



# TAILWIND

TRAVIS AFB, CALIF.

FRIDAY, OCT. 31, 2003

VOLUME 28, NUMBER 43



### 60TH EMS CANVAS

A Travis worker with 28 years experience uses his artistic skills to make Travis beautiful.

21



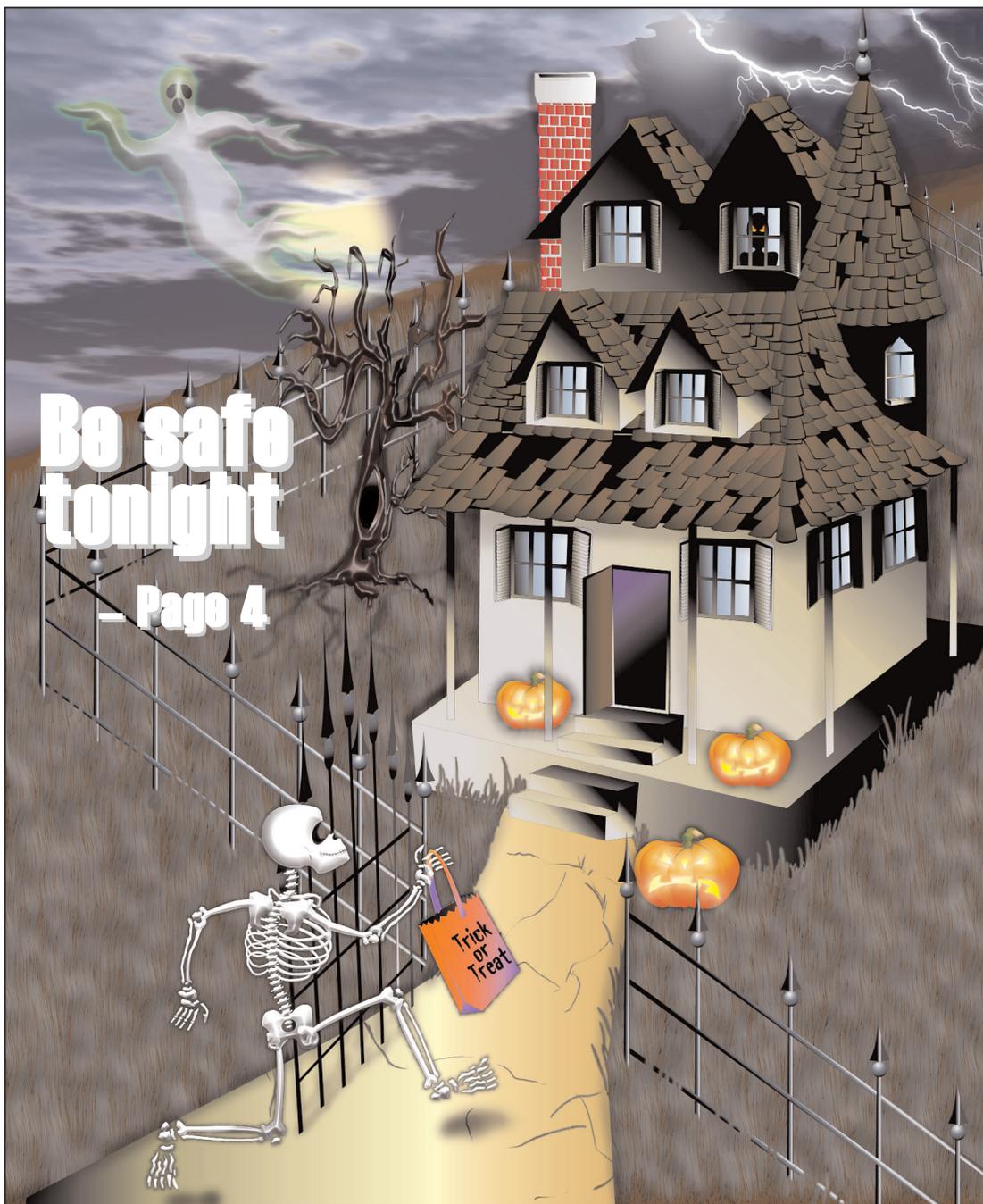
### TRAVIS TAKES PART IN EAGLE FLAG

The exercise challenged airmen to open a base at an austere location.

22

### ROAD CLOSURE

Suisun Street will be closed from the intersection of Stinnet to Stevens Streets Nov. 5 -6 from 7 a.m. to 4 p.m. due to the Bldg. 212 demolition.



# Commander's Corner

## Travis ready to help during fire crisis

By Brig. Gen. Brad Baker  
60th AMW Commander

As Southern California is besieged by fires, the Travis team remains ready in case it is tasked to provide support. Our hearts and prayers go out to the people of this state who have been adversely impacted by this crisis, and we hope for a quick resolution.



General Baker

We need to be mindful of this kind of crisis, therefore everyone on the Travis team should live, work and think "fire prevention." While our highly trained emergency responders do an outstanding job protecting Travis people and resources ... they can't do it alone. That's why fire prevention is everyone's responsibility. On that note, parents need to strongly caution their kids about fire hazards ... and to ensure they are fully aware of the physical and legal consequences of those hazards.

### Halloween and Harvest events

Speaking of safety, let's ensure this is a fun night for our kids by keeping them as safe as possible. Parents should ensure kids "trick or treat" within the approved hours on base, 6 to 8 p.m. in residential areas. In addition, drivers should also be extremely alert and careful when driving during those hours. With that, have fun and be careful!

### Welcome Lt. Gen. Baker and AMC Aircraft Maintenance Daedalian Team

In other news this week, we welcome the Vice Commander of Air Mobility Command, Lt. Gen. John Baker, who will tour Travis while visiting with our folks. In addition, we also welcome Air Mobility Command's Daedalian team here to visit our



Marine Sgt. Valerie A. Martinez / MCAS Miramar Public Affairs

Fire engulfs dry brush along Marine Corps Air Station Miramar property east of Interstate 15. Oct. 26. The smoke and flames, which resulted from spreading wildfires in San Diego county, burned approximately 19,000 acres of brush near the Miramar Stables and flight line.

60th Maintenance Group.

### Combined Federal Campaign

We continue Travis' 2003 Combined Federal Campaign — and most folks should have been contacted by their group's representative. This program is so rewarding because it does provide us the opportunity to help those charities we support, and is a viable way of making a difference in the lives of those who need it most.

### Fit to Fight

I also highly encourage folks to continue

strong fitness regimens in preparation for the Air Force's new fitness requirements, which will include running, sit ups and push ups. The Air Force has published specifics on the fitness test scoring criteria at [www.af.mil/news/USAF\\_Fitness\\_Charts.pdf](http://www.af.mil/news/USAF_Fitness_Charts.pdf).

We're well into the fall season and the window for our AEF deployments ... and I know you — the Travis team — will have your shot records, v-red and other readiness requirements up-to-date.

That's a wrap for this week. God bless the Travis team and God bless America!

wise posted. My concern is when you make a left turn on Collins, from the North gate, there is no speed limit sign.

**A** Thank you for voicing your concerns about inconsistencies with speed limit signs on Perimeter Rd. As a result of your call, the Wing's Traffic Management Board met and reviewed all speed limit signs along Perimeter Road. The TMB did find conflicting signs and have coordinated the installation of new signs by mid-November. In addition, the speed limit will be raised to 35 mph with



reduced speeds on curves. Once the new signs are posted, the new speed limits will be in effect. You also asked for documentation to provide your insurance company. TAFBI 31-103 is Travis's "rules of the road" instruction; in lieu of a memo, you can find the information you're looking for within this document. Contained within you will see the designated speed limit base-wide is 25 mph unless otherwise posted.

Any future concerns with the safety or practicality of Travis roadways may be addressed to the 60th Air Mobility Wing, Ground Safety Manager at extension 424-1113.

## TAILWIND

Travis AFB, Calif.  
60th Air Mobility Wing

Brig. Gen. Brad Baker  
60th Air Mobility Wing commander

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### On the Cover



Photo illustration by Heidi Couch / Visual Information

## ACTION LINE

### TRAVIS AIR FORCE BASE

Call 424-3333

### Base speed limits

**Q** My concern is the speed limit coming around Perimeter Rd. I enter in through the North gate, and I make a left turn at Collins Ave. I then take Collins to Perimeter, and over to the TACAMO and Boeing facilities. On one occasion, I received a speeding ticket coming down from the eastern side of the runway, going toward the radar station. The ticket was for speeding in a 25 mph zone. The road is posted with a sign over at the south gate that said the speed limit is 35, unless other-

## Travis prepares for ECAMP

### Opportunity for units, residents to take stock of household waste

Tailwind Staff

Travis is preparing for an important Environmental Compliance Assessment and Management Program (ECAMP) assessment planned for Nov. 17 - 21.

This is an annual review of the base's environmental programs. While the program is focused on the organizational management of unit programs, this visit also presents an opportunity for base residents to consider those common household items containing potentially hazardous ingredients that might be found in the garage, basement, cabinets or other storage spaces around the house. People are encouraged to dispose of these items in an environmentally-friendly way by taking them to a proper collection facility.

The household hazardous waste collection facility is managed by Solano Recycles at 2901 Industrial Court.

They are open the 2nd and 4th Saturdays of each month from 9 a.m. to 2 p.m. Collection is by appointment only and proof of residency is required. HHW collection is free of charge to all Travis residents. For more information and registration assistance, call Solano Garbage Company at (707) 439-2817.

The BOPA (Batteries, Oil, Paint (latex), Anti-Freeze) collection facility is also located at 2901 Industrial Court. It is open Monday - Friday, 9 a.m. - 4 p.m. and Saturday 8 a.m. - 2 p.m.

Common HHW items include:

#### Cleaning Products

- » Oven cleaners
- » Drain cleaners
- » Wood and metal cleaners and polishes
- » Toilet cleaners
- » Tub, tile, shower cleaners
- » Bleach (laundry)
- » Pool chemicals

#### Indoor Pesticides

- » Ant sprays and baits
- » Cockroach sprays and baits
- » Flea repellents and shampoos
- » Bug sprays
- » Houseplant insecticides
- » Moth repellents
- » Mouse and rat poisons



Courtesy photo

Staff Sgt. John Smith, Ellsworth Air Force Base HAZMART technician, runs used fluorescent light bulbs through a bulb crusher, which deposits the mercury they contain into a filter for later processing as hazardous waste.

and baits

#### Automotive Products

- » Motor oil
- » Fuel additives
- » Carburetor and fuel injection cleaners
- » Starter fluids
- » Automotive batteries
- » Transmission and brake fluid
- » Antifreeze

#### Workshop/Painting Supplies

- » Adhesives and glues
- » Furniture strippers
- » Oil or enamel based paint
- » Stains and finishes
- » Paint thinners and turpentine
- » Paint strippers and removers
- » Photographic chemicals
- » Fixatives and other solvents

#### Lawn and Garden Products

- » Herbicides
- » Insecticides
- » Fungicides/wood preservatives

#### Miscellaneous

- » Batteries
- » Mercury thermostats or thermometers
- » Fluorescent light bulbs
- » Driveway sealer

#### Other Flammable Products

- » Kerosene
- » Home heating oil
- » Diesel fuel



Staff Sgt. Daryl McKamey / AFPN

Air National Guard C-130 Hercules equipped with modular airborne firefighting systems, similar to this one, are dropping thousands of gallons of retardant on the wildfires in Southern California. The fires have destroyed more than 830 homes and burned out more than 600,000 acres. California officials said the fires are responsible for at least 15 deaths.

## Airmen help fight California wildfires

Air Force Print News Service

SAN ANTONIO — Airmen are helping combat the wildfires raging in California, officials said Oct. 28.

Two C-130 Hercules equipped with modular airborne firefighting systems began operations Oct. 27, and more will follow.

The system is a self-contained, 3,000-gallon aerial fluid dispersal system that fits in the back of a C-130.

Crews from California Air National Guard's 146th Airlift Wing began flying MAFFS missions over the fire in the southern part of the state. They have dropped more than 29,000 gallons of retardant on the fire.

Aircrews from the Air

Force Reserve's 302nd Wing at Colorado Springs, Colo., are also flying missions.

Pilots from the Wyoming Air National Guard's 153rd Air Wing and the North Carolina Guard's 145th Air Wing are on their way to the region with four more of the modular systems.

The fires, stretching from the Mexican border to the northern suburbs of Los Angeles, have destroyed more than 830 homes and burned out more than 500,000 acres.

California officials said the fires are responsible for at least 15 deaths.

President George W. Bush has declared the counties of Los Angeles, San Diego, San Bernardino and Ventura federal disaster areas.



Courtesy photo

Ventura County firefighters watch a twister of flame rise from a back fire in Simi Valley, Calif.

## Bronze Star award



Nan Wylie / Visual Information

Maj. Steven Hardy, 60th Equipment Maintenance Squadron commander, is congratulated by Col. Michael Sevier, 60th Air Mobility Wing vice-commander, after receiving a Bronze Star for his service as commander of the 380th Expeditionary Aircraft Maintenance Squadron at Al Dhafra Air Base, United Arab Emirates, earlier this year.

# Trick-or-treaters need to beware of more than haunted houses and things that go bump tonight

Tailwind staff

The Mitchell Memorial Library, Child Development Centers and the Youth Center are handing out glow sticks to Travis children to improve their visibility while trick-or-treating tonight.

Trick-or-Treat hours: 6 to 8 p.m. in residential areas.

It's that time of year where all good little ghouls, goblins, witches and Spidermen roam the streets looking for tricks or treats. The Travis safety office has some tips to ensure everyone stays safe and sound while they're roaming around begging for candy.

"Don't let the kids out alone," said Noel Fagan, ground and weapon safety officer here. "That's the number one rule for all kids today. Kids walk out from between cars. They're not paying attention — they're happy and they're not thinking about the cars and traffic. That's why parents need to be with them to make sure they're being careful."

Drivers also need to be aware of children on the streets tonight. They should watch for children darting out from between parked cars, walking on roadways, medians and curbs.

There haven't been any Halloween traffic accidents on Travis for some time, Mr. Fagan said. He's looking to make sure it stays that way.

Trick or treating will take place here from 6 p.m. to 8 p.m. tonight in residential areas.

The Passenger Terminal will x-ray candy from 5 p.m. to 9 p.m. tonight at the Inbound Lounge.

Here are some other things to keep in mind to make Halloween a ghoulishly good time:

While driving, enter and exit driveways and alleys carefully.

Look before you back-up.

Before children start out on their "trick or treat" rounds, parents should:

Plan and discuss the route trick-or-treaters intend to follow. Know the names of older children's companions.

Instruct children to travel only in familiar areas and along an established routes.

Teach children to stop only at houses or apart-

ment buildings that are well-lit and never to enter a stranger's home.

Tell youngsters not to eat any treat until they return home.

Costumes should be loose so warm clothes can be worn underneath.

