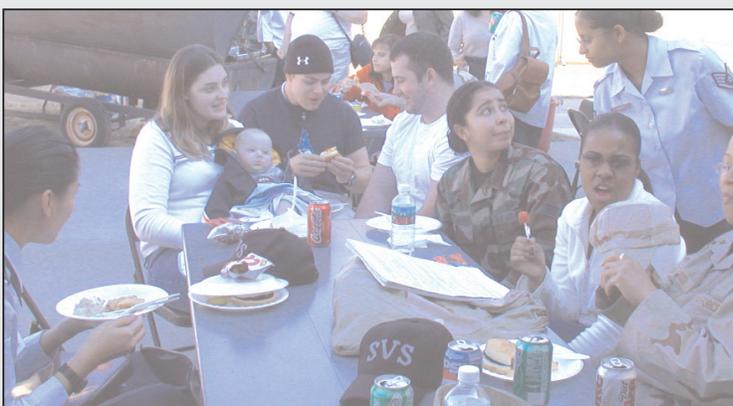
▲ Watch all the fun and excitement of Monday Night Football on the big screen TV at 5 p.m. in the Gold Rush Lounge at the DBC. All ranks are welcome. There will be free snacks and drink specials.

▲ Spouse Employment Orientation is from 9 to 10 a.m. for newly arrived spouses. Topics include employment and career development programs at the Family Support Center. For more information, call 424-2486.

Tuesday

▲ Veterans Day. The following Services facilities will be open for holiday hours: Fitness Center, 10 a.m. to 6 p.m.; Cypress Lakes Golf Course, 7 a.m. to 2 p.m.; Sierra Inn Dining Facility, brunch 6 a.m. to 1:30 p.m.; dinner, 4:30 to 6:30 p.m.; Travis Bowl, noon to 10 p.m.; Godfather's

Welcome back



Christy Mann-Harnes / 60th Services Squadron

The 60th Services Squadron had a barbecue lunch on Tuesday to welcome back troops, including their Commander, Maj. Marcus Bass, who recently returned from deployment.

Pizza, 11 a.m. to 11 p.m. All other Services facilities will be closed.

▲ The FSC Readiness NCO will conduct Personal Preparedness Briefings at 8 a.m. and 2 p.m. for those tasked with TDYs or contingencies.

For more information or reservations, call 424-2486.

▲ The Skills and Self Assessment class from 8 a.m. to noon for job seekers. Explore different career paths based on personality type, skills, abilities, interests. For more information, call 424-2486.

▲ The Sierra Inn will have a special Veterans Day Meal from 11 a.m. to 1:30 p.m.

Wednesday

▲ The Wood Shop is now open every Wednesday from 4 to 8 p.m. It is also open every Saturday from 9 a.m. to 5 p.m. For more information, call 424-1338.

▲ Women, Infants and Children representatives will be at the Family Support Center from 8:30 a.m. to 4 p.m. by appointment only. For more information, call 435-2200.

▲ Resume Writing Skills is from 8 a.m. to 12 p.m. Learn how to write resumes that get interviews. Fundamentals include effective formats, cover letters, and marketing plans. Individual resume review sessions available by appointment.

Thursday

▲ The Airman's Appreciation Meal will be served from 10:30 a.m. to 1 p.m. at Golden Hills Dining Facility. For more information, call 424-2155.

▲ The FSC Readiness NCO will conduct Personal Preparedness Briefings at 2 p.m. for those tasked with TDYs or contingencies.

For more information or reservations, call 424-2486.

▲ Women, Infants and Children representatives will be at the Family Support Center from 8:30 a.m. to 4 p.m. by appointment only. For more information, call 435-2200.

▲ Employment Interviewing Skills I is at the Family Support Center from 8 a.m. to noon. Learn successful interviewing techniques, how to answer difficult questions and more. For more information, call 424-2486.

▲ A home buying seminar is from 9 to 11 a.m. at the Family Support Center. For more information, call 424-2486.

Weekly

▲ Make the task of putting together an application form (OF 612) for federal government easier by computerizing it using a Microsoft Word template available at the Family Support Center. Some

agencies, including the Air Force, use a scannable federal resume instead. For more information, call 424-2486.

▲ An emergency food pantry at the Family Support Center is available for active duty, civilian employees, retirees and their family members in times of need. A family support specialist will work with each family and offer additional services and referrals when needed. For more information, call 424-2486.

