



TAILWIND

TRAVIS AFB, CALIF.

FRIDAY, SEPT. 5, 2003

VOLUME 28, NUMBER 35



NEW LABOR SUITES

David Grant Medical Center opens new labor and delivery suites, increase patient comfort during delivery.

15



VIRTUAL ATCC

Travis Air Traffic Control Tower trains with new virtual simulator that replicates base and flightline.

16 - 17

Weekend forecast

Travis AFB

Today

Mostly sunny
Hi 90
Low 58



Tomorrow

Mostly sunny
Hi 87
Low 56



Sunday

Partly cloudy
Hi 90
Low 58



Commander's Corner

Travis team full speed ahead

By Brig. Gen. Brad Baker
60th Air Mobility Wing Commander

The Travis team is rapidly approaching Mach 1 — so keep your seatbelts tightly fastened for the ride ahead.

As we continue to fly missions into Baghdad, and remember the two year anniversary of the worst attacks against our nation that occurred Sept. 11, 2001, it's clear that Travis' role in the war against terrorism is just as pivotal today as it was in the days immediately after the terrorist attacks against the World Trade Center and Pentagon.

During Operations Iraqi and Enduring Freedom, from Afghanistan to Iraq, we were truly "America's First Choice" for airlift and aerial refueling, delivering people, capabilities and effects, and enabling forces to defeat the Taliban and Iraqi militias.

In addition to those deployments, we've been engaged elsewhere globally, providing presidential support, humanitarian relief, and more recently substantial airlift in support of requirements in Thailand and Africa.

Homeland preparedness

Though very busy abroad, we've been operating non stop locally as well.

Our Homeland Attack Response Exercise — still underway at the time of publication — is being held to ensure our readiness in the event of a major crisis. There will be more to follow on this next week, but in the short term, I'd like to commend the 60th Air Mobility Wing plans team for working diligently to organize the scenario.

We need only to reflect on the tragic day two years ago to understand the importance and the relevance of our preparedness. Sept. 11, 2001, is a day we'll never forget —

and to honor those who lost their lives at the World Trade Center and Pentagon, in addition to those gave their lives in the resulting war against terrorism, we'll have an observance at Travis' Light of Freedom torch, Thursday at 9:30 a.m. The event will include a remembrance prayer, National Anthem and Taps. We're asking folks to be there by 9:15 as the main gate will be closed from that time for the duration, and I know you — the Travis team — will want to be there in full force to pay homage. For those who cannot make this ceremony or want to spend some time reflecting, the Chapel Center, Chapel One and the Hospital Chapel will be open for prayer from 7:30 a.m. to 4:30 p.m. In addition, a Catholic remembrance mass will be conducted at 5 p.m. in the Chapel Center.

In other events, we're sponsoring a field and sports day for dorm residents on Tues., Sept. 16 from 9 a.m. to 3 p.m. All who can be released from their duties are encouraged to attend, as well as supervisors, first sergeants, chiefs and commanders. There will be live music, in addition to basketball, volleyball, tug-of-war, and obstacle course tournaments, with prizes awarded to first place teams. For questions, please contact Staff Sgt. Cari Dodge at 4-5005.

We also have two significant days ahead of us, to include the Air Force's birthday, Sept. 18, and Sept. 19, POW-MIA day. We'll have a retreat ceremony two weeks from today to honor those who served and sacrificed so much in defense of our nation.

Construction on base

Not only are we busy operationally, and with events, but also with the major construction projects ongoing on base. We're continuing to reap the rewards of time and

money invested in new base facilities and upgrades, and most notably, the work on Travis Ave.

The construction work from the main gate to Burgan St. will wrap up next week, but will continue on the roads near bldg. 381. Your patience is much appreciated, and the entire project is expected to be completed in mid October. Among the other projects, next week we'll break ground at a site that will eventually feature the new Visiting Officer's Quarters and later in the week we'll have a ribbon cutting ceremony at the Air Force Office of Special Investigations' new facility.

Air Force family

We try to take care of folks and ensure quality of work and home life on base. This includes looking out for our members and their families when they are in need.

I'd like to thank the many people from the wing, and specifically the 60th Maintenance Group who provided critical support to Chief Master Sgt. Dale Patterson and his family at a time when they suffered the devastating loss of their beloved daughter. Maj. Don Buol, Chief Master Sgt. Kathy Shott, and Master Sgt. Jack Jimenez of the 60th Aircraft Maintenance Squadron truly represented what it means to be an Air Force family, and this is further expressed in a letter from the Chief's brother Mr. John Tarleton, which can be read below.

On that note, I'm very proud of you — the men and women of the Travis team — and thank you for taking care of the mission and people.

God bless the Travis team and God bless America!

Letter of appreciation to the Travis Team:

Dear Sir:
My name is John Tarleton, I am the brother of Chief Dale Patterson. I would like to take this time to say thank you to you and your staff for all that was done for our family in our time of loss. They were there like rocks to help and serve our family. I can see that my brother has a second family that cares and protects.

I would like to say there are several outstanding people that we regard with the highest respect. First, Major Buol, he was a guide and someone with compassion and true feelings for Chief Patterson and his wife Debbie. He made sure that the needs of myself and my immediate family were met as well. Major Buol impressed me with his ability to handle his military duty and be the Chief's support at the same time. I will say it over and over that Major Buol is a

most impressive gentleman.

Secondly, Chief Shott, she is awesome! Chief Shott is kind, attentive, supportive and just good people! She took care of local business like setting up the Trust Fund for our niece and helped around the house and much more. Chief Shott is another example of the great people of the military. Her support of my sister-in-law Debbie was exemplary.

Thirdly, Chief Kennedy, what a fantastic guy. Working with my brother, he kept Chief Patterson up on the business of the military while showing support for my brother in his time of darkness. He made sure that anything needed around the house was taken care of and helped make things run smoothly.

Then there is Master Sergeant Jack Jimenez. His support was out of this world. He and his wife Rachel were

there to help in any way that was needed, no questions asked, just done. His help in making things run without a glitch was invaluable to Chief Patterson, Debbie and family.

Now, for the cream of the crop — Liz Kinder and the ladies of the squadron. They are so very special. Liz will be in our hearts for the rest of our lives for all that she did. She organized food and supplies like a Quartermaster would! There was not a want or a need as she made certain that we had plates, utensils, paper towels and something that no home should ever be without — toilet paper! The ice maker could not keep up with the use of so many people so Liz made sure we never ran out of ice. Liz even made certain that the tablecloths on the tables after Erin's service were Erin's favorite color. Once again, a big thank you to Liz and the ladies of the squadron.

I would like to also men-

tion Kelly Cross and Lori at the base floral shop. Kelly and Lori hugged and cried with us, helped us through our decision making and poured their whole hearts into every arrangement that they designed for Erin making them special and beautiful.

Sir, if this letter could be placed into the files of each and every one of these Special people or if some commendation could be made to honor them for their service "above and beyond" it would make the Tarleton and Patterson family very proud.

Sir, once again I would like to thank you and your staff for making the hardest time of my life and the darkest times a little less painful. It was also a little less painful and a lot more comfortable leaving my brother and his family knowing that the Air Force family of Travis AFB is watching over them. Thank-you,
John L. Tarleton

TAILWIND

Travis AFB, Calif.
60th Air Mobility Wing

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60th Air Mobility Wing commander

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On the Cover

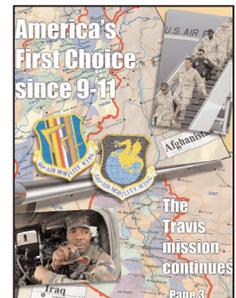


Photo illustration by Arielle Kohn / Visual Information

Travis remembers one dark day, two years of triumphs

By Capt. Angela Smith
60th AMW Public Affairs

Sept. 11, 2001 will always be remembered as the dark day four planes were high jacked, two monuments were destroyed, another monument badly damaged and thousands lost their lives in mere moments. Yet, Sept. 11 will also be remembered as the day 260 million Americans united as a nation and the day Travis Air Force Base mobilized for war.

The base will commemorate the two-year anniversary of the Sept. 11 attacks in an observance to be held Thursday at 9:30 a.m. near the Light of Freedom Torch at the main gate. The flag will be raised to full staff and then lowered to half mast. The event is open to active duty, reservists, dependents and retirees. The observance will include prayer, taps, the national anthem and comments from the 60th Air Mobility Wing commander to honor those killed in the attacks and those who have served in the resulting war against terrorism.

Since Sept. 11, 2001, Travis aircrews have flown more than 88,000 hours, hauled at least 311 million pounds of cargo and moved over 93,000 passengers to 330 locations in 55 countries, a 100 percent increase to pre-9/11 statistics. To date, the airlift operation into Afghanistan and Iraq is the third largest effort of its kind, ranking only behind Operations Vittles of the Berlin Airlift and Operations Desert Shield and Desert Storm.

"This high operations tempo is the post 9-11 'norm' that we now maintain. The numbers are impressive enough ... but it's the people who are accomplishing the workload who are

really making it happen," said Brig. Gen. Brad Baker, 60th AMW commander, during the base Welcome Home celebration Aug. 15. At the height of Operation Iraqi Freedom, Travis deployed about 1,400 people.

This year, Travis C-5 crews have flown more than 26,000 hours and 4,500 sorties. They fly regularly into Baghdad International Airport. Travis KC-10 aircrews have flown more than 16,800 hours and 1,760 sorties. In fact, the battle-tested 60th AMW flew over 1,801 combat and 3,862 combat-support sorties for Operations Enduring Freedom, Iraqi Freedom and Southern Watch.

As the wing racked up the numbers, it also achieved historic milestones. For example, Travis C-5s were tasked with the first combat deployment of C-5s into Kandahar, Afghanistan. The cargo giants successfully extracted a Canadian Infantry Regiment with 28 picture-perfect sorties and an unprecedented 100 percent on-time takeoff rate. At home, civil engineers prepared an abandoned ramp for the bed down of Homeland Defense F-16s after the 9-11 attacks, over 200 no-notice sorties were launched to keep the skies above the Western United States safe.

Even though hundreds of Travis airmen deployed, the ones left behind still had to perform at peak levels. The medical group, which operates the state-of-the-art David Grant Medical Center, serves more than 89,000 beneficiaries. Despite this heavy workload, DGMC won the 2001-2002 Picker Institute Award for being the most patient-centered



Spc. James Johnson /U.S. Army

OPERATION IRAQI FREEDOM — Master Sgt. Joe Cross, 60th Civil Engineer Squadron, roped off a safe area far from an uncontrolled natural gas fire in the AR Rumaylah Oil Field in southern Iraq. Cross was with the 384th EOD Flight, Bahrain during Operation Iraqi Freedom. OIF was a multinational coalition effort to liberate the Iraqi people, eliminate Iraq's weapons of mass destruction and end the regime of Saddam Hussein.

among Department of Defense and civilian hospitals. DGMC also earned an "Excellent" rating for Health Services Inspection and improved its score for the Joint Commission of Accreditation of Health Care Organization. Not to be outdone, mission support maintained Travis facilities and earned AMC's top award for

best fitness center and bowling center. These are just a few examples of the vast accomplishments Travis has achieved over the past two years.

"As one of few 24-7 bases in the Air Force, folks back here continued to work long hours to ensure the best force protection, aircraft and airfield operations, passenger and cargo pro-

cessing, medical, maintenance and other basic mission requirements," General Baker said. "While the wartime mission in Iraq has come to an end, we still have hundreds deployed supporting multiple operations worldwide. Our Light of Freedom torch will continue to burn indefinitely in their honor."