Costumes should not be so long that they are a tripping hazard. (Falls are the leading cause of unintentional injuries on Halloween.)

If children are allowed out after dark, outfits should be made with light colored materials. Strips of retroreflective tape should be used to make children visible.

Masks can obstruct a child's vision. Use facial make-up instead.

Bags or sacks carried by youngsters should be light-colored or trimmed with retro-reflective tape if children are allowed out after dark.

Carrying flashlights will help children see better and be seen more clearly.

Walk, do not run, from house to house.

Do not cross yards and lawns where unseen objects or the uneven terrain can present tripping hazards.

Walk on sidewalks, not in the street.

Walk on the left side of the road, facing traffic if there are no sidewalks.

Give children an early meal before going out.

Insist that treats be brought home for inspection before anything is eaten.

Wash fruit and slice into small pieces.

When in doubt, throw it out.

Establish a return time.

Remove tripping hazards from entry ways.

Don't leave pets in the yard.

Keep pets away from doors.

Report suspicious or criminal activity.

Drive with extreme

caution.

Carry a flash light and cell phone.

Pin a slip of paper with the child's name, address and phone number inside the child's pocket.

Candlelit jack-o-lanterns should be kept clear of door steps and landings.

Avoid unnecessary vehicle travel.

Don't feed treats to pets; chocolate is toxic to a lot of animals.

Dressing up pets can be very hazardous for them.

Security forces will be on bikes patrolling base housing areas tonight.

In the event a child becomes missing or lost, notify one of the patrols or telephone the Security Forces Control Center at 424-2800.



The number for Security Forces is 424-3293





Courtesy photo

*The Crisis Action Team's administration section personnel.*

## CAT Admin keeps information flowing

By **Capt. Angela Smith**  
60th AMW Public Affairs

The Travis Crisis Action Team worked diligently behind the scenes during the Initial Response Exercise earlier this month as the principal organizational element that managed Travis' response to a simulated crisis situation. The CAT acted as the information focal point for base leadership.

The exercise tested Travis' ability to support the major deployment of personnel, cargo and aircraft generation for a simulated scenario.

The CAT can be the scene for a flurry of activities and transfer of critical information.

Yet, CAT administration staff members skillfully managed all of these functions.

"We put out 'fires' continuously," said Staff Sgt. Mistie Morgan, one of 15 people who comprise CAT admin.

The staff consists of people from various career fields who can be drawn from any Travis unit.

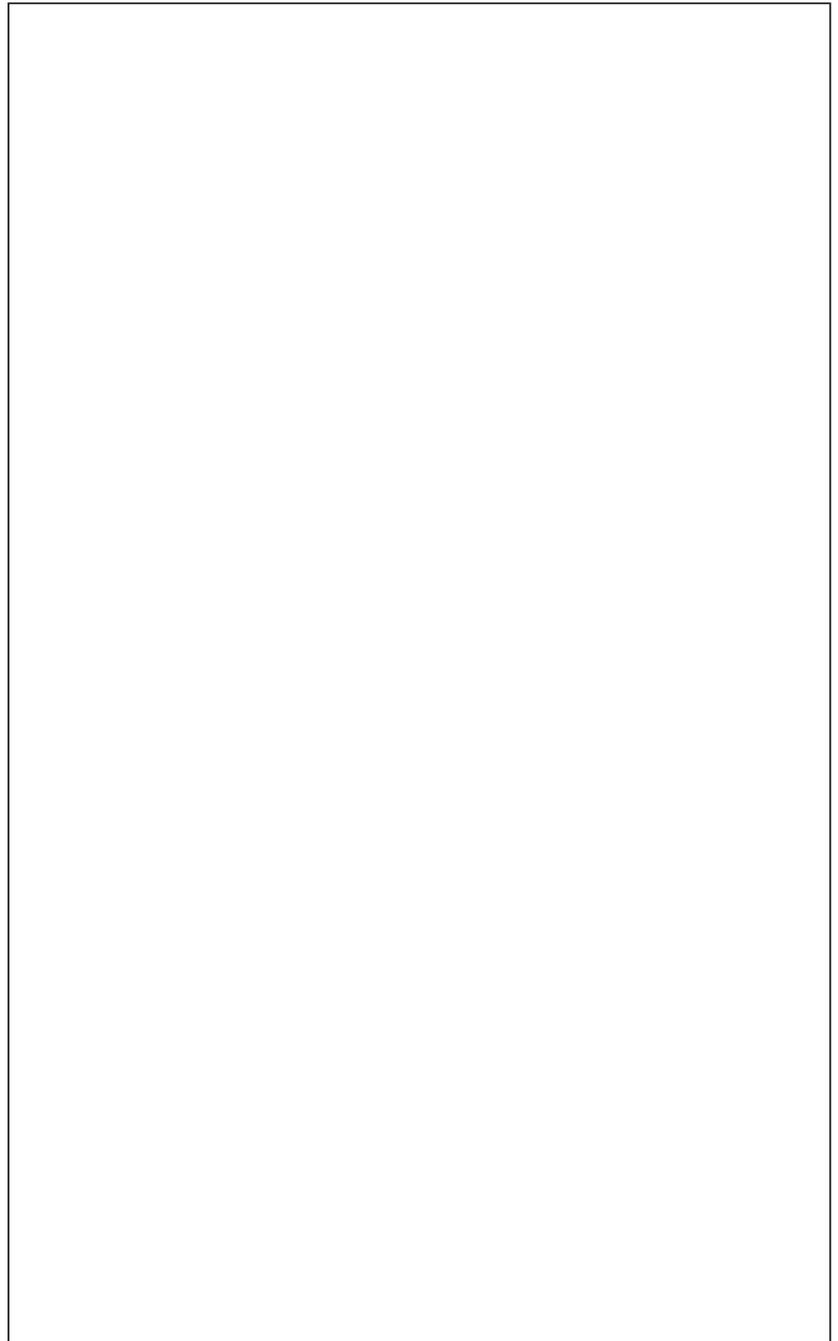
Additionally, all CAT admin.

augmentees have to attend training on a regular basis.

"We are the middlemen between commanders and units. We make sure the word gets out," said Airman 1st Class Magic Cannon, CAT admin. member.

The CAT may be activated to support operations ranging from natural disasters to military contingency operations. CAT admin. staff work in 12-hour shifts around the clock to ensure the timely and accurate delivery of information

"Each member of the CAT admin. staff is invaluable. Their aptitude and dedication determines how well information flows," said Staff Sgt. Marianne Fox, CAT admin. supervisor.



# Air Force announces 2004 Aviator Continuation Pay program

By Tech. Sgt. David Jablonski  
Air Force Print News

WASHINGTON — The Air Force is retaining the most popular Aviator Continuation Pay options under a fiscal 2004 program, with bonus options offered to eligible pilots, navigators and air battle managers.

For eligible pilots, a five-year

and a “to 20” years of aviation service option will be offered at \$25,000 a year. Eligible navigators and air battle managers will be offered bonus options at \$15,000 a year. But unlike previous programs, three-year and “to 25” years of aviation service bonus options will not be offered, according to Lt. Col. Harrison Smith, chief of the Air

Force rated force policy branch at the Pentagon.

The fiscal 2004 program is designed to improve rated-inventory shortfalls by tailoring active-duty service commitments to specific year groups of experienced aviators, Colonel Smith said. The goal is to provide incentives for targeted year groups of aviators to make

a long-term commitment to the Air Force to stabilize the rated force through 2012 when rated-inventory projections are slated to improve.

The ACP program is a retention program and force-shaping tool tailored to help meet rated retention goals, Colonel Smith explained. It targets specific rated-officer demographic groups to stabilize the inventory, provide accurate forecasts and ultimately, maintain the Air Force’s warfighting capability.

“It’s making adjustments to better shape the rated force by eliminating ACP programs that didn’t work, and keeping programs that do,” he said. “Bonus dollar amounts remain unchanged in the fiscal 2004 plan.”

Officials said the bonus “take rate” for 2003 doubled that of 2001. The ACP rate for pilots rose from 30 percent in 2001 to 46.8 percent in 2002 and to more than 60 percent in 2003. The “take-rate” for navigators and air battle managers was 55.3 percent and 75.9 percent, respectively. ACP was not offered to navigators or air battle managers until 2003.

An air battle manager is a rated officer who plans and executes theater air operations.

Maj. Kevin Therrien, chief of rated force policy for mobility forces, said Air Force officials continually evaluate the right mix of options and bonuses to meet its goals each year.

“As rated inventories and requirements continually change, ACP changes, enhancing retention and aiding in the effective management of those inventories,” Major Therrien said.

The major outlined some of the program specifics that will be detailed soon in comprehensive Air Staff and Air Force Personnel Center implementation messages.

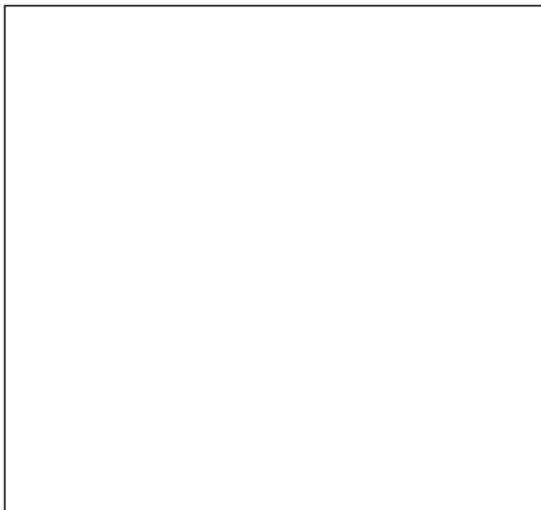
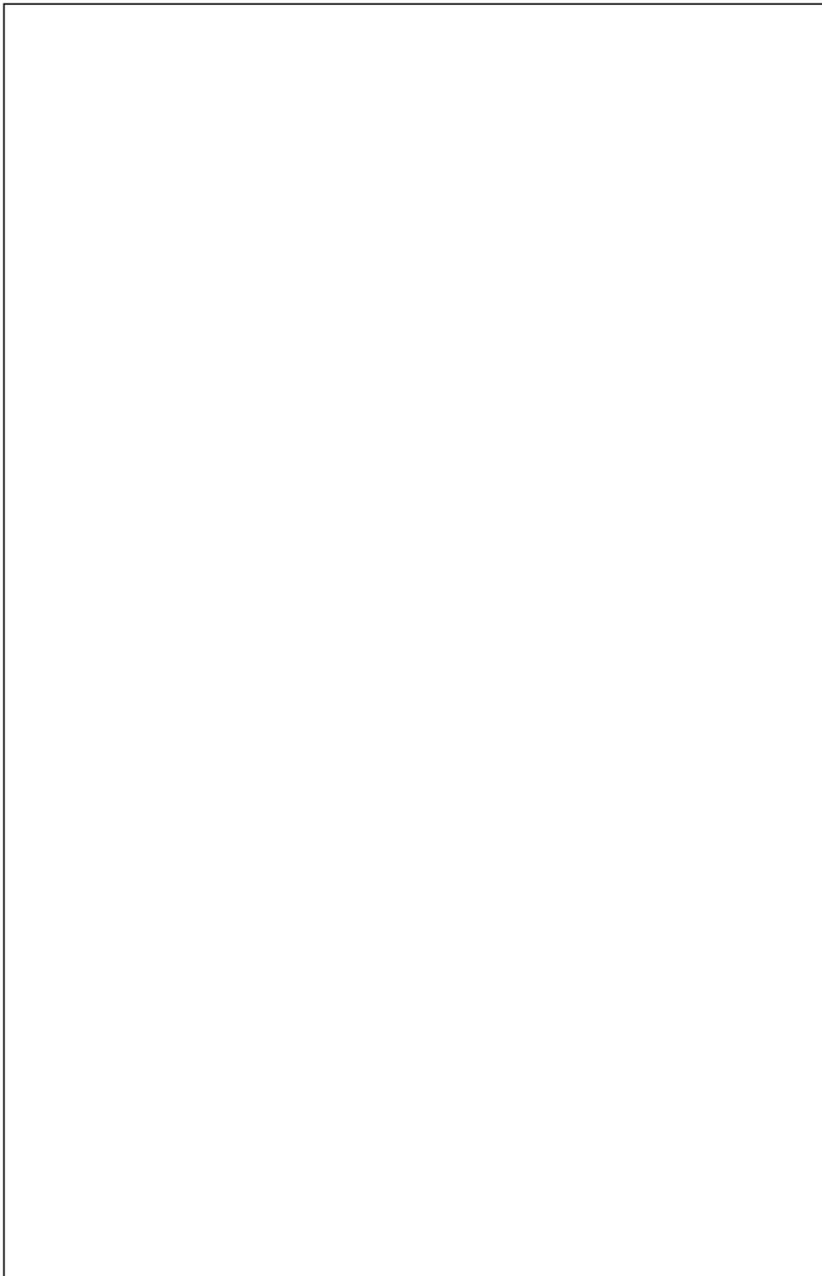
“The pilot, navigator and ABM bonus options will not include a three-year option or a ‘to 25’ years of aviation service option,” Major Therrien said. “In addition, the initially eligible pilot lump sum payment will be adjusted to a cap of \$100,000, proportionally consistent with the elimination of the ‘to 25’ YAS option.”

An important difference this year, the major said, is the change in eligibility criteria for navigators.

“The fiscal 2003 ACP program targeted those navigators close to retirement and proved a great success,” he said. “The new program shifts the eligibility criteria to between nine years of aviation service and 18 years of military service in order to target (low-production) year groups and staff-eligible officers.”

Aviator continuation pay began in 1989 to improve rated-officer shortfalls caused by increased major airline hiring, Therrien said. The current downturn in major airline hiring has corresponded to an increase in the number of rated officers taking ACP options. This is good for the Air Force because it increases rated-inventory stability and saves a valuable resource in our experienced aviators, Major Therrien said.

To learn more about ACP, go to <http://www.afpc.randolph.af.mil/acp>.



## Travis celebrates Native American Heritage Month

Tailwind Staff

Travis proudly joins the nation in observing American Indian Heritage Month during November. According to the last U.S. Census, there are nearly 2.5 million American Indians in our country. Their rich history is still evident through the names of cities, lakes and rivers; the magnificent ruins of ancient communities; and most important, the lives of the people who retain the cultural, spiritual, linguistic and kinship bonds that have existed in this country.

It is also important to honor American Indians who have served in the nation's armed forces. Approximately 12,000 served in the U.S. military during World War I. More than 44,000 — of a population of less than 350,000 Native Americans — served in the European and Pacific war theaters between 1941 and 1945 during World War II. Also, approximately 42,000 American Indians, 90 percent of them volunteers, fought in Vietnam. To learn more about their military service, visit [www.history.navy.mil/faqs/faq61-1.htm](http://www.history.navy.mil/faqs/faq61-1.htm).

Travis will be holding events commemorating Native



American Heritage Month around the base throughout November.