Chapel Services

Catholic

▲ Monday, Tuesday, Thursday and Friday, 11:30 a.m., Catholic Mass, Chapel Center.

▲ Wednesday, noon, Catholic Mass, DGMC Chapel.

▲ Saturday, 4:15 to 4:45 p.m., confessions, Chapel One.

▲ Saturday Mass, 5 p.m., Chapel One.

▲ Sunday Mass, 9 a.m., Chapel One.

▲ Sunday Mass, 12:30 p.m., Chapel Center.

Protestant

▲ Friday, noon, 30-minute worship service, DGMC Chapel.

▲ Sunday, 8 a.m., community, praise and worship service, Chapel Center.

▲ Sunday, 10:30 a.m., community worship service, Chapel Center.

▲ Sunday, 5 p.m., Inside Out, Chapel Center. Children's program provided. For more information, contact Chaplain (Capt.) Abner Valenzuela at 423-3939.

▲ Sunday, 11 a.m., community Gospel service, Chapel One.

For Jewish information please call Maj. Sarah Futterman at 423-3456.

For other religious activities, call Chapel Center at 424-3217

**DEAD
BATTERIES
CAN'T
SAVE
LIVES**

Change the batteries in your smoke detector before the old ones run out. That way, your smoke detector can warn you and your family in the event of a fire.



Air Force teams with university on degree program

By **David Schwoegler**
University of California Public Affairs

LIVERMORE, Calif. — Starting next year, Air Force officers will participate in a highly selective joint Lawrence Livermore National Lab U.C. Davis program that combines defense-related professional military education and advanced degrees accredited by the University of California.

“A major benefit for participants in this Air Force-National Laboratory Technical Fellowship Program will be learning directly from this Laboratory’s scientific leaders in nuclear-weapons technology,” said Laboratory Director Michael Anastasio.

On Oct. 30, Air Force Brig. Gen. Robert L. Smolen signed a Memorandum of Understanding with Laboratory Director Michael Anastasio. General Smolen is Director of Nuclear and Counter-proliferation, in the Office of the Deputy Chief of Staff for Air and

Space Operations, at U.S. Air Force Headquarters in Washington, D.C.

The details of the MOU create the Air Force-National Laboratory Technical Fellowship Program at Livermore for Air Force officers holding the rank of major and above — as well as for senior civilians GS-14 and above — in nuclear science and engineering career fields.

“The purpose is to revitalize the Air Force officers’ nuclear career path, while giving them first-hand insight and experience into Livermore’s nuclear technologies program,” said Dr. Bill Mullins, Associate Director of Nuclear and Counterproliferation.

The program is designed so participants can earn master’s degrees while simultaneously receiving Professional Military Education credit. This new “Intermediate and Senior Development Education Program” was recently instituted by General John Jumper, the Air

Force Chief of Staff.

Beginning in September 2004, this 21-month program will combine specific assignments in the Lab’s Defense and Nuclear Technologies program with concurrent enrollment in the U.C. Davis Department of Applied Science at Livermore.

Air Force students will be assigned a Livermore mentor from the DNT’s scientific staff during the assignment. At least one new officer or civilian will begin the 21-month program each year. While the program initially will focus toward nuclear programs and technologies, future plans may include additional students who can concentrate on the scientific areas related to counterproliferation, an area where the Livermore Lab also has considerable expertise.

Air Force students will be placed in DNT or in Laboratory departments that support DNT, who will assure that the students will be involved in

weapons-program-related activities, such as Engineering, Chemistry, and Computations. Technical assignments and mentoring also will be the responsibility of DNT. The interaction between students and the Livermore staff will also be of great mutual benefit for the future.

The Lab’s National Security Office will provide oversight for the program, while the Science and Technology Education Program or STEP will orchestrate the master’s degree elements.

Both the Laboratory and the Air Force will assume some of the respective costs associated with the program, but there will be no exchange of funds between the two organizations. Everyone expects this partnership to pay big dividend for the nation’s future, in both nuclear and counterproliferation effort in support of the global war on terrorism.





Capt. Angela Smith / 60th AMW Public Affairs

Tech. Sgt. Leah Conway (seated), 60th Comptroller Squadron, accounts for all funds that keep the missions flying. She also serves as the her section's Unit Deployment Manager.

Keeper of the books keeps Travis running

By 1st Lt. Jonathan Cartwright
60th Comptroller Squadron

Tech. Sgt. Leah Conway from the 60th Comptroller Squadron is the "keeper of the books" at Travis who is responsible for accounting for all funds that keep the missions flying.