Staff Sgt. Jim Verchio /U.S. Air Force

President George W. Bush visited Travis Oct. 17, 2001, enroute to China. While here he gave a speech stressing to the crowd the point that America, "will not fail" against the war on terrorism.

Man on the street

Where were you on Sept. 11, 2001?



"I was stationed here just getting off of midshift."
— Airman Manuel Velez, 60th Security Forces Squadron



"I was stationed at Prince Sultan Air Base Saudi Arabia."
— Chief Master Sgt. Rick Wooden, 60th Component Maintenance Squadron



"I was at my home in Vacaville when my daughter called me to tell me to tune into the news."
— Bonnie Martin, Retired Civil Servant



"I was in my hometown of Bullhead City Ariz. I was the first one out of my family to be aware of what was going on that morning."
— Christine Abrams, Dependent Spouse

Airman 1st Class Alice Moore /60th AMW Public Affairs

Aeromedical evacuation changes to focus on requirements

By Tech. Sgt. Mark Diamond
Air Mobility Command Public Affairs

SCOTT AIR FORCE BASE, Ill. — When the Air Force officially announced the retirement of the C-9A Nightingale on July 23, to some the announcement simply meant the end of an era in Air Force aeromedical evacuation.

To others, the retirement of the C-9A — the AE workhorse for the past 35 years — signaled the beginning of a new aeromedical evacuation environment; an environment where CONUS, peacetime AE missions become the exception, rather than the norm. Or what Air Mobility Command officials are calling a “requirements-based” rather than “capacity-based” system.

According to AMC Command Surgeon Brig. Gen. (Dr.) Thomas J. Loftus, although the C-9 is going away, the mission of aeromedical evacuation will continue, but with noticeable changes.

“In the past, we used a capacity-based system. Many of our patients were transported from small medical facilities to larger medical facilities simply because we had a system in place (the C-9) dedicated to moving patients from one location to another throughout the United States,” General Loftus said.

Scheduling of the C-9 was comparable to commercial airlines, with mostly predetermined stops for any passenger needing to travel. The only limit was the capacity of the aircraft.

This capacity-based system was used extensively from the 1970s through the early 1990s. However, the general said, the full implementation of TRICARE in the early 1990s led to a significant decrease in the number of CONUS, peacetime AE missions — from about 70,000 in 1990 to about 11,000 in 2001. At that rate, the number could reach as low as 3,000 by 2005.

“The full implementation of TRICARE created a shift in healthcare to local medical facilities, which considerably decreased the number of patients who required in-flight medical care,” General Loftus said.

The general said more patients now

receive medical care in their local area, which allows the change to the requirements-based system. The Defense Department’s TRICARE program has successfully created networks of local doctors and hospitals to take care of the medical needs of military personnel, retirees and their families.

Educating CONUS military treatment facilities on the new requirements-based AE system is a continuous process. Part of that education will take place each time a patient movement request is made, according to Lt. Col. Duane Hill of the Global Patient Movement Requirements Center here. The GPMRC handles AE mission requirements determination, validation and coordination. Colonel Hill said the requirements-based system will be a mindset change for everyone involved in the AE process.

“We need to be sympathetic to the (patient movement) requests, but at the same time, our MTFs need to understand that the C-9 is gone and the TRICARE network needs to be utilized,” the colonel said.

Col. Darnell Waun, AMC’s chief of healthcare operations division and the AMC command nurse, agreed that the new AE system will be a significant change for many because patient movement has traditionally been synonymous with the C-9.

“Now, [aeromedical evacuation] is just one way to move a patient,” Colonel Waun said. “Depending on patient needs they can be moved commercially, by ground, or as a space available passenger on military airlift. Moving a patient from Point A to Point B does not necessarily mean military aircare, unless they require en route care.”

Requirements-based, in essence, means urgent or priority (or patients needing in-flight care) aeromedical evacuation is needed and the Air Force aeromedical evacuation system will get them where they need to go.

Without the C-9, the Air Force’s CONUS aeromedical evacuation mission will continue using other AMC airlift and tanker aircraft.

The drop ... in peacetime aeromedical evacuations

1995 70,000 PATIENTS

1997 59,000

1999 20,000

2000 15,000

2005* 3,000

The number of peacetime AE patients moved within the Continental United States dropped from 70,000 in 1995 to just under 15,000 in 2000. At that rate, Air Mobility Command officials estimate the number could drop as low as 3,000 by 2005. They attribute the reduction mainly to the increased use of TRICARE for local area medical care.

* ESTIMATE

SOURCE: 2001 Aeromedical Evacuation Tiger Team Report

Information graphic by Tech. Sgt. Mark Diamond

New AE technology, called patient support pallets, is making it possible to transport patients aboard aircraft not normally used for aeromedical evacuation. The patient support pallet, developed at the Human Systems Center at Brooks City-Base in San Antonio, Texas, is built on a standard cargo pallet and provides support for six litters or a combination of three airline seats and three stretchers. The Air Force uses the PSPs on KC-135s, KC-10s and C-17s.

The Air Force began using C-130s and KC-135s for AE within CONUS Aug. 7. According to AMC officials, the KC-135 missions run cross-country to Scott AFB and end at Travis AFB, Calif. There will be C-130 routes from each of the three areas, Andrews AFB, Md., Scott AFB and Travis AFB, to transport patients to their final destinations.

AMC officials are confident that the new requirements-based AE system will work, but not without a few challenges.

“Anytime you make a change, there are challenges,” the general said. “We’ve been using the C-9 to transport patients around the United States for many, many years.”

Although current usage of the C-9 is very low, General Loftus said he realizes the retirement of the C-9 will affect some people who have relied on that system for a variety of reasons, including specialized medical care and space-available travel.

“This is all about taking care of patients,” the general said. “And that’s what we’re all about.”

Col. George Tirabassi, deputy chief of AMC’s Operations Management Division, AE, said the people who have been involved in AE operations for more than a few years know that the AE system has always been bigger than the C-9.

“The C-9 was undoubtedly the flagship of aerovac,” Colonel Tirabassi said. “But we know there is an awful lot of aerovac that goes on in the world that doesn’t involve the C-9. [During wartime operations], the Army medevacs patients using helicopters within the theater, and the Air Force moves patients using any available AE capable mobility aircraft. The wartime AE system has worked very well without C-9s.”

AMC officials are confident a CONUS aeromedical evacuation system without C-9s will work equally as well.

Delta Breeze Club holds annual membership drive, offers sign-up incentives

By Daniel Amara
60th Services Squadron

It’s time again for the annual Air Force Club’s membership drive, but this year new members of the Delta Breeze Club will receive two months of free dues when they sign-up, and even greater rewards for sponsoring another person.

Between now and Oct. 31, sponsor six new members and get a year free of dues at the DBC. In order

to receive this benefit, the new members must join the sponsor’s club and stay for at least six months before the sponsor receives the discount.

This competition is cumulative; meaning individuals who sponsor fifteen people will receive two-and-a-half years of free dues at the Delta Breeze Club.

This year, each squadron will know exactly where they stand.

Outside both the Officers’ and Enlisted lounges will be a graph showing how many club members each squadron has and their respective goals.

Each week the graphs will be updated, so everyone knows which squadrons are on target to win the squadron level contests and which are trailing behind.

The small, medium and large squadron with the largest gains in membership will win \$100, \$250 and \$500, respectively, for their booster clubs.

Throughout the membership drive DBC staff will attend squadron commander’s calls to inform people about the benefits of becoming a member.

Each of these commander’s calls will have its own mini drawing. Attendees could win six months free dues, a free lunch buffet for six months, free Champagne Sunday Brunch for three months or \$100 cash. To schedule a DBC staff member to come to a squadron commander’s call, contact Charles Thomas at 424-1977.

Everyone benefits with increased membership. Club manager Mark Larios has pledged that for every 1,000 new active duty members who sign-up, he will increase the Members First discount by \$1 on the hot lunch buffet.

If 90 percent of active duty on base joined the club, the members’ price would be only \$3 for lunch buffet.

A giant thermometer will be placed outside the DBC so patrons can track the membership drive’s progress.

Mr. Larios will continue to track membership all year long and lower or raise the discount each month in accordance with total membership.

Chief of Staff talks uniforms, ops, tankers

By Airman Christie Jurgens
92nd Air Refueling Wing Public Affairs

FAIRCHILD AIR FORCE BASE, Wash. — Air Force Chief of Staff Gen. John Jumper talked to airmen about upcoming changes in the Air Force during a visit to the base Aug. 22.

He shared his thoughts on the new fitness program, the new uniform, deployment issues and the acquisition of new tankers.

All of these changes were brought on by the transition to a more expeditionary Air Force, General Jumper said. The transition to a new fitness program gets back to the basics with a 1.5 mile run, push-ups and sit-ups.

"We can run, do push-ups and sit-ups anywhere; it's not practical to bring a bicycle with you on a deployment," he said. "I don't think there's a person out there who actually likes the bike test. I know I don't."

General Jumper also talked about new physical training gear to be introduced in January.

"We are going to try to take advantage of some of the new moisture-control fabrics without having them cost too much," he said. "What we are trying to do is make them part of the kit (airmen) get when they come out of basic training, but when you go to replace them, I don't want you having to pay \$40 for a shirt."

Another major change in the fitness program will be to

place responsibility on the chain of command to ensure physical standards are met.

"I want the squadrons to help each other take the test," General Jumper said.

Another change the Air Force is researching is a replacement for the current battle dress uniform.

"Anyone who wears the current uniform knows the first time you take it to the dry cleaners that will be the last time any air passes through it. And a lot of times we find ourselves out on ramps in 115-degree temperatures," he said.

Researchers are experimenting with the same materials the Marines use in their new uniforms.

"With the borrowing of the material, we also borrow the durability and wash-and-wear characteristics, which saves our people money," General Jumper said.

"Right now we are still in the test stages," he said. "We are still playing with the different camouflage patterns."

Three hundred uniforms are being tested in hot and cold conditions, and the people doing the testing and suggesting the improvements are airmen doing their jobs out in the field, General Jumper said.

"All I ask is that you give them a try, and then decide if you like them or not," he said.

Both of these changes are designed to make deployments more comfortable for airmen and increase productivity, General Jumper said.

General Jumper said a return to the normal air and space expeditionary force cycles is in sight.

"We have two 120-day cycles that are planned right now," he said. "That should get all of our reconstitution

done, give people time to catch their breath and then we should start back into the normal cycle in March."



North Bay Veterans' 'Stand Down' set for October

By Master Sgt. Scott King
60th AMW Public Affairs

Organizers of the Second Annual North Bay Stand Down provide needed services for at-risk veterans and are appealing to volunteers and for items needed to make this year's event as successful as last year's.

The first North Bay Stand

Down held last year was so well received that it has been expanded to be a two-day experience this year, set for Oct. 1 and 2 at the Dixon Fairgrounds.

It will provide assistance to veterans from Solano, Yolo, Napa and Sonoma counties.

Operation Hand-Up Board President Carl Young said the Stand Down event is more

important this year as recession and layoffs, as well as reductions in government funding, have all hit veterans particularly hard.

For example, a job fair Mr. Young helped plan this spring had to be canceled when participating businesses said they simply had no jobs available.

"Our at-risk veterans are

often in marginal jobs that are the easiest to cut in bad times," Mr. Young said. "Government services for these men and women are also being reduced. Meanwhile, we have just engaged in another war that means more new veterans will be returning home soon — some will need help."

Event organizers need help making the Stand Down a success.