Following is a schedule of events:

► **Nov. 1-30**

Displays set-up at Base Library, DBC, & MEO office recognizing Native Americans.

► **Nov. 4**

Native American Heritage Month kick-off luncheon from 11 a.m. - 1 p.m. at the Delta Breeze Club.

► **Nov. 7, 12, 18 and 24**

Historical/Biographical video presentations on Native American programs from 11:30 a.m. - 12:30 p.m. at the Military Equal Opportunity Office.

► **Nov. 12**

Dancers will perform at the David Grant USAF Medical Center's cafeteria during lunch.

► **Nov. 15**

Trip to attend Davis Veter-

an's Day Pow Wow

► **Nov. 19**

Pre-School story telling at the Base Library from 9 - 10 a.m.

► **Nov. 19**

Story telling and dancing at Center Elementary School from 9 - 10 a.m.

► **Nov. 19**

Story telling and dancing at the Travis Youth Center at 2:30 p.m.

► **Nov. 20**

Story telling at the Base Library from 6 - 7 p.m.

► **Nov. 21**

Story telling and dancing at the Travis Elementary 4th and 5th Grade classes from 9:30 - 10:30 a.m.

► **Nov. 22**

Travis Arts and Crafts Day, Pow Wow and Closing Ceremonies from 9 a.m. - 5 p.m.

## Celebrating diversity



Kristina Cilia / Visual Information

*In honor of International Credit Union Day, Travis Credit Union's employees dressed in international costumes and hosted Open Houses at all of their branches. The TCU employees joined an estimated 112 million credit union members worldwide who celebrated International Credit Union Day, Oct. 16. The 2003 celebration's theme "Credit Unions: The Heart of Our Community," was democratically selected in a poll hosted at the World Council of Credit Unions Web site. Credit union members and representatives from around the world cast their votes in February of 2003 to choose a theme which shares a common idea — that together credit unions are making a difference and building a better tomorrow for their members and the communities they serve.*



Jan Lawrence / U.S. Air Force Museum Public Affairs

*Teams drag a 60,000-pound F-111F fighter jet during the Air Force Museum's fifth annual aircraft pull recently, to see which team can pull it the farthest in 45 seconds.*

## Aircraft pull raises CFC nearly \$5,000

**By Rob Bardua**  
U.S. Air Force Museum Public Affairs

DAYTON, Ohio — Twenty-four teams pulled their way to nearly \$5,000 in Combined Federal Campaign donations recently during the U.S. Air Force Museum's fifth annual aircraft pull.

People joined 15- to 20-member teams, each contributing \$200 team entry fees to CFC, to see who could drag a 60,000-pound F-111F fighter jet the farthest in 45 seconds.

During the one-day event, teams in all-male, all-female and coed categories shattered two previous-event records and raised

money for more than 1,600 charities worldwide.

The results of the event were:

▶ The 88th Air Base Wing team won the coed division, with a pull of 292 feet, 7 inches, breaking the previous record of 283 feet, 3 inches.

▶ The Air Force Security Assistance Center team won the women's division with a pull of 212 feet, 6.5 inches, also breaking the previous record of 184 feet.

▶ The B-2 Spirit team won the men's division with a pull of 326 feet, 7 inches. The previous record still stands at 339 feet, 6 inches.

### HOMETOWN NEWS RELEASES

Fill out the Department of Defense Form 2266 and bring it in to the Public Affairs Office in Bldg. 51, Room 232.

Empty box for news release content.

Empty box for news release content.

Empty box for news release content.



*Don't forget to render proper customs and courtesies.*



## Learning to fly

### Aero clubs announce 'Start Flying' campaign for eligible DoD participants

**Air Force Print News Service**

SAN ANTONIO — Air Force Services Agency aero club officials are inviting people to take advantage of the 'Start Flying' campaign beginning Nov. 1 and ending April 30.

The campaign is offered to active-duty and retired military, Department of Defense civilians and their family members who are interested in earning their private pilot's certification.

There are 23 participating aero clubs worldwide with skilled instructors, and well-maintained and equipped facilities, officials said.

The pricing is well below most general aviation instruction, officials said. Students

may even qualify to use Veteran's Administration education benefits to minimize the cost for advanced ratings.

"This is a great opportunity for all (DOD-related people) to come see the benefits that the aero clubs provide for them," said Eric Treland, Air Force aero club program manager.

Becoming a Federal Aviation Administration-certified pilot requires a minimum of 40 hours of flight training — 20 hours with an instructor pilot and 20 hours of solo flight. This does not include the ground school required to pass the FAA written test, which takes about 30 hours of classroom or individual study.

"Since this is the 100th year of aviation, now is a great time to come to an aero club, take an introductory flight and start working toward your dream of becoming a pilot," Mr. Treland said.

For more information, contact the nearest aero club or call Linda Weston or Annette Strapple at (210) 652-4945 or DSN 487-4945.

**Are you ready?**

**TDY's, deployments, natural disasters, family emergencies, remote assignments? Call the Family Support Center at 424 - 2486 and receive your free Air Force Readiness Packet.**

## Domestic violence: Understanding its long-term effects on spouses, children in the home

By 1st Lt. Tina Nelson  
60th Medical Operations Squadron

Domestic violence encompasses a wide spectrum of behaviors that include physical, sexual and emotional abuse in an attempt to exercise power and control in an intimate relationship.

Battered spouses are not the only ones that suffer permanent emotional injury as a result of abuse; children who grow up in violent homes are tragically affected as well.

With October being Domestic Violence Awareness Month, the Family Advocacy Program at David Grant USAF Medical Center wants to help people understand some of the effects domestic violence in the home can have on children.

Psychologists and social scientists who have worked with children who witness domestic violence have found an extremely high number of them suffer from guilt, anger, depressions, shyness, anxiety, aggression, nightmares, irritability, problems socializing with others and "acting out" with parents and siblings. These children also tend to exhibit symptoms of poor health, low self-esteem, isolation, suicide, inappropriate sexual behavior, feelings of powerlessness and poor impulse control.

Normal arguing in the presence of children can lead to similar trauma.

For example, when parents are arguing over financial or parenting issues, anxiety within children increase. There are steps parents can take to limit the amount of arguing and fighting in the home.

These include:

▶ Take a "time out":

When anger increases, voices are raised. Schedule a "time

out" time and walk away.

▶ Children listen to their parents and emulate them. If parents use profanity, their children are more likely to utilize the same terminology when interacting with peers and adults as well.

▶ When arguing about an issue, attempt to argue at times when the children are not in the home.

Children residing in homes where domestic violence occurs between adults are two to three times more likely to be abused than any other children. In 1994, a Yale/New Haven Hospital study on domestic violence found that spousal abuse is the single most significant context of child maltreatment.

Statistics provided by DBTech of Tuscaloosa, Ala. stated that boys who have witnessed abuse of their



mothers are 10 times more likely to abuse their female partners as adults.

The report also states children in domestic violence homes are abused and neglected at a 1500 percent

higher rate than other children. A daughter that resides in a home where domestic violence is present is 651 percent more likely to be sexually assaulted or abused than a girl in a non-abusive home.

Children of abused mothers are six times more likely to abuse drugs and/or alcohol, and are at a higher risk of running away.

In 2002, the Western Queens Gazette reported that children in homes where violence has occurred are six times more likely to commit suicide.

So, what does the United States Air Force, specifically Travis have to offer to address domestic violence?

The Family Advocacy Program at DGMC provides services that are considered preventative (before maltreatment or domestic violence

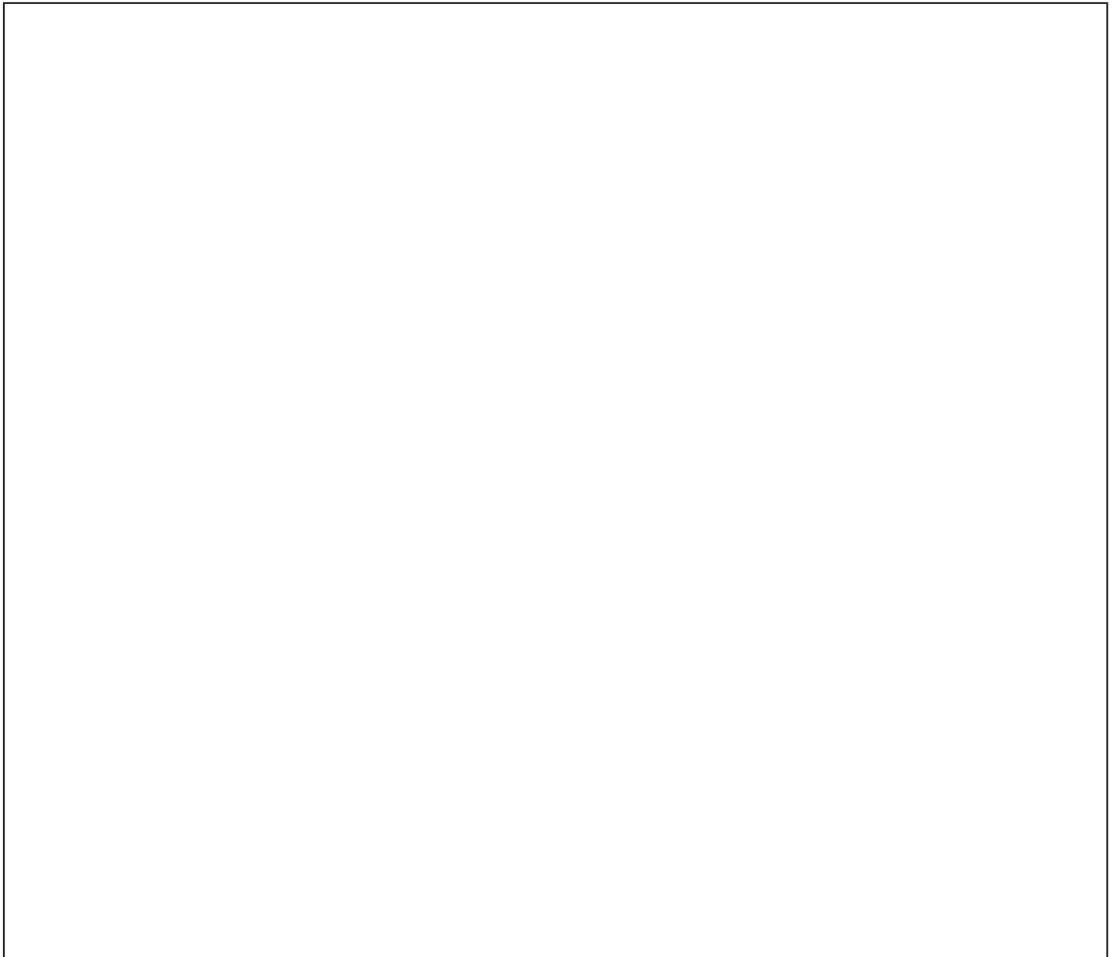
occurs) with intervention services to address a potential problem if a domestic dispute occurs.

Preventative programs include Couples Communication Groups, Men's Group, New Parent Support Program and Anger Management, as well as other services to assist the family.

Family Advocacy will also be showing "Voices of Survivors," a videotape by Dr. Christina Nicolaidis as part of Domestic Violence Awareness Month.

The screening is for Healthcare Providers, Nurses and other Healthcare Workers and will be shown today at 11:00 a.m. and again at noon in the DGMC Auditorium.

To make a report or to obtain further information, contact Family Advocacy at 423-5168.



## Military Personnel and Immediate Family

To reach members of your family in times of emergency need, call the American Red Cross Armed Forces Emergency Service Center toll-free at (877) 272-7337.

## Fuels management flight finalists for AMC petroleum award

By Senior Master Sgt. George Treloar

60th LRS Fuels Management flight superintendent

The 60th Logistics Readiness Fuels Management Flight was selected as a finalist for this year's Air Mobility Command William N. Penton, American Petroleum Institute Award.

Lt. Col. Luis Rosa-Berrios, 60th LRS commander, received notification of the prestigious honor Oct. 15. Two other bases, Charleston Air Force Base, S.C. and Dover AFB, Del. were also selected as finalists.

To achieve a finalist position, the submission package had to convince the AMC Fuels Staff that the 60th LRS Fuels Management Flight is truly one of the best.

The package included a 10-page brochure detailing their accomplishments and a nomination letter from the wing commander.

According to Chief Master Sgt. Stephen Gowin, Travis Fuels Manager, the fuels operators are trained and proficient on all assigned equipment, setting them apart from similarly

organized fuels flights in the Air Force.

Additionally, a world class rotational training program and innovative training aids vastly enhance their versatility. The flight's teamwork and strength flow directly into their commitment to excellence, driving them to provide extraordinary refueling support.

Excellence also motivates fuels personnel to display all traits of airmanship.

The Travis Fuels Flight has volunteered well over 800 hours in local community support, volunteering for such events as the 61st Doolittle Raider's Reunion and the Marine Corps Toys for Tots program.

The next step in the AMC API evaluation is scheduled to take place between Nov. 12 to Dec. 5.

Each of the finalists will be evaluated on-site by the AMC Command Fuels Officer and Command Fuels Manager.

The Travis Fuels Flight is scheduled to receive their evaluation Nov. 25.



**Looking for information or telephone numbers?**

**Call the Base Operator  
424 - 1110**



# Travis DEFY program volunteers support Red Ribbon Week

By Master Sgt. Scott Stewart  
60th AMW Treaty Compliance Office

Pushing, shoving, name calling, hurt feelings, illegal drug use and negative peer pressure. Although these bad traits are far removed from the Air Force Core Values that Travis team airmen normally live by, they became very important concepts for 20 Travis Drug Education For Youth program volunteers supporting Red Ribbon Week at local area schools.

More than 2,000 local students from Cambridge, Tolenasand Center Elementary Schools, along with Golden West and Grange Middle Schools observed skits performed by airmen. Airmen acted out the negative behaviors of peer pressure and bullying as other airmen took a stand against those behaviors.

The Travis DEFY program, managed by the Travis Drug Testing Office, has taken the anti-drug message to local area schools before, but this year's

program had a twist.

Jane White, Travis Drug Demand Reduction Office Manager, and director of the DEFY program, witnessed an event that set the tone of this year's Red Ribbon Program.

"While driving by a local area middle school, I witnessed a group of girls insulting and throwing rocks at another group of girls. When I confronted one of them, she said it was done because the other kids were different," Mrs. White said. "That's when I decided to make this year's theme 'Bullying and Peer Pressure.'"

Mrs. White contacted a variety of local area schools offering support for their Red Ribbon Week programs, and then spread the word across base soliciting volunteers.

Dedicated airmen responded to the call. Airman 1st Class Joseph Brandt, a command post controller from the 60th Air Mobility Wing, joined the team.

"I wanted to provide a posi-

tive role model for the kids. I felt as though I could make a positive difference," he said.

During planning, the volunteers decided skits performed during assemblies would be most effective for elementary students, while small group discussions would work best for middle school students.