Sergeant Conway played a key role in closing out fiscal 2003. She aggressively tracked commitments to ensure obligations and execution of \$45.8 million in the last quarter of the fiscal year. She is a detailed-oriented accountant and consistently leads the way in her squadron. Her impact on base funds is evident. For instance, she helped reduce

SHINING STAR
AIR MOBILITY COMMAND



the interest paid by the base from \$58,000 in fiscal 2002 to \$32,000 in fiscal 2003 — a 55 percent reduction.

Sergeant Conway also helped reduce the base's outstanding travel advances

from 491 to 166, which provided over \$20,000 to the wing.

Sergeant Conway was hand-picked to be the squadron Unit Deployment Manager. As the UDM, she provides specialized training to all unit personnel and ensures personnel are fully trained and equipped. She even conducted a "mini" deployment line.

Additionally, she is the squadron Booster Club President and has coordinated the annual squadron picnic, raised over \$300 during a bake sale and spearheaded a clothing drive for Dolers Street Community Center homeless workers.

Integrity, Service, Excellence

View Point

By Lt. Col. Jack Bridge

612th Air Base Squadron commander

SOTO CANO AIR BASE, HONDURAS — We are airmen. We survey the entire battle space at once, attack in parallel and support in 3-D. We supply troops on the way in and we return the wounded home with honor. We are there before first contact with the enemy occurs. We are there to bring the last soldier home. We are an Air Force of three.

Integrity: We advance on the mission. Our airman's mission is air and space expertise and the visible "flag on

the hill" we accelerate toward. Our word is our bond and others trust us to be there when we say we will, everyday.

Integrity is the engine that drives our success. We will provide the intelligence, we will prepare the battlefield, we will deliver the goods. We never settle for the limits of the past to define who we can be tomorrow.

Service: We focus on the welfare of others. We use our unique perspective as airmen to develop solutions to problems, achieving the desired effect while often using equipment and training in new and innovative ways.

We "check each other's six" on the ground and in the air to mitigate risk. Imagination is our only limit in meeting others' unmet needs. Flexibility is

the key to our power.

Excellence: We are world-class stewards of our nation's resources. We recognize that our nation, family and friends provide us personnel, equipment and finances to focus on the welfare of others and advance on the mission.

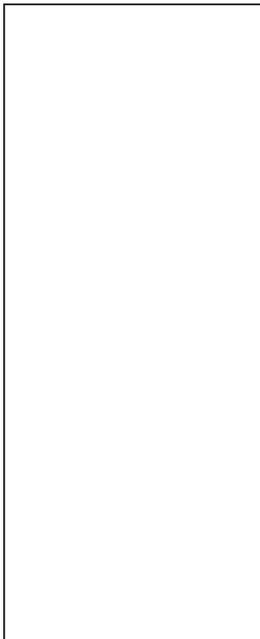
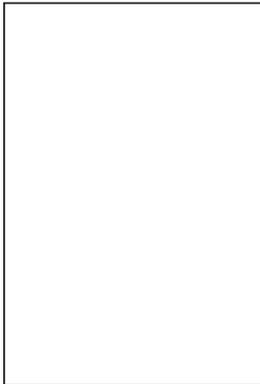
We live and breathe safety because every resource preserved is another available for the mission. We enable the synergistic advantage of joint operations by moving and employing resources when and where they are needed most. No other nation comes close to our air and space dominance.

In a modern world where everything is relative, these Air Force core values are three solid foundations to anchor