Planners need volunteers to coordinate the overnight encampment, food, health services, clothing and other goods distribution, security and all aspects of the event.

People who can provide blankets, clothing, toiletries and other goods will be welcome partners once logistics for making such contributions of bulk can be arranged. Stand Down planners also hope to get volunteer time from veterinarians and pet groomers to help see to the needs of veterans' pets.

Mr. Young said the first Stand Down's motto, "A hand up, not a hand out," was highly successful and the philosophy still applies.

Organizers were able to help about 100 participating veterans get help such as health services related to Post Traumatic Stress Syndrome, Hepatitis C, Agent Orange and tuberculosis.

They were offered healthy meals, a shower and basic sur-

vival supplies, and references to other health and needed services.

Local hair stylists and barbers even took part, providing shaves and haircuts.

Those attending could get legal assistance, dental screenings and job information.

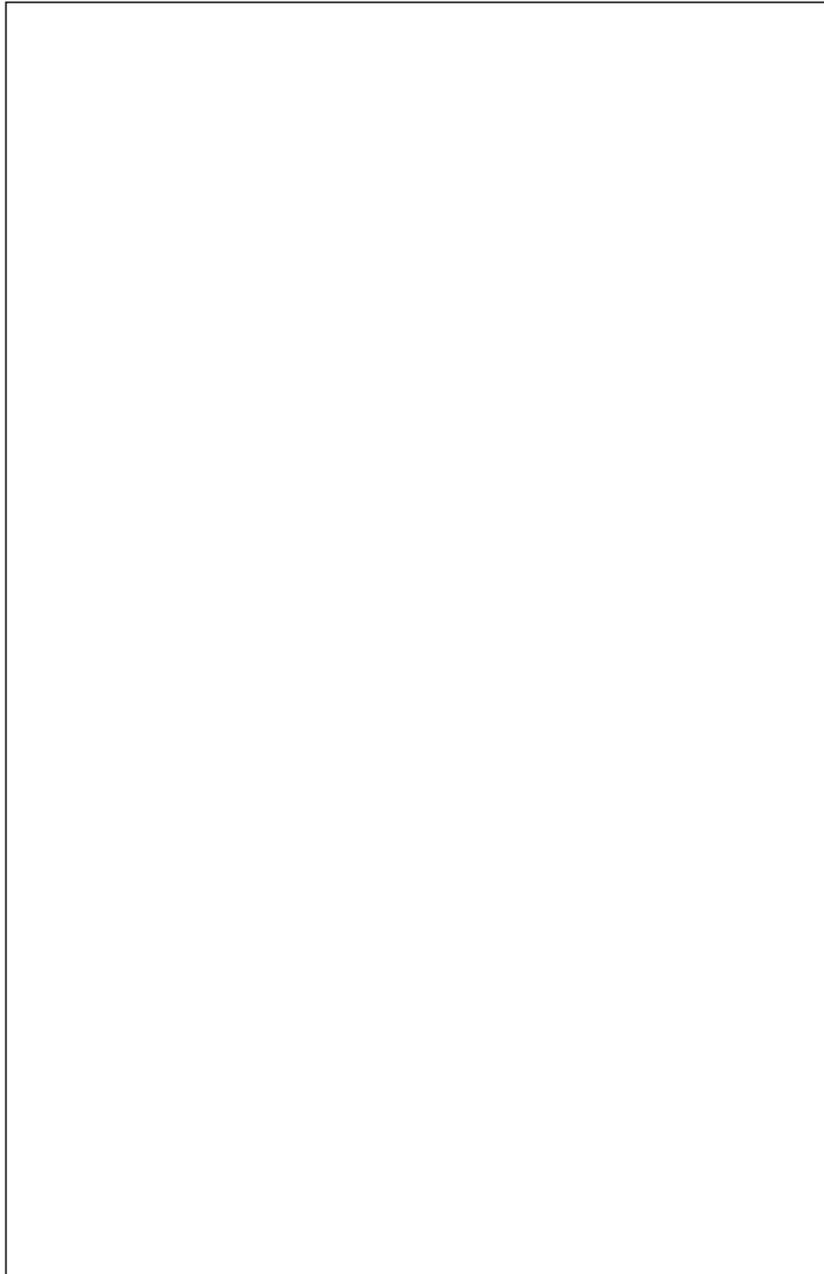
"We realized we needed more time to treat the whole person's needs," he said. Some veterans, especially the homeless ones, have an array of problems. We feel that providing an overnight experience will allow us to better serve them."

In another sign of growth in the event, Sonoma County will be the fourth county served by the North Bay Stand Down, its at-risk veterans joining those from Solano, Napa and Yolo counties.

Similar events are held in other regions of the state, all called "stand downs" after the military term many of the servicemen and women encountered during war when they came to a station where they could receive food, medical attention and a brief respite.

Those interested in showing their gratitude for our veterans by volunteering or donating to the cause can call Ernie Lee at 435-2198 or visit the website for more information at members.tripod.com/vacavets/Stand-down/standdown.htm.

Or, e-mail Carl Young at carlhandup@sbcglobal.net.



HOMETOWN NEWS RELEASES

Fill out the Department of Defense Form 2266 and bring it in to the Public Affairs Office in Bldg. 51, Room 232.



Letters, small packages move more quickly

By K.L. Vantran
American Forces Press Service

WASHINGTON — The U.S.

Postal Service and the Military Postal Service Agency process about 2 million pounds of mail

a week for troops in Iraq and Afghanistan. Of those, some items make it to the recipient faster than others, said Navy Lt. Cmdr. Brian Lomax, agency chief of plans and policy.

Depending on where it originates, a letter or package spends "a couple of days" in the civilian system before it reaches either San Francisco or New York City, Commander Lomax said. Then it travels another 16 to 19 hours by plane before landing in Kuwait or Bahrain.

Once in theater, a letter takes seven to 14 days to reach the servicemember, while a package usually takes 14 to 24 days, he said. Packages make up 90 percent of the mail.

"The mail is getting to the troops," he said. "The troops are happy. Our intent is to con-

tinue to make improvements and exceed their expectations."

Using automated mail-scanning equipment and increasing the number of people working at mail facilities are two improvements that have sped up mail delivery.

"The size of the package is an important factor," Commander Lomax said.

"Large packages take up a lot more room. If there's a choice between taking one large box or a lot of smaller boxes and letters, the large box will stay at the mail facility. The ideal size is a shoebox. It's also important to correctly address the package."

Some items cannot be mailed. For more information, call 1-800-ASK-USPS or visit the postal service Web site at

www.usps.com.

Though it is not one of the restricted items, Commander Lomax recommended against sending chocolate.

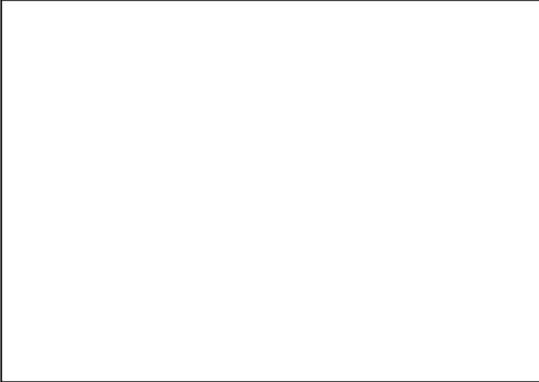
"Chocolate and 140 degrees make chocolate paste," he said.

Cookies and sunflower seeds seem to travel well, he said, and placing cookies in a coffee can helps to protect them.

Heat also takes a toll on the tape used in packaging, Commander Lomax said. The postal service officials recommend using clear or brown packaging tape, reinforced packaging tape or paper tape.

Servicemembers love to get mail, Commander Lomax said.

"When I was out at sea, it was always a joy to get a letter from home or a copy of a report card," Commander Lomax said.



Cryogenics shop provides aircrews gift of life

By Master Sgt. William Sharp
 379th Air Expeditionary Wing Public Affairs

AL UDEID AIR BASE, Qatar — One common misconception the general public has about the Air Force is that its pilots have the service's coolest jobs.

Wrong. That title, according to 379th Air Expeditionary Wing experts here, belongs to people who work in the cryogenics shop.

"We provide liquid oxygen products," which exist at minus 297 degrees Fahrenheit, "for U.S. and coalition forces aircraft operating in the region," said Tech. Sgt. William McLeod, NCOIC of the cryogenics shop, 379th Expeditionary Logistics Readiness Squadron here. Liquid nitrogen, another product the shop provides, chills to minus 314 degrees.

"There aren't too many other jobs in the Air Force where air- men handle colder things than that," he said.

Oxygen is liquefied to store the maximum capacity efficient-

ly aboard aircraft requiring it. When properly warmed, it becomes breathable air. Oxygen helps aircrews in a number of ways. First, it's required for crews to properly function at altitudes above 10,000 feet. Second, crews may elect to go to oxygen to help heighten alertness.

Nitrogen products have a number of uses. They help pressurize aircraft struts, tires, and various systems where safety concerns make it a better choice than oxygen, Sergeant McLeod stated. Cryogenics shop members here stay busy processing nearly 40,000 gallons of their trade per month. And they make it look easy.

"We're also responsible for periodic maintenance on the carts, and safety is always our top concern," Sergeant McLeod said. "We when receive a cart," — the vehicle used to transport cryogenics products — "we inspect it to make sure it's mission capable."

This is actually the cart's second inspection. The first is performed by a cart's user prior to the cart's delivery to the cryogenics shop. When a cart passes inspection, it's filled. A 50-gallon cart can be filled in 10-15 minutes and can service numerous aircraft. During the fill process, a third quality control measure occurs — a sample is taken to check the cart's integrity.

"We check our products regularly — both in the carts and the storage tanks — to make sure they meet standards," Sergeant McLeod said.

On rare occasion when odor is detected in the sample, "we know it's a problem with the cart which must be checked," he added.

If a second test sample fails, the cart must be purged and rechecked. Carts that pass inspection may be transported anywhere in the region where coalition forces need it.

Additional safe handling measures are built into the stor-



Staff Sgt. Dawn Finniss / 379th Air Expeditionary Wing

AL UDEID AIR BASE, Qatar — Staff Sgt. Anthony Anderson, a cryogenic operations specialist deployed from Travis Air Force Base who is working with the 379th Expeditionary Logistics Readiness Squadron, prepares a cart for receipt of liquid oxygen.

age containers of cryogenics products. The containers, consisting of inner and outer tanks, are kept out of direct sunlight as much as possible. Exterior tanks are normally painted light colors to help deflect heat. Insulation and struts keep the inner tank from coming in contact with the outer. Finally, a vacuum process prevents the transfer of heat from the hot desert air into the tanks.

In addition to filling up carts for Al Udeid use, the 379th ELRS fills 400-gallon deployable cryotainers and ships them to other bases in the region.

Chief Master Sgt. Tom Buchanan, the squadron's fuels manager, said the ELRS has a robust mission, but members are up to the challenge.

"The 'hub concept' [for cryogenics products here] is unprecedented. Never have so many bases relied on a single base to deliver liquid oxygen in a timely manner, but that's just what we do." Second Lt. Craig Bolding, the fuels management flight commander, agreed. "We enable force employment down range by ensuring aviators' breathing oxygen is delivered on time and on specification."