Each volunteer would bring his or her own personal experiences to spreading the anti-bullying, peer pressure message.

"I have personally experienced the emotional pain that bullying causes. It is my sincere hope that my efforts can prevent others from being hurt as I was. I have also experienced the emotional pain, worry and despair that a family member doing drugs can cause," said Staff Sgt. Paul Kerr, a 660th Aircraft Maintenance Squadron vehicle control NCOIC. "It made me feel great, in the hope that we prevented these destructive acts before they happened. The most memorable thing during

the visit were the smiles on the faces of the children. In this day and age, the smile on a child's face is as priceless, as it is precious."

During the performances, the DEFY volunteers assumed a variety of acting parts illustrating kids at school on a playground.

Bullying skits of both boys and girls were shown with witnesses doing nothing about it.

Next, the same skits were repeated showing the results of witnesses coming as a group to verbally tell the bully to stop, followed by reporting the incident to school officials.

The intended result was to make students understand that stopping bullying is important, even if another kid is different than them. The final performance of each skit included students from the audience, who got to make the right choice about stopping bullying, while every student watching yelled "that's not right" at the DEFY bullies. This response showed the actors they did things right.

"Hearing the kids at Cambridge Elementary yell 'That's Not Right', put the noise on the Travis flightline to shame," said Airman 1st Class Justin Faulkner, an aircraft guidance system technician with the 60th

Aircraft Maintenance Squadron.

While visiting the middle schools, the DEFY volunteers included a Drug Awareness display in their presentation.

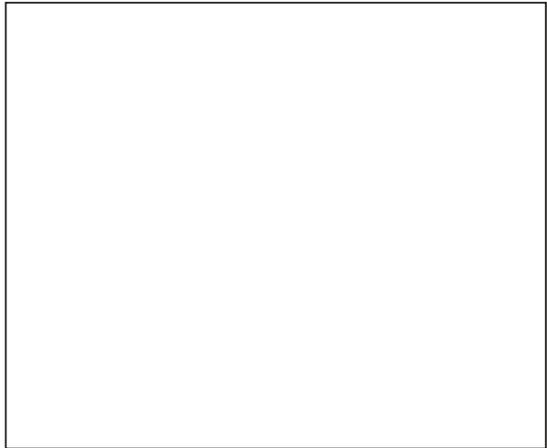
It clearly demonstrated the type of narcotics and paraphernalia local area gangs might try to get into their schools.

The feedback from school administrators was very encouraging.

Each principal explained to the students that Red Ribbon Week wasn't just about saying no to drugs. It was about making good choices in how to live your life.

Judy Honeychurch, Principal of Tolenas Elementary in Suisun, thanked the volunteers by saying, "The skits fit perfectly with the message we are trying to get across to kids this year. We particularly like the three-word saying, 'That's not right!'"

As for the DEFY team, the thoughts of Senior Airman Loi Tran, a bioenvironmental engineering specialist from 60th Medical Group, showed some of the satisfaction. "I enjoyed interacting with the students while acting out scenarios which they were able to relate to. It is important for children to understand early on that being different is a way of life."



## Flu shot shields servicemembers

By **Gerry Gilmore**

American Forces Press Service

WASHINGTON — At this time of year, clinics and hospitals can be swamped with people “bitten” by a nasty bug known as the influenza virus.

Getting the flu not only is an unpleasant experience, said Dr. David Tornberg, the deputy assistant secretary of defense for health affairs’ clinical and program policy. It is also a potentially debilitating illness that can wreak havoc in large organizations like the U.S. military.

“It’s very important that all active-duty personnel be vaccinated in order to prevent the consequences of influenza, which can just devastate our military,” Dr. Tornberg said.

He said many servicemembers live in close-quarters environments such as barracks, which can help spread illnesses like the flu.

People with flu may be ill for several days, Dr. Tornberg said. Symptoms can include a runny nose; a dry, sore throat; cough; and fever and chills.

Rest and drinking plenty of fluids are two time-tested methods of treating the flu, he said. However, getting a yearly flu shot can prevent an occurrence of the illness or at least mitigate its effects.

Prevalent flu strains vary from year to year, Dr. Tornberg said. Therefore, Department of Defense and civilian health-care agencies monitor worldwide health trends to develop predictive models in determining the components “of the next flu outbreak,” he said.

Anti-flu shot vaccines contain weakened flu viruses, Dr. Tornberg said. The administration of flu shots causes a person’s body to develop antibodies programmed to combat any appearance of flu virus, thus providing a measure of immunization.

And this year there is plenty of flu vaccine to go around, Dr. Tornberg said.

Military family members should also get flu shots, including children 6 months or older, Dr. Tornberg said. Older people should also be immunized against the flu as they can be particularly susceptible to the virus.

People who have weakened immune systems or who are allergic to eggs, from which flu shots are made, should not get flu shots, he said.

DOD health officials do not offer nasally administered flu immunizations because as a live virus, the vaccine must be provided in several doses in the nasal version, Dr. Tornberg explained. The syringe-administered flu shot is better for the time-pressed military



Courtesy photo

**Military Health Affairs officials recommend all servicemembers and their family members 6 months and older receive the flu vaccine.**

because one shot provides immunity, he said.

People who are uncertain if they should get flu shots or nasal immunizations should consult with their physician, he said.

Annual immunization against the flu is a worthwhile endeavor since the virus can be dangerous, and in severe cases can result in pneumonia and respiratory failure, Dr. Tornberg said.

## “Hero Miles” offers airfare to servicemembers on leave from Gulf region

### Operation Hero Miles Press Release

Washington, DC — Maryland Congressman C.A. Dutch Ruppersberger recently announced that Alaska Airlines has joined “Operation Hero Miles.”

The airline has created a program that will allow travelers to donate their frequent flyer miles, called Mileage Plan Miles, to help service-

members catch free flights home to spend quality time with family and friends while on leave in the United States.

“I commend Alaska Airlines’ dedication to our men and women in uniform in Iraq. Delta, Southwest and Alaska Airlines are providing a vital service to our country, our troops, and their families. ‘Operation Hero Miles’ only works when good corporate citizens like these come together

with volunteers who will donate their frequent flyer miles for this worthy cause. It’s an inspiring partnership that is working. It shows our troops that we value their sacrifice for our country,” said Congressman Ruppersberger.

Servicemembers who have been granted two weeks of leave are flown to Baltimore-Washington International Airport by the Department of Defense and are then required

to pay their own way to catch connecting flights to their hometowns all across the country. Congressman Ruppersberger is greatly concerned about this excessive financial burden placed on the soldiers trying to visit with family and created “Operation Hero Miles.”

Delta Airlines and Southwest Airlines have already joined “Operation Hero Miles.” Information about all three programs can be found on the web site, [www.heromiles.org](http://www.heromiles.org).

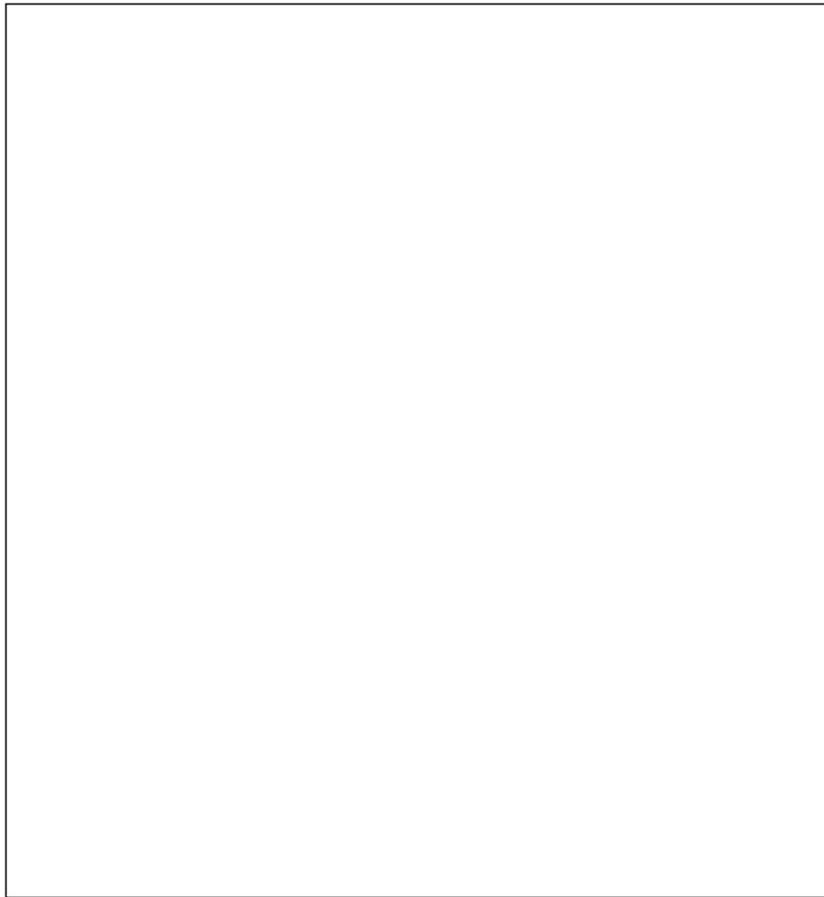
This site is a clearinghouse for servicemembers, their families and travelers filled with information about how to donate frequent flyer miles,

how servicemembers can receive complimentary tickets, and other ways to help our troops serving our country in Iraq.

The Congressman is challenging all of the other airlines that offer service in the United States to follow suit and start similar programs of their own.

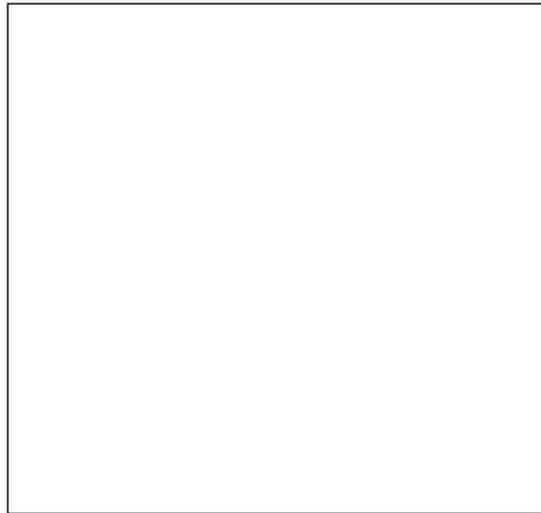
Alaska Airlines does not offer service through BWI Airport but does offer service at nearby Washington-Dulles and Reagan National Airport.

The Veterans of Foreign Wars Foundation already offers free shuttle service for soldiers taking flights out of those airports.



### HOMETOWN NEWS RELEASES

Fill out the Department of Defense Form 2266 and bring it in to the Public Affairs Office in Bldg. 51, Room 232.



## AF climate survey hits halfway point

By Scott Hopkins

Air Force Manpower and Innovation Agency

RANDOLPH AIR FORCE BASE, Texas — Since its launch Oct. 1, more than 25 percent of Air Force people have taken advantage of the opportunity to speak to their leaders through the 2003 Air Force Climate Survey.

The survey's importance hinges on maximum participation, and the more people who participate, the better the results, officials said. The deadline is Nov. 23.

More than 65 percent of active-duty airmen and appropriated-fund civilians participated in the 2002 survey. For the first time, this year's survey includes the Air Force Reserve, Air National Guard and non-appropriated-fund civilians.

"Our goal is to make things better for our people and our organizations," said Air Force Chief of Staff Gen. John P. Jumper. "This is a great opportunity for you to provide direct feedback about how well your leadership and organizations are functioning."

The survey gives leaders honest, identity-protected

feedback about the organization from the people who make that organization work. It measures factors that influence people's behavior and factors that are relatively enduring over time, officials said. Leaders at all levels can use this information to improve an organization's climate and to ultimately improve its effectiveness and productivity.

As an integral communication link between leaders and enlisted airmen, the survey provides senior leaders insights into areas that need improving and areas that are doing well, officials said.

The survey also serves as an important link between senior leaders and civilians. Through the survey, civilians can voice their concerns and provide valuable information that can improve their organizations, officials said.

Aeronautical Systems Center officials at Wright Patterson Air Force Base, Ohio, applied several new initiatives as a result of the feedback received from the 2002 survey. Officials from the center's financial services office received a new telephone system with voice-mail capability, and they eliminated hardcopy travel vouchers, which stopped costly "assembly line" work when mailing out travel vouchers. Section workers developed an automated self-help tool for travelers that gave technicians more time to work complex inquiries.

These actions demonstrate participative leaders,

officials said. According to published research, sound management practices lead to increased employee and customer satisfaction, loyalty, better retention and increased financial performance.

To safeguard personal information, only Air Force-level analysis is done on the personal information. Questions that ask for a respondent's Air Force Specialty Code, rank or grade, time on station, etc., will be briefed to the secretary of the Air Force and the Air Force chief of staff; that information will not be released elsewhere.

Multiple levels of protection are built into the system. For example, a squadron report will list respondents by number of officers, enlisted members and civilians — not by rank or grade, etc. And each breakout can be made only if there are at least seven respondents in that category.

For example, if there are three officers, eight civilians, and 10 enlisted responding in a squadron, the officer data will be included in the next smallest breakout, the civilians. The data will be labeled as "10 enlisted" and "11 other."

The 30-minute survey can be completed online at <http://afclimatesurvey.af.mil> anytime during the survey period from either a government or personal computer. People can also click on the Air Force Climate Survey link at Air Force Link, [www.af.mil](http://www.af.mil).



# Scholarships for Military Children program evolves for 2004

By Bonnie Powell  
Defense Commissary Agency

FORT LEE, Va. — "Org" in the grocery business might be misconstrued to mean organic, but in the case of the Scholarships for Military Children program "org" is taking on a different meaning. The program is now open for business on a dedicated Web site at <http://www.militaryscholar.org>.

"Fisher House Foundation built the Web site just for this program," said Edna Hoogewind, Defense Commissary Agency liaison for the program, "and it's great because it contains all the latest information about the scholarship program and can be accessed any time students are looking for scholarship information."

Usually, program information is only available on <http://www.commissaries.com> when the scholarship program is actively seeking applications. "But even though the program doesn't open until Nov. 3, questions have already been com-

ing in," said Hoogewind, "so it's great to have this site available all the time."

The Scholarships for Military Children program is administered by Fisher House Foundation and is funded by the manufacturers and other vendors that sell groceries and perform services in the commissary system.

Since 2001, the Scholarships for Military Children program has awarded nearly \$2.5 million in scholarships to nearly 1,500 children of active duty, retired and Guard and Reserve families.

The other "big news" is that now the general public can participate in funding the scholarships by making donations through the Web site.



"This program is a valuable part of commissary outreach to the military community and the generous support from our industry partners and Fisher House Foundation has made it a tremendous success in just three years," said DeCA Director, Maj. Gen. Michael Wiedemer. "The additional ability of the general public to show support to military families through donations to the program is really going to add a terrific new dimension."