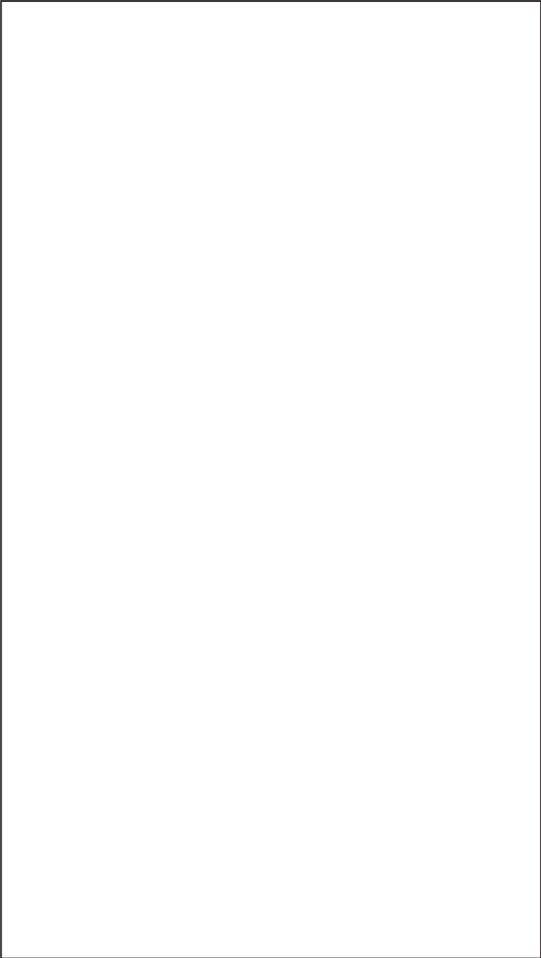
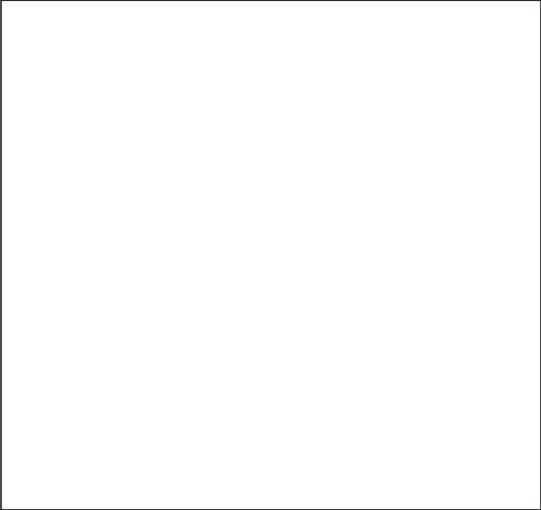
the present and to plan our future. If you have ever wondered who we are: We are AIRMEN and WE are an Air Force of Three.

Are
you
ready?

Preparing for TDY's, deployments, natural disasters, family emergencies, remote assignments? Call the Family Support Center at 424 - 2486 and receive your free Air Force Readiness Packet.



Seatbelts are hugs from your car!



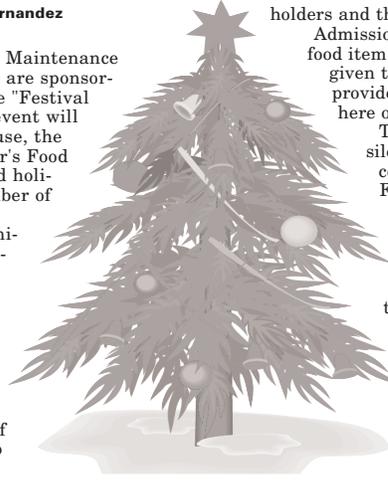
Travis seeks donations for "Festival of Trees"

Tech. Sgt. Jacquelyn Fernandez
60th Maintenance Operations Squadron

The 60th and 349th Maintenance Operations Squadrons are sponsoring an event called the "Festival of Trees" Dec. 2. The event will benefit the Fisher House, the Family Support Center's Food Locker. It will also add holiday cheer among member of the Travis community.

Individuals or organizations wishing to participate may donate a tree or paint holiday scenes on the windows of the atrium. The deadline for entry is Nov. 14.

The "Festival of Trees" will be displayed in the Atrium of Bldg. 31 and is open to all military ID card-