CRIME STOPPER

TRAVIS SECURITY FORCES ACTIVITY

Aug. 25

Vehicle accident on Broadway Street
Theft of private property at Bldg. 839
Vehicle accident on Ryan Court

Aug. 26

Animal control on Cannon Drive
Hit and run at the mini mall
Vehicle vandalized at the dorms

Aug. 27

Animal control on Perimeter Road
Animal control on Vermont Street
Theft of private property at CDC 2
Violation of restraining order at VQ-3
Verbal altercation on Illinois Street
Animal control at the dorms

Aug. 28

Hit and run at DGMC
Damage to government property at Bldg. 981
Hit and run at DGMC
Vehicle accident at Bldg. 244

Aug. 29

Damage to government property at the Base Exchange
AWOL service member at the main gate

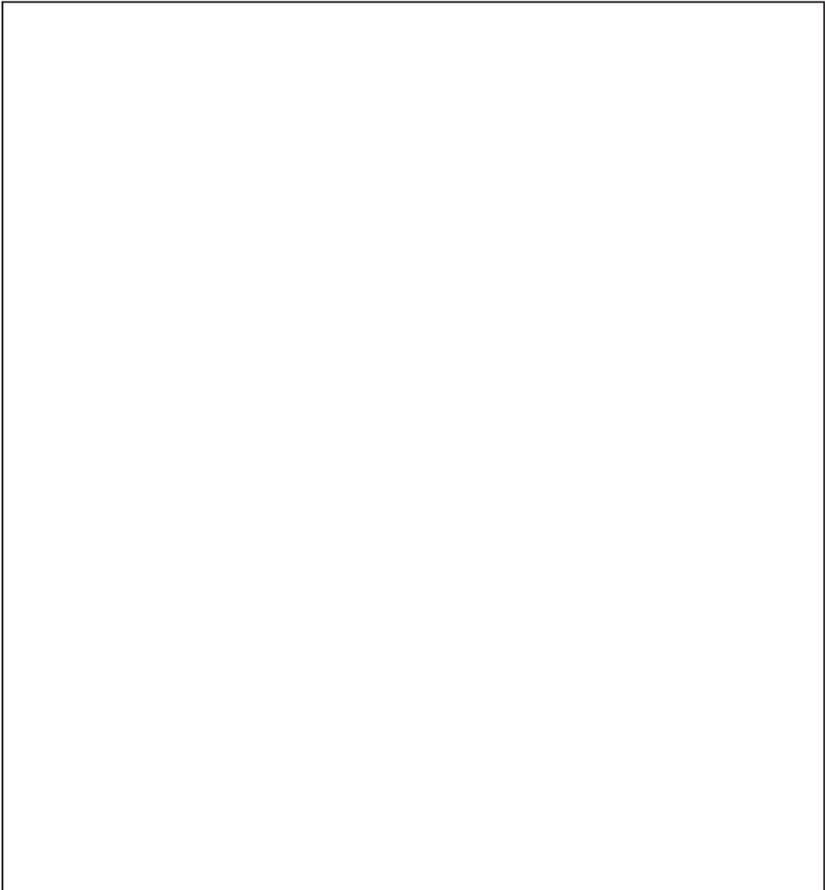
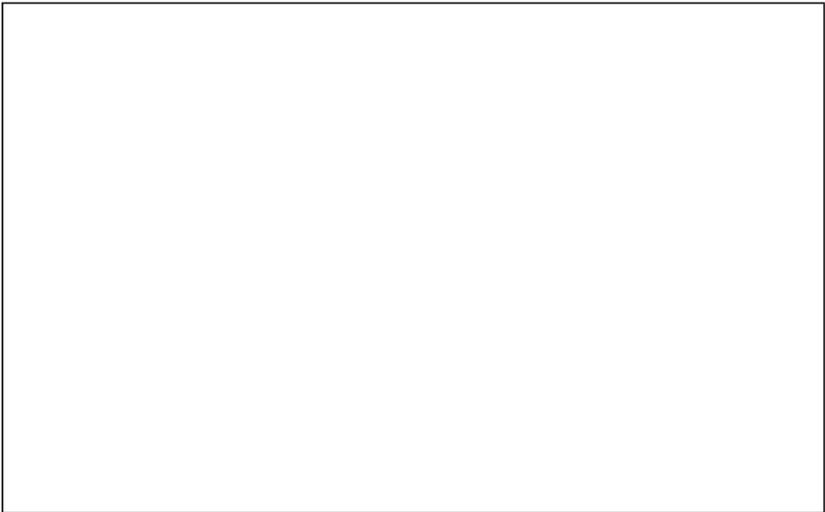
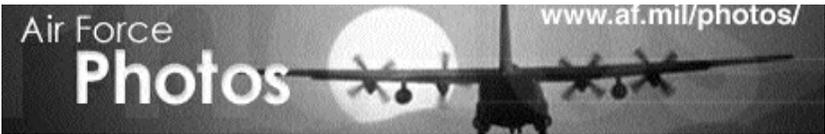
Aug. 30

Hit and run on Maine Street
Hit and run at DGMC
Assault at the Dorms
Loud noise complaint at the dorms

Aug. 31

Theft at the dorms
Loud noise complaint on Maine Street
DUI at the North gate
Civilian DUI at the Main gate

Crime Tip: When someone hits a vehicle, stay in the area and call security forces. Those who leave are and will continue to be charged with hit and run.



American pride flows through all of us



It's in our blood

*Give a little pride
at the DGMC
Blood Donor Center*



*Monday through Thursday
8 a.m. to 4 p.m.
Walk-ins are welcome
Appointments are available
For more information, call 423 - 7766*

AF creates new office to assess aging aircraft

By Staff Sgt. Todd Lopez
Air Force Print News

WASHINGTON — The Air Force has created an office within the installations and logistics directorate to assess the future of its aging aircraft fleet.

Air Force Secretary Dr. James G. Roche asked Lt. Gen. Michael E. Zettler, Air Force deputy chief of staff for installa-

tions and logistics, to come up with a process to provide senior leaders with an unbiased assessment of the service's aircraft inventory, similar to the Navy's process for retiring ships.

In answer to that directive, Air Force Aeronautical Systems Center, at Wright-Patterson Air Force Base, Ohio, invented the Fleet Viability Board process, and continues to support the Air Staff function.

Board officials will coordinate the studies on particular airframes and make recommendations to service leaders about the future of those airframes within the Air Force. In the past, the Air Force had no official system for determining when aircraft should be retired from service.

The board itself is not a decision-making body, according to Col. Francis Crowley, the board's director. In fact, the board's recommendations will be presented as unbiased factual statements about an airframe.

"In terms of a 'thumbs up' or 'thumbs down,' we will probably not do that," Colonel Crowley said. "Instead, we will likely use words like, 'It looks like the airframe has X amount of life in it.'"

Board officials are developing the processes they will use to assess a particular fleet. However, they will examine maintenance and depot records, as well as the cost of continuing to fly a type of aircraft and the

effectiveness of its weapons systems.

"They might find more corrosion and fatigue damage at the depots," said Richard Mutzman, the board's chief engineer. "You can look at those types of discoveries and look at ... what kinds of activities will be needed to keep that aircraft viable and airworthy and what the costs associated with that are."

The board will consist of full-time technical engineers, cost analysts and sustainment logisticians, and part-time senior executive service-level civilians from the same functional areas. The senior members of the board may also include advisers from sister services, industry, government and academia, Colonel Crowley said.

"Finding the best people to serve as senior board members is critical," Colonel Crowley said. "They will eventually review and sign the reports that make recommendations about the future of various aircraft."

"I want to have highly regarded people reviewing the report, so when it goes before senior leadership, they will feel comfortable that our information is unbiased and can be used to make the best decisions for the American taxpayer," he said.

According to Colonel Crowley, the board will be fully staffed by Oct. 1, when they will begin assessing the viability of the C-5A Galaxy. He said he expects that process to take four months.



Archive photo

The Air Force has created an office named the Fleet Viability Board process within the installations and logistics directorate to assess the future of its aging aircraft fleet. Board officials will coordinate the studies on particular airframes, such as the C-5 Galaxy, and make recommendations to service leaders about the future of those airframes within the Air Force.

NEWS NOTES

TRAVIS AIR FORCE BASE

Free rodeo tickets

The Isleton Chamber of Commerce is once again offering free rodeo tickets to active duty, retired, and reservists from the Air Force, Army, Marines, Navy and Coast Guard. The rodeo is the Eighth Annual Isleton Rodeo on the River, the home for the International Professional Rodeo Association's Western Regional Finals. Also one of Travis's own, Staff Sgt. Rob Blazich of 60th Equipment

Maintenance Squadron, will be back for his third appearance as one of the cowboy bullfighting rodeo clowns for the finals and the Travis Honor Guard will be presenting the Colors for the National Anthem both days.

9-11 service

A 9-11 Service will be held at the Main Gate on Sept. 11 at 9:30 a.m. Open memorial services will also be held from 7:30 a.m. to 4:30 p.m. at the Chapel Center, Chapel One and the

Hospital Chapel. Prayer candles will be available as well as prayer cards. A Catholic 9-11 Remembrance Mass will be conducted at 5 p.m. in Chapel Center.

Underage drinking

Effectively immediately, all underage drinkers caught driving regardless of blood alcohol content will lose their driving privileges for one year. Additionally, all underage drinkers caught driving with a BAC of .05 or higher are considered DUI under California law and are considered DUI on Travis.

AFOSI Ribbon cutting event

Detachment 303, of the Air Force Office of Special Investigations will host a ribbon cutting ceremony Sept. 11 for Bldg. 373, Vandenberg Street at 1:30 p.m. Brig. Gen. Brad Baker, 60th Air Mobility Wing commander, will preside along with Col. John Miller, 3rd Field Investigations Region commander. There will be a reception following the event.

Airlift drive schedule

Palomar Paving and Grading will be working from the Burgan Street and Airlift Drive intersection to the Base Legal parking lot entrance Tuesday through Friday to remove existing pavement, regrade and recompact the base course.

Alternate routes to Bldgs.

380, 381, and 383 are:

► From Vacaville gate: Use Napa Street to Bldg. 381.

► From Main Gate: Turn right to Burgan Street then turn left onto E Street to Bldg. 381.

Mentorship

The Travis Air Force Cadet Officer Mentor Action Program is hosting a meeting from 1:30 to 2:30 p.m. Tuesday in the wing conference room. The meeting will include a "Squadron Commanders Panel." Meetings are held on the second Tuesday of each month. For more information contact Lt. Col Jeffrey Whittall, Travis AFCOMAP chapter president at 424-7714.

Dormitory Field Day

60th Air Mobility Wing leadership is sponsoring a "Dorm Event" on Sept. 16 from 9 a.m. to 3 p.m. at the quad area of the 1350 dormitories for all dorm residents. There will be various sporting event tournaments throughout the day and bands made up of dorm residents will also be performing. Lunch will be between 11 a.m. and 1 p.m. and the 60th Services Squadron is supporting the event by providing the food and beverages. For more information, contact Tech. Sgt. Juan Marrero at 424-7200.

Troops head out to record holiday greetings

By 2nd Lt. Adrienne Traxinger
Air Force Print News

SAN ANTONIO — Broadcasters from the Army and Air Force Hometown News Service will begin col-

lecting holiday greetings from troops overseas Monday.

Three teams of military broadcasters are expected to return here with more than 13,000 individual messages to

be sent to local television and radio stations in the United States.

The videotaped greetings will be edited and sent to servicemembers' hometown TV stations. Airmen, soldiers, sailors and Marines are invited to participate.

"We like to think visiting with troops truly separated from their families and spread out across the world provides a morale boost not only for the servicemembers, but also their families back home," said Tom Taylor, the service's chief of broadcast news.

He added that it is also important to show the American public the sacrifices military people are making in unaccompanied assignments like Iraq and Korea.