"We've learned that individuals, as well as corporations, are interested in supporting the Scholarships for Military Children program," said Jim Weiskopf, Fisher House Foundation vice president for communications. "We provide a means to donate on the Internet through a secure credit card server, and

there are no administrative fees involved. In addition, all Combined Federal Campaign donations to the Armed Services Foundation are used for the scholarship program."

Military families, customers and the general public will be able to get to <http://www.militaryscholar.org> through DeCA's Web site at <http://www.commissaries.com> as well.

Applications will be available online or at any commissary worldwide for the 2004 program starting Nov. 3.

The application period runs until Feb. 18, 2004.

"Student applications increased last year by nearly 30 percent as store directors and staff really got out and spread the word about this great program," said General Wiedemer. Over 6,500 applications were received in 2003. "We hope that trend continues for 2004 and that our commissaries will get the word out about these new features."

# Life lessons



Airman 1st Class Alice Moore / 60th AMW Public Affairs

Airman 1st Class Travis Gatchell, a crew chief with the 60th Equipment Maintenance Squadron, looks at a display in the Travis Air Museum with his grandfather, Robert Miller, a World War II veteran who served with the 20th Air Force as a B-29 gunner.

## Travis airman shares past, present with grandfather

By Airman 1st Class Alice Moore  
60th AMW Public Affairs

For one Travis airman, having his grandfather pay a visit meant a little more than being with family. It meant learning a history lesson.

Airman 1st Class Travis Gatchell, a crew chief with the 60th Equipment Maintenance Squadron, was recently able to spend some time with his grandfather Robert Miller, a World War II veteran.

Mr. Miller, a native of Indianapolis, Ind., was drafted into the Army Air Corps in 1942. He was assigned to the 20th Air Force and was stationed at Piaradoba, India.

As a B-29 Superfortress gunner and electrical engineer, he was a part of the first successful bombing raids over Japan, he said.

The B-29, a long-range heavy bomber was designed in 1940. The bomber had more bomb holding capabilities and a larger range compared to the B-17 and B-24 bombers used in previous conflicts.

"We took off and had no fighter support. There was a lot of fog and we were shot at. The mission took about 18 hours because there was a lot of refueling that had to be done to make it to our target," Mr. Miller said.

Major General Curtis LeMay led the way for 800 planes to raid and wipe out the major industrial cities of Japan, Mr. Miller said.

Mr. Miller medically retired from the Army Air Corps in 1944 and received the Distinguished Flying Cross and an Air Medal for his service for his participation in the bomb raids over Japan.

Rarely wanting to fly anymore, Mr. Miller said he was more than willing to make a special trip to visit with his grandson.

Mr. Miller brought photos, citations and his awards from his days in the service to share with his grandson.

"He would do anything for Travis. Even if it meant having to fly out to see him," said Betty Miller, Mr. Miller's wife who accompanied him out here.

During Mr. Miller's visit with his grandson, Airman Gatchell took the time to take his grandparents to the Air Museum here and listen to some of what his grandfather had to say about his experiences in the military during World War II, Airman Gatchell said.

Airman Gatchell also added that his grandfather's visit also gave him the opportunity to share what the Air Force is like today and his experiences deploying for Operations Iraqi and Enduring Freedom.

"I believe compared to what my



Courtesy photo

Robert Miller, first row, third from the left, with the crew of the B-29 Superfortress he served with during World War II.

grandfather and his comrades went through during their war, we have it so much better in today's military. I really can't explain the amount of admiration and respect I have for my grandfather," Airman Gatchell said.

At the end of his grandfather's visit,

Airman Gatchell said he was glad to be able to spend time with family while learning about the past.

"I think it's very important we don't forget. If it wasn't for all of the service-members before us, we might not be here today," Airman Gatchell said.



Manuel Coniconde, who has worked at Travis for 28 years, painted this mural to brighten up the 60th Equipment Maintenance Squadron.

## Artist works during spare time to boost morale

Story and photos by Jennifer Brugman  
60th AMW Public Affairs

Manuel Coniconde comes in to work in a retired flight suit. He adjusts his round glasses and sits down in a flexible chair to paint at exactly 7:30 a.m. in Bldg. 525 every day — the way he has for more than 28 years.

Mr. Coniconde, a 75-year-old survival equipment worker, recently completed work on a 6 by 18 foot mural for the 60th Equipment Maintenance Squadron.

"It was requested by the previous commander — to help morale," Mr. Coniconde said, who is also known as "Mr. C" by those who work with him. "I painted a mural to brighten up our squadron."

The mural depicts buildings within the 60th EMS and took Mr. Coniconde more than a year to complete.

"He never quits working," said Tech. Sgt. John Jacobs, assistant NCOIC of the survival equipment shop. "He takes a 15-minute break at 9 a.m. and doesn't stop. He's that kind of person."

Mr. Coniconde worked on the mural in between projects, with the consent of his supervisor.

"The way they explained it to me was that they wanted to show the function of the squadron, the units and the buildings they are assigned to," Mr. Coniconde said.

He worked on the mural in between his other painting projects for the squadron.

"Mr. Coniconde's the man,"



Mr. Coniconde stands next to another of his creations.

said Senior Airman David Colquitt, journeyman with the 60th EMS. "He actually taught me how to draw a little bit. He's a real good friend — like a grandpa. He's an all-around good guy."

"He's a really great mentor to the new guys coming in," said Tech. Sgt. Clifford Clemons, NCOIC of the survival equipment shop.

Mr. Coniconde learned to paint in his native Philippines during World War II. While the island was occupied by the Chinese, they showed American movies but supplies for posters were hard to come by so Mr. Coniconde painted movie billboards.

His improvisational painting skills come in handy with his work here. The mural was painted with rust-resisting paint on target cloth glued onto a plywood frame.

"It made pretty good blend-

ing," Mr. Coniconde said with a laugh.

He often ends up working on painting projects for people around base, including the 60th Maintenance Group window mural during Christmas.

"They ask me and I don't want to turn them down," Mr. Coniconde said. "I do all kinds of artwork — cartoon, design, all kinds — anything. I use poster paint, oil paint and art paint."

Mr. Coniconde has also painted murals on the walls of Bldg. 525 before it was remodeled.

"He's part of the history of this base," Sergeant Jacobs said.

"Yes, I like painting," Mr. Coniconde said.

The mural is currently on display at Bldg. 525. However, the 60th EMS is looking for a permanent home for it in a more high-traffic building.



Mr. Coniconde shows Staff Sgt. Wes Williams how to sharpen steel scissors in the machine shop.

## Travis participates in Eagle Flag exercise

By Capt. Angela Smith  
60th AMW Public Affairs

Members of the 615th Air Mobility Operations Group and other Travis units participated in the Air Force's newest flag-level exercise, Eagle Flag, which took place Oct. 13 to 22 at Ft. Dix, N.J. The Eagle Flag exercise challenged airmen to open and establish a bare base at an austere location for any mission or aircraft type, using the force-module concept.

An eight-person assessment team led by Col. Michael Stough, 615th AMOG commander, left Travis Oct. 12. The team entered the field from Oct. 15 to 19 to assess the airfield.

"We make sure the surface of the runways can support airflow, analyze ramp space, fuel and other services, and we validate the deployment commander's plan," Colonel Stough said.

A 36-member Tanker Airlift Control Element left Travis during the early morning hours of Oct. 15 and spent the night in a hanger at Lakehurst Naval Air Engineering Station near Ft. Dix, N.J. On Oct. 16, the TALCE entered the field through a simulated C-17 drop and handled simulated airflow. They also conducted five Engine Running Onload missions with a C-130 plane, which required the use of night vision goggles.

"The mission of the TALCE is to set up command and control and aerial port operations to receive the main airflow of the 'advon' team and follow-on forces," said Lt. Col. Jim Miller, Eagle Flag TALCE commander

and commander of the 615th Air Mobility Squadron.

Other Travis participants who were part of the Air Expeditionary Group included 60th Air Mobility Wing Command Chief Master Sgt. Kirk Whitman, three command post controllers, five security forces members, an intelligence officer, and an OSI special agent. The Travis TALCE was also augmented by a four-person medical element from McGuire AFB, N.J. In total, almost 400 people participated in the exercise. Air Mobility Warfare Center planners utilized expeditionary combat-support specialties from throughout the Air Force.

Eagle Flag is similar to a previous exercise called Phoenix Readiness, which primarily trained Air Mobility Command personnel. However, Eagle Flag utilizes a service-level training environment that all major commands can tap into. Additionally, Eagle Flag planners are utilizing lessons and experiences from Operations Enduring Freedom and Iraqi Freedom.

The TALCE employed Alaska Small Shelter tents during Eagle Flag to test the feasibility of the shelters during a deployment. In fact, the TALCE set up eleven of the Air Expeditionary Group's tents before the group even arrived.

An aerial port team from Pope AFB, N.C. integrated with the TALCE and assumed aerial port operations. The participants received an "outstanding" rating for the transition, Colonel Miller said.

The exercise evaluated three



Staff Sgt. Jerry Morrison / 1 CTCs

*An aircraft marshaller from the 615th Air Mobility Squadron, Travis AFB, Calif., pulls in a C-130E from the 34th Combat Training Squadron, Little Rock AFB, Ark., on Naval Air Engineering Station Lakehurst, N.J., as part of an engine running onload/offload scenario during the Air Force's newest flag-level contingency exercise, Eagle Flag.*

critical areas: opening the air field, establishing command and control and establishing the base. The participants received a "green" rating for all three categories.

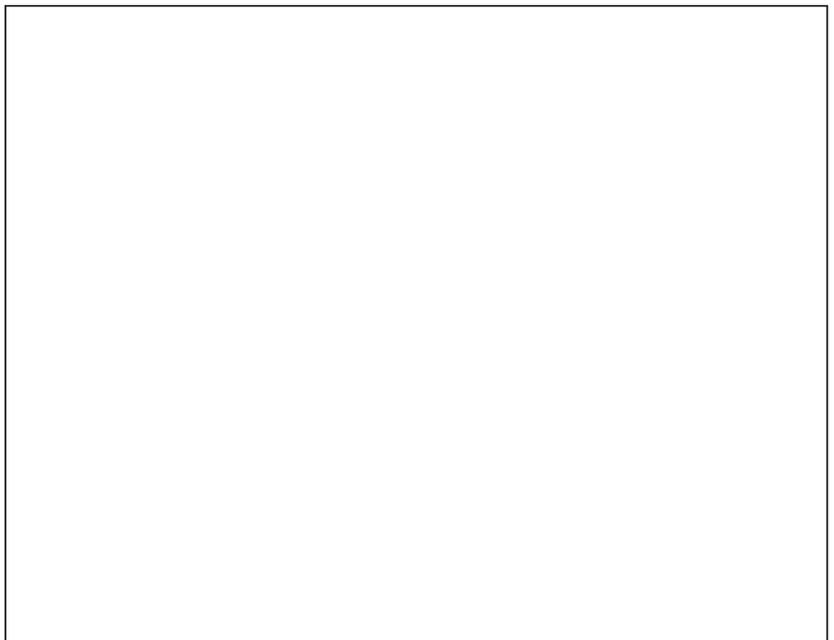
Capt. John Glabach, a civil engineer and Tech. Sgt. Scott View, an aircraft generation equipment manager, were named Top Performers. Sergeant View established power for the Mobile Air Reporting Communications and the tents. He worked 18 hours a day without complaint to do whatever he needed to do to get

the site established, said Colonel Miller. Captain Glabach was on the assessment team. He helped establish the base camp for the AEG, which utilized more than 60 tents and numerous work areas.

"The problems they threw at us were same kinds of problems we would have in the real world. Our team performed exceptionally well in field conditions. We overcame many problems and developed 'work-around' solutions ... creative solutions to get the mission on track," Colonel Miller said.

"There were lots of challenges. We are still learning the whole air base opening concept and the exercise was an excellent opportunity to work through the assessment team to command and control to base opening. The designers of the exercise did a great job. We are proud to have been part of the first one and look forward to being part of the exercise again," Colonel Stough said.

About eight Eagle Flag exercises are scheduled for fiscal 2004, with the next one slated to begin in January.



## COMMUNITY BRIEFS

### TRAVIS AIR FORCE BASE

#### Announcements

##### Seeking program coordinator

The Chapel is looking for a Protestant Early Christian Awareness Program Coordinator. This person will be providing care and training for the youngest members of the congregation. For more information, call Master Sgt. Nelson Jemera at 424-5731.

##### Quartly Awards Luncheon

The 60th AMW third quarter awards luncheon hosted by Col Sevier, will be at 11:30 a.m. Nov. 10 at the Delta Breeze Club. Please contact unit first sergeants if you would like to attend. All wing nominees must attend in service dress and arrive no later than 10:30 a.m. For more information, call Staff Sgt. Cari Dodge at 424-5005.

##### Teen and Family Talent Show

Youth and their families are invited to participate in the Travis Annual Teen and Family Talent Show on Nov. 6. The show takes place at 7 p.m. in the base theater. For more information, call the Youth Center at 424-5392.

##### CDC fees change

Starting Dec. 1, the cost of daycare at the CDC will increase slightly as the wages for highly qualified child-care staff have increased. Travis officials are still working the details to ensure it has a minimal effect on families.

##### Duck pond closed

The Duck Pond is closed for three months for landscaping and maintenance. This closure includes the playground, trails and pond.

#### Weekly Events

##### Today

▲ The CDC and Youth Center Harvest Festivals 2 - 4 p.m. will have face painting, crafts, games and a pumpkin patch. For more information, contact the CDC or Youth Center.

▲ Bring the little goblins, witches and knights to the Halloween Skate at the Skating Rink. Skating 7 - 10 p.m. Admission is \$2 for children and \$3 for adults, plus skate rental.

##### Saturday

▲ Dance all night to the latest Hip-hop, R&B and old school at the Delta Breeze Club's Late Niter. The music starts 10 p.m. and doesn't stop till 3 a.m. Members get in free. The cover for non-members is \$6.

##### Sunday

The DBC serves Champagne Sunday Brunch from 10 a.m. to 1:30 p.m. The members price is \$14.95, non-members \$19.95. For more information, call 437-3711.

##### Monday

▲ Watch all the fun and excitement of Monday Night Football on the big screen TV at 5 p.m. in the Gold Rush Lounge at the DBC. All ranks are welcome. There will be free snacks and drink specials.

▲ Spouse Employment Orientation is from 9 to 10 a.m. for newly arrived spouses. Topics include employment and career development programs at the Family Support Center. For more information, call 424-2486.

##### Tuesday

▲ It's Story time at the Mitchell Memorial Library from 9 to 10 a.m. This week a guest will read "Winnie the Pooh's Halloween" and

the children will make spider pops and tissue paper ghosts.

▲ The FSC Readiness NCO will conduct Personal Preparedness Briefings at 8 a.m. and 2 p.m. for those tasked with TDYs or contingencies.