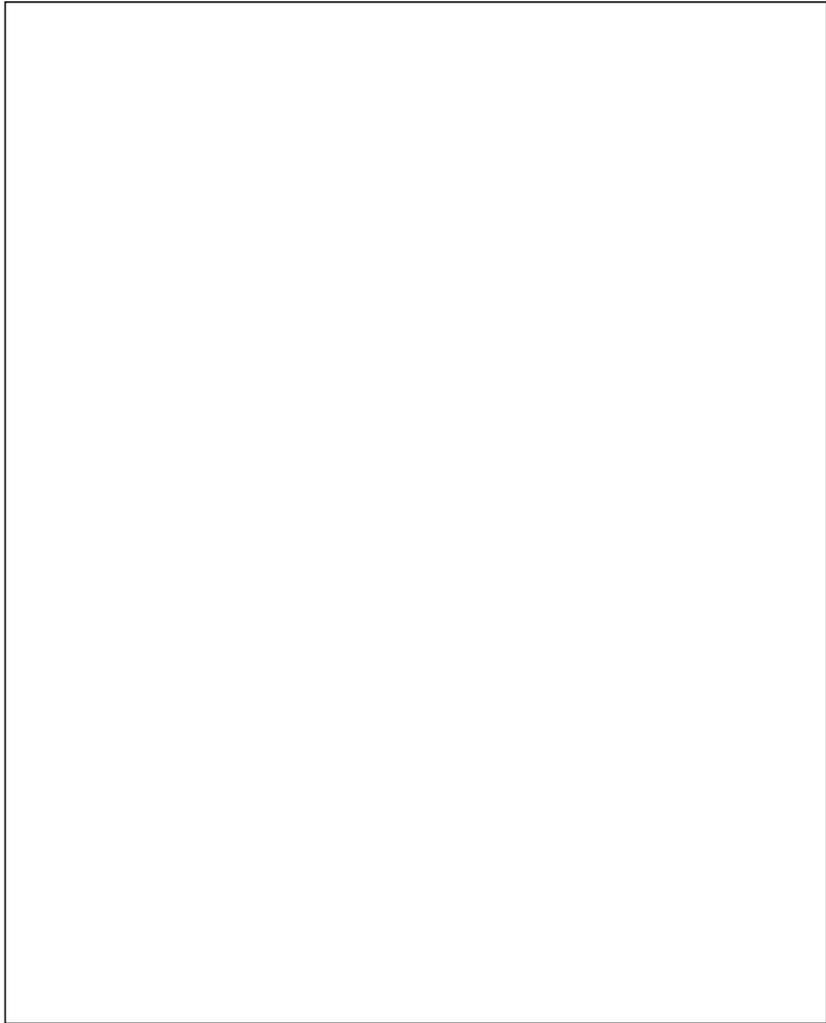
holders and their guests.

Admission will be a non-perishable food item or cash donation to be given to the Food Locker to help provide for our team members here on base.

The Christmas trees will be silent auctioned and the proceeds will be donated to the Fisher House to help families of loved ones receiving medical treatment at DGMC.

There will be special musical performances by the Vandenberg High School Choir and Jazz Band, as well as hot drinks, baked goods, and aircraft gift items for sale.

For more information, call Toni Robicheau at 424-4888 or Becky Austria at 424-3271.



Leash attack



Courtesy photo

Staff Sgt. Thomas Dworacek, 60th Security Forces Squadron, commands Arko, a four-year old sable sheppard, to attack Staff Sgt. Roy Casillas during a training exercise. Arko and Sergeant Dworacek returned from an Operation Iraqi Freedom deployment in July. There are nine K-9s stationed at Travis.

Important Notice

In the interest of base beautification, base housing residents are asked to refrain from putting up signs to advertise on-base yard sales. Posting yard sale signs on utility poles is a violation of 60 AMWI 90-3 and the California Utilities Commission's Code of Regulations. Do not post yard sale signs on utility poles around the base. Notices can be posted at the shoppette or announced in the *TAILWIND*. **Saturday, 7 a.m. to 2 p.m., 113 Offutt St., clothes, home decor and much more.**
Saturday, 243/244 Carlton Ct., 8 a.m. to noon.

Vehicles

1993 Mitsubishi Galant, 4-door, 4-cyl., needs power steering pump, \$800 obo. Call 208-4556.

1965 Mustang, 2 dr., hard-top, original California car, ripe for restoration, \$2,500 obo. Call 469-0463.

2001 Saturn SW2 Wagon, set-up for RV towing, \$7000. Call 469-0463.

1982 Toyota Celica, best offer. Call 707-280-0720.

1996 Kawasaki motorcycle, Eliminator, 600 cc, 5600 miles, \$3250 obo. Call 916-373-0630.

1995 Dodge Ram van, \$2,000 obo; 1993 Honda Accord EX, \$3,000 obo. Call 437-3070.

1998 Ford Mustang convertible, leather interior, fully loaded, 54K miles, must sell ASAP, \$9,600. Call 707-439-9085.

2000 Dodge Durango, SLT plus, 4.7L V8, CD, tow pkg., 3rd row seat and air, registration good through June 2004, 83K miles, \$15,500 obo. Call 332-4518.

2001 Harley Davidson, 1200 Sportster, 120 miles, all stock equipment, must sell, \$7,000 obo. Call 707-439-9324 or 707-208-8671.