Teams will make stops in Europe, the Pacific and Southwest Asia. They will visit about 75 installations in less than six weeks.

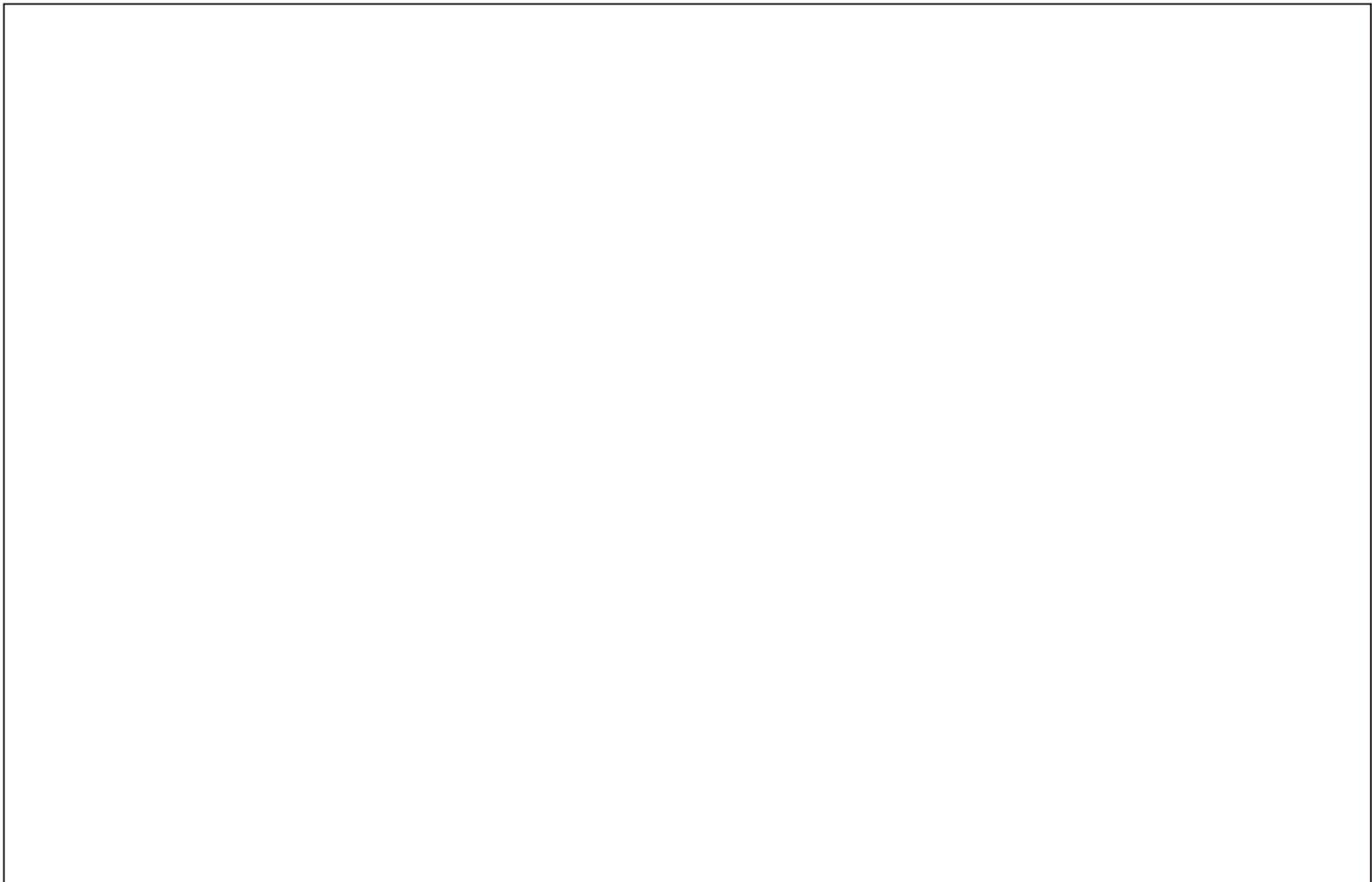
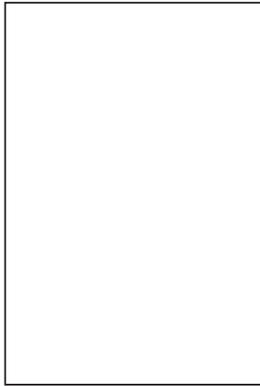
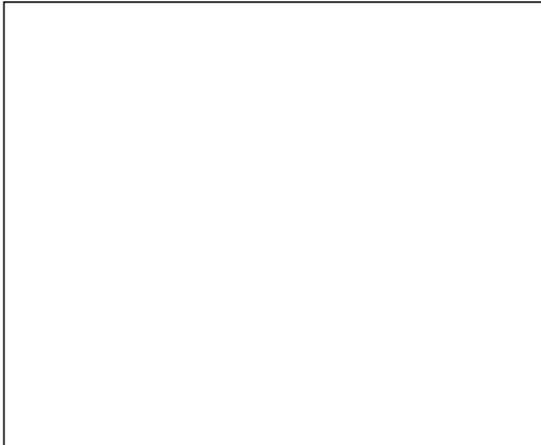
"As we plan this mission each year, the list of installations wanting to participate grows," Mr. Taylor said. "We've adjusted our schedules this year so that we'll have longer stays in the most forward-deployed regions. Some of the traditional stops in

Europe have been cut back to allow our (Southwest Asia) team to concentrate in Iraq, Qatar, Kuwait and others."

The teams began training in August.

"The better everyone understands the process, the faster it will go in the field. If we're all on the same sheet of music, we will be able to do a higher volume of quality (greetings)," said Army Sgt. 1st Class James Posten, the service's NCOIC of broadcast operations. "And that's what the mission is about: giving as many people as possible the opportunity to send a message to their families back home."

While some greetings will be posted on the Hometown News Web site, Mr. Taylor said some radio and TV stations are also posting local servicemembers' greetings on their Web sites.



Mitchell Memorial Library offers technological services to patrons

60th Services Squadron

As one would expect, the Mitchell Memorial Library has a wide selection of books in print and on tape as well as current issues of magazines and newspapers. What is unexpected at the library is the convenient access to business machines, information and the Internet.

"People don't realize all we have at the library," said manager Bruce Campbell.

With computers, a copy machine, a fax machine and free internet usage with many database search engines, the library has become a technology hub for Travis personnel.

"You can use the computers for Excel or word processing and print up to ten pages a day all for free," Mr. Campbell said. "Or you can use one of our ten computers online and check your home e-mail or surf the Web."

Computers are available from the time the library opens each day until 15

minutes before closing. Patrons may sign up for one hour at a time.

The library now has fax service for authorized users. Prices are: sending local; \$1.50 first page, \$1 each additional page (cover sheet free); receiving local, \$1 per page; sending and receiving long-distance, \$2 per page for up to 5 pages; sending international, \$3.50 first page, \$2 each additional page; and receiving international, \$1 per page.

The black and white copy machine is available for use for 10 cents per page.

"Even our card catalogue is on the computer," Mr. Campbell said. "The Public Access Computers make it easy to look up books by author, subject or title."

The Mitchell Memorial Library is open from 10 a.m. to 9 p.m. on Monday through Thursday; 10 a.m. to 6 p.m. on Friday and from noon to 6 p.m. on Sunday.

For more information about what the library has to offer, call 424-3279 or log onto www.60thservices.com.



Courtesy photo

Besides its large selection of books, magazines and newspapers, the Mitchell Memorial Library on base also offers patrons the use of a copy machine, fax machine, computers and Internet access for little or no charge.

DGMC's new labor and delivery suites bring babies in style

By Capt. Kim Garbett
60th MDG Public Affairs

The baby express is on a roll at Travis' newest labor and delivery suites, which officially opened Tuesday, and have delivered more than two babies each day into the arms of their parents since Aug. 20.

The new labor and delivery suites have unofficially been in use since Aug. 20 and have brought 28 babies to date to David Grant Medical Center in state-of-the-art style. The obstetrics unit hosted the ribbon-cutting ceremony officially opening the suites for business Tuesday, the day after, appropriately enough, Labor Day.

"The development of the suites was a project upgrade started in December at a cost of \$620,000," said Maj. Myla Mason, element chief of DGMC's obstetrics unit. "In keeping with the constant advances in medicine and patient care, DGMC's OB clinic opened up the four new suites to allow mom to labor, deliver and recover all in the same room," she added. "The old-fashioned practice was to have the mother labor in one room and then deliver in an operating room and recover in yet a third area."

Now, with hardwood floors, a birthing bed, hideaway infant warmers, large showers, wall units for oxygen and suction equipment, all-inclusive storage carts and a



Jim Spellman / 60th MDG PublicAffairs

Maj (Dr.) David Streitman, Maternal-Fetal Medicine, Maj (RN) Myla Mason, Element Chief OB Inpatient Unit and Col (Dr.) James D. Collier, 60th Medical Group commander look over the newly renovated Labor and Delivery Rooms at David Grant Medical Center.

fetal monitoring system, the rooms increase the mother's comfort through the labor and delivery process.

"The four suites also increase the obstetrics labor and delivery rooms by 300 percent," said Master Sgt.

Scott Williams, NCOIC of Travis' OB unit. "Not separating the mother and baby after birth encourages bonding and is now the preferred process at premier medical facilities across the United States," he added.

Stefanie Greiner and her husband, Capt. Chad Greiner of the 22nd Airlift Squadron, were the proud parents of Alexandra Gray Greiner, who weighed in at seven pounds and was the first baby to be born in the new suites at 10:08 p.m. Aug. 20.

"We were excited to be the first to use the labor and delivery suites," Mrs. Greiner said. "The rooms are really incredible, with hardwood furniture, a two-person shower and a lot of space."

Captain Greiner said the suites definitely had less of a hospital feel and that they'd definitely have a baby here again. The ribbon-cutting ceremony held Tuesday included pink and blue ribbons, "safety" scissors and a visit from the 60th Air Mobility Wing's vice commander, Col. Michael Sevier.

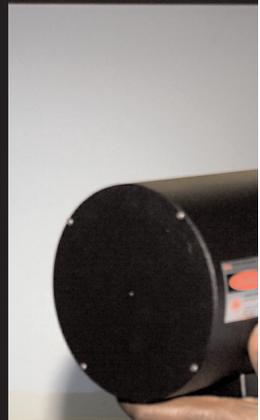
"Travis has a strong tradition of excellence, and the David Grant Medical Center continues to make its mark in medicine and emotional support of its patients," he said. "The new labor and delivery suites provide our new mothers-to-be with a comfortable, high tech environment."



Senior Airman Tiequanda Hayes, 60th Operations Support Squadron, tests out the new simulator by directing traffic. The new six-paneled simulator can display any part of the flightline or base and show enlarged areas as well.



60th Operations Support Squadron personnel, Master Sgt. Theodore Bond, Staff Sgt. Christopher Solomon and Senior Airman Tiequanda Hayes, run a training scenario in the new tower simulator.



Master Sgt. Theodore Bond, 60th Support Squadron chief controller, signaling to a plane with a failed r... cleared for landing.



Kristina Cilia / Visual Information

Travis air traffic controllers get hands on training with new Virtual simulator

By Airman 1st Class Alice Moore

60th AMW Public Affairs

Travis air traffic controllers have recently been given the opportunity to go beyond pushing plastic planes on cardboard for training purposes.

As part of an Air Force wide project, Travis is the second installation to acquire an air traffic control simulator that allows "real-life" air traffic simulation to increase the proficiency of rated controllers and recent technical school graduates, said Staff Sgt. Chris Solomon, 60th Operations Support Squadron air traffic controller.