For more information or reservations, call 424-2486.

▲ The Skills and Self Assessment class from 8 a.m. to noon for job seekers. Explore different career paths based on personality type, skills, abilities, interests. For more information, call 424-2486.

##### Wednesday

▲ The Wood Shop is now open every Wednesday from 4 to 8 p.m. It is also open every Saturday from 9 a.m. to 5 p.m. For more information, call 424-1338.

▲ Women, Infants and Children representatives will be at the Family Support Center from 8:30 a.m. to 4 p.m. by appointment only. For more information, call 435-2200.

##### Thursday

▲ Feed a family of four for less than \$20 at the DBC Family Pasta Feed. Chef Fred will layout a large spread of pastas and sauces and of course garlic bread. There will be a Disney theater and toys for the children. This is a Members First event.

▲ The FSC Readiness NCO will conduct Personal Preparedness Briefings at 2 p.m. for those tasked with TDYs or contingencies.

For more information or reservations, call 424-2486.

▲ Women, Infants and Children representatives will be at the Family Support Center from 8:30 a.m. to 4 p.m. by appointment only. For more information, call 435-2200.

▲ Professional

### Know when to hold 'em



Daniel Amara / 60th Services Squadron

Monte Carlo night at the Delta Breeze Club brought out the gambler in attendees Oct. 24. The people who took part were eligible to win prizes such as a stereo and karaoke machine.

Growth and Development class for airmen (E-3 and below) who want to succeed in the Air Force is from 7:30 a.m. to 4 p.m. at the Family Support Center. For more information, call 424-2486.

▲ Ultimate Job Search is at the Family Support Center from 8 a.m. to noon. Attend this intensive half-day job search workshop which includes skills and self-assessments, job search techniques and more. For more information, call 424-2486.

▲ Budgeting and Credit class is from 9 to 11 a.m. at the Family Support Center. For more information, call 424-2486.

##### Weekly

▲ Job search help is available at the Family Support Center. Assistance to help military spouses and others gain job hunting skills and obtain information about employment in the local area. Also, certified typing tests are given free of charge. For more information, call 424-2486.

▲ Obtain college financial aid leads from the Family Support Center through a computer data system. The Scholarship Resource Network is a free service for college-bound and in-college Travis personnel, their

spouses and children planning to attend undergraduate, graduate, or post-graduate colleges and universities. The network contains various types of financial leads, such as scholarships, grants, loans, fellowships and work-study programs. For more information, call 424-2486.

▲ The Air Force Aid Society pays for an 18-point safety inspection, oil and lube for the primary vehicle used by the spouse of an active duty member who is TDY, deployed or serving a remote tour for 30 days or longer. Spouses whose sponsor is TDY or deployed for 90 nonconsecutive days per year are also eligible. Eligible individuals can pick up a voucher at the Family Support Center. First term airmen at their first duty station also receive a voucher for this care during the financial briefing at FTAC, if they present their orders at the briefing. For more information, call the Family Support Center at 424-2486.

**Tailwind story submission deadlines are 4:30 p.m. the Friday before publication to Bldg. 51, Room 231 or e-mail tailwind@travis.af.mil**

#### Chapel Services

##### Catholic

▲ Monday, Tuesday, Thursday and Friday, 11:30 a.m., Catholic Mass, Chapel Center.

▲ Wednesday, noon, Catholic Mass, DGMC Chapel.

▲ Saturday, 4:15 to 4:45 p.m., confessions, Chapel One.

▲ Saturday Mass, 5 p.m., Chapel One.

▲ Sunday Mass, 9 a.m., Chapel One.

▲ Sunday Mass, 12:30 p.m., Chapel Center.

##### Protestant

▲ Friday, noon, 30-minute worship service, DGMC Chapel.

▲ Sunday, 8 a.m., community, praise and worship service, Chapel Center.

▲ Sunday, 10:30 a.m., community worship service, Chapel Center.

▲ Sunday, 5 p.m., Inside Out, Chapel Center. Children's program provided. For more information, contact Chaplain (Capt.) Abner Valenzuela at 423-3939.

▲ Sunday, 11 a.m., community Gospel service, Chapel One.

For Jewish information please call Maj. Sarah Futterman at 423-3456.

For other religious activities, call Chapel Center at 424-3217

## DGMC expert assists in procedure at Keesler Medical Center

By Steve Pivnick  
81st Medical Group Public Affairs

An interventional radiologist from David Grant USAF Medical Center at Travis recently traveled to Keesler USAF Medical Center in Mississippi to share his expertise in treating a painful women's ailment with a counterpart here.

Lt. Col. (Dr.) Don Loomer, 60th Medical Group, assisted Lt. Col. (Dr.) Chad Aultman, 81st Medical Support Squadron Radiology Flight, in the first use of uterine fibroid embolization at the Keesler facility. Colonel Loomer has performed the procedure more than 100 times at DGMC. Colonel Aultman completed the procedure under Colonel Loomer's guidance.

According to the two physicians, fibroids are the most common benign tumors in women. African-Americans seem to be especially vulnerable. Fibroids can range from pea size to bigger than a cantaloupe and can grow inside or outside the uterus. Where they grow determines what type of symptoms patients experience.

Embolization has existed as a medical procedure since 1975. In gynecology, it was used to reduce extensive abnormal bleeding after uterine surgery. Uterine fibroid embolization was first done in France in 1991. It has been available in the U.S. since 1996.

The doctors explained that this is an alternative to major surgery, either hysterectomy (removal of the uterus) or myomectomy (removal of the fibroids).

Surgery results in bleeding, scarring, longer hospitalization

and longer recovery time.

The procedure is performed under local anesthetic and conscious sedation, and is completed in the medical center's angiography suite. It involves threading a special catheter through a small incision in the right groin into the uterine artery. The doctor uses X-ray imaging to guide a tiny catheter to the blood vessels that nourish the fibroid. Micro-particles are injected to block these feeder vessels, "starving" the fibroid and causing it to shrink. "Nothing is removed. We 'devitalize' the fibroid in the uterus," Colonel Aultman explained. "There is no trauma to the uterus and fertility may be maintained."

"The procedure takes one to one-and-half hours," Colonel Aultman continued. "Once the procedure is completed, the patient is admitted on the (inpatient) unit for an overnight stay for pain management and observation. For the next one to two weeks the patient may possibly experience symptoms of mild to moderate pelvic cramping, and run a low grade fever for 24 to 48 hours. These symptoms are a normal process that occurs. The patient should be fully recovered in seven to 12 days."

Motrin is given to help with inflammation and pain. Pain medication and nausea medication is prescribed on an "as needed" basis.

An appointment is made with the referring doctor for one week after the procedure. At three months the patient has an MRI to evaluate how much the fibroids have shrunk. Colonel



Steven Pivnick / 81st Medical Group Public Affairs

Lt. Col. (Dr.) Chad Aultman, left, 81st Medical Support Squadron Radiology Flight, and Lt. Col. (Dr.) Don Loomer, 60th Medical Group, Travis AFB, Calif., view a computer screen in the Radiology Flight's angiography suite at the Keesler USAF Medical Center, Miss.

Aultman discusses the results of the MRI with the patient.

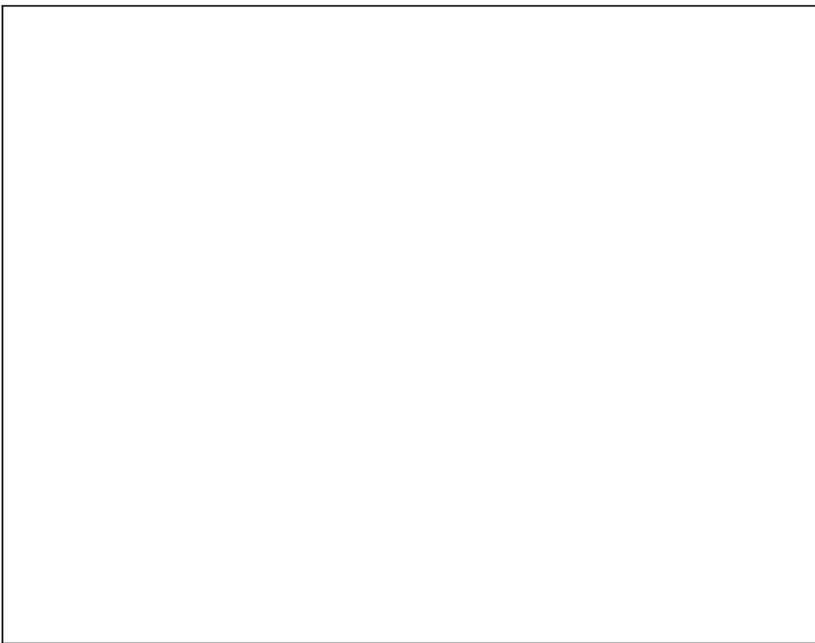
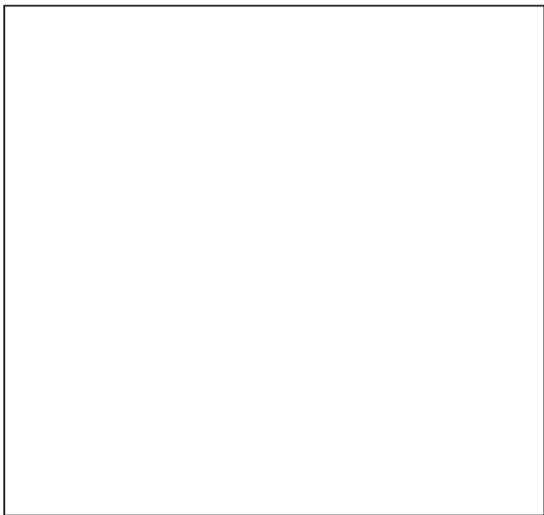
"Two patients elected to have this procedure done in lieu of a surgical intervention," Colonel Aultman said. "They were monitored on the inpatient unit for one to two days and discharged to home. A follow-up call was made 48 hours after discharge. Both patients had expressed mild abdominal discomfort that was relieved by Motrin, and both denied fevers.

"Three months post-procedure, a follow-up pelvic MRI was performed on both patients, and they were interviewed.

Both patients had complete resolution of their symptoms, which included pressure and pain in one patient, and abnormal bleeding and pain in the second patient. Both patients have stated that they consider the procedure a success. The MRIs showed that the overall uterus size had shrunk by at

least 30 percent and most of the fibroids were much smaller," Colonel Aultman observed.

Colonels Loomer and Aultman said symptoms related to the fibroids disappear. They point out the intent is not to cure the fibroids but to rid the patient of symptoms without having to remove the uterus. The physicians observed that 35 percent of women have fibroids and 5 percent have associated symptoms.



# DGMC honors National Radiologic Technology Week

By Senior Airman Jarad Muasau

60th Diagnostics and Therapeutics Squadron

The week of November 2-8, the 60th Diagnostics and Therapeutics Squadron's Diagnostic Imaging Flight at the David Grant USAF Medical Center will take part in the 24th annual National Radiologic Technology Week.

Created by the American Society of Radiologic Technologists, the week marks the anniversary of the discovery of X-radiation, or X-rays, and was created to recognize the importance of this career field.

Diagnostic imaging encompasses a number of modalities, each designed to give health care providers vital information about various maladies and abnormalities.

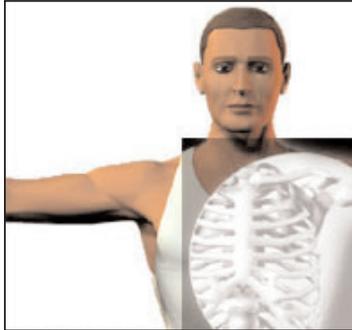
The roots of diagnostic imaging lay in the X-ray, discovered by Wilhelm Roentgen, a German scientist, in 1895. Not long after the discovery of

the radiation itself, the scientific world realized the medical applications that could be developed from a form of energy to view the internal structures of human beings through noninvasive means.

X-rays are used to diagnose fractures and abnormalities in the bones, as well as give limited information to doctors concerning soft-tissue structures. Routine radiography also encompasses fluoroscopy, which is "live-action" radiography.

Fluoroscopy often involves the use of a contrast agent, which is introduced into the patient intravenously, orally, rectally, or by way of a catheter in order to outline structures that cannot be typically seen.

Also stemming from standard X-rays is the technology known as Computed Tomography, commonly referred to as



CT or CAT scan.

Patients undergoing CT are passed through a large machine that performs a 360-degree scan around the body. By obtaining simultaneous views from around the patient, cross-sectional "slices" are obtained — thus, a 3-D view of the patient's anatomy is seen.

CT is especially effective at determining differences in

soft-tissue structures, aiding doctors in locating abnormalities like tumors and cysts.

CT does not have the monopoly on cross-sectional studies — another similar modality is Magnetic Resonance Imaging, or MRI. A strange science, MRI uses magnetic waves, as opposed to radiation, to obtain signals given off by the polar shifts of atoms within the body. Using this technology, technologists obtain

images somewhat comparable to CT.

Another form of non-irradiating scan used in diagnostic imaging is ultrasound. Most commonly associated with obstetric examinations during pregnancy, ultrasound uses a technology similar to sonar. Sound waves are directed through the body, and the rebounded waves are picked up by the scanner and formed

into an image. Ultrasound is often done in order to examine various organs, such as the eyes, liver and kidneys.

Diagnostic imaging has given birth to other medical fields that use radiation for purposes other than imaging, such as radiation oncology therapy.

Patients seen in radiation therapy are typically battling cancer, and the radiation therapy staff will use high-intensity beams of radiation to target and kill deadly cancer cells.

The modalities listed above are all part of a tremendously important field of science, which gives health care providers a powerful tool to diagnose and treat disease and injury.

Anyone interested in touring the inner workings of this intriguing area at DGMC are welcome to call the 60th Medical Group public affairs office at 423-3534 to schedule a tour.

## NEED A RIDE?

Telephone numbers for local taxi companies are:

**Fairfield Taxi**

(707) 422-5555

**Yellow Cab of Vacaville**

(707) 446-1144

**Yellow Cab of Sacramento**

(916) 442-4696



**CALLING A CAB IS BETTER THAN THE ALTERNATIVES.**

## Knowledge is power!

Read a book at the base library.

# NEWS NOTES

## TRAVIS AIR FORCE BASE

### Base Advisory Council

The Base Advisory Consumer Affairs Council Meeting will reconvene Thursday at 2 p.m., at the Wing Conference Room in Bldg. 51. Collaboration on concerns and issues which impact Travis is the focus, but most importantly, the meeting's purpose is "to keep us informed." Subjects that need to be resolved are viewed only after normal channels have been exhausted — unless there is an urgent situation.

These efforts are open lines of communication for the base as a workforce and a community. For more information, call Jonathan Chaplin at 424-5155.