Vehicle Accessories

Best top, super top for CJ-7 Jeep, tan, still in box, no doors or windows, \$100 obo. Call 916-595-1927.

BMW ra for a 2000 3 series BMW, \$75 obo. Call 916-595-1927.

Miscellaneous

Body by Jake, hip and thigh master with instructional video, \$75; lt. brown, earth-toned sofa with end recliners, \$250; men's rollerblades, size 10, \$40, women's rollerblades, size 8, \$35, Kid's little red wagon, \$60; infant/child, crib/bed w/mattress, \$315. Call 427-2915.

Pool 18' x 48" above ground, 1 year-old with all accessories made by Intex, \$325 obo. Call 916-373-0630.

Couch, \$500 obo; Highchair, \$60 obo; Swingset, \$35 obo; 3-air conditioners, various prices; pool 12 foot diameter. Call 437-3070.

Little Tikes disk swing, \$15; Little Tikes dino rocker, \$5; Little Tikes victorian kitchen, \$75; Little Tikes work bench and tools, \$20 obo, Eddie Bauer double stroller, \$40 obo. Call 437-4257.

Bread machine with full instructions, \$45; baby-stroller, padded cushions, Graco, suitable for infant to three years, \$35. Call 429-0418.

Hot Springs, hot tub, \$1,500; blue recliner, green recliner, \$75; dual recliner couch, \$150; RCA console TV, \$50. Call 447-7084.

Hot tub, five seats, motors recently reconditioned, \$3000. Call 437-3667.

Athletic equipment

Bowflex motivator, lat bar, leg curl, ext., \$700 obo. Call 439-9578.

Aerobixrider exerciser, \$130. Call 421-2004.

Furniture

Entertainment center, \$20, two oak ice box end tables, \$20 each, swivel TV stand and oak ice box, \$40. Call 447-7084.

Dining table with four roller chairs, \$100. Call 437-4775.

Free beautiful mapale coffee table to give away to a military person. Call 447-6877, ask for Frank or Anna.

Queen-size mattress and box spring, used in guest room only, \$200; newly recovered couch of good construction, \$350; solid wood, expandable pub table for six, \$150. Call 426-0458.

Wooden daybed, heart cut-out, \$50. Call 469-7831.

Corner sofa, \$250, sofa and love seat, \$170. Call 447-6468.

New dark wood, queen, four-poster

bed with new mattress and box spring, \$700. Call 707-290-1748.

Six-piece bedroom set, hunter green lacquer, \$250 obo. Call 437-3778.

Appliances

Refrigerator, side by side, \$200. Call 437-3667.

House for rent

In Dixon, 3bd, 2ba, 2-car garage, wood floors, fireplace, vaulted ceilings, fully landscaped yard, new, all-major appliances included, pool, pets neg., avail. in Jan. \$1795/month. Call 707-693-0714.

Suisun, 4bd, 2ba, f/r, f/p, 1,792 sq. ft. near Travis AFB, \$1,500/month, \$,500 deposit, available now. Call 619-934-0807 or 619-857-5509.

House for sale

In Dixon, 3bd, 2ba, 2-car garage, wood floors, fireplace, vaulted ceilings, fully landscaped yard, avail. in Jan. \$324,999. Call 707-693-0714.

Wanted

Bunk bed for 3-year-old growing boy, should be in good condition, willing to pick up and pay good price. Call 426-0458.

Need to fill bookkeeper position at Travis Thrift Shop. Hours 9 a.m. to 3 p.m. Drop resume at Thrift Shop. Call 437-2370

Trailers/Boats/Campers

2002 Tahoe, Q-3, ski/fish w/trailer, 3.0 ltr, I/O mercruiser, hustler prop, bimini top, and safety equipment, trolling motor, fish finger, \$17,200 obo. Call 437-6368.

Appliances

Free washer (it leaks) and dryer (electric), you haul away. Call 469-0463.



**Want to meet
new people?**

**Have a few drinks and
get behind the wheel of
a vehicle.**

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and
Driving ...
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Tailwind Free Swap Ad

To place a free classified ad, you must be military, civil service, retired or a family member. Complete the following form and leave it in the drop box at the 60th AMW Public Affairs Office, Bldg. 51, on Brennan Circle (next to the Travis Air Museum). The **DEADLINE IS NOON MONDAY** for the following Friday's issue. There is a maximum of 25 words and two ads per household per week. All ads must be legible. No ads for money-making businesses or the sale of firearms or firearm accessories will be accepted.