The system is worth \$800,000 and arrived here July 28, said Master Sgt. Theodore Bond, 60th OSS chief controller.

With the help of three rated controllers, Sergeant Bond said the simulator is currently being programmed with scenarios controllers may face at any given time.

Scenarios controllers may face include closed runways and pedestrians and stray animals on the runway, said Sergeant Solomon.

"It takes about one week to build a good scenario for the simulator. I couldn't have picked three better people to put this program together," Sergeant Bond said.

The software used within the simulator mirrors the Position Certification Guides (PCGs). The PCGs are guides controllers use during the course of their training, said Sergeant Bond.

"Controllers operate in flight data, ground control and local control," said Sergeant Solomon.

Sergeant Solomon said the flight data section coordinates with different organizations on base such as the Command Post and the Security Forces. Ground control corresponds with individuals on the runway and the local control works with airspace up to 2,600 feet and a radius of five miles.

Sergeant Bond said the simulator will give trainees a better understanding of what they can and cannot do when maneuvering aircraft in the air.

"In real life, you get one chance," said Senior Airman Natalie Haslerig, 60th OSS air traffic controller. "This program allows controllers who may have trouble with certain things to practice over and over."

"You can see more of an overall picture with the simulator than just pushing planes on cardboard. There is less guessing involved and the training is more exact," said Senior Airman Tiequanda Hayes, 60th OSS air traffic controller.

The program only uses Federal Aviation Administration phrases, said Airman Hayes.

The simulator also allows trainees to view scenarios as if they were looking through binoculars from the tower, said Sergeant Solomon. Trainees can also make observations from the pilot's seat and they can also see a "bird's eye view" of the runway here. The simulator uses images that are the exact replicas of airfield and air space here.

Sergeant Bond said once the simulator is ready for use, controllers will be given more opportunities they haven't been given before in training.

"This will train all air traffic controllers to be the best," said Sergeant Solomon. "A lot of time and effort has gone into the coordination of this project. This is a huge leap for our training world."

Along with immediate training opportunities, senior leadership believes the simulator will have long lasting benefits, said Lt. Col. Richard Murphy, 60th OSS commander.

"The system is a great addition to our tower training program. We expect to see a notable decrease in the amount of time it takes to season a tower controller," Colonel Murphy said. "The impact will be saved time and money for our command. The tower simulator has the potential to be just as good as the fidelity of our KC-10 and C-5 simulators."



Staff Sgt. Megan Bouthot / 60th AMW Public Affairs

Master Sgt. Theodore Bond, 60th Operations Support Squadron chief controller, sets up potential air traffic scenarios for Airman Hayes to test.



Staff Sgt. Megan Bouthot / 60th AMW Public Affairs

Operations
practices
radio that it is

New procedure more effective at detecting cervical cancer

By Capt. Kim Garbett
60th MDG Public Affairs

The 1940's cancer-screening technique developed by research biologist George Papanicolaou, the "Pap" smear, has been recently upgraded at Travis.

The new procedure is expected to increase cervical cancer detection through a new collec-

tion method allowing better cellular preservation.

Travis' Gynecology Clinic at David Grant Medical Center, which serves an ever-expanding female population, has officially instituted the new "liquid-based cytology Pap."

"The LBC Pap has rapidly become the standard of medical care nationwide for both

civilian and military medical facilities in the detection of cervical cancer in women," said Maj. (Dr.) Steven Peckham, medical director of cytopathology at the 60th Medical Group's laboratory in the David Grant Medical Center.

"Cervical cancer affects 12 to 14,000 women each year in the United States alone," stated

Maj. (Dr.) Thomas Krivak, gynecologist oncologist at DGMC, who specializes in women's cancer issues. "Six hundred thousand to one million women annually are diagnosed with cervical dysplasia, which can lead up to cervical cancer.

"More than three to four thousand women die each year due to cervical cancer, all of which could have been prevented with regular Pap screening and prevention," Major Krivak said. "Cervical cancer is fairly easy to treat if caught early enough."

The new collection method of the cells has increased the sensitivity, and thus accuracy, of the LBC Pap test by almost 60 percent, Major Peckham said.

Liquid-based cytology has also significantly enhanced the chances of diagnosing cervical cancer or early stages of abnormal cell growth even sooner than the original Pap test.

A small, brush-like device is used to collect cells from the cervix. The cell sample is then placed into a solution instead of onto a slide, which allows for better cellular preservation and thus more accurate readings of the health of the cells, Major Peckham said.

In addition to the increased sensitivity of the test, the benefits of LBC Pap tests include decreased office visits to the gynecologist, decreased incidents of cervical cancer through earlier prevention of abnormal cell growth and decreased surgical procedures by early prevention, Major Krivak said.

The LBC collection method can also decrease the number

of disfiguring or more extensive surgical procedures.

The LBC Pap method also allows for the human papillomavirus (HPV) detection on indeterminate smears, providing more accurate and timely care for patients.

"With the old method, we couldn't test for HPV," Major Peckham said. "With the new Pap collection method, we can perform ancillary testing for HPV."

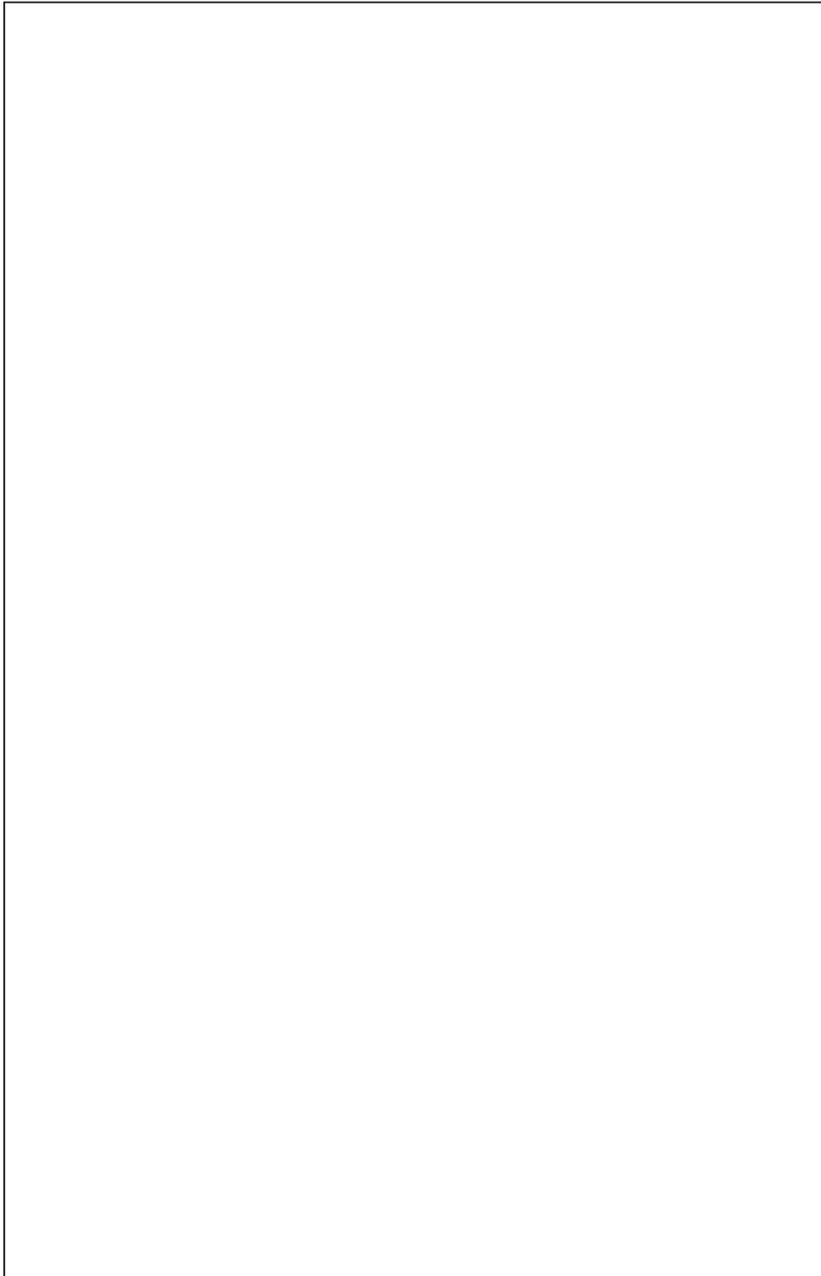
"Cervical cancer, a common female cancer, can be caused by various factors," Major Krivak said. "However, the most common reason a female can acquire HPV is through intercourse. HPV is a very common sexually transmitted infection in today's society. It is estimated that approximately 99 percent of the cases of women with dysplasia or cervical cancer were caused by an HPV infection."

Some HPVs are more carcinogenic than others," Major Peckham said. "Low-grade HPV and some strains of HPV can simply rectify themselves and go away after time; others cannot. The new method of collection for the cells allows us greater leverage in determining the cell's susceptibility to cancer."

"Cervical cancer used to be the number one killer of women," Major Krivak said.

Since the Pap test came into existence, deaths caused by cervical cancer have decreased significantly.

Cervical cancer, if diagnosed and treated in its early stages, is one of the most treatable cancers today, he added.



COMMUNITY BRIEFS

TRAVIS AIR FORCE BASE

Announcements

Invitation to AF Birthday Celebration

In honor of the 56th birthday of the United States Air Force, the Mitchell Memorial Library invites the Travis community to a birthday celebration on Sept. 18 at 2 p.m. on the library front lawn. There will be birthday cake and giveaways. For more information call 424-5255.

Air Force and Travis reward Club Members

During the Air Force Clubs' annual membership drive, current and new club members can win up to \$5,000 to travel anywhere in the world. In addition, new DBC members get two months free dues and current members earn two months free dues for every new member they sponsor. Squadrons are also competing for cash prizes. For more information call the DBC at 437-3711.

Intensive Ballet Workshops

Register now for Jenny Doyle's six-week Intensive Ballet Workshops at the Youth Center in October. Classes are separated by age groups. Registration is \$5.50 per hour, totaling \$66 for ages 3 to 6, \$99 for ages 6 to 12, and \$199 for ages 10 to adult. Call

For more information call Mrs. Doyle at 437-1374.

Sign up for end of summer trips

Information, Tickets and Tours and the Outdoor Adventure Program have local sightseeing and adventurous trips planned every weekend. Log onto www.60thServices.com or stop by Outdoor Rec for a complete schedule. For more information call 424-5659.

Weekly Events

Today

Check out Friday nights in the DBC's Gold Rush Lounge. The Super Social starts at 4:30 p.m. with drink specials, jazz music and free snacks. Bar Bingo cards go on sale at 5:30 p.m. Open Mic for poetry reading, comedy, singing, dancing and other on-stage talent is from 6 to 7 p.m. Brother Grib is the DJ for Flashback Fridays featuring music from the '70s, '80s and today from 8 p.m. to 2 a.m.

Saturday

The Wood Hobby Shop is now open every Saturday from 9 a.m. to 5 p.m. With a wide array of tools, the Wood Shop has what you need to make everything from a spice rack to a chest of drawers. For more information call 424-1338.

▲ Convince the D.J. Night from 9 p.m. to 2 a.m. in the Gold Rush Lounge. It's your night to request your favorite songs to dance to. There is no cover charge.

Monday

The Auto Skills Center will be closed today through Wednesday so that new car lifts can be installed. The Center will reopen Sept. 11.