### AMC competition

The 60th and 349th Maintenance Groups will compete as finalists to represent the Air Mobility Command for the 2003 Air Force Clements McMullen Memorial Daedalian Weapon System Maintenance Trophy. This award is presented to the best

maintenance group in the Air Force. On Nov. 3, the AMC Daedalian Team from Scott Air Force Base, Ill. will arrive at Travis to tour the many workcenters in the maintenance group. Showcasing their outstanding programs, facilities, aircraft, and most importantly, their dedicated personnel, the 60th and 349th MXGs will have just 11 hours to "wow" the team.

### Guest Entrance through the Main Gate

Travis is not an "open base." To help visitors through the Main Gate without delay and inconvenience, arrangements must be made with the Travis Security Forces Squadron for any event with more than 10 non-military personnel. Sponsors must provide a list of all guests (over 10-years-old) with the last names first, first names last, alphabetized and typed. The list is only for people who do not have a military form of ID. All lists must be delivered no later than three days prior

to the event (excluding weekends and holidays). For more information, call the Pass and Registration office at 424-3770 or 424-3499.

### Harvest Festival

The Protestant Chapel will host a Harvest Festival in the Chapel Center annex, today from 6:30-8:30 p.m. Join us for a fun time of games, crafts, prizes and refreshments.

For more information, call Gloria Bone at 424-3217.

### Help wanted

A manager is needed for the Thrift Shop. Hours are 9 a.m. - 3 p.m. Interested parties should drop their resume off at the Thrift Shop. For more information, call 437-2370.

### MPF appointments

The Customer Service Identification Card Section at the Military Personnel Flight in Bldg. 381 now makes appointments to obtain the following: Common Access Cards, Retired Military and Retired Reserve Cards and

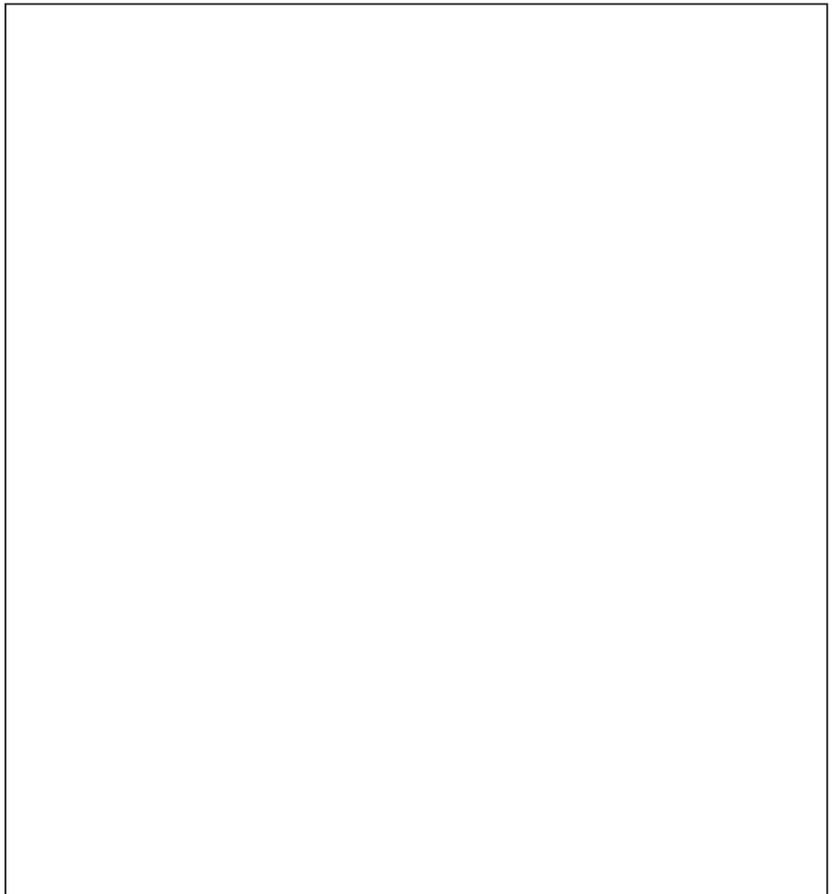
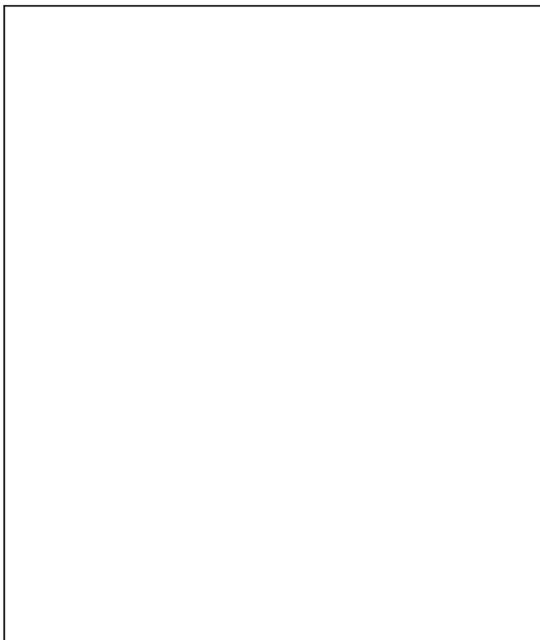
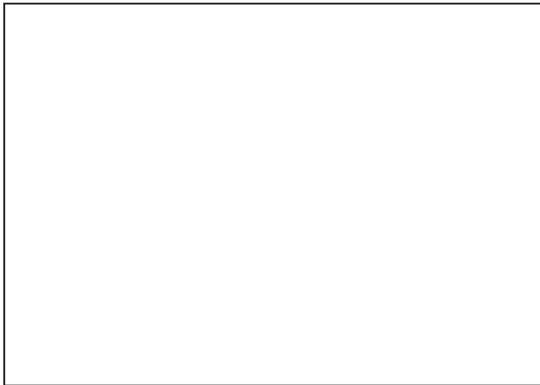
Dependant Cards.

Appointments scheduled between 8 a.m.-3 p.m. Monday-Friday. For more information, call 424-8466.

### Eye on Progress

#### 60th Civil Engineer Squadron

Construction has begun at and around the Hospital gate to install Anti-Terrorism/Force Protection (AT/FP) measures and a canopy over existing facility and inbound traffic lanes. AT/FP work includes adding removable bollards, remotely controlled pop-up spike strips at inbound and outbound traffic lanes, two platforms for personnel safety, and traffic control drop arms. Additionally, the project provides for a new vehicle retaining wall along roadway, curb and gutter at traffic turnarounds, and traffic/control signs. The \$700K project is scheduled to complete next spring.



Promotions

Retirements

Awards

Medals

## HOMETOWN NEWS RELEASES

When something big happens in your military career, it's worth telling the folks back home. To learn how, call 424-2011.

PCSing

Training

Reenlistments

Education

## Leadership is all around

### View Point

By Senior Master Sgt. William Hartley  
752nd Munitions Support Squadron

VOLKEL AIR BASE, Netherlands — As airmen, we are constantly reminded we are all leaders, and as we gain rank and responsibility, the ability to lead becomes more critical.

While I was preparing for promotion testing by reviewing the Promotion Fitness Examination Study Guide, Chapter 7, "NCO Leadership," I was taken aback by the paragraph on self-evaluation and how it is hard to be the complete leader.

Rarely will people find someone who can say, "Yes" to each of the questions. So, for each question I tried to think of an example, and realized that great leadership is evident in each NCO assigned here.

New NCOs only have to use their eyes and ears to gain fantastic examples of what works and what doesn't.

Great leadership examples aren't exclusive to colonels and chief master sergeants, but are also displayed by our youngest and brightest airmen.

For example, question No. 1 asks: "Do I have the courage to make tough decisions and stand by them?"

This is the toughest question and the most difficult for young supervisors to do.

The example I use is a technical sergeant giving an honest, less than firewall mark on an enlisted performance report after repeated feedbacks failed to bring the expected behavior.

The troop might have been bright, energetic and very popular within the unit, but he failed to complete mandatory training in the prescribed time.

The technical sergeant stuck to his guns on the rating, despite the scrutiny.

That is a leader.

Another example reflects on question No. 10: "Am I willing to accept my subordinate's failures as my own, yet immediately recognize their successes as theirs?"

My organization recently completed an in-depth inspection to prepare for

our upcoming surety inspection.

Within one flight, there were significant failures as well as noted strengths.

This particular superintendent was the first to congratulate his airmen whose duties were recognized as superior and accepted the failed areas as his own.

My favorite question is No. 9: "Do I really listen? Can I withhold judgment until I have all the facts?"

Though I have been a first sergeant only a short time, I have been blessed to work for two different commanders who display the gift of patience.

When a problem or issue arises, they are not quick to jump to a course of action.

Rather, they always seem to draw all the appropriate information out of folks before acting. This is leadership at its finest.

Lastly, question No. 4: "Am I willing to do my best with what seems to be inadequate means?"

During one of my work center visits, our communication maintenance shop was troubleshooting a piece of equipment.

Frustrated that the equipment wasn't responding according to the technical order, I asked if they had additional references.

I was surprised to learn that most problems encountered with this equipment weren't listed in the technical order.

Over time, they had built an in-house checklist of potential fixes and continued to add to it as unique challenges faced them.

Everyday NCOs are doing their best with inadequate technical data to keep the mission going.

I've only covered four questions of the 12 listed in the PFE to show that great leadership happens all around us. New NCOs as well as old can simply look around and see living examples.

It is rare that you will find the perfect leader. Each of us contributes based on our strengths. Each of us has shortcomings to improve.

I urge new staff sergeant-selects to look around when seeking lessons in leadership.

They are all about us.

# CRIME STOPPER

## TRAVIS SECURITY FORCES ACTIVITY

**Oct. 20**

Vehicle Accident on North Gate Road  
Price Swapping at the Base Exchange  
Theft of Government Property at Bldg. 1331  
Damage to Private Property at Solano Bakery  
Damage to Private Property at Bldg. 381  
Shoplifting at the BX  
Damage to Private Property at the BX

**Oct. 21**

Suspicious activity on Carlton Court  
Abandoned vehicles towed at Bldg. 661

**Oct. 22**

Vehicle towed for expired registration on Catton Court  
Vehicle towed for abandonment on Carlton Court  
Theft of private property on Cannon Drive

**Oct. 23**

Vehicle accident at Bldg. 791  
Disorderly conduct and provoking speeches and gestures  
and hit and run at the mini mall  
Theft of private property on Collins Drive  
Damage to private property at the BX parking lot

**Oct. 24**

Vehicle accident at Bldg. 775  
Failure to obey at Family Support Center  
Loud noise complaint at Diablo Drive  
Assault on Estes Court

**Oct. 25**

Damage to hospital gate  
Underage drinking at Bldg. 1334  
Harassment at Bldg. 1333  
Vehicle towed for expired registration at Bldg. 1353  
Sexual assault on Maine Street

**Oct. 26**

Brandishing a weapon at Bldg. 1350

**Crime Tip:** Keep vehicle registrations current. If it is more than six months expired it can be towed.

**DEAD  
BATTERIES  
CAN'T  
SAVE LIVES**

Change the batteries in your smoke detector before the old ones run out. That way, your smoke detector can warn you and your family in the event of a fire.



## Important Notice

In the interest of base beautification, base housing residents are asked to refrain from putting up signs to advertise on-base yard sales. Posting yard sale signs on utility poles is a violation of 60 AMWI 90-3 and the California Utilities Commission's Code of Regulations. Do not post yard sale signs on utility poles around the base. Notices can be posted at the shoppette or announced in the TAILWIND.

## Vehicles

2001 Ford Mustand, red, AT, AC, CD, spoiler, 34K miles, take over payments, includes extended warranty. Call 437-4921.

'57 Chevy P6, 300 Series, short bed, window, restoration complete, \$25,500. Call 437-0843.

1994 Lincoln Town car Signature Series, white, 130K miles, \$6000 obo. Call 916-797-2355.

2000 Dodge Durango, SLT plus, 4.7L V8, CD, tow pkg., 3rd row seat and air, registration good through June 2004, 83K miles, \$15,500 obo. Call 332-4518.

1983 Fleetwood Brougham Cadillac 96,000 miles, has many new parts, \$2,200 obo. Call 425-8685.

1967 Lowback Volkswagon bug, seats, running board and many used parts. Call 437-2668.

1991 Mercury Tracer station wagon, 56K miles, 30 mog, \$2,500. Call 422-6975 after 4 p.m.

2002 Suzuki Volusia, 805 cc, silver/silver, 1296, \$4900. Call 446-6311.

1988 Honda CRX, new trans, CD player, 38k miles on new motor, sun roof, \$3,500 obo. Call 707-689-7652.

2000 Hyundai Elantra, 26K miles, \$9940 or take over payments. Call 437-4612.

2002 Mazda Protege 5, fully loaded dark blue, less than 10k miles, PCS-ing in December, must sell. Call 439-9095.

2003 Dodge Dakota quad-cab, v-8,

power everything, silver, 3100K miles, PCSing in December, must sell. Call 439-9095.

1989 Volvo 740, 156K miles, have all receipts, gold, new reg and smog, all power, \$3200 firm. Call 422-7972.

2000 Honda Accord EX, v6, leather, AT, CD, sun roof, 130 miles, asking \$9,721. Call 469-0463.

2001 Saturn sw2, 48,500 miles, set up for RV towing, get 34 mpg, \$7,500 obo. Call 469-0463.

1985 Chevy suburban, 102K miles, fully loaded, 2" lift kit, \$4,500 obo. Call 437-6017.

2000 Honda Prelude, 6-disc Cd, custom wheels, 45K miles, \$15,900 obo. Call 422-7240.

## Vehicle Accessories

13x7 center gold wire wheels with white wall tires, size 155/80-13, \$350. Call 437-4921.

Chevy 15" x 7 rims, \$300, 8-spoke Empi VW rims \$400. Call 425-8685.

For 2002 h-d sportster: Mustang seat, \$125; Windshiled, \$75; engine guard, \$75; brakelight module, \$25; E-Z clutch, \$45; shop manual, \$15; cover, \$30 or \$350 takes all. Call 437-2350.

## Miscellaneous

Kenwood, Sirius Satellite radio tuner and antenna, brand new, still in box, \$150 for both. Call 437-1014.

Lawnmower, Briggs and Stratton 4.0 Hp, \$40. Call 437-0467.

Two brand new, not out the box, Yamaha speakers, bass-reflex, mag. shielding, 13 cm. cone woofer, 2.5 cm dome tweeter, \$60. Call 446-1283.

Ladies leather straight waist jacket XL. \$75, single stroller with bassinet, \$15. Call 437-3115.

Evenflo Oshkosh stroller with infant seat and base \$50, Graco 6-speed swing \$35 obo. Call 437-4395.

Baby Swing, infant and toddler car seats, breast pump, pack n play. Call 437-2360.

1.5 carat emerald cut engagement/wedding ring, purchased and appraised in June 2003 for \$4000, asking \$3,500 obo, will trade for reli-

able transportation. Call 439-9736.