Name: _____ Home Phone Number: _____

Mechanic moonlights as ice skater



By Jennifer Brugman
60th AMW Public Affairs

Staff Sgt. Donna Hergenrether has the hands of a jet engine mechanic and the soul of an ice skater.

Sergeant Hergenrether, a mechanic with the 660th Aircraft Maintenance Squadron, spends her free time with the Vacaville rink's synchronized ice skating team, the Solano Stars, and performing with "Theater on Ice."

Sergeant Hergenrether began synchronized skating nine months ago after a friend suggested she take a skating class. During the class, another friend introduced her to the synchronized skating team in Vacaville.

"I guess I was doing okay so they wanted to recruit me," Sergeant Hergenrether said. "We have 11 people on the team now."

She's loved every minute of it.

"I've always been in a male-dominated environ-

ment," Sergeant Hergenrether. "I didn't know how to interact with other women very well. It's not all about skating. It's about going out and being part of something."

Synchronized skating is a bit like cheerleading, only on ice, Sergeant Hergenrether said.

"We do wheels and circles," she said.

For her first performance in May, Sergeant Hergenrether and her teammates took first place at the Golden Gate Skate. Recently, the team took second at a competition in Cape Cod. Not only did Sergeant Hergenrether compete, but she got to spend time introducing her sister to her new hobby.

"It was really nice having my sister there and we had so much fun," she said.

Their medal-winning routine has them dressed in French maid outfits and skating to "Be Our Guest." Sergeant Hergenrether

spends her Saturday mornings practicing with the skating team and her Wednesday night hanging out with kids. As a performer for "Theater on Ice," she does synchronized skating with groups of children and adults.

"For me, I like to do theater on ice," Sergeant Hergenrether said. "You have little kids involved."

Sergeant Hergenrether has half custody of her daughter, Jessica, who lives in Kentucky with her father because Sergeant Hergenrether is deployable. However, Theater on Ice gives her a chance to interact with children.

"I still get my fill of kids," she said. "We play. We start skating and doing circles of any kinds. Right in the middle of the week I have this fun outlet. It keeps my life busy."

By March, Sergeant Hergenrether, who has been working with a skating coach, would like to be competing in singles skating.

Staff Sgt. Donna Hergenrether (front row, third from the left) joined the synchronized ice skating team in April.

Air Force Falcons flub in overtime

By John Van Winkle
U.S. Air Force Academy Public Affairs

U.S. AIR FORCE ACADEMY, Colo. (AFP) — A quarterback's slip on the turf and a tight end's first career pass led to the Air Force Academy's third loss of the season, as the University of Utah edged the Falcons 45-43 in triple overtime Nov. 1.

Entering the third overtime period, the Falcons held the ball first. Driving down to the 4-yard line, halfback Anthony Butler dove in for the touchdown, putting the Falcons up 43-37.

NCAA rules require teams to go for a two-point conversion, once the game reaches the third overtime period.

The Falcons went option left with quarterback Cadet Chance Harridge carrying the ball.

But Cadet Harridge, who had already run for three touchdowns and passed for a fourth, slipped on the ice-soaked grass as he tried to cut upfield with a clear path to the end zone in sight.

"The way we had the block-

ing set up, he could've walked into the end zone," said Fisher DeBerry, Falcons head coach. "He goes in the end zone if he doesn't slide. It's the turn that got him."

The Falcons were up by only six as Utah began its overtime possession.

When Utah got the ball for the next series, tight end Cadet Ben Moa scored the tying touchdown run, then lined up for a direct snap in an empty backfield. As he lined up, the sophomore saw a run-heavy Falcon five-man front with three linebackers in tight.

Cadet Moa tucked the ball low and stepped forward as if to run. Then he stopped and lobbed the ball over the dueling linemen to open tight end Cadet Matt Hansen for the two-point conversion and the Utah win.

"We played what we thought they had success doing," DeBerry said. "Moa had lined up and taken the direct snap several times, running for 26 yards and three touchdowns, but had



John Van Winkle / AFP

Academy Falcon defenders Dennis Poland (27), Trevor Hightower (44) and Nicholas Taylor (95) combine to stop Utah running back Mike Liti cold. While the Falcons held Liti to only 53 yards, Utah went on to win the game 45-43 in triple overtime Nov. 1.

never even hinted at passing the ball," he said.