▲ Spouse Employment Orientation is from 9 to 10 a.m. for newly arrived spouses. Topics include employment and career development programs at the Family Support Center. For more information call 424-2486.

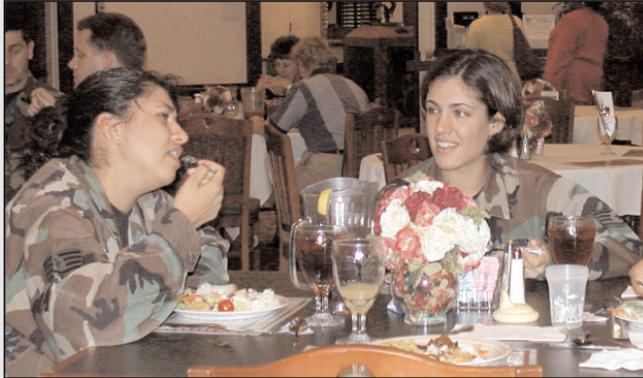
Tuesday

It's storytime again at the Mitchell Memorial Library. For more information call 424-3279.

▲ The new All-You-Care-To-Eat Barbeque Lunch at the Delta Breeze Club features BBQ ribs, brisket, links and chicken with all the side dishes, dessert and iced tea for one low price.

▲ The FSC Readiness NCO will conduct Personal Preparedness Briefings at 8 a.m. and 2 p.m. for those tasked with TDY's or contingencies. Call 424-2486 for reservations. Those unable to make scheduled briefings can call to arrange a one-on-one briefing.

Smile for the camera



Linda Mann-Ilames /visual information

Thursday is Uniform Day at the Delta Breeze Club. Everyone in uniform gets \$1 off the all-you-care-to-eat Mexican Lunch Buffet. Club members save even more. For more information call the DBC at 437-3711.

▲ Skills and Self Assessment from 8 a.m. to noon for all job seekers. Explore different career paths based on your personality type, skills, abilities, interests. For more information call 424-2486.

Wednesday

Come watch singers and dancers vie for cash prizes at the Delta Breeze Club's weekly Travis Idol Competition from 8 to 10 p.m. every Wednesday. The show is emceed by comedian Dennis Glaxiola. Stay for Karaoke and Dancing from 10 p.m. to midnight. Admission is free for members and \$3 for non-members and guests.

▲ Women, Infants and Children representatives will be at the Family Support Center from 8:30 a.m. to 4 p.m. by appointment only. For more information call 435-2200.

Thursday

It's Uniform Day at the DBC. Wear a uniform and get \$1 off on the Mexican all-you-care-to-eat lunch buffet. It's also Hot Wings Thursday! Both DBC lounges offer hot wings for 10 cents a piece.

▲ Last day to sign up for the Reno Turn-A-Round on Sept. 14 with ITT. The bus leaves Outdoor Rec at 6 a.m. for a day in Reno at returns at 10 p.m. Transportation is \$15 per person, and passengers get \$10 back in cash and a \$3 food credit at Silver Legacy. Must be 21 with valid I.D. For more information call 424-5659.

▲ The FSC Readiness NCO will conduct a Personal Preparedness Briefing at 2 p.m. for those tasked with TDY's or contingencies. Call 424-

2486 for reservations. Those unable to make scheduled briefings can call to arrange a one-on-one briefing.

▲ Financial Planning seminar from 9 a.m. to 11 a.m. at the Family Support Center. For more information call 424-2486.

▲ Resume Writing Skills: from 8 a.m. to 12 p.m. Learn how to write resumes that get you interviews. Fundamentals include effective formats, cover letters, and marketing plans. Individual resume review sessions available by appointment.

▲ Celebrate the diversity of America at the Sierra Inn's Hispanic American Meal from 4:30 to 6 p.m. Traditional items from Mexico and South America are on the menu.

▲ Women, Infants and Children representatives will be at the Family Support Center from 8:30 a.m. to 4 p.m. by appointment only. For more information call 435-2200.

Weekly

Acquire the "Gift of Time" if you need time away from caring for a family member with special needs. The Air Force Aid Society and Family Advocacy work together to help families who are eligible for respite care. Following an assessment to determine eligibility, funds are made available to families so they may hire someone for short periods of time to look after those in their care. For more information, call the Exceptional Family Member Program (EFMP) manager at David Grant Medical Center, 423-5168.

Chapel Services

Catholic

▲ Monday, Tuesday, Thursday and Friday, 11:30 a.m., Catholic Mass, Chapel Center.

▲ Wednesday, noon, Catholic Mass, DGMC Chapel.

▲ Saturday, 4:15 to 4:45 p.m., confessions, Chapel One.

▲ Saturday Mass, 5 p.m., Chapel One.

▲ Sunday Mass, 9 a.m., Chapel One.

▲ Sunday Mass, 12:30 p.m., Chapel Center.

Protestant

▲ Friday, noon, 30-minute worship service, DGMC Chapel.

▲ Sunday, 8 a.m., community, praise and worship service, Chapel Center.

▲ Sunday, 9 a.m., liturgical, Chapel One Annex

▲ Sunday, 10:30 a.m., community worship service, Chapel Center.

▲ Sunday, 5 p.m., Inside Out, Chapel Center. Children's program provided.

For more information, contact Chaplain (Capt.) Herb Shao at 424-3943.

▲ Sunday, 11 a.m., community Gospel service, Chapel One.

For Jewish information please call Maj. Sara Futterman at 423-3456

For other religious activities call Chapel Center at 424-3217

SHINING STAR

AIR MOBILITY COMMAND

FROM THE BEST OF TRAVIS AIR FORCE BASE

Civilian teaches others to share ideas

By Nancy Gray
3rd Brigade, 91st Division

As a Mobilization Plans Officer and Coordinator for the Consideration of Other Program, Barbara Chapman works with all Combat Support and Combat Service Support Units of the National Guard and the Army Reserve for Arizona, California and Nevada.

The 3rd Brigade has hundreds of units including military police, engineers, physicians, transportation companies, quarter masters, and more.

Since 9-11, the unit has mobilized over 200 Reserve component soldiers to places in the U.S. and many overseas locations.

The opportunity to work closely with these citizen-soldiers is very rewarding, even though soldiers are being taken away from their regular civilian jobs and their families, they have all had a real "can do attitude."

Consideration of others is a methodology the brigade uses for doing business and treating soldiers and civilians.

Ms. Chapman has the pleasure of teaching classes to many. She shows them how to act as a facilitator for small group discussions. Many become teachers and instructors throughout their careers with Department of Defense, but this is a way of allowing all personnel to have input and share ideas.

For example, it can be a real challenge to take a drill sergeant and teach them a different method of the adult learning cycle.

Ms. Chapman has also had the opportunity work with the Asian Pacific Islanders group at Travis and the Fisher House.

The Army moved the Brigade to Team Travis in July of 1999 and she commuted from Hayward for two years before finally saying 140 miles a day was enough, and bought a new home in Rio Vista.

She loves being in a small town. She is a very active person and currently assists with the Rio Vista CARE organization that helps the disadvantaged and elderly, teaches navigation to recreational boaters via the Northern California Power Cruiser Association and



Nancy Gray / 3rd Brigade, 91st Division

Mrs. Barbara Chapman, a mobilization plans officer and coordinator for the Consideration of Other Program, works with all Combat Support and Combat Service Support Units of the National Guard and the Army Reserve for Arizona, California and Nevada.

works with Yacht Clubs in the Bay and Delta doing Fundraisers for Make a Wish, Toys for Tots and other charitable organizations.

She is single and has two grown sons and three grandchildren that live in Fremont and San Bruno, Calif.

Furniture

Entertainment center, black and holds 27" TV and stereo components. \$15. 399-8601.

Full-size futon w/ mattress, cover and wood frame, \$125. 469-7972.

King-size oak bedroom set from Japan. Includes pillow-top mattress, bedding and more. 439-0975.

Youth-size dresser w/ mirror, six-drawers and two bedside tables w/ drawers, \$75. 437-1210.

Bedroom set, standard size, \$50. 435-8589. Black lacquer bedroom set, \$230. 435-8589.

Bedroom set, 5-piece, queen-size, mahogany finish. Excellent condition, must sell, \$525 OBO. 453-1944.

Hardwood computer desk, \$40. 448-5609.

Twin loft bed w/ mattress, \$75 OBO. 437-3278.

Girls canopy bed and book case. Full-size box springs w/ white metal canopy frame. White wooden, three-shelf book case. Both for \$100. 448-9075.

Household/Misc. Items

Southwest dishes and decore, 12-place setting and canister set. Make offer. 448-5609.

Murray lawn mower, \$35. 448-5609.

Maternity clothes, \$1 each. Highchair, \$10. Woman's blue service coat, shirts, skirt and two pants size 14 1/2. 437-0450.

Graco infant swing, \$20. Safety first infant vibrating chair, \$10. Infant bathtub, \$5. 437-0537

Carpets: 9' x 12', off white, \$30; 6' x 9', rose, \$20. 399-8601.

Patio set w/ glass table top, \$30 OBO. 449-0151.

Screen door, free. 447-6024.

Wilson's black leather jacket, medium, \$40. Full-size Sharp microwave, \$30. Floor lamp, \$5. 422-7972.

Off-white mini blinds, various sizes. \$10-50. 451-3677.

Computers/Electronics

HP 17" monitor, \$50. HP deskjet printer, \$50. 437-4413.

Dell Precision 220, Pentium 3 w/ monitor, keyboard and mouse. DVD Rom, 128 MB Ram and TV card. \$300. 437-0114.

Vehicles

1979 Chevy 4x4, needs engine. \$150. 446-8018.

1992 Volkswagen Cabriolet convertible, 142k miles, A/C, P/W. \$2,500 OBO. 344-6106.

1973 Ford LTD, 4-door, black. \$3,500 OBO. 448-5317.

1991 Toyota Tercel, 4-door, A/C, 177k miles. \$1,600 must sell. 301-0930.

992 Toyota Paseo, white, 1.5L 4 cylinder, 5-speed manual transmission, alarm, tinted windows, A/C, P/S, P/B. \$2,700. 437-1231.

1999 Mercedes Benz C320, sport package, silver w/ black leather, excellent condition. \$18, 500. (209)996-1610.

2001 supercharged Mustang GT, Vortech SQ w/ Spearco intercooler, 3.73 gears, tri-axle shifter, off-road x-pipe. \$17,500. 689-0312.

Motorcycles

1984 Honda Shadow 700 cc (V-Twin), 29k miles and includes aftermarket exhaust, saddlebags and two helmets. \$2,650. 437-1231.

Vehicle Accessories

Camero SS, 16" chrome wheels and tires, \$450. 451-4196.

Two Mustang rear spoilers, \$60 each. Set of '89 Mustang GT wheels, \$60. Set of Trans Am wheels, \$60. 290-7947.

Four 17" x 8" factory Mustang Cobra wheels w/ new BF Goodrich Comp TA tires, \$1,200. 448-4920.

Small camper shell, \$50. 428-1475.

Four 2002 Dodge Ram factory wheels and tires, \$500 OBO. 437-0440.

Body kit for '94-'97 Honda Accord. Black widow sides w/ rear bliz front, \$300 OBO. Lowering springs for '94-'97 Accord, \$75. 449-0821.

2" lowering blocks for small truck, \$50 OBO. 437-2668.

Pioneer in-dash CD player w/ remote, \$125 OBO. 439-9801.

Pets

Two Cockatiels, one male, one female, two cages. \$50 for both. 437-1132.