Outdoor umbrella with stand \$20, jogging stroller \$40. Call 437-8569.

Toddler car seat (Century) \$25, Rocking chair, w/ottoman \$95. Call 427-2621.

Two Sansui speakers teekwood 15" x 25," sP200 12" woofer, two tweeters, two super tweeters, 70 watt, \$25 each. Hummel figurines, \$50. Call 707-422-7008.

For sale, moving: Limited edition Garth Brooks CD pack, swimming ool w/many extras, new and used upperware, little Tykes sprinkler, girls bike (age 4-8), big, blue tarp, and much more. Call 439-0975.

## Athletic equipment

Windsurfer, sll-size, with sail and accessories, \$95. Call 469-9525.

Air-elliptical exercise machine, only used a few times, \$100 obo. Call 426-3790.

## Furniture

Standard, four-drawer filing cabinet, \$25. Call 447-6024.

Chest of drawers, attached mirror, \$150 obo. Call 437-0843.

Two, over-th-toilet cabinets, \$5 each, one corner shower caddy, \$3. Call 448-8045.

Black, lacquer dining set, w/gold trim, 5'11" x 3'6", \$300. Oak microwave cart w/drawer and storage cabinet, \$75. Twp white 6ft. book cses, \$40 each. Call 437-8490.

Dinette set, four chairs, metal and wood, \$89. Call 422-9340.

Six-piece bedroom set \$250. Call 437-3778.

New dark wood, queen, four-poster bed with new mattress and box spring, \$700. Call 707-290-1748.

Twin-size bed with mattress, \$50. Call 437-4413.

Baker's rack, white with light colored

wood, \$55. Call 437-3115.

Corner ofa, \$250, sofa set, \$150. Call 447-6468.

Kitchen table w/leaf and four arm-chairs w/coasters, 2 swivel, base Lay-Z Boy rocking chairs, 2 tall oriental table lamps, make offer. call 422-9567.

Oriental rug, 8x10, rose-colored, \$35. Call 422-7240.

Coffee table and two end chairs, lightwood, \$175. Call 439-9789.

Pillowed sofa and loveseat, green with shades color, \$350. Call 439-9789, leave message.

## Roommate wanted

5 bd, 3 ba in Vacaville, \$450/month with \$600 deposit, full use of kitchen and garage, available end of Oct. Call Jason at 449-0288.

Female roommate, asking \$350/month share utilities, alarm. Call 707-365-5490.

## House for rent

In Dixon, 3bd, 2ba, 2-car garage, wood floors, fireplace, vaulted ceilings, fully landscaped yard, new, all-major appliances included, pool, pets neg., avail. in Jan. \$1795/month. Call 707-693-0714.

Suisun, 4bd, 2ba, f/r, f/p, 1,792 sq. ft. near Travis AFB, \$1,500/month, \$500 deposit, available now. Call 619-934-0807 or 619-857-5509.

In Fairfield, 6 miles from Travis, 4bd, 2.5 ba, formal living and dining room, family rooms, kitchen/breakfast area, covered patio, 2-car garage, gardner, washer/dryer/refridgerator, microwave oven, \$1750/month, \$185 deposit. Call 429-2922 or 427-3263.

## House for sale

In Dixon, 3bd, 2ba, 2-car garage, wood floors, fireplce, vaulted ceilings, fully landscaped yard, avail. in Jan. \$324,999. Call 707-693-0714.

Female roommate to share 3 bd, 2.5 ba, pool/spa, non-smoker, no pets, \$800/month utilities included, North Vacaville, pref. Air Force person. Call 249-1666.

## Wanted

Used mess dress, size 35-36. Golden retrievers, any age. Call 437-2668.

## Trailers/Boats/Campers

8x30 trailer at Lake Berryessa Marina Resort. 2 passes with launch priviledges included. \$8000/obo. Call 592-8714.

Four-seater, fiberglass, pedal boat, \$400 obo. Call 426-3790.

2002 Tahoe, Q-3, ski/fish w/trailer, 3.0 ltr, I/O mercruiser, hustler prop, bikini top, and safety equipment, trolling motor, fish finger, \$17,200 obo. Call 437-5368.

## Appliances

Singer sewing machine and wood cabinet, \$300. Call 447-6024.

Sears electric dryer, \$50. Call 707-469-9525.

Whirlpool refridgerator/freezer, 18cu. ft., \$275. Call 399-8601.

Kenmore side-by-side refridgerator/freezer, water and ice in door, bisque color, \$300. Call 437-2350.

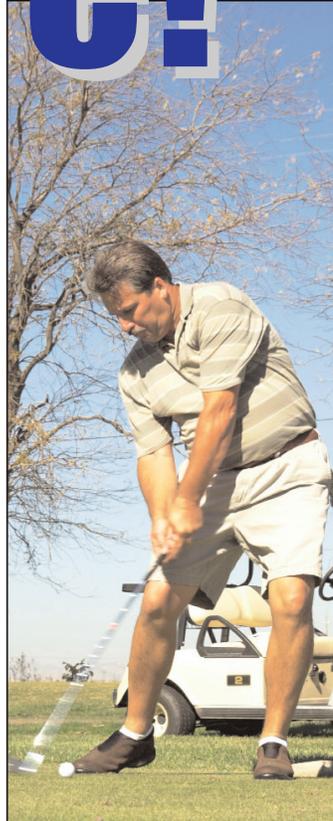
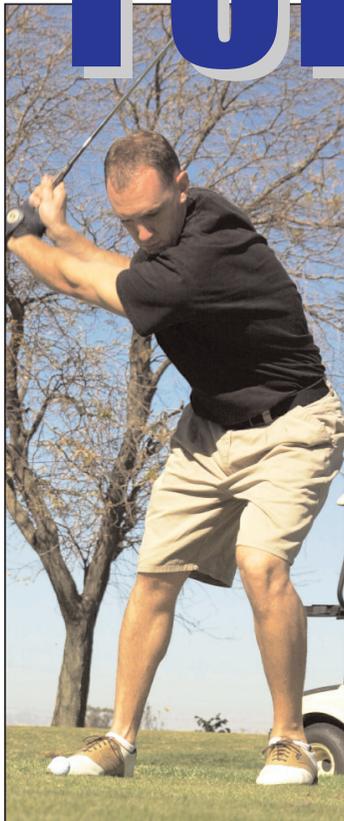
## Fire-Safe Means Have An Escape

and Working Smoke Alarms



United States Fire Administration  
Federal Emergency Management Agency  
<http://www.usfa.fema.gov>

# Fore!



## Golfers swing away at intramurals championship

Photos and story by Master Sgt. Scott King  
60th AMW Public Affairs

The remaining two teams for this season's golf intramurals squared off at Cypress Lakes Golf Course Tuesday to determine who would take home the coveted 2003 trophy for the year.

Players from the 60th Equipment Maintenance Squadron and the 615th Air Mobility Operations Group worked their way through 24 other squadron teams before teeing off early in the morning to start their round of eighteen holes.

"It doesn't get any better than playing golf with several great golfers in sunny Northern California during the fall months," said Don Hume, 60th EMS supervision. "It was truly a pleasure; conditions were fantastic and the course in great shape."

The two teams were pretty close to each other throughout the day, matching swing for swing, with the 60th AMOG coming out on top by just three strokes.

Over the front nine holes, the 615th AMOG team ended with a score of 32. On the back nine holes they came in with a score of 32 also, finishing with an overall score of 64 — eight strokes below par.

The 60th EMS team ended the front nine holes with a score of 34 and the and on the back nine holes they finished with a score of 33, giving them an overall score of 67 — five strokes below par.

"It was a tough match," said Lt. Col. Sean O'Neal, 815 Air Mobility Squadron commander and team member for the AMOG. "We won the first three holes, after that it was neck and neck for the rest of the match. For the most part we played even. It was a good match up. The support we received throughout intramurals from Cypress Lakes was fabulous; the course was in good shape and very challenging. We look forward to next year."

"If only a couple of putts could have fallen, another title was at our fingertips," Mr. Hume said. "Before we tee'd off we all shook each others' hands said good luck, and have fun. Have fun we did. Congratulations to all the teams. It was a challenging year."

The intramurals started back in early April with 26 teams competing, said Debbie Joyce, Director of Golf for Cypress Lakes Golf Course. It was a very competitive tournament with only eight teams progressing to the playoffs. The 615th AMOG has a strong team and prove it this year.

Cypress Lakes Golf Course will be open throughout the fall and winter offering various discounts and specials. There are reduced rates for twilight hours, which start at 1 p.m. daily and they will soon be offering their "chili weather special" where golfers can enjoy a green fee, cart fee and a chili dog at reduced prices.

Ms. Joyce also encourages squadrons or any Travis organizations to have off-site meetings, luncheons or commanders calls at the course.

"We have a great, scenic quiet place for these types of events and we're just minutes from the base," she said. "It's an ideal place for people to get together."

### 2003 Golf Intramural Championship results

**1st place:** 615 Air Mobility Operations Group  
**615th AMOG players:** Lt. Col. Sean O'Neal, Master Sgt. Bob Green, Master Sgt. Mark Mathews, Master Sgt. J.R. Williams



**2nd place:** 60th Equipment Maintenance Squadron  
**60th EMS players:** Tech. Sgt. Brian DeBlis, Staff Sgt. Jeff Klinger, Staff Sgt. Jeff Cascio, Mr. Don Hume



## SPORTS SHORTS

TRAVIS AIR FORCE BASE

### Free personal fitness training for youth

Personal Trainers at the Fitness Center are offering free sessions to Travis youth ages 16 to 18 to help them get in shape for sports, track, swimming, physical activities or to lose weight.

Sign up at the Teen Zone in the mini-mall. Appointments are

available from 9:30 a.m. to 6:30 p.m. Monday through Friday. For more information, call the Teen Zone at 424-3131 or Patty McMorrow at 424-2008.

### Coaches needed for adult basketball

Any squadron interested in playing Travis Intramural and Over 30 basketball must turn in a Letter of Intent and team roster before the coaches meeting on Tuesday.

The coaches meeting will be held on Nov. 4 at 2 p.m. in the Fitness Center, court # 1 closest to the front desk. Coaches who do not attend the coaches meeting

but have a team playing in the league will forfeit one Commander's Trophy Point.

The Squadron Sports Reps have received the by-laws and letters of intent by e-mail.

For more information, call Arlene McGinnis at 424-2085.

### Golf for turkeys

Join the Cypress Lakes annual Turkey Shoot and golf for a turkey and other prizes. The four-person team, select shot tournament will be held on Nov. 8. The shotgun start is at 7:30 a.m.

For more information, call 448-7186 for more information.

**DRINKING &  
The end results can kill  
DRIVING DON'T  
innocent people and  
a military career!  
MIX**

## Aerobics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
5:30 - 6:30 a.m. <b>Core cycling</b>	5:30 - 6:30 a.m. <b>Core step aerobics</b>	5:30 - 6:30 a.m. <b>Core cycling</b>	5:30 - 6:30 a.m. <b>Core step aerobics</b>	5:30 - 6:30 a.m. <b>Cycling</b>
11:30 - 12:30 p.m. <b>Core step aerobics</b>	8:30 - 9:30 a.m. <b>EZ Does It</b>	9 - 10 a.m. <b>Yoga</b>	8:30 - 9:30 a.m. <b>EZ Does It</b>	8:30 - 9:30 a.m. <b>Strength Fusion</b>
12:30 - 1:30 p.m. <b>Squadron cycle</b>	11:30 - 12:30 p.m. <b>Core cycling</b>	11:30 - 12:30 p.m. <b>Core step aerobics</b>	11:30 - 12:30 p.m. <b>Core cycling</b>	11:30 - 12:30 p.m. <b>Core step aerobics</b>
3 - 4 p.m. <b>Squadron cycle</b>	1 - 3 p.m. <b>Body conditioning, Solano College</b>	12:30 - 1:30 p.m. <b>Squadron cycle</b>	12:30 - 1:30 p.m. <b>Squadron cycle</b>	5 - 6 p.m. <b>Core kickboxing aerobics</b>
4 - 5 p.m. <b>'Phat' Fitness</b>	3 - 4 p.m. <b>Squadron cycle</b>	3 - 4 p.m. <b>Squadron cycle</b>	3 - 4 p.m. <b>Squadron cycle</b>	6 - 7 p.m. <b>PIYo</b>
5 - 6 p.m. <b>Core step aerobics</b>	4 - 5 p.m. <b>Squadron cycle</b>	4 - 5 p.m. <b>'Phat' Fitness</b>	4 - 5 p.m. <b>Squadron cycle</b>	<b>Saturday</b>
6 - 7 p.m. <b>Turbo Kick</b>	5 - 6 p.m. <b>Core step aerobics</b>	5 - 6 p.m. <b>Core step aerobics</b>	5 - 6 p.m. <b>Squadron cycle</b>	8 - 9 a.m. <b>Cycling</b>
7 - 8 p.m. <b>Cycling</b>	6 - 7 p.m. <b>Core PIYo</b>	6 - 7 p.m. <b>Turbo Kick</b>	6 - 7 p.m. <b>Yoga</b>	9 - 10 a.m. <b>Total Fitness</b>
7 - 8 p.m. <b>Kung Fu San Soo</b>	7 - 8 p.m. <b>Cycling</b>	7 - 8 p.m. <b>Cycling</b>	7 - 8 p.m. <b>Cycling</b>	
7 - 9 p.m. <b>Kickboxing</b>				
	9:30 - 10:30 a.m. <b>Pregnancy/Postpartum class at the HAWC</b>	5:30 - 6:30 a.m. <b>Yoga</b>	9:30 - 10:30 a.m. <b>Pregnancy/Postpartum class at the HAWC</b>	11:15 - 12:45 a.m. <b>Gym in a Bag, 1st &amp; 3rd Friday at the HAWC</b>
	11:30 - 12:30 p.m. <b>PIYo</b>	12 - 1 p.m. <b>Intro to Yoga, 1st &amp; 3rd</b>	11:30 - 12:30 p.m. <b>Pilates</b>	
	5 - 7 p.m. <b>Kickboxing</b>	12 - 1 p.m. <b>Intro to FitBall, 2nd &amp; 4th</b>	5 - 7 p.m. <b>Kickboxing</b>	
		1 - 2 p.m. <b>Intro to Pilates</b>		
		7 - 8 p.m. <b>Kickboxing</b>		
		7 - 8 p.m. <b>Kung Fu San Soo</b>		

## Martial arts dojo



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**Travis Reeltime**

**Tonight**  
7 p.m. — *Halloween Double Feature (PG-13)*

**Tomorrow**  
7 p.m. — *Secondhand Lions (PG)*

**Tomorrow**  
7 p.m. — *The Order (R)*

Travis movie schedules are subject to change after publication. For up-to-the-minute information, call 437-3855 or visit [www.aafes.com/ems](http://www.aafes.com/ems)