"You've got to give the Utah team a lot of credit. They certainly made a lot of plays there whenever they had to," Mr. DeBerry said. "Not many people come in here and beat us, especially in triple overtime."

The loss drops the Falcons to third place in the Mountain West Conference standing

with a 3-2 conference record and 6-3 overall. Utah moved into first place, followed by New Mexico. Utah and New Mexico each have a single conference loss with two MWC games remaining to help decide the conference title.

"I don't think we helped ourselves today, but that doesn't mean we're out of it. We've just got to take care of

business," Mr. DeBerry said about the MWC title. "(There are) a lot of people who say the winner of this conference could have two losses — and that's a distinct possibility."

The Falcons next host service academy rival Army on Nov. 8. The Falcons wrap up the regular season with away games against conference foes New Mexico and San Diego State.



Conquer the world of words.
Read a book at the base library.

Go! Go! Go!



Christy Mann-Iames / 60th Services Squadron

In the first flag football game of the season, Ravens' Kristofer Petniki runs for a touchdown with Bears' Austen Thompson hot on his heels.

Aerobics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
5:30 - 6:30 a.m. Core cycling	5:30 - 6:30 a.m. Core step aerobics	5:30 - 6:30 a.m. Core cycling.	5:30 - 6:30 a.m. Core step aerobics	5:30 - 6:30 a.m. Cycling
11:30 Core step aerobics	8:30 - 9:30 a.m. EZ Does It	9 - 10 a.m. Yoga	8:30 - 9:30 a.m. EZ Does It	8:30 - 9:30 a.m. Strength Fusion
12:30 Squadron cycle	11:30 - 12:30 p.m. Core cycling	11:30 - 12:30 p.m. Core step aerobics	11:30 - 12:30 p.m. Core cycling	11:30 Core step aerobics
1:30 - 3 - 4 p.m. Squadron cycle	1 - 3 p.m. Body conditioning, Solano College	12:30 - 1:30 p.m. Squadron cycle	12:30 - 1:30 p.m. Squadron cycle	12:30 Core kickboxing aerobics
3 - 4 p.m. Squadron cycle	3 - 4 p.m. Squadron cycle	3 - 4 p.m. Squadron cycle	3 - 4 p.m. Squadron cycle	5 - 6 p.m. Core kickboxing aerobics
4 - 5 p.m. 'Phat' Fitness	4 - 5 p.m. Squadron cycle	4 - 5 p.m. 'Phat' Fitness	4 - 5 p.m. Squadron cycle	6 - 7 p.m. PIYo
5 - 6 p.m. Core step aerobics	5 - 6 p.m. Core step aerobics	5 - 6 p.m. Core step aerobics	5 - 6 p.m. Squadron cycle	Saturday
6 - 7 p.m. Turbo Kick	6 - 7 p.m. Core PIYo	6 - 7 p.m. Turbo Kick	6 - 7 p.m. Core cycling	8 - 9 a.m. Cycling
7 - 8 p.m. Cycling	7 - 8 p.m. Cycling	7 - 8 p.m. Cycling	7 - 8 p.m. Cycling	9 - 10 a.m. Total Fitness
7 - 8 p.m. Kung Fu San Soo	9:30 - 10:30 a.m. Pregnancy/Postpartum class at the HAWC	5:30 - 6:30 a.m. Yoga	9:30 - 10:30 a.m. Pregnancy/Postpartum class at the HAWC	11:15 - 12:45 a.m. Gym in a Bag, 1st & 3rd Friday at the HAWC
7 - 9 p.m. Kickboxing	11:30 PIYo	12 - 1 p.m. Intro to Yoga, 1st & 3rd	11:30 Pilates	
	12:30 Kickboxing	12 - 1 p.m. Intro to FitBall, 2nd & 4th	12:30 Kickboxing	
	5 - 7 p.m.	1 - 2 p.m. Intro to Pilates	5 - 7 p.m.	
		7 - 8 p.m. Kickboxing		
		7 - 8 p.m. Kung Fu San Soo		



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Travis Reeltime

Tonight

7 p.m. — *Underworld (R)*

Tomorrow

7 p.m. — *The Rundown (R)*

Tomorrow

7 p.m. — *The Fighting Temptations (PG-13)*

Travis movie schedules are subject to change after publication. For up-to-the-minute information, call 437-3855 or visit www.aafes.com/ems