Trailers/Boats/Campers

2000 Travel Trailer, 19' w/ sofa, full bed and swivel rocker, \$9,500 OBO. 422-1611.

Sporting Goods, Exercise Gear

Two-ball, White Hot left-handed putter. Excellent condition, hardly used, \$150 OBO. 455-8754.

Deluxe treadmill, \$175. 449-0151.

Weight set w/ bench, \$100. 685-367.

Houses/Rooms for Rent

Suisun: 4 bed, 2 bath, F/R, F/P, 1,762 square-feet. Near Travis AFB. \$1,500/mo. + \$1,500 dep. (619) 857-5509.

Room for rent: "Female only," \$500/mo. 365-5490.

Appliances

Whirlpool refrigerator-freezer. 18 cubic-feet, white, \$325. 399-8601.

Important Notice

In the interest of base beautification, base housing residents are asked to refrain from putting up signs to advertise on-base yard sales. Posting yard sale signs on utility poles is a violation of 60 AMWI 90-3 and the California Utilities Commission's Code of Regulations. Do not post yard sale signs on utility poles around the base. Notices can be posted at the shoppette or announced in the TAILWIND.

Yard Sales

172-174 Bond Street, multi-family yard sale starting at 8 a.m. Saturday.

726 Ryan Court, starting at 7 a.m. Saturday.

118 Florida Street,

224 Carlton Court, multi-family yard sale from 8 a.m. to 1 p.m. Saturday.

SWAP AD TIPS

Swap Ads are a free service designed to give the base community a way to buy, sell or trade items. The following tips should make using the Swap Ads easier.



◆ Describe the product with the **facts only**, save the sales pitch for later. Phrases like "Brand New," "Must See," "Runs Good," and other subjective descriptions will not be printed. What is "brand new" to one person may not be to another person. The *Tailwind* reserves the right to alter any add for clarification, continuity or brevity.

◆ Write legibly. If it can't be read, it will not be run. The *Tailwind* staff does not have time to call and clarify ads that are not legible.

◆ Always include a home phone number. **Duty phone numbers will not be printed.** Only one phone number will be printed per ad.

◆ **Yard sales must contain date, time and location.** It is not the responsibility of the *Tailwind* staff to track down this information. Individual items will not be printed for yard sales.

◆ Ads should be dropped off in Bldg. 51 at the Public Affairs office.

We do not accept ads by fax, phone call or e-mail.

◆ The **deadline for the free Swap Ad service is Monday at noon.** Ads are printed on a space-available basis and will be edited for size.

◆ Swap ads are not automatically run each week after the first appearance. **Ads must be re-submitted each week.**

If you miss the deadline or request that an ad be printed exactly as written, it might be worth calling the Daily Republic for a paid classified ad. Their number is 425-4646.

If you have questions, please **CALL 424-2011.**

Want to meet new people?

Have a few drinks and get behind the wheel of a vehicle.

Drinking and Driving ... Don't do it!



Check out Air Force online news at www.af.mil

Savings Bonds

Did you know that U.S. Savings Bonds information is available on the Internet?

The address is www.publicdebt.treas.gov Find out about maturity periods, tax benefits and the values of your Savings Bonds.

Tailwind Free Swap Ad

To place a free classified ad, you must be military, civil service, retired or a family member. Complete the following form and leave it in the drop box at the 60th AMW Public Affairs Office, Bldg. 51, on Brennan Circle (next to the Travis Air Museum). The **DEADLINE IS NOON MONDAY** for the following Friday's issue. There is a maximum of 25 words and two ads per household per week. All ads must be legible. No ads for money-making businesses or the sale of firearms or firearm accessories will be accepted.

Name: _____ Home Phone Number: _____

Victory!



John Van Winkle / Air Force Academy Public Affairs

U.S. AIR FORCE ACADEMY, Colo. — Wofford College quarterback Jeff Zolman finds himself buried in a blue wave of Falcon defenders. The Air Force Academy Falcons shut out Wofford, 49-0, Aug. 30.

Falcons defeat Wofford College 49-0, earn DeBerry 150th career win

By John Van Winkle
Air Force Academy Public Affairs

U.S. AIR FORCE ACADEMY, Colo. — Fullback Dan Shaffer dove one yard to score the go-ahead points and give head coach Fisher DeBerry his 150th career win in a 49-0 shutout of Wofford College on Aug. 30.

Shaffer returned from last year's season-ending knee injury to score a career-high three touchdowns, as the Academy Falcon fullbacks ran for 170 yards and five touchdowns.

Junior fullback Adam Cole notched his second career touchdown, while freshman fullback Jacobe Kendrick crossed the goal line for his first career score and injured fullback Steve Massie got to douse his head coach with ice-cold water to celebrate the win.

Shaffer was also heavily into the celebration during each of his touchdowns.

"I was thrilled to death. I was jumping around like a little 8-year-old who scored his first touchdown," Shaffer said. "Usually, I'm pretty calm. I just give the ball to the ref, and go to the sideline with the team. It was awesome.

"Coach (DeBerry) is a great guy, great man, great coach," he said. "I think there's a lot of guys in the locker room who'd die for the man if he asked them. We know he's been through it. We know he's experienced and he knows what he's talking about, and he's a good motivator."

For Shaffer, this game also marked a successful return from his knee injury.

"I don't think any of us realized the tremendous sacrifice he's made for this team," Coach DeBerry said. "I've never been around a guy who was any more determined to come back."

Coach DeBerry's 150th career victory came at the expense of his alma mater, where he played linebacker, flanker and defensive back during his collegiate years.

"I don't care whether you play the Sisters of the Poor or you're playing in Podunk Holler, whoever you're playing, to shut a team out in modern-day college football ... says an awful lot about our defense," Coach DeBerry said.

The academy defense limited the Wofford Terriers to 175 total yards, split evenly between their standard

option-based running game and seldom-used passing attack.

"We were hunting and pecking on offense all game and could not be consistent," said Wofford head coach Mike Ayers. "You give Air Force the ball too many times, and they are going to grind you and wear you down."

The Falcons, looking to extend their national rushing title of last season, ran 74 times for 380 yards, and added 89 passing yards to their offensive production.

But before Shaffer, Cole, Kendrick or the rest of the Falcons went to watch the game film, Coach DeBerry already knew a few areas his team needed to work on. "One thing we need to improve on is getting a better start in the ball game than we did," he said. "I'd like to get started a little faster in the game."

Coach DeBerry said the team can improve in production of penalties. The Falcons had 26 yards marked off for two false starts and one clipping penalty in the game.

The coach will have the team work on those two things this week as they prepare for their game tomorrow at Northwestern University.

Kickoff is noon CST at Ryan Field, in Evanston, Ill.

SPORTS SHORTS

TRAVIS AIR FORCE BASE

Free Personal Fitness Training for Youth

Personal Trainers at the Fitness Center are offering free sessions to Travis students ages 16 to 18 to help them get in shape for sports, track, swimming, physical activities or to loose weight. Sign up at the Teen Zone in the mini-mall. Appointments are available from 9:30 a.m. to 6:30 p.m. Monday through Friday. For more information call the Teen Zone at 424-3131 or Patty McMorrow at 424-2008.

Operation Night Hoops Needs Volunteers

The Teen Zone is looking for volunteer coaches and referees for their new basketball league for teens ages 13-15. Every Friday night between 7 and 10 p.m. coaches, volunteers and teens will meet at the Fitness Center to play ball. For more information call the Youth Center at 424-5392.

Cypress Lakes Club Championship

The annual Club Championship Tournament is on Sept. 13 and 14 at Cypress Lakes Golf Course. For more information call 448-7186.

Hockey starts Sunday

The Travis Jets will begin the fall/winter season Sunday. The first pre-season game will begin at 6:15 Sunday at the Vacaville Skating Center, located behind Brendan Theaters. Any active duty, reserve members, dependents or Department of Defense civilian employees interested in playing this season are encouraged to join in the game Sunday, according to Staff Sgt. Reinaldo Martinez, the team's manager.

The four pre-season games will also serve as try-outs to choose members who will play permanently for the Jets during the regular season.

For more information, or to express interest in playing in Sunday's game, please contact Sergeant Martinez at 424-2823.

Aerobics Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
5:30 - 6:30 a.m. Core cycling	5:30 - 6:30 a.m. Core step aerobics	5:30 - 6:30 a.m. Core cycling.	5:30 - 6:30 a.m. Core step aerobics	5:30 - 6:30 a.m. Cycling
11:30 - 12:30 p.m. Core step aerobics	9 - 10 a.m. EZ Does It	9 - 10 a.m. Yoga	9 - 10 a.m. EZ Does It	8:30 - 9:30 a.m. Strength Fusion
12:30 - 1:30 p.m. Squadron cycle	11:30 - 12:30 p.m. Core cycling	11:30 - 12:30 p.m. Core step aerobics	11:30 - 12:30 p.m. Core cycling	11:30 - 12:30 p.m. Core step aerobics
3 - 4 p.m. Squadron cycle	1 - 3 p.m. Body conditioning, Solano College	12:30 - 1:30 p.m. Squadron cycle	12:30 - 1:30 p.m. Squadron cycle	6 - 7 p.m. Core kickboxing aerobics
4 - 5 p.m. 'Phat' Fitness	3 - 4 p.m. Squadron cycle	3 - 4 p.m. Squadron cycle	3 - 4 p.m. Squadron cycle	6 - 7 p.m. PiYo
5 - 6 p.m. Core step aerobics	4 - 5 p.m. Squadron cycle	4 - 5 p.m. 'Phat' Fitness	4 - 5 p.m. Squadron cycle	Saturday
6 - 7 p.m. Turbo Kick	5 - 6 p.m. Core step aerobics	5 - 6 p.m. Core step aerobics	5 - 6 p.m. Core cycling	8 - 9 a.m. Cycling
7 - 8 p.m. Cycling	6 - 7 p.m. Core PiYo	6 - 7 p.m. Turbo Kick	6 - 7 p.m. Yoga	9 - 10 a.m. Total Fitness
7 - 8 p.m. Kung Fu San Soo	7 - 8 p.m. Cycling	7 - 8 p.m. Cycling	7 - 8 p.m. Cycling	
7 - 9 p.m. Kickboxing				
	9:30 - 10:30 a.m. Pregnancy/Postpartum class at the HAWC	5:30 - 6:30 a.m. Yoga	9:30 - 10:30 a.m. Pregnancy/Postpartum class at the HAWC	11:15 - 12:45 a.m. Gym in a Bag, 1st & 3rd Friday at the HAWC
	11:30 - 12:30 p.m. PiYo	12 - 1 p.m. Intro to Yoga, 1st & 3rd	11:30 - 12:30 p.m. Pilates	
	5 - 7 p.m. Kickboxing	1 - 2 p.m. Intro to FitBall, 2nd & 4th	5 - 7 p.m. Kickboxing	
		7 - 8 p.m. Intro to Pilates		
		7 - 8 p.m. Kickboxing		
		7 - 8 p.m. Kung Fu San Soo		



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Travis Reeltime

Tomorrow

3 p.m. — *Finding Nemo* (G), TRIPLE FEATURE (\$1.99 KIDS, \$4.99 ADULTS), *Lara Croft Tomb Raider: The Cradle of Life* (PG-13), *Pirates of the Caribbean* 7 p.m. — *Pirates of the Caribbean* (PG-13)
9:30 p.m. — *Lara Croft Tomb Raider: The Cradle of Life* (PG-13)

Sunday

7p.m. — *Pirates of the Caribbean* (PG-13)
All movies showing at the base theater. For more information call 437-3855 or visit www.aafes.com/ems.